

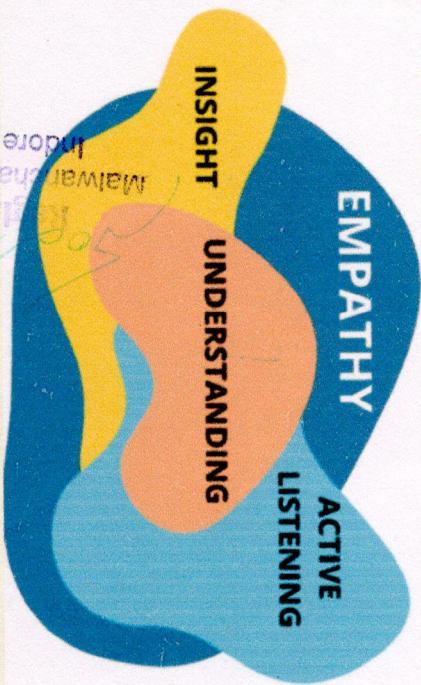
Time	Topic/Subtheme	Resource Person
2:00PM – 3:00PM	Session – X Discussion on empathy-driven leadership in healthcare	Dr. Naveen Jaiswal HOD Dept. of CHN
3:00PM - 4:00PM	Session – XI Applying Empathy to Patient Care	Dr. Haman Singh Bhatia Asst. Professor Dept. of Psychiatric (IMCH&RC)

Day 3

9:00AM-10:00AM	Session – XII Strategies for maintaining empathy in fast-paced healthcare environments	Dr. Manisha Bagwat Asso. Professor Dept. OBG
10:00AM-11:00AM	Session – XIII Evaluation and feedback on empathy-based patient care approaches	Dr. Nitin Chicholkar Asst. Professor Dept Of MHN
11:00AM – 12:00NOON	Valedictory Session	

Contact Person:

Ms. Harshita Agrawal– 9039647159
Ms.Roshani Dabi – 8827483092

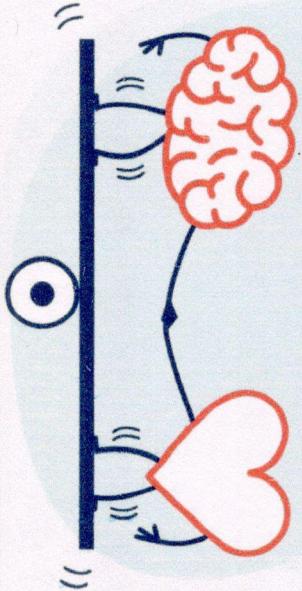


INDEX NURSING COLLEGE
MALWANCHAL UNIVERSITY



(Run by Mayank Welfare Society)
Approved by Indian Nursing Council, New Delhi,
Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
(Constituent Unit of Malwanchal University, Indore, M.P.)

EMPATHY



VALUE ADDED COURSE ON

EMPATHY

CODE: INC/VAC/24/12

DATE: 07 DEC 2023 TO 09 DEC 2023
VENUE: INDEX NURSING COLLEGE

PRINCIPAL
ORGANIZING CHAIRPERSON
Dr. (Prof.) Smriti G. Solomon

Principal
Index Nursing College

Organizing Secretary
Dr. Nitin Chicholkar

Asst. Professor
Dept. Of Mental Health Nursing
Index Nursing College

Malwanchal University
Indore (M.P.)

About College

Index Nursing College, Indore(M.P.) was established under the aegis of Mayank welfare society in September 2007 and the college has successfully completed 17 years of its existence with the mission to be a leading edge nursing educational institution devoted to prepare post graduate, under graduated and diploma nurses to provide multidisciplinary and integrated health services to clients globally. Index Nursing college is constituent unit of Malwanchal University,Indore (M.P.)

Overview of Topic

Empathy is the foundation of effective healthcare. This course is designed to help participants develop the ability to understand and share the feelings of others. Through this value-added course, healthcare professionals will cultivate emotional intelligence, improve patient care, and enhance teamwork in clinical settings. By exploring empathy, students will learn to connect more deeply with patients, colleagues, and themselves, leading to more compassionate and comprehensive care.

