



## Index Department of Physiotherapy & Paramedical Sciences

Malwanchal University, Indore



**Effective lesson Planning: Time-saving Techniques.**



### ABOUT

Lesson Plans should always be **Specific, Measurable, Attainable Realistic & Time-bound.**

### Eligibility Criteria :

**BMIT Student  
Resource Person  
Dr. N. Hingovani**

**Registration fees:- 0**

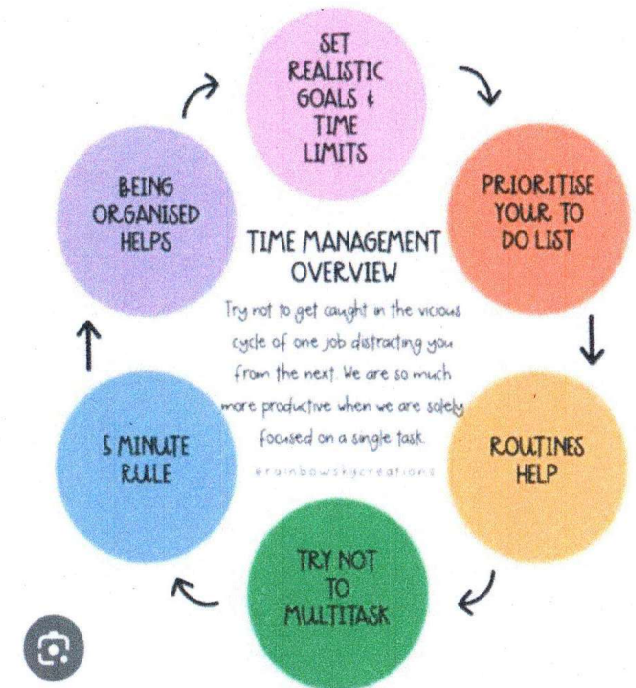
**Start Date:- 16/09/23 To 20**

**Schedule:- 09:00 To 10:00**

*Soalhad*  
Registration  
Malwanchal University  
Indore (M.P.)

### Module

1. **Set clear learning objectives.**  
Focus your lesson plans around clear learning objectives maximize impact.
2. **Use Templates & Standards.**
3. **Make lesson Plans Collaborative.**
4. **Incorporate Existing materials.**





# Index

## Department of Physiotherapy & Paramedical Sciences



### MALWANCHAL UNIVERSITY, INDORE

**Campus** : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 91 9755008280, +91 8349101017  
**Email** : principalparamed@indexgroup.co.in, paramedical@indexgroup.co.in **Website**. Wwww.malwanchaluniversity/paramedical.co.in  
**City Office** : 104, Trishul Apartment., 5, Sanghi Colony, A.B. Road, Indore M.P. -452008 (M.P.)

Ref: IDOPT/PO/2023/493(A)

Date: 05/09/2023

### Circular

Index Department of Physiotherapy and Paramedical Sciences Malwanchal University is conducting 5 day Faculty Development Course on " **Effective Lesson Planning: Time-Saving Techniques** " the course will provide in depth knowledge on the given topic.

**Topic**: - Effective Lesson Planning: Time-Saving Techniques.

**Date**: 16/09/2023 – 20/09/2023

**Venue**: - Index department of Physiotherapy and paramedical sciences.

**Resource Person**: Dr. N. Hingorani

You are expected to attend the above mentioned course to facilitate indepth understanding of the topic and enhance the skills.

**Faculties can enroll the names to Course Coordinator on or before 13/09/2023**

**Course Coordinator**  
**Mr. Durgesh Yadav**



**Principal**  
**Paramedical Courses**

**ccto :-**

- Registrar, MU
- IQAC
- File

Registrar  
Malwanchal University  
Indore (M.P.)



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## Department of Physiotherapy and Paramedical Sciences

CONSTITUENT UNIT OF MALWANCHAL UNIVERSITY, INDORE

Ref: - IDOPT/PO/2023/568UB

Date: 21/09/2023

**Title-** Effective Lesson Planning : Time Saving Techniques .

**Date-**16/09/2023-20/09/2023

**Venue-** Index Department of Physiotherapy and Paramedical Sciences, Indore

**Resource Person:** Dr. Neelam Hingorani

Five days training was organised by index department of Physiotherapy and paramedical sciences. Malwanchal University indore, on 16/09/2023-20/09/2023

The workshop started with the lightening of the lamp, in which Dr. Reshma Khurana, Principal Index Department of Physiotherapy and Paramedical Sciences, Indore, resource person all the faculty members of institutions we're present.

**Day 1 :-**

**Lesson Planning Strategies .**

- .Integrated Lesson Planning .
- .Backward Design.
- .Technology Enhance Lesson Planning.
- .Differentiated Instructions Planning .

