



Index

INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India
& Ministry of Health & Family Welfare, New Delhi)

Constituent Unit of Malwanchal University, Indore



Ref.No.:IIDS/Misc.VAC/2024/ 45

Date: 30.04.2024

CIRCULAR

Index Institute of Dental Sciences, Indore is organizing a value added course entitled "**COMPETITIVE EXAMINATION HOW TO SCORE BEST IN NEET EXAM**" to assess candidates knowledge and skills in specific subjects to determine eligibility for academic or professional opportunities. Interested students and interns can attend the session and gain insights for the same. The value added course will be held on 03/05/2024- 05/05/2024 , at Auditorium IIDS.

Details are as per the brochure attached

S. Ganguly

Dean

Index Institute of Dental Sciences,
Indore




Registrar
Malwanchal University
Indore (M.P.)

Copy for information to:

- Registrar (Malwanchal University, Indore)
- All concerned authorities
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Prepared By: Dr. Chinmay Vyas.

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MALWANCHAL UNIVERSITY IQAC, MALWANCHAL UNIVERSITY & INDEX INSTITUTE OF DENTAL SCIENCES

REGISTRATION CONTACTS

Dr. Anu Vashisht 9561910483
Department of Conservative Dentistry &
Endodontics

**NEET PG
— EXAM —
PATTERN**

COURSE OBJECTIVES

- Developing Time Management Skills
- Practicing with Mock Exams and Previous Papers
- Staying Updated on Exam Policies and Guidelines
- Strengthening Weak Areas

COMPETITIVE EXAMINATION HOW TO SCORE BEST IN NEET PG EXAMINATION

MODULES

1. Understand the Exam Pattern
2. Create a Study Plan
3. Study Material
4. Practice Regularly
5. Focus On High - Yield Topics

ABOUT

The report provides a strategic guide for excelling in the NEET PG examination, covering essential aspects like syllabus analysis, study planning, subject-specific strategies, effective use of resources, time management, mock tests, and mental well-being.

RESOURCE PERSON

Dr. Swadhin Raghuvanshi
03rd MAY - 5th May 2024
Venue - Index Institute Of Dental Science, Indore
Timing - 9:30 am onwards
Registration Free

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Indore (M.P.)
S. Garguhy



PROGRAM OUTCOMES

Scoring well in NEET PG requires diligent preparation, effective time management, and a clear understanding of the exam structure. By following a structured study plan, utilizing quality resources, and practicing regularly, candidates can significantly enhance their chances of success. Remember to stay focused, remain positive, and approach your studies with confidence!



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Constituent Unit of Malwanchal University, Indore

Value Added Course : Competitive Examination How To Score Best In Neet Pg Examination

REPORT

Date- 03/05/24- 07/05/24

Venue- **IIDS** Auditorium

Course Code: **IIDS/VAC/2024/08**

Number of attendees: 70

The **Index Institute of Dental Sciences (IIDS)**, Indore, had organized a comprehensive 3-day value-added course titled "**Competitive Examination: How to Score Best in NEET PG Examination**" from **May 3 to May 7, 2024**. The program had been a resounding success, with notable sessions led by esteemed expert **Dr. Swadheen, M.D.S.**, who had delivered insightful lectures.

The program was scheduled for a total of **16 hours** over the course of the five days, with the sessions held during the students' free hours. Registration for the course was free of charge for all attendees. The course content was delivered by the esteemed expert **Dr. Swadheen, M.D.S.**, who led detailed sessions on effective strategies, time management, and focused preparation to tackle the NEET PG exam with confidence.

Course Modules:

Understand	the	Exam	Pattern
Dr. Swadheen began by explaining the format of the NEET PG exam. The examination consisted of multiple-choice questions (MCQs) from subjects taught in the MBBS curriculum. The key subjects included Anatomy, Biochemistry, Microbiology, Pharmacology , and others. The exam typically included 200 questions , each carrying one mark, with negative marking for incorrect answers. Create a Study Plan Emphasizing the importance of time management , Dr. Swadheen encouraged students to allocate study time according to their strengths and weaknesses. He stressed the need for setting daily goals and maintaining a revision schedule to ensure regular reinforcement of topics.			Material

The session highlighted the use of **standard-textbooks** and **NEET PG-specific preparation books** for an in-depth understanding of concepts. Dr. Swadheen also recommended leveraging **online resources** such as lectures, quizzes, and mock tests to supplement traditional study methods. **DEAN** on **High-Yield Topics**

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Identifying high-yield topics that frequently appeared in the NEET PG exam was a key takeaway. Dr. Swadheen emphasized prioritizing subjects like **Pathology, Pharmacology, Surgery, and Medicine** for targeted preparation, as these topics had a significant weight in the examination. **Practice Regularly** The importance of **mock tests** and solving **previous year question papers** was emphasized to familiarize students with the exam format and enhance time management skills. Dr. Swadheen also suggested practicing with **question banks** to improve accuracy and speed. **Revision Techniques** Several effective revision techniques were introduced, including **active recall** through flashcards and self-quizzing, **spaced repetition** for better retention, and the use of **summaries and diagrams** for quick revision. **Stay Updated** Dr. Swadheen reminded students to stay updated on any changes in the **exam pattern** or **syllabus** through the official NEET PG website and notifications to avoid last-minute surprises.

Healthy Study Habits

A balanced approach to studying was encouraged, including regular **exercise**, proper **nutrition**, and adequate **sleep** to maintain mental and physical well-being during preparation.

