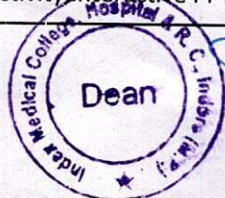


INDEX MEDICAL COLLEGE HOSPITAL & RESEARCH CENTRE, INDORE-(MP)-452016 FOUNDATION COURSE-2023-in 2023, as per NMC, 1ST mbbs should start from 01/09/2023, but actually first MBBS STARTED FROM 11TH SEPTEMBER

SR NO	TOPIC	TEACHING HOURS	DEPARTMENT
1	Introduction to foundation course	1	PHYSIOLOGY
2	Overview of MBBS curriculum & various carrier pathways	3	PHYSIOLOGY
3	Introduction to AETCOM module	2	SURGERY
4	Health care systems and its delivery	2	PSM
5	Facility visit-library, hostel, ground, common room	3	BIOCHEMISTRY
6	Examination pattern	1	PHYSIOLOGY
7	Introduction to malwanchal university-rules and regulation	2	PATHOLOGY/UNIVERSITY
8	History of medicine & alternate systems	1	PHARMACOLOGY
9	National health priorities & policies	2	PSM
10	Universal precautions and vaccinations	3	PSM/MICROBIOLOGY
11	Principles of family practice	4	PSM/MEDICINE
12	Roles of doctors in society-IMG Roles	1	SURGERY/PHYSIOLOGY
13	Role of doctors in society-IMG Roles-discussion & interactive session	2	SURGERY/PHYSIOLOGY
14	Patient and their expectation	2	SURGERY
15	Hospital visit	2	BIOCHEMISTRY
16	Doctor patient relationship	2	SURGERY
17	Hand hygiene-interactive lecture, video, demo & hands on	2	MICROBIOLOGY
18	Biosafety-handling specimens of infectious diseases in lab with variety of biosafety levels	2	MICROBIOLOGY
19	Biosafety-handling cadaver & body parts as a part of daily routine	2	ANATOMY
20	Cadaveric oath	2	ANATOMY
21	Immunization-importance of immunization like Hbsag, influenza vaccination-interactive lectures, video	4	MICROBIOLOGY
22	Universal precautions-needle stick injury, accidental sharp injury-prevention and post exposure plans-interactive lectures, video	2	MICROBIOLOGY
23	First aid-interactive lectures, video, demo & hands on	2	MEDICINE
24	Basic communication skills	2	SURGERY
25	Ethical issue in communication	2	SURGERY
26	Importance of documentation & medical record	2	MEDICINE/PHASE -3
27	National health goals & policies, health care systems/community health-orientation to community visit	2	PSM
28	Community visit	2	PSM
29	Life skills as described by WHO	2	PHYSIOLOGY/ANATOMY/BIOCHEMISTRY
30	Self directed learning	2	PHYSIOLOGY
31	Learning skills, peer assisted learning(PS)-interaction in small groups, video, audio, activity, interactive PPT	2	PHYSIOLOGY/ANATOMY/BIOCHEMISTRY



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32	Reflection skills,peer assisted learning(PS)-Interaction in small groups activity for superficial and critical reflection	2	PHYSIOLOGY/ANATOMY/BIOCHEMISTRY
33	Practicing stress management-principles-interactive ppt,role plays	2	ORTHOPAEDICS
34	Practicing stress management(interaction & practice)	2	ORTHOPAEDICS
35	Discovering your behavioural style and improving interpersonal relationship(feedback of scale,interactive ppt,role plays)	2	SURGERY
36	First aid-interactive lecture,video,demo & hands on	2	MEDICINE/PHASE -3
37	Biomedical waste :management of biomedical waste in hospital -interactive lecture,video	2	MICROBIOLOGY
38	Learning from patient & other members of health care team(interactive ppt,video)	2	MEDICINE/PHASE -3
39	Basic life support:interactive lecture & video	3	ANAESTHESIA
40	Basic life support:demonstration & hands on training	2	ANAESTHESIA
41	Group learning	2	PHYSIOLOGY
42	Professionalism and ethics	4	SURGERY
43	Role play on integrity,professional competence,honesty with patients	2	PHASE-3
44	Extracurricular activity:debate,public speaking,quiz	2	PHASE-1
45	Extracurricular activities:poster presentation	2	PHASE-1
46	COMPUTER SKILLS	4	PHASE-1
47	English & local language in medical education-(interactive ppt)	4	PHYSIOLOGY
48	Time management(interactive ppt,time tabling activity)	2	PHYSIOLOGY
49	USE OF ONLINE RESOURCES	4	PHASE-1
50	INTRODUCTION TO & INTERACTION WITH PATIENT(Intertactive ppt,video)	3	PHASE-3
51	RELATION TO PATIENT EXPERINCE OF THE DISEASE	2	PHASE-3
52	Assessment driven learning	3	PHASE-1
53	Community based learning	2	PSM
54	WHITE COAT CEREMONY	6	ALL FACULTY
55	Sports	23	PHARMACOLOGY
	Total	149	