Objectives

After the completion of value added course, the students will be able to:

- Understand the Importance of Empathy: Explore the role of empathy in health care, Learn how empathy improves patient outcomes and satisfaction.
- Develop Emotional Intelligence: Enhance self-awareness and the ability to recognize and regulate emotions in oneself and others.
- Effective Communication Techniques: Practice active listening and empathetic responses in challenging patient interactions.
- Foster Collaborative Teamwork: Learn how empathy can improve collaboration and create a positive work environment.
- Patient-Centered Care: Discover the link between empathy and patient-centered care, leading to better treatment and recovery experiences.

SCHEDULE

Time	Topic/Subtheme	Resource Person
9:00AM-9:30AM	Registration	Ms. Roshni Dabi Ms. Shefali
9:30AM- 9:45AM	Inauguration/Deep Prajwalan	Chief Guest/Guest of Honour
9:45AM-10:00AM	Floral Welcome & Address of Chief Guest	
10:00AM-11:00AM	Session – I Introduction to Empathy and Its Relevance in Healthcare	Dr. Rangulam Razdan Pro-Vice Chancellor Malwanchal University
11:00AM- 11:15AM	Tea Break	
11:15AM – 12:00NOON	Session – II Overview of empathy and its psychological aspects	Dr. (Prof) Smriti G Solomon Principal Index Nursing College
12:00NOON – 1:00PM	Session – III Group discussion: Experiences in healthcare without empathy	Dr. Anu V. Kumar HOD Dept of OBG
1:00PM- 2:00PM	Lunch	
2:00PM – 3:00PM	Session – IV Emotional Intelligence in Clinical Settings	Dr. Reena Thakur HOD Dept of MSN
3:00PM - 4:00PM	Session – V Active Listening and Communication Skills	Dr. Jitendra Chicholkar Professor Dept. CHN
Day 2		
9:00AM-10:00AM	Session – VI Self-assessment of emotional intelligence	Dr. Th Bidyani Devi Asso. Professor Dept Of OBG
10:00AM-11:00AM	Session – VII Role-playing scenarios: Handling difficult patient interactions	Dr. Berlin Sara Thamby HOD Dept of CHN
11:00AM- 11:15AM	Tea Break	
11:15AM – 12:00NOON	Session – VIII Empathy in Teamwork and Leadership	Mr. Vishal Choudhary Asst. Professor Dept of MSN
12:00NOON – 1:00PM	Session – IX Team exercises: Enhancing empathy within clinical teams	Dr. Prabhanshu Wyas Professor Dept of CHN
1:00PM- 2:00PM	Lunch	



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Ref.No:- INC/PD/023/642/B

Date:- 01/12/2023

CIRCULAR

Index Nursing College is organizing an value added course on “EMPATHY” (**Course Code - INC/VAC/24/12**). The duration of the course is 16 Hrs. Interested students can enroll their name to Organizing Secretary on or before 05th Dec 2023. The course commences from 07th December 2023 TO 09th December 2023.

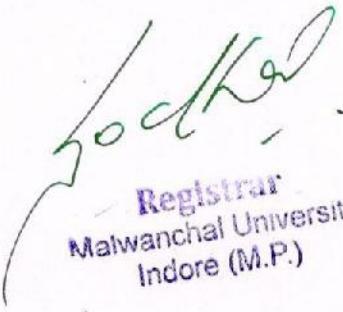

Organizing Chairperson
Dr. Smriti G. Solomon
Principal
Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

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- All Concerned Authority
- File


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)



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REPORT VALUE ADDED COURSE ON EMPATHY

OVERVIEW

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COURSE OUTLINE

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OBJECTIVES

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- Understand the Importance of Empathy: Explore the role of empathy in health care, Learn how empathy improves patient outcomes and satisfaction.
- Develop Emotional Intelligence: Enhance self-awareness and the ability to recognize and regulate emotions in oneself and others.
- Effective Communication Techniques: Practice active listening and empathetic responses in challenging patient interactions.
- Foster Collaborative Teamwork: Learn how empathy can improve collaboration and create a positive work environment.

Principal

INDEX NURSING COLLEGE
INDORE (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in ● Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

Registrar
Malwanchal Universi..
Indore (M.P.)

- Patient-Centered Care: Discover the link between empathy and patient-centered care, leading to better treatment and recovery experiences.

The first day of the event commenced at 9:00 AM with a registration session overseen by Ms. Roshni Dabi and Ms. Shaifali. Following this, the inauguration and lighting of the ceremonial lamp (Deep Prajwalan) took place, led by the Chief Guest and Guest of Honour. The Chief Guest's address was given during a floral welcome between 9:45 AM and 10:00 AM.