Group Study

The benefits of **group study** were also discussed, as collaborative learning helps reinforce understanding. Dr. Swadheen advised students to join study groups for discussions, doubt clarification, and sharing of study resources. **Stress Management** Techniques to manage **exam-related stress** were introduced, such as practicing **meditation, yoga**, and relaxation exercises. Maintaining a positive mindset was emphasized as a key factor in exam success.

Special Session and Felicitation

The session concluded with a **felicitation ceremony** where **Dr. Swadheen** was honored by **Dr. Urvashi Tomar**, the head of the department, for his valuable contribution to the success of the course. Dr. Tomar praised Dr. Swadheen's expertise and commended his engaging approach to educating the students.

Conclusion

The comprehensive course provided students with a well-rounded approach to NEET PG preparation, focusing on **exam strategy, time management, effective study techniques**, and **stress management**. By following a structured study plan, utilizing the right resources, and practicing regularly, students were equipped with the tools needed to enhance their chances of success in the NEET PG examination. Dr. Swadheen's expert guidance and interactive sessions helped instill a sense of confidence among participants, ensuring they were well-prepared to approach the exam with clarity and focus.

The program successfully achieved its objective of guiding students through the nuances of NEET PG preparation, ensuring they were better equipped to score high and perform well in the exam.



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Attendees-

AANCHAL JESWANI
AANCHAL LAAD
AARTI JOKCHANDRA
AASTHA DHAKER
ABDUL RUHAN BILAL TAHAMI
ABHIJEET SINGH THAKUR
ABHINAV TAIGOR
AJAY VERMA



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AKSHAT SONI
ALIZA KHAN
ANJALI BORASI
ANKITA DHAKAR
ANTIM PRAJAPAT
ANUSHKA KUSHWAH
AQSA ALI SAYYED
ARINDAM SIKDER
ARSHAN HASAN
ARUSHI SANTHALIA
BABLU SARWA
BHANU PRATAP SINGH
CHETNA MILIND PATIL
DIVYANI SALVE
FAROOQUI MOHAMMAD ZAIF
GOPESH NAGAR
GULFAM ALI ASHRAFI
HARSHALI YADAV
JAYWANTI BAGHEL
JITENDRA DODWE
KAPIL KUSHWAHA
KESHAV CHOUHAN
KHUSHI GIRI
MAHAK KUSHWAH
MAITALI AKODIYA
MANSI SHRIVASTAV
MAYANK GURJAR
MAYUSHEE RATHORE
MOKSH SINGH DEEPAK



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MUSKAN SOLANKI
NAQIA CHHAWANIWALA
NARENDRA MANDLOI
NIKITA ALERIYA
NIRMAL
PALAK PANWAR
PANKAJ KUMAR KUSHWAHA
PARNIKA SINGH
PREKSHA SHARMA
RAHEMEEN MANSOORI
RAJINI MOHABE
REENA DAWAR
RIDDIHI MUDGAL
RISHITA PALJWAL
RUCHIKA BHAVSAR
SAKSHI SURYAWANSHI
SALONI PATIDAR
SANDHYA SINGH
SHABA PARVEEN
SHAHID KHAN
SHEETAL BHALSE
SHIVAM PATEL
SHIVAM SAINI
SHIVANI MANDLOI
SHRADDHA PATIDAR
SOMYA VERMA
SOURABH ROY
SUDHANSHU SHANDILLY
TASNEEM KOUSAR



B. Ganguly

B. Ganguly
Registrar
Majwanchal University
Indore (M.P.)

TASNEEM RANGWALA
URVASHI MAKWANKAR
VAISHNVI GADILOHAR
JITENDRA
VANSHITA RAJ
VIKAS AWASHYA
KUNAL PATIL
ARPIT BHANDARI
HARISH BIRLA
KHUSHI YADAV
SONALI TOMAR



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GPS Map Camera

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Lat 22.683708, Long 76.052218

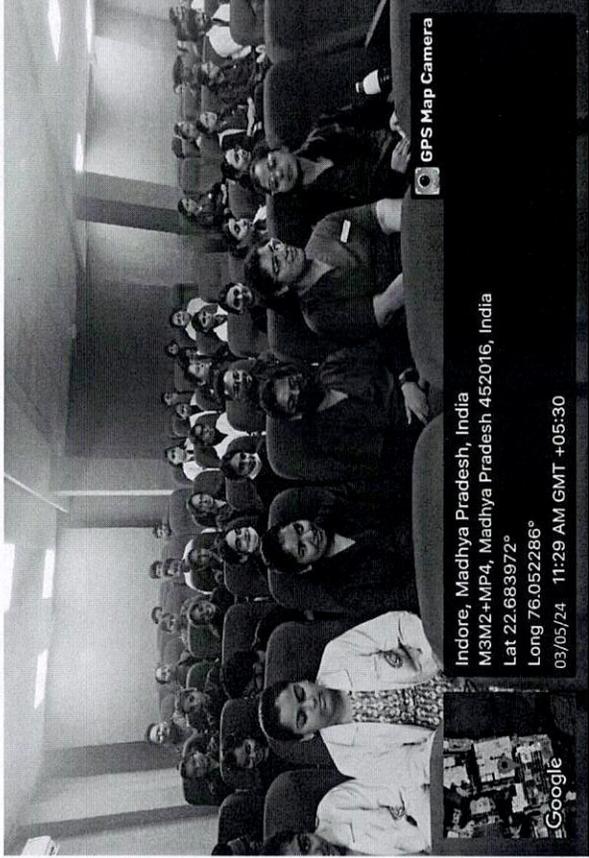
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DEAN

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