

# MIDWIFERY AND OBSTETRICAL NURSING

**Placement: Third Year**

**Time: Theory - 46hours**

**Practical - 180 hours**

**Course Description :** This course is designed for students to appreciate the concepts and principles of midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant women during antenatal, natal and post natal periods in hospitals and community settings. It also helps to develop skills in managing normal & high risk neonates & participate in family welfare programme.

Unit	Time (Hrs)	Learning Objective	Content	Teaching Learning Activities	Assessment Methods
I	3	*Recognize the trends & issues in midwifery and obstetrical nursing	<b>Introduction to midwifery and obstetrical Nursing</b> *Introduction to concepts of midwifery and obstetrical Nursing *Trends in midwifery and obstetrical nursing <ul style="list-style-type: none"> <li>○ Historical perspectives and current trends</li> <li>○ Legal and ethical aspects</li> <li>○ Pre-conception care and preparing for parenthood</li> <li>○ Role of nurse in midwifery and obstetrical care</li> <li>○ National policy and legislation in relation to maternal health &amp; welfare</li> <li>○ Maternal, morbidity, mortality and fertility rates</li> <li>○ Perinatal, morbidity and mortality rates</li> </ul>	*Lecture discussion *Explain using Charts and graphs	* short answer *objective type
II	8	*Describe the anatomy & physiology of female reproductive system	<b>Review of anatomy &amp; physiology of female reproductive system and fetal development</b> *Female pelvis- general description of the bones joints, ligaments, planes of the pelvis diameters of the true pelvis, important landmarks, variations in pelvis shape *Female organs of reproduction - external genital, internal genital organs and their anatomical relations, musculature – blood supply, nerves, lymphatic's, pelvic cellular tissue, pelvic peritoneum *Physiology of menstrual cycle	*Lecture discussion *Review with Charts and models	* short answer *objective type

Principal  
INDEX NURSING COLLEGE  
INDORE (M.P.)

136

Registrar  
Malwanchal University  
Indore (M.P.)

			<p>*Human sexuality          *Fetal development          *Conception          *Review of fertilization, implantation (embedding of the ovum), development of the embryo &amp; placenta at term functions, abnormalities, the fetal sac, amniotic fluid, the umbilical cord,          *Fetal circulation, fetal skull, bones, sutures and measurements          *Review of Genetics</p>		
III	8	<p>*Describe the diagnosis &amp; management of women during antenatal period</p>	<p><b>Assessment and management of pregnancy (ante-natal)</b></p> <ul style="list-style-type: none"> <li>• Normal pregnancy</li> <li>• Physiological changes during pregnancy             <ul style="list-style-type: none"> <li>○ Reproductive system</li> <li>○ Cardio vascular system</li> <li>○ Respiratory system</li> <li>○ Urinary system</li> <li>○ Gastro intestinal system</li> <li>○ Metabolic changes</li> <li>○ Skeletal changes</li> <li>○ Skin changes</li> <li>○ Endocrine system</li> <li>○ Psychological changes</li> <li>○ Discomforts of pregnancy</li> </ul> </li> <li>• Diagnosis of pregnancy             <ul style="list-style-type: none"> <li>○ Signs</li> <li>○ Differential diagnosis</li> <li>○ Confirmatory tests</li> </ul> </li> <li>• Ante-natal care             <ul style="list-style-type: none"> <li>○ Objectives</li> <li>○ Assessment</li> </ul> </li> </ul> <p>*History and physical examination          *Antenatal Examination          *Signs of previous child-birth          *Relationship of fetus to uterus and pelvis : Lie, Attitude, Presentation, Position          *Per vaginal examination          *Screening &amp; assessment for high risk;          *Risk approach          *History and Physical Examination          *Modalities of diagnosis; Invasive &amp; Non-Invasive, ultrasonic's, cardiotomo-graphy , NST, CST          *Antenatal preparation</p>	<p>*Lecture          Discussion          *Demonstration          *Case discussion/          presentation          *Health talk          *Practice session          *Counseling session          *          Supervised Clinical practice</p>	<p>* short answer          *objective type          *Assessment of skills with checklist          *Assessment of patient management problems</p>