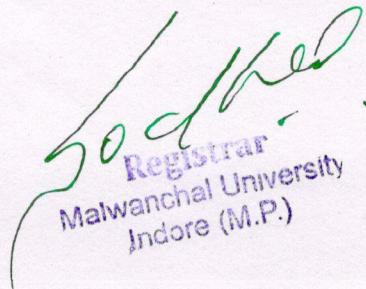
The first session, from 10:00 AM to 11:00 AM, featured Dr. Ramgulam Razdan, Pro-Vice Chancellor of Malwanchal University, who introduced the participants to the concept of empathy and highlighted its significance in healthcare. After a short tea break from 11:00 AM to 11:15 AM, the second session, conducted by Dr. (Prof.) Smriti G. Solomon, Principal of Index Nursing College, provided an in-depth overview of empathy and its psychological aspects.

From 12:00 PM to 1:00 PM, a group discussion led by Dr. Anu V. Kumar, Head of the Department of BG, allowed participants to share experiences in healthcare where empathy was lacking. The discussion was followed by a lunch break from 1:00 PM to 2:00 PM.

The afternoon sessions began with Dr. Reena Thakur, Head of the Department of MSN, who spoke on emotional intelligence in clinical settings from 2:00 PM to 3:00 PM. The final session of the day, conducted by Dr. Jitendra Chicholkar, Professor in the Department of CHN, focused on the importance of active listening and communication skills in healthcare, concluding at 4:00 PM.

Day 2 of the event started with a session on emotional intelligence, led by Dr. Th. Bidyani Devi, Associate Professor of the Department of OBG, where participants engaged in self-assessment exercises from 9:00 AM to 10:00 AM. Following this, from 10:00 AM to 11:00 AM, Prof. Berlin Sara Thampy, Head of the Department of CHN, guided participants through role-playing scenarios that focused on handling challenging patient interactions.

After a brief tea break from 11:00 AM to 11:15 AM, Mr. Vishal Choudhary, Assistant Professor in the Department of MSN, conducted a session on empathy in teamwork and leadership from 11:15 AM to 12:00 PM. This was followed by a team exercise session led by Dr. Prabhanshu



Vyas, Professor of the Department of CHN, from 12:00 PM to 1:00 PM, which aimed to enhance empathy within clinical teams.

After lunch from 1:00 PM to 2:00 PM, the afternoon sessions resumed with a discussion on empathy-driven leadership in healthcare, led by Dr. Naveen Jaiswal, Head of the Department of CHN, from 2:00 PM to 3:00 PM. The final session of the day, held from 3:00 PM to 4:00 PM, featured Dr. Harman Singh Bhatia, Assistant Professor in the Department of Psychiatric (IMCH&RC), who focused on the application of empathy in patient care.

Outcome of the Program

The program was a great success with the hard work of all the organizers. The delegates have gained knowledge and competence regarding Empathy.

[Signature]
Organizing Secretary
Dr. Nitin Chicholkar
Asst. Professor
Dept. of MHN

[Signature]
Organizing Chairperson
Dr. Smriti G. Solomon
Principal
Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

[Signature]
Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

[Signature]
Registrar
Malwanchal University
Indore (M.P.)

