



Index Department of Physiotherapy & Paramedical Sciences

Malwanchal University, Indore



"Chiropractic Approach for Physiotherapy Students"



Registrar
Malwanchal University
Indore (M.P.)

ABOUT

"Chiropractic Approach for Physiotherapy Students" explores the integration of chiropractic principles and techniques into physiotherapy practice, enhancing spinal manipulation and manual therapy skills.

Eligibility Criteria :

BPT Students.
Resource Person
Dr. Chirag Verma
Registration Fees: 0
Start Date:- 19/04/24 To 20
Schedule:- 09:00 to 04:00



Module

Module content covers: chiropractic history and philosophy, spinal biomechanics, joint mobilization and manipulation, muscle energy techniques, soft tissue therapy, and case management for musculoskeletal disorders.

Course Outcome

Upon completion, students will be able to apply chiropractic principles, perform spinal manipulation and joint mobilization techniques, and integrate evidence-based chiropractic methods into physiotherapy practice for enhanced patient outcomes.





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Department of Physiotherapy & Paramedical Sciences



MALWANCHAL UNIVERSITY, INDORE

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Email : principalparamed@indexgroup.co.in, paramedical@indexgroup.co.in Website. Www.malwanchaluniversity/paramedical.co.in
City Office : 104, Trishul Apartment., 5, Sanghi Colony, A.B. Road, Indore M.P. -452008 (M.P.)

REF.NO.- IDOPT/PO/2024/

DATE:13/04/2024

CIRCULAR

Index Department of Physiotherapy and Paramedical Sciences, Malwanchal University is conducting **Chiropractic – A manipulation for physiotherapy students** : the course will provide a depth knowledge on given topic

*Topic: - **Chiropractic – A manipulation for physiotherapy students**

*Date: 19/04/2024-20/04/2024

*Venue: Index department of physiotherapy and paramedical sciences.

*Resource Person: Dr. Chirag Verma

You are expected to attend the above mentioned course to facilitate in-depth understanding of the topic and enhance the skills.

Faculties can enroll the names to Course Coordinator on or before 17/04/2024


COURSE COORDINATOR
DR. SURBHI RAJPUT




PRINCIPAL
PARAMEDICAL COURSES

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Department of Physiotherapy and Paramedical Sciences

MALWANCHAL UNIVERSITY, INDORE

Ref: - IDOPT/PO/2024/1579

Date: 22/04/2024

Report: Chiropractic Manipulation Technique for Skill Training

Date :- 19/04/2024-21/04/2024

Introduction and Overview

Chiropractic manipulation is a vital component of manual therapy, used to restore joint mobility, reduce pain, and enhance functional ability. Physiotherapists increasingly incorporate chiropractic techniques into their practice, necessitating comprehensive training in these methods. This three-day workshop aimed to provide physiotherapy students with hands-on training in chiropractic manipulation techniques, enhancing their clinical skills and patient care.

The objectives of this workshop were:

- To understand the principles and philosophy of chiropractic manipulation
- To develop skills in spinal and extraspinal manipulation techniques
- To apply chiropractic manipulation to various clinical scenarios
- To integrate chiropractic techniques into physiotherapy practice

The workshop combined lectures, discussions, and hands-on training sessions to provide students with a comprehensive understanding of chiropractic manipulation.

Day 1: Fundamentals of Chiropractic Manipulation

The first day of the workshop introduced the fundamentals of chiropractic manipulation. Key concepts discussed included:

- Chiropractic philosophy and principles
- Spinal anatomy and biomechanics
- Manipulation techniques for cervical, thoracic, and lumbar spine
- Safety precautions and contraindications

Hands-on training sessions allowed students to practice basic manipulation techniques.

Day 2: Advanced Manipulation Techniques

The second day of the workshop focused on advanced manipulation techniques. Topics included:

- Extraspinal manipulation (upper and lower extremities)
- Soft tissue techniques (trigger point therapy, muscle energy techniques)
- Integration of chiropractic manipulation with other manual therapies
- Case study discussions and group activities

Students practiced advanced manipulation techniques and developed skills in integrating chiropractic techniques with other manual therapies.

Day 3: Clinical Application and Practice

The third day of the workshop focused on clinical application and practice. Topics included:

- Chiropractic manipulation for specific conditions (low back pain, neck pain, headaches)
- Integration of chiropractic techniques into physiotherapy practice
- Business and marketing strategies for incorporating chiropractic manipulation into clinical practice
- Hands-on practice and feedback sessions

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Students practiced chiropractic manipulation techniques in a clinical setting, receiving feedback from experienced instructors.