*[Handwritten signature]*  
 08/09/22

			<ul style="list-style-type: none"> <li>*Antenatal counseling</li> <li>*Antenatal exercises</li> <li>*Diet</li> <li>*Substance use</li> <li>*Education for child-birth</li> <li>*Husband and families</li> <li>*Preparation for safe-confinement</li> <li>*Prevention from radiation</li> <li>*Psycho-social and cultural aspects of pregnancy</li> <li>*Adjustment to pregnancy</li> <li>*Unwed mother</li> <li>*Single parent</li> <li>*Teenage pregnancy</li> <li>*Sexual violence</li> <li>*Adoption</li> </ul>		
IV	15	<ul style="list-style-type: none"> <li>*Describe the physiology and stages of labour</li> <li>*Describe the management of women during intra-natal period</li> </ul>	<p><b>Assessment and management of intra-natal period</b></p> <ul style="list-style-type: none"> <li>*Physiology of labour, mechanism of labour</li> <li>*Management of labour               <ul style="list-style-type: none"> <li>o First stage</li> </ul> </li> <li>*Signs and symptoms of onset of labour; normal &amp; abnormal</li> <li>* Duration</li> <li>*Preparation of:               <ul style="list-style-type: none"> <li>*Labour room</li> <li>*Woman</li> </ul> </li> <li>*Assessment &amp; observation of women in labour ; partogram – maternal and foetal monitoring</li> <li>*Active management of labour, Induction of labour</li> <li>*Pain relief and comfort in labour               <ul style="list-style-type: none"> <li>• Second stage                   <ul style="list-style-type: none"> <li>o Signs and symptoms; normal &amp; abnormal</li> <li>o Duration</li> <li>o Conduct of delivery ; principles and techniques</li> <li>o Episiotomy (only if required)</li> <li>o Receiving the new born</li> </ul> </li> </ul> </li> <li>*Neonatal resuscitation ; initial steps and subsequent resuscitation</li> <li>*Care of umbilical cord</li> <li>*Immediate assessment including screening for congenital anomalies</li> <li>*Identification</li> <li>*Bonding</li> </ul>	<ul style="list-style-type: none"> <li>*Lecture</li> <li>Discussion</li> <li>*Demonstration</li> <li>*Case discussion/presentation</li> <li>*Simulated practice</li> <li>*Supervised Clinical practice</li> </ul>	<ul style="list-style-type: none"> <li>* short answer</li> <li>*objective type</li> <li>*Assessment of skills with checklist</li> <li>*Assessment of patient management problems</li> </ul>


28/09/22

Principal  
NDEX NURSING COLLEGE  
INDORE (M.P.)


Registrar  
Malwanchal University  
Indore (M P)

			<p>*Initiate feeding</p> <p>*Screening and transportation of the neonate</p> <ul style="list-style-type: none"> <li>• Third stage</li> <li>○ Signs and symptoms; normal &amp; abnormal</li> <li>○ Duration</li> <li>○ Method of placental expulsion</li> <li>○ Management; Principles and techniques</li> <li>○ Examination of the placenta</li> <li>○ Examination of perineum</li> <li>• Maintaining records and reports</li> <li>• Fourth Stage</li> </ul>		
V	5	<p>*Describe the physiology of puerperium</p> <p>*Describe the management of women during post-natal period</p>	<p><b>Assessment and management of women during post natal period</b></p> <p>*Normal puerperium; Physiology</p> <p>Duration</p> <p>*Postnatal assessment and management</p> <p>*Promoting physical and emotional well-being</p> <p>*Lactation management</p> <p>*Immunization</p> <ul style="list-style-type: none"> <li>• Family dynamics after child-birth</li> <li>• Family welfare services; methods, counseling</li> <li>• Follow-up</li> <li>• Records and reports</li> </ul>	<p>*Lecture</p> <p>Discussion</p> <p>*Demonstration</p> <p>*Health talk</p> <p>*Practice session</p> <p>*Supervised Clinical practice</p>	<p>* short answer</p> <p>*objective type</p> <p>*Assessment of patient management problems</p> <p>*Assessment of skills with checklist</p>
VI	6	<p>*Describe the Identification and management of women with high risk pregnancy</p>	<p><b>Assessment and management of normal neonates</b></p> <p>*Normal Neonate:</p> <ul style="list-style-type: none"> <li>○ Physiological adaptation,</li> <li>○ Initial &amp; Daily assessment</li> <li>○ Essential newborn care ; Thermal control,</li> <li>○ Breast feeding, prevention of infections</li> </ul> <ul style="list-style-type: none"> <li>• Immunization</li> <li>• Minor disorders of newborn and its management</li> <li>• Levels of Neonatal care</li> </ul>	<p>*Lecture</p> <p>Discussion</p> <p>*Demonstration</p> <p>*Practice Session</p> <p>*Supervised Clinical practice</p>	<p>* short answer</p> <p>* objective type</p> <p>*Assessment of patient management problems</p> <p>*Assessment of skills with checklist</p>