**DAY 2:-**

**Time Saving Tips .**

- .Reuse And Adapt Existing Lesson Plans .
- .Create A Lesson Plan Data Base Library .
- .Prioritize And Focus On Essential Content

**Day 3:-**

**Efficient Lesson Plan Structure**

- . Introduction
- .Direct Instruction
- .Guided Practice .
- .Independent
- .Closure .



Registered  
Malwanchal University  
Indore (M.P.)

All The Faculties Members Attended This Training And Demonstrate On The Basic Of The Education Is Very Important To Present Generation About Reforms In Education System That Would Improve Quality Of Education .

#### **DAY4:-**

##### **Best Practices**

- .Align Lessons With Learning Objectives .
- .Incorporate Formative Assessments .
- .Provide Scaffolding And Support.
- .Reflect And Adjust Lesson Plans Regularly .

#### **DAY 5 :-**

##### **Time Saving Estimation**

- .Initial Lesson Planning .
- .Revising And Refining .
- .Using Templates And Tools .
- .Reviewing And Adjusting

Certificate Were Distributed To All The Attenders .

Staff Attended This Program Learned Lots Of Strategies Under The Guidance Of Dr. Reshma Khurana, Principle Paramedical Courses.

During Program Hour .The Main Purpose Of This Program To Teach The Importance Of Psychological Emotional Objective For The Betterment Of Staff.

Overall Development Training Were Fulfilled.

**Report Made by  
Mr. Durgesh Yadav**

**Principal  
Paramedical Courses**



**Registrar  
Matwanchal University  
Indore (M.P.)**



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## Department of Physiotherapy and Paramedical Sciences

MALWANCHAL UNIVERSITY, INDORE

Ref No. IDOPT/PO/2023/ 508 (C)

Date :21/09/2023

**Topic :- Effective Lesson Planning: Time-Saving Techniques.**

### Faculty Attendance Sheet

S.no	Year	Name of Teaching Staff	Course name	Resource Person	Date
1	2023-24	Dr. Reshma Khurana Dr. Hitesh Vishwakarma Dr. Amit Nagar Dr. Arpita Mishra Mr. Durgesh Kumar Yadav Dr. Jayshree Kashyap	Effective Lesson Planning: Time-Saving Techniques	Dr. N. Hingorani	16/09/2023-20/09/2023

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Index Department of Physiotherapy and Paramedical Sciences  
Malwanchal University, Indore



## *Certificate of Participation*

This is to certify that

**Dr. Jayshree Kashyap**

has participated in the Value Added Course on  
"Effective Lesson Planning: Time Saving Techniques"

from 16/09/2023-20/09/2023

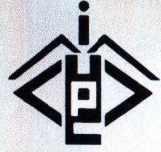
Credit hours- 5 hours

**Dr. N. Hingorani**  
Resource Person

Registrar  
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Malwanchal University, Indore



## *Certificate of Participation*

This is to certify that

**Dr. Durgesh Kumar Yadav**

has participated in the Value Added Course on  
"Effective Lesson Planning: Time Saving Techniques"

from 16/09/2023-20/09/2023

Credit hours- 5 hours

**Dr. N. Hingorani**  
Resource Person

Principal  
Malwanchal University  
Indore (M.P.)

**Principal**  
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Index Department of Physiotherapy and Paramedical Sciences  
Malwanchal University, Indore



## *Certificate of Participation*

This is to certify that

**Dr. Arpita Mishra**

has participated in the Value Added Course on  
**"Effective Lesson Planning: Time Saving Techniques"**  
from 16/09/2023-20/09/2023  
Credit hours- 5 hours

**Dr. N. Hingorani**  
Resource Person

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Indore (M.P.)

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Index Department of Physiotherapy and Paramedical Sciences  
Malwanchal University, Indore



## *Certificate of Participation*

This is to certify that

**Dr. Amit Nagar**

has participated in the Value Added Course on  
**"Effective Lesson Planning: Time Saving Techniques"**

from 16/09/2023-20/09/2023

Credit hours- 5 hours

**Dr. N. Hingorani**  
Resource Person

**Registrar**  
Malwanchal University  
Indore (M.P.)

**Principal**  
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Index Department of Physiotherapy and Paramedical Sciences  
Malwanchal University, Indore



## *Certificate of Participation*

This is to certify that

**Dr. Hitesh Vishwakarma**

has participated in the Value Added Course on  
"Effective Lesson Planning: Time Saving Techniques"

from 16/09/2023-20/09/2023

Credit hours- 5 hours

**Dr. N. Hingorani**  
Resource Person

**Registrar**  
Malwanchal University  
Indore (M.P.)

**Principal**  
Paramedical Courses