Key Takeaways

The workshop provided valuable insights into chiropractic manipulation, emphasizing:

- Safety and effectiveness of chiropractic manipulation
- Importance of proper technique and patient positioning
- Integration of chiropractic techniques with other manual therapies
- Clinical application and practice of chiropractic manipulation

Clinical Applications for Physiotherapy Students

As physiotherapy students, the knowledge gained from this workshop can be applied in various clinical settings:

- Providing chiropractic manipulation for spinal and extraspinal conditions
- Integrating chiropractic techniques with other manual therapies
- Enhancing patient outcomes and functional ability
- Expanding clinical skills and expertise

Resource Persons:

Dr. Chirag Verma

Duration:

Three days (24 hours)

Conclusion

This three-day workshop provided physiotherapy students with comprehensive training in chiropractic manipulation techniques, enhancing their clinical skills and patient care. By integrating chiropractic techniques into physiotherapy practice, students can provide more effective and comprehensive care.

Assessment:

Students demonstrated proficiency through:

- Practical assessments (60%)
- Written quizzes (20%)
- Case study presentations (20%)

Dr. Surbhi Rajput
Report Made by:
Dr. Surbhi Rajput



Dr. Chirag Verma



Dr. Surbhi Rajput

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Department of Physiotherapy and Paramedical Sciences Malwanchal University Indore

Value Added Course: Chiropractic Manipulation Technique for Physiotherapy Students

Date: 19th-20th April 2024

Venue: Index Department of Physiotherapy and Paramedical Sciences College, Indore

Resource Person: Dr. Chirag Verma

Course Overview:

This 2-day value-added course aims to equip Physiotherapy students with comprehensive knowledge and skills in chiropractic manipulation techniques, enhancing their understanding of spinal and extraspinal manipulation.

Day 1: Foundations of Chiropractic Manipulation

The first day covers:

- Introduction to Chiropractic Care: Principles, Philosophy, and History
- Spinal Anatomy and Biomechanics: Relevant to Manipulation
- Chiropractic Examination and Assessment Techniques
- Basic Manipulation Techniques: Spinal and Extraspinal
- Safety Considerations and Contraindications
- Case Studies: Applying Chiropractic Principles to Clinical Scenarios

Day 2: Advanced Chiropractic Manipulation Techniques and Practical Application


The second day focuses on:

- Advanced Manipulation Techniques: Specialized Spinal and Extraspinal Techniques
- Soft Tissue Techniques: Muscle Energy and Trigger Point Therapy
- Integration with Physiotherapy Practice: Combining Techniques for Optimal Results
- Practical Sessions: Hands-on Training in Chiropractic Manipulation
- Group Discussions: Chiropractic Manipulation in Various Patient Populations

Course Objectives:

Upon completion, participants will:

1. Understand chiropractic principles, spinal anatomy, and biomechanics.
2. Apply basic and advanced manipulation techniques.
3. Identify safety considerations and contraindications.
4. Integrate chiropractic techniques with physiotherapy practice.


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Assessment and Certification:

Participants will be assessed through written quizzes, practical sessions, and case study presentations. Successful completion will result in a certificate from Index Department of Physiotherapy and Paramedical Sciences College, Indore.





Course Materials:

- Workshop manual
- PowerPoint presentations
- Handouts and worksheets
- Relevant journals and research articles
- Chiropractic manipulation equipment and models

Learning Outcomes:

- Enhanced knowledge and skills in chiropractic manipulation techniques
- Improved understanding of spinal anatomy and biomechanics
- Ability to apply chiropractic principles to clinical scenarios
- Integration of chiropractic techniques with physiotherapy practice
- Enhanced patient care through multidisciplinary approach



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Chiropractic – A manipulation techniques for physiotherapist



Dr. Chirag verma sir speaking about manipulation techniques



Dr. Chirag verma sir giving introduction



Dr. Chirag verma sir talking about chiroprathy



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Department of Physiotherapy and Paramedical Sciences Malwanchal University Indore

Topic: - Chiropractic- A Manipulation technique for Physiotherapy

Resources Person: - Dr. Chirag Verma

Date: - 19/04/2024-20/04/2024

Student Attendance List

(BPT 3rd, 4th year)