			(level I, II, & III) <ul style="list-style-type: none"> <li>• At primary, secondary and tertiary levels</li> <li>• Maintenance of Reports and Records</li> </ul>		
VII	1	*Describe the Perinatal care during COVID 19 pandemic	*Perinatal care during COVID 19 pandemic	*Lecture Discussion *Demonstration *Practice Session *Supervised Clinical practice	* short answer * objective type *Assessment of patient management problems

  
 Registrar  
 Malwanchal University  
 Indore (M.P.)

MALWANCHAL UNIVERSITY

  
 08/09/22

Principal  
 INDEX NURSING COLLEGE  
 INDORE (M.P.)

# COMMUNITY HEALTH NURSING-II

**Placement: Fourth Year**

**Time: Theory-90 hours**

**Practical – 135 hours**

**Course Description:** This course is designed for students to practice Community Health Nursing for the individual, family and groups at both urban and rural settings by using concept and Principles of Health and Community Health Nursing

Unit	Time (Hrs)	Learning Objectives	Contents	Teaching Learning Activities	Assessment methods
I	4	* Define Concepts, scope, principles and historical development of community health and community Health nursing	<b>Introduction</b> * Definition, concept and scope of Community Health and Community Health Nursing * Historical development of <ul style="list-style-type: none"> <li>o Community Health</li> <li>o Community Health Nursing</li> <li>- Pre-independence</li> <li>- Post-independence</li> </ul>	*Lecture discussion	*Essay type *Short answer
II	6	* Describe health plans, policies, various health committees and health problems in India	<b>Health planning and policies and problems</b> * National Health planning in India – 5 year plans * Various committees and commissions on health and family welfare <ul style="list-style-type: none"> <li>o Central council for health and family welfare (CCH and FW)</li> <li>o National Health Policies (1983, 2002)</li> <li>o National Population policy</li> <li>• Health problems in India</li> </ul>	*Lecture discussion * Panel discussion	*Essay type *Short answer
III	15	* Describe the system of delivery of	<b>Delivery of Community Health Services</b> * Planning, Budgeting and material management of SCs, PHC and CHC * Rural: Organization, staffing and functions of Rural Health Services provided by Govt. at :	* Lecture discussion * Visits to various health delivery systems	*Essay type *Short answer

*Principal*  
08/09/20

		<p>Community Health Services in Rural and Urban areas</p> <p>* List the functions of various levels and their staffing pattern</p> <p>* Explain the components of health services</p> <p>* Describe alternative system of health promotion and health maintenance</p> <p>* Describe the chain of referral system</p>	<ul style="list-style-type: none"> <li>o Village</li> <li>o Subcentre</li> <li>o Primary Health Centre</li> <li>o Community Health Centre/Sub divisional</li> <li>o Hospitals</li> <li>o District</li> <li>o State</li> <li>o Centre</li> </ul> <p>* Urban: Organisation, staffing and functions of urban health services provided by Govt. at :</p> <ul style="list-style-type: none"> <li>o Slums</li> <li>o Dispensaries</li> <li>o Maternal and child health centres</li> <li>o Special clinics</li> <li>o Hospitals</li> <li>o Corporation/Municipality/Board</li> </ul> <p>* Components of Health Services</p> <ul style="list-style-type: none"> <li>o Environmental sanitation</li> <li>o Health Education</li> <li>o Vital statistics</li> <li>o MCH – Antenatal, Natal, Postnatal, MTP act, female foeticide act, child adaptation act.</li> <li>o Family welfare]</li> <li>o National Health programmes</li> <li>o School Health Services</li> <li>o Occupational Health</li> <li>o Defence services</li> <li>o Institutional services</li> </ul> <p>* Systems of medicine and health care</p> <ul style="list-style-type: none"> <li>o Allopathy</li> <li>o Indian system of medicine and Homeopathy</li> <li>o Alternative health care systems like yoga, meditation, social and spiritual healing etc</li> </ul> <p>* Referral system</p>	<p>* Supervised field practice</p> <p>* Panel discussion</p>	
IV	25	<p>* Describe Community Health Nursing approach</p>	<p><b>Community Health Nursing approaches, concepts and roles and responsibilities of Nursing Personnel</b></p> <p>* Approaches</p> <ul style="list-style-type: none"> <li>o Nursing Theories and Nursing process</li> </ul>	<p>* Lecture discussion</p> <p>* Demonstration</p> <p>* Practice session</p> <p>* Supervised</p>	<p>* Essay type</p> <p>* Short answer</p>

