



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)




Ref. No: INC/PO/023/622/C

Date: 27/11/23

NOTICE


This is to inform all the B.Sc. Nursing students that Index Nursing College is organizing "World AIDS Day Rally" on 01/12/2023 at 11.00am.

Venue : Gram Fali.


Dr. Prof. Smriti G. Solomon
Principal
Index Nursing College
Indore (M.P.)

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy To:-
Registrar
All Concerned Authority
File


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757. Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)



REPORTS ON WORLD AIDS DAY RALLY

Index nursing college constitute unit of Malwanchal University celebrate world Aids Day 01/12/2023. World Aids has an immense importance across world. This day is celebrated by all over the world. This year, theme, which this year will be "**Let Communities Lead**". World Aids day celebrate with the blessings of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutions. Under the guidance of Dr. Prof. Smriti G Solomon, Principal, Index Nursing College.


Objectives:- Students will be able to


- It's an opportunity for people worldwide to unite in the fight against HIV,
- To show support for people living with HIV, and
- To commemorate those who have died from an AIDS-related illness.

The program was organized for one day at Gram Fali, Indore on 01-12-2023 at 11.00 to 01.00 Pm. In this occasion B.Sc. Nursing 2nd Year Students Participate in this Rally. The 09 male students, 16 female students and 01 teachers participate in this rally.

At 11.30 Am Students reached at Gram Fali, Indore by the college bus. It is about 08 Km far from the Index Nursing College. Students reached their with the full of energy. Students brings Poster and World Aids day for the rally.

The World Aids day Rally was starts from the Gram Fali Government School and rally ended at bus stand in this rally students raising AIDS preventive slogans.


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
INDORE (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

The rally completed at 12.30 Pm. After completing the rally all students gather near the college bus and seat in the bus. Bus came to college at 1.00 Pm.



ORGANIZING SECRETARY

Mr. Prabhanshu Vyas
HOD Community Health Nursing
Index Nursing College

Prof. Dr. Smriti G. Solomon

Principal

Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)



PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Matwani University
Indore (M.P.)

इंडेक्स नर्सिंग कॉलेज, मालवांचल यूनिवर्सिटी
इंडोरे द्वारा एड्स पर
जागरूकता रैली का आयोजन किया
गया ग्राम फलो में छात्र 09 व
छात्राएँ 16 तथा 5 शिक्षक ने शपथ ली।

- 1 Aaditya Mishra
- 2 Aaryan Malviya
- 3 Abhay Kumar
- 4 Abhishek Bamniya
- 5 Aarif Khan
- 6 Ankit senelhar
- 7 Deepak Dangi
- 8 Harsh Nandev
- 9 Nikhil kushwah
- 10 Divya sonere
- 11 Navri Khandekar
- 12 Neha Solanki
- 13 Nilam Achouhan
- 14 Nilam meda
- 15 Nirmala Jarman
- 16 Nitu Bhabar
- 17 Papita
- 18 Paru waskel
- 19 Parvati Nigam
- 20 Pooja Morya
- 21 Priyanka Sawar
- 22 Rachana Solanki
- 23 Rachana Atalija
- 24 Radha alawar
- 25 Radha Jadhav

INDEX NURSING COLLEGE
INDORE (M.P.)

कार्यक्रम व्यवस्थापक

500
Malwanchal University
Indore (M.P.)

AIDS DAY RALLY 01/12/2023



[Signature]
Municipal
INDEX NURSING COLLEGE
INDORE (M.P.)

[Signature]
- Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE

World AIDS Day Rally

Date 01/12/2023

S. No.	Student Name
1	Aditya Mishra
2	Aaryan Malviya
3	Abhay Kumar
4	Abhishek Bamniya
5	Arif Khan
6	Ankit Sendhav
7	Deepak Dangi
8	Harsh Namdev
9	Nikhil Kushwah
10	Divya Sonere
11	Gouri Khandekar
12	Neha Solanki
13	Neelam Chouhan
14	Neelam Meda
15	Nirmala Jarman
16	Nitu Bhabar
17	Papita
18	Paru Waskel
19	Parvati Nigam
20	Pooja Morya
21	Priyanka Dawar
22	Rachana Solanki
23	Rachana Atadiya
24	Radha Alawa
25	Radha Jadhav


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)




Ref. No: INC/PO/23/482/B

Date: 05/10/2023

NOTICE

This is to inform all the B.Sc. Nursing students that Index Nursing College is planning as volunteers in "Mega Health Camp" organizes by M.P. Govt. on 08/10/2023 from 09.00 am to 04:00 pm.