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Index Medical College, Hospital & Research Centre, Indore
Transformational Changes in MBBS Curriculum: The Foundation Course

Introduction:

After more than two decades, the Medical Council of India (MCI) had undertaken a comprehensive revision of the MBBS curriculum. One of the pivotal inclusions was the Foundation Course, which spanned an entire month. The enthusiastic participation of first-year departments, guided by the Medical Education Unit (MEU), marked the successful completion of this course.

A Grand Commencement:

The Foundation Course commenced with an auspicious welcome address from the College Dean. Students were not only acquainted with the institute's rules and regulations but were also given a crystal-clear understanding of the institution's zero-tolerance policy towards ragging. Anti-ragging measures were meticulously outlined, ensuring a safe and respectful environment for all.

The Building Blocks:

The Department of Physiology set the tone by introducing students to the Foundation Course and providing an overview of the MBBS curriculum. Career pathways within the medical field were explored, and students were initiated into essential life skills as defined by the World Health Organization (WHO). Examination patterns and assessment methodologies were also elucidated.

The curriculum dove deep into self-directed learning, assessment-driven learning, and community-based learning, empowering students to become independent learners. It shed light on vital aspects like time management, peer-assisted learning, group learning, and the art of reflective writing.




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Nurturing Responsible Professionals:

A representative from Malwanchal University imparted crucial insights into university regulations, ensuring students' compliance with academic standards.

The Department of Biochemistry orchestrated facility visits across the institution, introducing students to its expansive resources, including the library, hostels, sports grounds, and the sprawling campus.

Hospital visits were a highlight, offering glimpses into the intricacies of medical practice. Students explored the blood bank, outpatient department (OPD), central laboratories, and various hospital departments. Alongside, they honed their skills in poster making, debate, public speaking, and quiz competitions.

Anatomy: Honoring the Cadaveric Teacher:

The Department of Anatomy orchestrated a poignant cadaveric oath ceremony, underscoring the invaluable role of cadavers in medical education. The significance of cadaver donation and proper handling of these precious resources were instilled in students.

A Holistic Understanding:

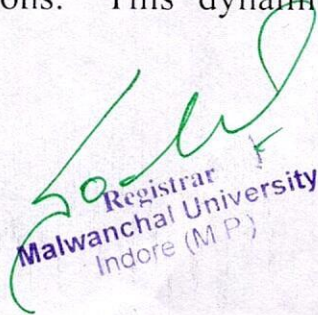
The Department of Pharmacology delved into the role of doctors in society, fostering interactive discussions about alternative healthcare systems and the history of medicine.

Microbiology emphasized universal precautions, vaccinations, hand hygiene, and the importance of immunization. It also covered safety protocols for handling specimens of infectious diseases.

The Heart of Healthcare: Doctor-Patient Relationship:

Phase-1 faculties orchestrated a panel discussion, "What Does It Mean to Be a Physician? Patient and Their Expectations." This dynamic




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exchange involved panelists from diverse medical backgrounds and provided a captivating insight into the multifaceted world of medicine.

Public Health and Social Responsibility:

The Department of PSM delved into principles of family practice, national health priorities and policies, and community visits to urban and rural health centers. Students witnessed firsthand the intricacies of healthcare delivery, infrastructure, and facilities.

Clinical Aspects:

The Department of Medicine emphasized first aid and the significance of proper medical documentation. Surgery introduced students to the AETCOM module, ethical communication, and the art of learning from both patients and healthcare colleagues.

Anaesthesia conducted an interactive session on basic life support, enhancing students' critical life-saving skills.

Stress Management and Digital Proficiency:

The Department of Ophthalmology imparted stress management techniques. All phase-I faculties empowered students with computer skills and the effective use of online resources, equipping them for modern medical practice.