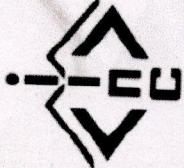
INDEX NURSING COLLEGE
VALUE ADDED COURSE ON EMPATHY
CODE: INC/VAC/24/12

S.No	STUDENT NAME	07/12/2023	08/12/2023	09/12/2023
1	Devendra Rajput	Devendrey	Devendrey	Devendrey
2	Devki	Devki	Deeki	Deeku
3	Dharmendra Singh	D	D	D
4	Girija Dangi	Girija	Girija	Girija
5	Govind Chouhan	Govind	Govind	Govind
6	Govind Vishavkarma	Govind	govind	govind
7	Harshita Rathore	Harshita	Harshity	Harshity
8	Harshita Yogi	Harshita	Harshity	Harshik
9	Isha	Isha	Ishay	Isha
10	Ishika Yadav	Ishika	Ishika	Ishik
11	Ishwar	Ishwar	Ishwar	Ishwar
12	Jaydeep Sendhav	Jaydeep	Jaydeep	Jaydeep.
13	Jeevan Malviya	Jeevan	Jeevan	Jeevan
14	Jyoti Dabar	Jyoti	Jyoti	Jyoti
15	Jyoti Kushwah	Jyotik	Jyoti	Jyoti
16	Kanak Malviya	Kanak	Kanak	Kanak
17	Karan Jamra	Karan	Karun	Karus
18	Karan Tatu	Karan	Karun	Karus
19	Kavita Ajante	Kavita	Kavita	Kavita
20	Khushboo Chouhan	Khushboo	Khushboo	Khushbu
21	Khushi Thakur	Khushi	Khushi	Khushi
22	Kiran Goyal	Kiran	Kisan	Kiran
23	Kirtan Patidar	Kirtan	Kirtan	Kirtan
24	Kirti Mathankar	Kirti	Kirti	Risti
25	Kripali Rana	Kripali	Kripali	Kripali
26	Krishana	Krishna	Krishna	Krishna
27	Krishna Dur Singh	Laxmi	Laxmi	Laxmis
28	Laxmi Chouhan	Lokesh	Lokesh	Lokesh
29	Lokesh Bamniya	Lokesh	Lokesh	Lokesh
30	Mahesh	Mahesh	Mahesh	Mahesh

ORGANIZING SECRETARY

INDEX NURSING COLLEGE
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Registrar
Maiwanchal University
Indore (M.P.)



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Certificate

This is to certify that

Devendra Rajput

as delegate for successful completion of Value Added Course on

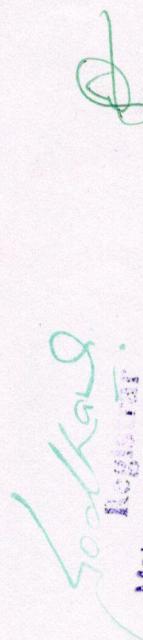
“EMPATHYHY”

(CODE: INC/VAC/24/12) of 16 hours held from

DATE: 07 Dec 2023 To 09 Dec 2023



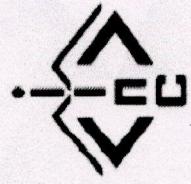
Dr. Smriti G. Solomon
Principal, Index Nursing College
Organizing Chairperson



Dr. Nitin Chicholkar
Asst. Professor
PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)



Dr. Rakesh Patel
Asst. Professor
Dept. Of Mental Health Nursing
Index Nursing College



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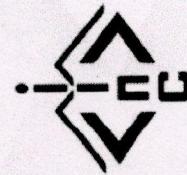
Dr. Smriti G. Solomon
Principal, Index Nursing College
Organizing Chairperson



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Dr. Nitin Chicholkar
Asst. Professor
Dept. Of Mental Health Nursing
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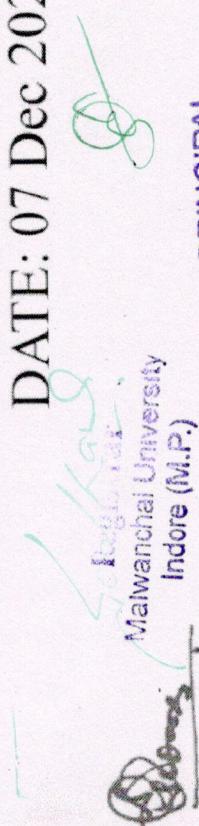
This is to certify that

Dharmendra Singh

as delegate for successful completion of Value Added Course on
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This is to certify that

Girija Dangi

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Smriti G. Solomon
Malwanchal University
Indore (M.P.)

Dr. Smriti G. Solomon
Principal, Index Nursing College
Organizing Chairperson



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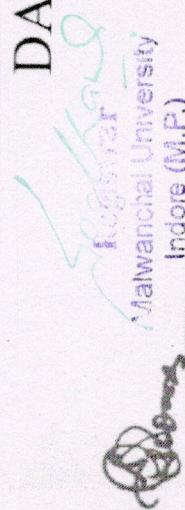
This is to certify that

Govind Chouhan

as delegate for successful completion of Value Added Course on
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Govind Vishavkarma