Venue : Kankeshawari Ground Indore.


Dr. Prof. Smriti G. Solomon
Principal
Index Nursing College
Indore (M.P)

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P)

Copy To:-
Registrar
All Concerned Authority
File


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



REPORT ON

MEGA HEALTH CAMP (08/10/2023)

Index Nursing College is planning to participate as volunteers in "Mega Health Camp" organized by M.P. Govt on 08/10/2023 From 9.00 Am to 4.00 Pm. The venue is Kankeshawari ground Indore. Under the support of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutes and with the guidance of Dr.(Prof.) Smriti G Solomon, Principal, Index Nursing College The Organizing Secretary was Dr. Prabhanshu Vyas, HOD Community Health Nursing.

Overview

Health camps in Kankeshawari ground offer all the community people the chance to receive basic healthcare services, such as checkups, treatments, and referrals for further treatment in different hospitals. This ensures that community people receive the necessary medical care, regardless of their financial circumstances.


Objectives:

Students will be able to understand

- To provide medical care and treatment to people in rural areas.
- To create awareness and educate people about healthcare.
- To identify and address health issues in a community.
- To promote preventive healthcare and reduce the incidence of diseases.

The timings of the program were from 09.00 to 4.00 PM at Kankeshwari ground, Pardeshipura, Indore (M.P.). The program was started with warm welcoming of Mr. Kelash Vijay vargiya Mr.


Registrar


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post, Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

Ramesh mandola MLA MP Govt , Mr. Tulshi Silawat Cabinet minister MP Government. Program further preceded with Health Chack Up of community people who are coming in the camp. Here all OPD area are presented, NSS volunteer assite people who are sick at OPD registration counter according to their problem NSS volunteer guided patients to OPD registration counter to a specific OPD and Laboratory.


ORGANIZING SECRETARY


Dr. Prabhanshu Vyas


ORGANIZING CHAIRPERSON

Dr. Prof. Smriti G. Solomon

Principal

Index Nursing College


**PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)**


**Registrar
Maharaja University**

मालवाचल युनिवर्सिटी इन्डोरस लॉन्सिंग
कोलेज के NSS युनिट द्वारा इलाहाबाद
में मेगा स्टाफ्स सिविल जोकि रजवतगढ़
द्वारा कोकसपरी मेदान में आयोजित किया
गया। यहा पर सस NSS पैरिफॉरेटर द्वारा
सेवाएं प्रदान कि गई।

- 1 Aaditya Mishra
- 2 Aaryan Malviya
- 3 Abhay kumar
- 4 Abishek Bamniya
- 5 Abay Bhaskar
- 6 Akshay
- 7 Ankit Bamniya
- 8 Arif Khan
- 9 Ashutosh Parmar
- 10 Aslan Khan
- 11 Rajeshwari Jaiswal
- 12 Rakumari Tawar
- 13 Rani
- 14 Rashmi Ahirwala
- 15 Rekha Naygawa
- 16 Rinku Kishore
- 17 Roshni Kannoje
- 18 Rupali mandloi
- 19 saloni Yadav
- 20 Sandilce Akade

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

कार्यक्रम अधिकारी

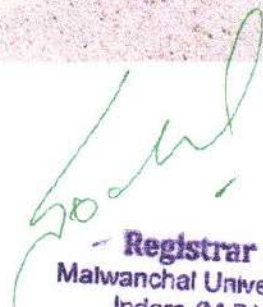
Malwanchal University
Indore (M.P.)

