

# Student digest



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MDS

Index Institute of Dental Sciences,  
Indore, Madhya Pradesh



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# The Other Side of My Life...

## Tell us about yourself?

Hello doctors!

I am Dr. Pallavi Mundra pursuing MDS in Department of Prosthodontics, Crown & Bridge and Implantology from Index Institute of Dental Sciences, Indore. I have done my BDS from Modern Dental College and Research Centre, Indore. I have done BA in Kathak classical dance from Kheragadh University.

Apart from this I have a great enthusiasm for other activities which keeps me focus in my work.

“As it is said if your mind is ready, you can do anything”

## Tell us about your Journey?

As my whole family is in medical. My Father, Dr. Vallabh Mundra (Bronchoscopist, Allergologist, Pulmonologist), My Brother, Dr. Pallav Mundra (Pathologist) and My Sister-in-Law, Dr. Priya Mundra (MBBS), looking them working for everyone and being available for 24\*7 at any situation I always wanted to be like them. My Mother Mrs. Sangeeta Mundra who is the reason behind everything that I am achieving today.

I wanted to become a dentist since my childhood and as the time passed when I was in college (2<sup>nd</sup> year) my dream was to become a Prosthodontist. I don't know the reason why. And Yes dreams do get real once you are passionately working for it. This is not only my Profession but passion and I am thankful to god, my parents and my teachers for giving me this opportunity to be greatful for.

## How did you take up this passion?

Since my childhood my support system my mother use to send me to learn classical dance which I hated the most, but few years later when I completed my BA in kathak it flew me to the place I can't even imagine off! I started representing myself at various stage performances and functions which not only keeps me alive but brought the best out of me.

Recently I have performed at an event in Indore and received appreciation award from Rupali Mohata (Miss India Universe 2019). Lately for physical fitness I started doing zumba and also secured first position in Crossfit Combat 2020.

But personally, when I was in 10th class I started getting interest in paintings and art works ▶ I started making eco-friendly items (mainly Ganesh ji), bookmarks, painting glass bottles and many more. From last 8 years I am making more than 30 Ganesh ji statues at home for my friends and family as a social service which I do it for free.

## How do you manage?

When you have a career with passion it is never difficult to manage it with your interest. You can always take out time and keep yourself motivated and obviously support from your family and dear ones are utmost important. Without them nothing can be achieved. Also, I am also so lucky to have such greatful and helping faculties Dr. Rajeev Srivastava (Head of the Department) and Dr. Ravish Tongva (Professor) who always motivates, encourages, guides me and boost up my confidence about how to manage all the things together and go ahead.



## ‘Wall of Fame’

## MY ACHIEVEMENTS



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