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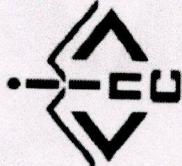
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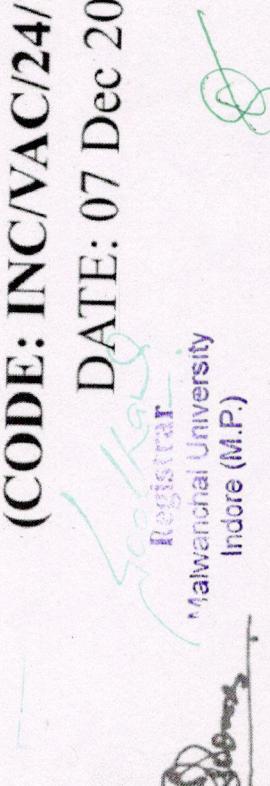
Certificate

This is to certify that

Harshita Rathore

as delegate for successful completion of Value Added Course on
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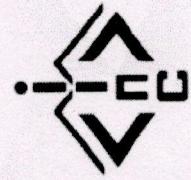
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Certificate

This is to certify that

Harshita Yogi

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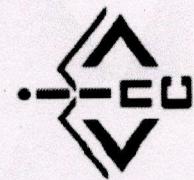
Dr. Nitin Chicholkar

Asst. Professor

Dept. Of Mental Health Nursing
Index Nursing College


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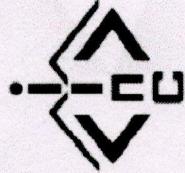
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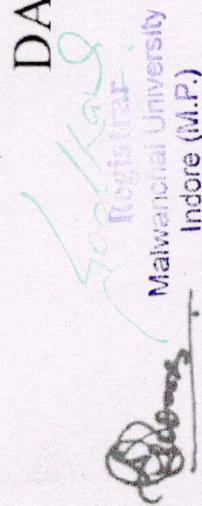
This is to certify that

Ishika Yadav

as delegate for successful completion of Value Added Course on
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This is to certify that

Ishwar

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“EMPATHY”

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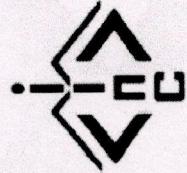
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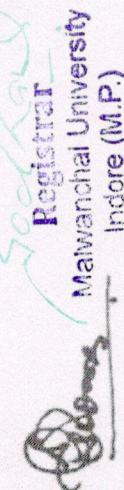
This is to certify that

Jaydeep Sendhav

as delegate for successful completion of Value Added Course on
“EMPATHYHY”

(CODE: INC/VAC/24/12) of 16 hours held from

DATE: 07 Dec 2023 To 09 Dec 2023

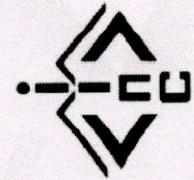

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Asst. Professor
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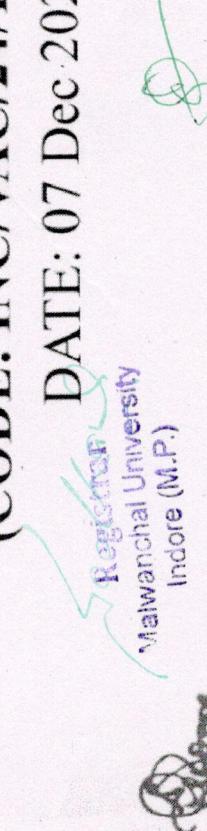
This is to certify that

Jeevan Malviya

as delegate for successful completion of Value Added Course on
“EMPATHYHY”

(CODE: INC/VAC/24/12) of 16 hours held from

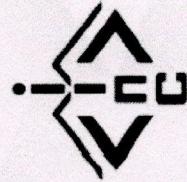
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This is to certify that

Jyoti Dabbar

as delegate for successful completion of Value Added Course on
“EMPATHY”

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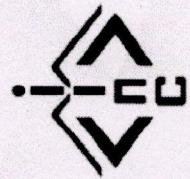
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This is to certify that

Jyoti Kushwah

as delegate for successful completion of Value Added Course on
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Indore (M.P.)