		<p>hes and concepts *</p> <p>Describe the roles and responsibility of Community Health Nursing Personnel</p>	<ul style="list-style-type: none"> <li>○ Epidemiological approach</li> <li>○ Problem solving approach</li> <li>○ Evidence based approach</li> <li>○ Empowering people to care for themselves</li> </ul> <p>* Concepts of Primary Health Care:</p> <ul style="list-style-type: none"> <li>○ Equitable distribution</li> <li>○ Community participation</li> <li>○ Focus on prevention</li> <li>○ Use of appropriate technology</li> <li>○ Multi-sectoral approach</li> </ul> <p>* Roles and responsibilities of Community Health Nursing personnel in</p> <ul style="list-style-type: none"> <li>○ Family Health services</li> <li>○ Information education communication (IEC)</li> <li>○ Management information system (MIS): Maintenance of records and reports</li> <li>○ Training and supervision of various categories of health workers</li> <li>○ National Health programmes</li> <li>○ Environmental sanitation</li> <li>○ Maternal and child health and family welfare</li> <li>○ Treatment of minor ailments</li> <li>○ School Health services</li> <li>○ Occupational Health</li> <li>○ Organisation of clinics, camps: types, preparation, planning, conduct and evaluation</li> <li>○ Waste management in the centre, clinics etc.</li> </ul> <p>* Home visit: concept, principles, process techniques: bag technique home visit</p> <p>* Quantities of community healthnurse</p> <p>* Job description of community Health Nursing personnel</p>	<p>field practice</p> <p>*Participation in camps</p> <p>* Group Project</p>	
V	15	<p>* Describe and appreciate the activities</p>	<p><b>Assisting individuals and groups to promote and maintain their health</b></p> <p>* Empowerment for self care of individuals, families and groups in -</p> <p><b>A. Assessment of self and family</b></p> <ul style="list-style-type: none"> <li>○ Monitoring growth and</li> </ul>	<p>* Lecture discussion</p> <p>* Demonstration</p> <p>* Practice session</p>	<p>* Essay type</p> <p>* Short answer</p>

*08/09/22*



		<p>s of commun ity health nurse in assisting individu als and groups to promote and maintain their health</p>	<p>development</p> <ul style="list-style-type: none"> <li>- Mile stones</li> <li>- Weight measurement</li> <li>- Social development</li> <li>o Temperature and Blood pressure monitoring</li> <li>o Menstrual cycle</li> <li>o Breast self examination and testicles</li> <li>o Warning Signs of various diseases</li> <li>o Tests: Urine for sugar and albumin, blood sugar</li> </ul> <p><b>B. Seek health services for</b></p> <ul style="list-style-type: none"> <li>o Routine checkup</li> <li>o Immunization</li> <li>o Counseling</li> <li>o Diagnosis</li> <li>o Treatment</li> <li>o Follow up</li> </ul> <p><b>C. Maintenance of health records for self and family</b></p> <p><b>D. Continue medical care and follow up in community for various diseases and disabilities</b></p> <p><b>E Carryout therapeutic procedures as prescribed / required for self &amp; family</b></p> <p><b>F. Waste Management</b></p> <ul style="list-style-type: none"> <li>* Collection and disposale of waste at home and community</li> </ul> <p><b>G. Sensitize and handle social issues affecting health and development for self and family</b></p> <ul style="list-style-type: none"> <li>* Women Empowerment</li> <li>* Women and child abuse</li> <li>* Abuse of elders</li> <li>* Female Foeticide</li> <li>* Commercial sex workers</li> <li>* Food adulteration</li> <li>* Substance abuse</li> </ul> <p><b>H. Utilize community resources for self and family</b></p> <ul style="list-style-type: none"> <li>o Trauma services</li> <li>o Old age homes</li> <li>o Orphanage</li> <li>o Homes for physically and mentally challenged individuals</li> <li>o Homes for destitute</li> </ul>	<p>* Supervised field practice * Individual / group/famil y/ community health education</p>	
--	--	---	---	---	--