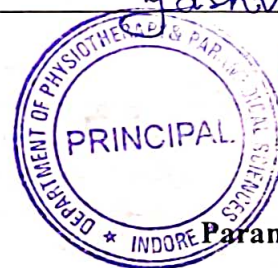
S.NO	Name of Student	Signature
1.	BPT 3rd Year. Anjali Jaiswal	Anjali
2.	Anjali Neekhara	Anjali
3.	Archie Jadhav	Archie
4.	Arpit Kushwah	Arpit
5.	Bhavana Bhuriya	Bhavana
6.	Chandan Doriya	Chandan
7.	Charu Powar	Charu
8.	Deepak Meena	Deepak
9.	Deepika Goyal	Deepika
10.	Dishika Agrawal	Dishika
11.	Garima Sonwani	Garima
12.	Geetanjali Koushal	Geetanjali
13.	Gourang Panchole	Gourang
14.	Harsh Sharma	Harsh Sharma
15.	Kapil Patidar	Kapil Patidar
16.	Khan Mehvish	Mehvish
17.	Krishnapal Singh	Krishnapal
18.	Kritika Patidar	Kritika
19.	Kunjita Nargesh	Kunjita
20.	Manisha Goyal	Manisha
21.	Manwani Anshul	Anshul
22.	Maya Jaiswal	Maya
23.	Mehzabin Khan	Mehzabin
24.	Mufeed Sheikh	Mufeed Sheikh
25.	Muskan Patidar	Muskan
26.	Neha	Neha
27.	Nikhil Patel	Nikhil Patel
28.	Nirali Patidar	Nirali
29.	Prajal khandelwal	Prajal
30.	Prathana Maske	Prathana
31.	Rajput Aman Singh	Rajput Aman Singh
32.	Rajput Vidhi Vilas	Vidhi Rajput
33.	Ratnesh mandloi	Ratnesh
34.	Sakshi Joshi	Sakshi
35.	Shiva Rathore	Shiva
36.	Shivam Meena	Shivam
37.	Shivani Patidar	Shivani
38.	Shruti Shrivastava	Shruti
39.	Simran Mehra	Simran
40.	Somnath Verma	Somnath

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41.	Tanisha Prajapat	Tanisha
42.	Tanshika Patidar	Tanshika
43.	Umesh Patidar	Umesh
44.	Vaishnavi Soni	Vaishnavi
45.	Varsha Patidar	Varsha
46.	Veena Rao	Veena Rao
47.	Vishranti Joshi	Vishranti
48.	BPT- 4th year	
49.	Aafrin Khan	Aafrin Khan
50.	Aastha Parmar	A. Parmar
51.	Abhishek Chauhan	Abhishek
52.	Ambika	Ambika
53.	Ameesha	Ameesha
54.	Anjali Dawar	Anjali
55.	Ankit Rathore	A. Rathore
56.	Asmit Patel	Asmit
57.	Aayushi Maurya	Ayushi Maurya
58.	Chetna Chouhan	Chetna
59.	Devandra khakal	Devandra
60.	Disha Baraskar	Disha
61.	Divyani Chouhan	D. Chohan
62.	Garima Rathore	Garima
63.	Gedam Chaitali Yogeshwar	Gedam Chaitali
64.	Himanshi Satha	Himanshi
65.	Ishika Yadav	Ishika
66.	Karan Bopcha	Karan
67.	Nandini Parmar	Nandini Parmar
68.	Pooja Khandekar	Pooja
69.	Pranav Jadhav	P. Jadhav
70.	Prayag Solanki	Prayag
71.	Prerna Carpentar	Prerna
72.	Radharaman Meena	Radharaman
73.	Rane Divya Sonaji	Rd Sonaji
74.	Ravian Dawande	Ritika Ranjan D
75.	Ritika Bhaduriya	Rohit Ribika
76.	Rohit Meena	Rohit
77.	Rohit Yadav	Rohit
78.	Sagar	Sagar
79.	Shubham Tiwari	Shubham
80.	Simrandeep Sikh	Simrandeep
81.	Swapnil Thergaonkar	Swapnil
82.	Vishesh Verma	V. Verma
83.	Yashvi Bajpai	Yashvi

Resource Person
Dr. Chirag Verma



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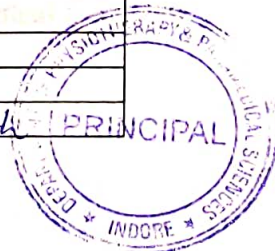
Topic: - Chiropractic- A Manipulation technique for Physiotherapy
Resources Person: - Dr. Chirag Verma Date: - 19/04/2024-20/04/2024

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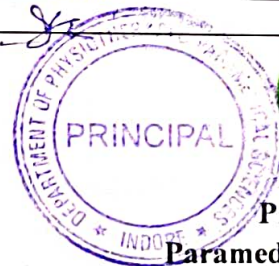
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69.	Pranav Jadhav	Pranav
70.	Prayag Solanki	Prayag
71.	Prerna Carpenter	Prerna
72.	Radharaman Meena	Radharaman
73.	Rane Divya Sonaji	Rane
74.	Ravian Dawande	Ravian
75.	Ritika Bhaduriya	Ritika
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