MEGA HEALTH CAMP

KANKESHWARI GROUND INDORE 08/10/2023




PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE

Mega Health Camp

Date 08/10/2023

S. No.	Student Name
1	Aditya Mishra
2	Aryan Malviya
3	Abhay Kumar
4	Abhishek Bamniya
5	Ajay Bhaskar
6	Akshay
7	Ankit Bamniya
8	Arif Khan
9	Ashutosh Parmar
10	Aslan Khan
11	Rajeshwari Jaiswal
12	Rakumari Tawar
13	Rani
14	Rashmi Ahirwar
15	Rekha Nargave
16	Rinku Kirade
17	Roshni Kannoje
18	Rupali Mandloi
19	Saloni Yadav
20	Sandili Akde


PRINCIPAL
DEX NURSING C
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)




Ref. No: INC/PO/2023/335/A

Date: 20/07/2023

NOTICE

This is to inform all the B.Sc. Nursing students that Index Nursing College is organizing "Rakt Dan Shivar" on 29/07/2023 at 10.00am.

Venue : Index Hospital & Research Center.


Dr. Prof. Smriti G. Solomon
Principal
Index Nursing College
Indore (M.P.)

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy To:-
Registrar
All Concerned Authority
File


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morochat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



REPORT ON RAKT DAN SHIVIR


Overview


Index Nursing College, a constituent unit of Malwanchal University, Indore organized Rakt Dan Shivir on 29/07/2023. The Rakt dan shivir was organized under the support of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutes and with the guidance of Dr.(Prof.) Smriti G Solomon, Principal, Index Nursing College The Organizing Secretary was Dr. Jitendra Chicholkar, Associate Professor Child health Nursing department.

Objectives

- Reduces the time to a greater extent that is searching for the required blood through blood banks and hospitals.
- Blood donation camps are organized with the purpose of supplying blood to the blood banks for the need of patients suffering from cancer, hemophilia, and thalassemia or accident victims

The program was organized by Index Nursing College NNS Unit, The program was organized by Index Nursing College, the programme was organized for one day and the timings were from 10:00 AM to 01:00PM at Index Medical College Hospital and Research Center. Programme was started by warm welcoming of Dr. Prof. Smriti G Solomon, Principal, Index Nursing College by Dr. Prabhanshu Vyas NSS Program officer Index Nursing College and programme further


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

29-07-23

श्वानाशय शनिवार को इकड़क्स होटल पर
एव किसर्च सेक्टर पर NDS. पर
द्वारा स्कूल दान शिविर का आयोजन किया
गया। इसमें 12 NDS पर स्कूल दान
किया गया इस कार्यक्रम के मुख्य अतिथी
प्रो. डा. सुखदेव जी. सांगमन थी। इस कार्यक्रम
को बड़े उत्साह के साथ मनाया गया।

S.No.	Name
1	Abhay kumar
2	Abhishek Ramniya
3	Ajay Bhaske
4	Akshay
5	Anita Janman
6	Anita Parmar
7	Anita Pawan
8	Ankit Ramniya
9	Anil Khan
10	Ashutosh Parmar
11	Aslan Khan
12	Vaasha Solanki
13	

Malwanchal University

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

उपनिवेश अधिकारी

RAKAT DAN SHIVIR
29/7/2023



Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Vishwanchal University
Indore (M.P.)

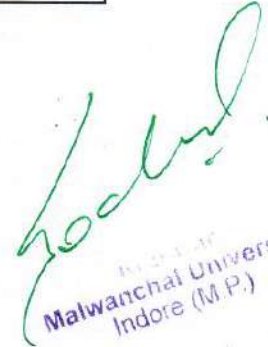
INDEX NURSING COLLEGE, INDORE

Rakta Dan Shivar

Date 29/07/2023

S. No.	Student Name
1	Abhay Kumar
2	Abhishek Bamniya
3	Ajay Bhaskar
4	Akshay
5	Anita Jarman
6	Anita Parmar
7	Anita Pawar
8	Ankit Bamniya
9	Arif Khan
10	Ashutosh Parmar
11	Aslan Khan
12	Varsha Solanki


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Principal
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)




Ref. No: INC/PO/2023/317/A

Date: 15/07/2023

NOTICE

This is to inform all the B.Sc. Nursing students that Index Nursing College is organizing “**Pulse Polio Tikakaran Jagrukta Abhiyan**” on 25/07/2023 at 10.00am.