*Handwritten signature*  
08/09/22

VI	20	<p>* Describe national health and family welfare programmes and role of a nurse</p> <p>* Describe the various health schemes in India</p>	<p><b>National health and family welfare programmes and the role of a nurse</b></p> <ol style="list-style-type: none"> <li>1) National ARI programme</li> <li>2) Revised National Tuberculosis Control Programme (RNTCP)</li> <li>3) National Anti-Malaria programme</li> <li>4) National Filaria control programme</li> <li>5) National Guinea worm eradication programme</li> <li>6) National Leprosy eradication programme</li> <li>7) National AIDS control programme</li> <li>8) STD control programme</li> <li>9) National programme for control of blindness</li> <li>10) Iodine deficiency disorder programme</li> <li>11) Expanded programme on immunization</li> <li>12) National Family Welfare Programme – RCH Programme</li> </ol> <p>historical development, organization, administration, research, constraints</p> <ol style="list-style-type: none"> <li>13) National water supply and sanitation programme</li> <li>14) Minimum Need programme</li> <li>15) National Diabetics control programme</li> <li>16) Polio Eradication: Pulse Polio Programme</li> <li>17) National Cancer Control Programme</li> <li>18) Yaws Eradication Programme</li> <li>19) National Nutritional Anemia Prophylaxis programme</li> <li>20) 20 point programme</li> <li>21) ICDS programme</li> <li>22) Mid-day meal applied nutritional programme</li> <li>23) National mental health programme</li> </ol> <p>* Health Schemes</p> <ul style="list-style-type: none"> <li>○ ESI</li> <li>○ CGHS</li> <li>○ Health insurance</li> </ul>	<p>* Lecture discussion</p> <p>*Participati on in National Health Programmes</p> <p>* Field visits</p>	<p>*Essay type</p> <p>*Short answer</p>
----	----	---	---	--	---

*[Signature]*  
Principal  
INDEX NURSING COLLEGE  
INDORE (M.P.)

VII	5	Explain the roles and functions of various national and international health agencies	<b>* Health Agencies</b> <b>International</b> – WHO, UNFPA, UNDP, World Bank, FAO, UNICEF, DANIDA, European Commission (EC), Red cross, USAID, UNESCO, Colombo Plan, ILO, CARE etc. <b>National</b> – Indian Red Cross, Indian council for child welfare, Family Planning Association of India (FPAI), Tuberculosis Association of India, Hindu Kusht Nivaran Sangh, Central Social Welfare Board, All India women's conference, Blind Association of India etc.	* Lecture discussion * Field Visits	*Essay type *Short answer
-----	---	---	--	--	------------------------------

MALWANCHAL UNIVERSITY

*[Signature]*  
08/09/22

Principal  
INDEX NURSING COLLEGE  
INDORE (M.P.)

158

*[Signature]*  
09/09/22

Registrar  
Malwanchal University  
Indore (M.P.)

## COMMUNITY HEALTH NURSING – II – PRACTICAL

Placement : Fourth Year

Time: Practical - 135 hours  
Internship- 195 hours

Areas	Duration (in week)	Objectives	Skills	Assignments	Assessment Methods
Community health nursing	1 wk. for Urban 4 wk for Rural	<ul style="list-style-type: none"> <li>* Identify Community Profile</li> <li>* Identify prevalent communicable and non-communicable diseases</li> <li>* Diagnose health needs of individual, families and community</li> <li>* Plan, provide and evaluate care</li> <li>* Participate in School Health Program</li> <li>* Participate in National Health programs</li> <li>* Organize group for self help and involve clients in their own health activities</li> <li>* provide family welfare services</li> <li>* Counsel and educate individual, family and community</li> <li>* Collect</li> </ul>	<ul style="list-style-type: none"> <li>* Community Health Survey</li> <li>* Community diagnosis</li> <li>* Family care: Home adaptation of common procedures</li> <li>* Home visit: bag technique</li> <li>* Organize and conduct clinics – antenatal, postnatal, well baby clinic, camps etc.</li> <li>* Screen manage and referrals for:                             <ul style="list-style-type: none"> <li>o High risk mothers and neonates</li> <li>o Accidents and emergencies</li> <li>o Illness : Physical and mental</li> <li>o Disabilities</li> </ul> </li> <li>* Conduct delivery at centre/home: Episiotomy and suturing</li> <li>* Resuscitate new born</li> <li>* School Health programme                             <ul style="list-style-type: none"> <li>o Screen, manage, refer children</li> </ul> </li> <li>* Collaborate with health and allied agencies</li> <li>* Train and supervise health workers</li> <li>* Provide family welfare services: Insertion of IUD</li> <li>* Counsel and teach individual, family and community about: HIV, TB, Diabetics, hypertension, Mental</li> </ul>	<ul style="list-style-type: none"> <li>* Community survey report- 1</li> <li>* Family care study-1</li> <li>* Project – 1</li> <li>* Health talk - 1</li> <li>* Case book recording</li> </ul>	<ul style="list-style-type: none"> <li>* Assess clinical performance with rating scale</li> <li>* Evaluation of community survey report, family care study, project and health talk</li> <li>* Completion of activity record.</li> <li>* Completion of case book recording</li> </ul>