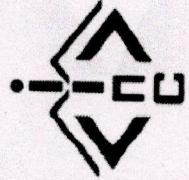
Dr. Nitin Chicholkar

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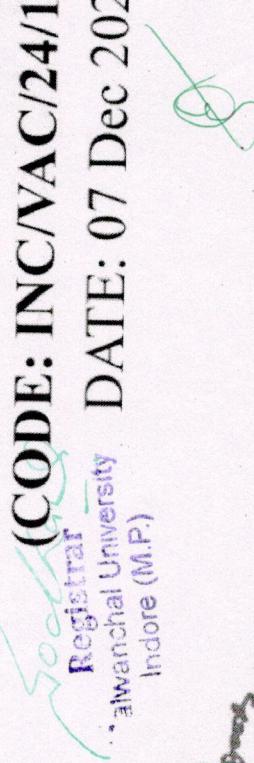
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This is to certify that

Kanak Malviya

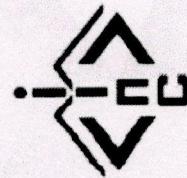
as delegate for successful completion of Value Added Course on
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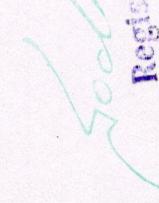
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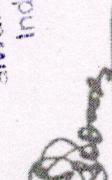
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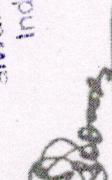
Karan Jamra

as delegate for successful completion of Value Added Course on
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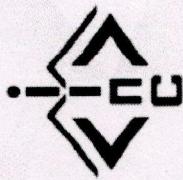

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Karan Tatu

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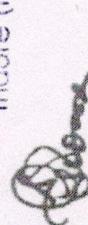
Kavita Ajante

as delegate for successful completion of Value Added Course on
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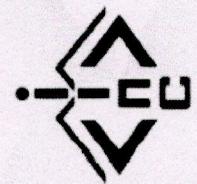

Smti G.
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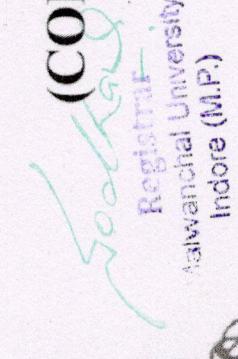
This is to certify that

Khushboo Chouhan

as delegate for successful completion of Value Added Course on
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This is to certify that

Khushi Thakur

as delegate for successful completion of Value Added Course on
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Kushali (CODE: INC/VAC/24/12) of 16 hours held from

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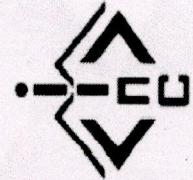
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This is to certify that

Kiran Goyal

as delegate for successful completion of Value Added Course on
“EMPATHYHY”

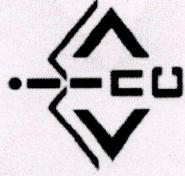

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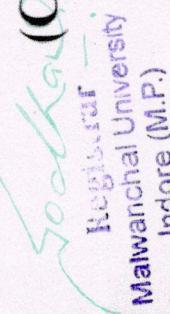
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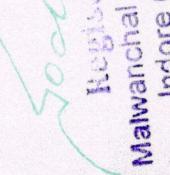
This is to certify that

Kirtan Patidar

as delegate for successful completion of Value Added Course on

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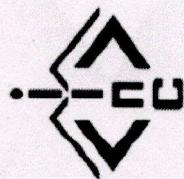


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Certificate

This is to certify that

Kirti Mathankar

as delegate for successful completion of Value Added Course on
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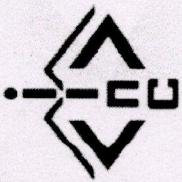
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This is to certify that

Kripali Rana

as delegate for successful completion of Value Added Course on
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Registrar
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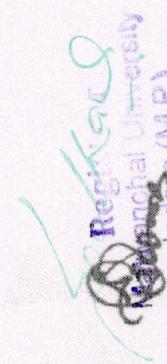
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Krishna Dur Singh

as delegate for successful completion of Value Added Course on
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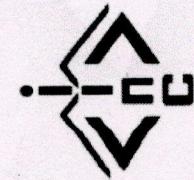
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This is to certify that

Laxmi Chouhan

as delegate for successful completion of Value Added Course on

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This is to certify that

Lokesh Bamniya

as delegate for successful completion of Value Added Course on
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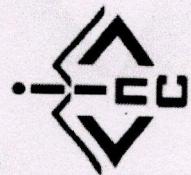
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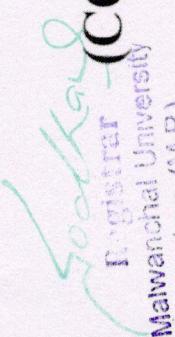
Certificate

This is to certify that

Mahesh

as delegate for successful completion of Value Added Course on

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