The Milestone: White Coat Ceremony and Oath:

The grand culmination of the Foundation Course was the White Coat Ceremony and the recitation of the oath, where all faculties came together, welcoming students into the noble profession of medicine.

Conclusion:

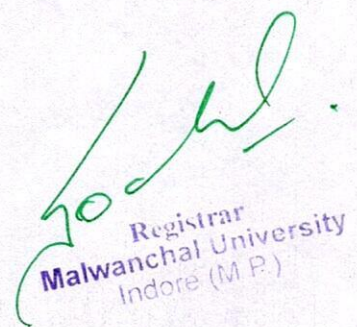
The Foundation Course at Index Medical College, Hospital & Research Centre, Indore, has ushered in a new era of medical education. This holistic and multidimensional program has equipped students not just with knowledge but also with vital skills, ethics, and values that will



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shape them into compassionate and proficient healthcare providers. It's a journey that not only prepares them for their academic voyage but instills the essence of professionalism, empathy, and lifelong learning, ensuring they embark on their careers as confident and responsible medical professionals.




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MINUTES OF ORIENTATION PROGRAMME & WHITE COAT CEREMONY

BACKGROUND:

As per NMC guidelines for 2023,ug session has to start from 1st of september,college started this session from 11th september.

From 11 september, topics of foundation course started, in which introduction to foundation course,examination pattern,regarding mbbs curriculum,time management,stress management,also one education movie shown to students,life skills as described by who taken.

OIENTATION PROGRAMME:

Orientation programme and white coat ceremony decided by the college authorities on 25th september.

Programme started from 10am sharp. Students were greeted by the college, senior students with a flower of red rose.

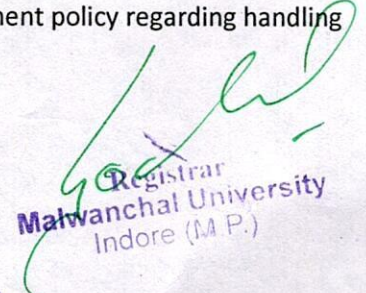
In the orientation programme prochancellor of malwanchal university,dean, vice dean,medical superitendant,director academics & administration,hods three first year department,senior faculty members,students and some batches of senior students & their parents were present during this orientation programme.

Prochancellor ,Dr Sanjeev Narang told about rules and regulation of Malwanchal University about examination pattern,regularity about examination conduction and publication of result.

Dean,Dr G S Patel ,told the students about sincerity,punctualness and regular attendance of students in the classroom and its consequences if they don't attend the classroom and regarding bright carrier opportunities of the students who passed out from this institute.

Vice dean ,Dr Prem Nyati told about five qualities that students should acquire i.e.good clinician,communicator,leader,lifelong learner and good professional to become an good indian medical graduate.

After director academics & administration Dr V K Arora told about what constitutes ragging and what are antiragging measures available in this institute to handle it and index medical college has zero tolerance about ragging and our institutional policy and central government policy regarding handling ragging and their helpline numbers.

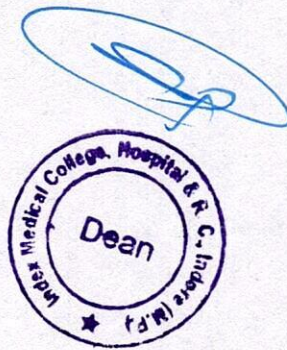


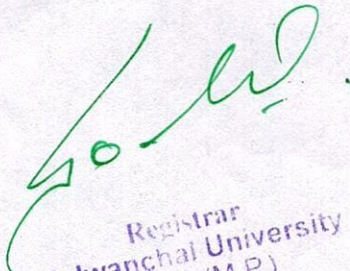
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Afterward Dr Vimal Modi, Dr Manila Jain and Dr Shreya Nigoskar, HOD's of anatomy, physiology and biochemistry introduced their subject to the newly admitted MBBS students and introduced their faculty members to the students.

WHITE COAT CEREMONY:

After a short tea break, Dr Shrikrishna N. Bamne told the students about the history of the white coat and its importance in the medical field. Afterwards, the white coat ceremony took place in which faculties from this institute helped the students in wearing white coats. Afterward, Dr G S Patel, dean of this institute, gave all of the students the Hippocratic oath followed by the Charak oath. And this concludes the white coat ceremony.




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