Principal  
INDEX NURSING COLLEGE  
INDORE (M.P.)

160

Registrar  
Malwanchal University  
Indore (M.P.)

		vital health statistics * Maintain records and reports	health, adolescents, elderly health, physically and mentally challenged individuals etc. * Collect and Calculate Vital health statistics * Document and maintain <ul style="list-style-type: none"> <li>○ Individual, family and administrative records.</li> <li>○ Write reports-center, disease, national health programme/projects</li> </ul>		
--	--	---	--	--	--

**Placement:** Internship

**Time:** 4 Weeks

**Certificate Course of in Community Health Integrated**

Area	Duration	Objectives	Skills	Assessment
Urban	4 Weeks	* Provide comprehensive care to individual, family and community	* Integrated Practice and group project – 1 in each rural and urban	* Assess clinical performance with rating scale * Evaluation of project

**Note:** During the Rural Posting they should stay in Health centers under the supervision of teachers.

*(Signature)*  
Principal

**INDEX NURSING COLLEGE  
INDORE (M.P.)**

*(Signature)*  
Registrar

**Malwanchal University  
Indore (M P)**

**INTEGRATION OF CERTIFICATE COURSE IN COMMUNITY HEALTH NURSING**

**TOPICS ADDED**

S.No	Topics	Duration (M)		Description	Resource materials
		Th.	Pr.		
1.	Roles & Responsibility of MLHP/CHO	30	-	<b>Theory:</b> Roles expected from CHO during their posting at sub-centres in the community	Lesson Plan; PPT
2.	New National Health Programs	240	-	<b>Theory:</b> Includes updates in National Health Programmes in RMNCAH+N, Adolescent health, MHS, PMSMA, Dakshata, SUMAN – Surakshit Matritva Aashwasa, WIFS & National Iron Plus Initiative guideline, NTEP, NPCBVI, NPHE, NPPCD, NTCP, NOHP, NPPC, NPPMBI. Technical updates- Vit- A Supplementation, Iron Supplementation, Albendazole and Calcium supplementation to pregnant women, Antenatal Corticosteroids	Lesson Plan; PPT
3.	Ayushman Bharat, CPHC- Concept. Key elements	60	120	<b>Theory-</b> Upgradation of SC-HWC; Concept of CPHC- CPHC Guideline; PMJAY <b>Practical:</b> Visit to SC-HWC during the internship; Understand functionalities of SCHWC using checklist	Lesson Plan; PPT Checklist
4.	Standard treatment protocols at SC	60	120	<b>Theory:</b> Care by CHO as per service delivery framework of CPHC guidelines <b>Practical:</b> Diagnostics at SC-HWC	Lesson Plan; PPT Checklist
5.	RBSK	40	240	<b>Theory:</b> The recent updates and programmatic components <b>Practical:</b> Activity 38, 3 and 41 of module 3 of CCH	Lesson Plan; PPT Checklist
6.	Social Mobilization skills	30	120	<b>Theory:</b> Understand the concept and benefits Social Mobilization; role of Health Worker in Social Mobilization <b>Practical:</b> Activity 8 of module 3 of CCH	Lesson Plan; PPT Checklist
7.	Drug dispensing	60	120	<b>Theory:</b> Drug prescription; Drug dispensing; Administration of medications (Oral and Injections); Handling and disposal of injection related wastes <b>Practical:</b> Activity 14 of module 3 of CCH	Lesson Plan; PPT Checklist

Principal  
08/09/22

**INDEX NURSING COLLEGE**  
INDORE (M.P.)

162

Registrar  
Malwanchal University  
Indore (M.P.)

8.	Programme management including Monitoring & Supervision	30	-	<b>Theory:</b> SC-HWC as a program and its impact on community health. CHO's role as manager. Concepts of Leadership, Supervision, Monitoring and De-stressing	Lesson Plan; PPT
9.	Investigation of Outbreak	60	120	<b>Theory:</b> Steps of Investigation of an Outbreak with example of Outbreak of Acute Gastro-Enteritis <b>Practical:</b> Activity 5 of module 3 of CC	Lesson Plan PPT Checklist
10.	BCC and soft skills	30	-	<b>Theory:</b> Basics of Communication, health belief model, behaviour change, and problem solving	Lesson Plan; PPT
11.	IDSP	30	-	<b>Theory:</b> Integrated Disease surveillance Programme under Communicable disease	Lesson Plan; PPT
12.	MCTS	30	90	<b>Theory:</b> ANMOL/RCH portal and its implications in improving MCH <b>Practical:</b> Hands-on experience on ANMOL tablet during visit to SC	Lesson Plan; PPT Checklist
13.	Chikungunya	40	-	<b>Theory:</b> Disease characteristics, care and management	Lesson Plan; PPT
14.	Organization of Labor room	30	120	<b>Theory:</b> Standardization of Labour Room at Delivery Points <b>Practical:</b> skill demonstration/orientation in skill lab or during Labor room visits	Lesson Plan; PPT Checklist
15.	Safe childbirth checklist	30	120	<b>Theory:</b> concept and use of SCC <b>Practical:</b> skill demonstration/orientation in during Labor room visits	Lesson Plan; PPT Checklist
16.	Postpartum visit by Health worker	60	120	<b>Theory:</b> Importance and operational aspects of home visits during post-partum period <b>Practical:</b> Post-partum visits as per SBA, HBNC/HBYC guidelines during internship	Lesson Plan; PPT Checklist
17.	Family Planning 2020	30	-	<b>Theory:</b> India's vision and activities to achieve FP 2020 goals	Lesson Plan; PPT
18.	National Family Planning programme	60	240	<b>Theory:</b> Newer family planning methods, unmet need, Basket of choice <b>Practical:</b> organizing family planning clinics, Counseling of couples using GATHER Approach and Interval IUCD & PPIUCD insertion	Lesson Plan; PPT Checklist
19.	Food Born diseases	45	-	<b>Theory:</b> Food poisoning and food intoxication, Public health response to food borne diseases, Food safety, food storage, and handling. Eat right Campaign	Lesson Plan; PPT Checklist

**SUMMARY OF TOPICS REVIEWED**

S.No	Topics	Duration (M)		Description	Resource materials
		Th.	Pr.		
1.	Health Planning and Healthcare delivery system in India (IPHS)	60	60	<b>Theory:</b> Concept of planning and management for health, Health Care delivery system in India a per IPHC norms <b>Practical:</b> Facility assessment checklist for PHC and SC as per IPHS norms	Lesson Plan; PPT & Job Aid Checklist
2.	HMS	60	60	<b>Theory: Concept,</b> data elements and flow, recording and reporting formats <b>Practical:</b> Orientation on HMS application during CHC/PHC and SC visit	Lesson Plan; PPT & Job Aid, Checklist
3.	Electronic Medical Record	60	-	<b>Theory:</b> Concept, benefits, disadvantages, roles of health care providers	Lesson Plan; PPT
4.	Micro birth Planning	60	-	<b>Theory:</b> Concept, steps involved and role of ANM/ASHA and	Lesson Plan; PPT/Job Aid
5.	Adolescent Counselling	60	60	<b>Theory:</b> Need and rationale for adolescent counselling, forums for counselling, suggested topics <b>Practical:</b> Activity 36 of module 3 of CCH and visit to AFHC	Lesson Plan; PPT/ Job Aid Checklist
6.	Sources of Vital Statistics	30	60	<b>Theory:</b> different sources and their importance in India, implications on health parameters <b>Practical:</b> community mapping, calculating vital statistics of the community	Lesson Plan; PPT/Job Aid Checklist
7.	Financial management, Accounts and computing at Sub Center	30	60	<b>Theory:</b> budgeting and financial provisions at Sub centre. Untied funds and its usage <b>Practical:</b> study of records and register during the field visits to SC	Lesson Plan; PPT/ Job Aid
8.	Mental health act and de-addicting programme	30	60	<b>Theory:</b> Mental Health Act, suicide prevention, de-addiction strategies and care/management at community level <b>Practical:</b> Wellness and health promotion activities at SC HWC	Lesson Plan; PPT/Job Aid Checklist

*Devi/09/22*

**Principal**  
**INDEX NURSING COLLEGE**  
**INDORE (M.P.)**



9.	Time trend in disease occurrence in Epidemiology	30	-	<b>Theory:</b> concept and definitions, examples in local context	PPT
10.	IYCF and counselling	60	60	<b>Theory:</b> Appropriate infant and young child feeding practices, exclusive breast feeding and complementary feeding <b>Practical:</b> Activity 40 of module 3 of CCH (Infant and Young Child Feeding)	Lesson Plan; PPT/Job Aid Checklist
11.	National Nutrition Mission	30	60	<b>Theory:</b> purpose, strategy, components of Poshan Abhiyaan <b>Practical:</b> Activity 41 of module 3 of CCH (Promoting and Monitoring Growth and Development and Plotting Chart)	Lesson Plan; PPT/Job Aid Checklist
12.	Use of Equipment		120	<b>Practical:</b> Activity 43 of module 3 of CCH (use of equipment) during visit to District hospital/CHC	Lesson Plan; PPT/Job Aid Checklist
13.	Throat problem and febrile seizure in children	30	60	<b>Theory:</b> Causes, symptoms, care and management of throat problem and febrile seizure. <b>Practical:</b> Activity 17 of module 3 of CCH-Assessment of patients with Ear, Nose and Throat (ENT) problems	Lesson Plan; PPT/Job Aid Checklist
14.	Transportation of baby and common accidents/ mishaps in labor room	60	-	<b>Theory:</b> Guiding principles for transporting sick babies and common mishaps in labor room and their management	Lesson Plan; PPT/Job Aid Checklist
15.	Counselling - GATHER approach	30	60	<b>Theory:</b> The concept, components and application of counselling using GATHER approach based on Family Planning Guidelines <b>Practical:</b> Post-Partum or antenatal FP counseling during clinical postings	Lesson Plan; PPT/Job Aid Checklist
16.	BMW and rules of 2016	60	60	<b>Theory:</b> Based on revised bio-medical waste management guidelines of 2016 <b>Practical:</b> Activity 11-Hand Washing skills and Activity 12-Bio-medical Waste Management	Lesson Plan; PPT/Job Aid Checklist
17.	Suturing of superficial wounds	60	60	<b>Theory:</b> Immediate wound care, Dressing of wound, Primary sutures and techniques of suturing skin <b>Practical:</b> Activity 19 (BNSL 043)- Suturing of superficial Wounds	Lesson Plan; PPT/Job Aid Checklist
18.	Post-Partum IUCD (PPIUCD)	60	120	<b>Theory:</b> Introduction to PPIUCD- mechanism, benefits, side effects, return to fertility, complications, Medical eligibility criteria <b>Practical:</b> Family Planning clinics in 4th year BSC(N) <b>Practical</b> sessions. Activity 34- Insertion and removal of IUDs	Lesson Plan; PPT/Job Aid Checklist
19.	National Health Programmes on Communicable &	60	120	<b>Theory:</b> ➤ Communicable diseases: updates in NVBDCP, NTEP (earlier RNTCP) and NLEP ➤ Non-communicable diseases: NPCDCS, elderly care (NPHCE), palliative care (NPPC),	Lesson Plan; PPT/Job Aid Checklist

*Se/e/y/2*

NCDs			blindness and visual impairment (NPCBVI), deafness (NPPCD), tobacco control (NTCP), oral health (NOHP), Trauma and Burn Injuries (NPPMBI), Mental Health (NMHP) <b>Practical:</b> Visit to NCD screening camp and NCD clinics	
------	--	--	--	--

*Dr. Jyoti*

**Principal  
INDEX NURSING COLLEGE  
INDORE (M.P.)**

*Dr. Jyoti*  
**Registrar  
Malwanchal University  
Indore (M.P.)**