Venue: Gram Fali.


Dr. Prof. Smriti G. Solomon
Principal
Index Nursing College
Indore (M.P.)

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy To:-
Registrar
All Concerned Authority
File


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757 Fax 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



REPORT ON

PULSE POLIO JAGRUKTA KARYA KRAM

Index Nursing College, a constituent unit of Malwanchal University, Indore organized **Pulse Polio Jagrukta Karykram** on 25/07/2023. The Pulse Polio Jagrukta Karykram was organized under the support of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutes and with the guidance of Dr.(Prof.) Smriti G Solomon, Principal, Index Nursing College. The Organizing Secretary was Dr. Prabhanshu Vyas, HOD Community Health Nursing.

Overview


Pulse Polio Immunization Programme was launched in Indian in 1995 in order to eradicate polio disease from the world. This involves a high risk population i.e., children in the age group of 0-5 years were administered polio drops on a single day throughout the nation. The goal of community awareness is to increase the community's knowledge of the available programs and services offered. This is accomplished by informing the general public through various activities.


Objectives:

Students will be able to understand to achieving hundred per cent coverage under Oral Polio Vaccine.

To immunize children through improved social mobilization, plan mop-up operations in areas where poliovirus has almost disappeared and maintain high level of morale among the public.

The timings of the program were from 10:00 AM to 01:00PM at Aaganwardi, Gram Fali.. Programme was started by warm welcoming of Mrs. Nirmla jain Aaganwadi Karykarta Gram Fali by Dr. Prabhanshu Vyas HOD Community Health Nursing Index Nursing College and


Principal
Index Nursing College
Malwanchal University, Indore (M.P.)


PRINCIPAL
INDEX NURSING COLLEGE
MALWANCHAL UNIVERSITY (M.P.)

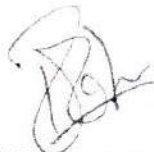
College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd Dist. INDORE - 452 016 (M.P.), Ph.: 0731- 4013751

E-mail : nursing@indexgroup.co.in Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

program further preceded with NSS Volunteer Teach about the Polio disease cause, symptom and its prevention after this NSS Volunteers tells about the importance of Pulse Polio Vaccination. In this raise awareness for polio vaccination and eradication of polio, and also to call on countries to stay vigilant in their fight against the disease. The best way to protect yourself and your family from polio is to get vaccinated and ensure your children have been vaccinated. The IPV vaccine is extremely safe and effective; the viruses in IPV have been chemically killed so they cannot replicate, cause transmission, or cause disease.

Faculties also participated in that event to help students. Some charts and banners were also designed by the NSS volunteer relevant to pulse polio immunization awareness program. These posters were hung there to raise awareness in the people about the needs of Pulse polio immunization. The program was concluded with thanks giving by Dr. Prabhanshu Vyas HOD Community Health Nursing , Index nursing College.



ORGANIZING SECRETARY

Dr. Prabhanshu Vyas
HOD Community Health Nursing
Index Nursing College



ORGANIZING CHAIRPERSON
Dr. Prof. Smriti G. Solomon
Principal
Index Nursing College

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)



PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Maharaja University
Indore (M.P.)

25-07-2023

25/07/2023
पलसपाके
शुक्रवार को वाम फली आगनवाड़ी में
विकारण जागरूकता अभियान के
तहत वाम फली आगनवाड़ी में कातासा तथा पत्ते को
पोस्टर द्वारा जागरूक किया गया। साथ ही आगनवाड़ी
कार्यकर्ता निमैला जेन का अभिनन्दन किया गया।

S.No. Name

- 1 Aarutya Mishra
- 2 Aarti Jamed
- 3 Aaryan Malviya
- 4 Abhay Kumar
- 5 Abhishek Bamniya
- 6 Ajay Bhaskar
- 7 Aushay
- 8 Anita Panman
- 9 Anita Panman
- 10 Anita Pawan
- 11 Ankit Bamniya
- 12 Arif Khan
- 13 Ashutosh panman
- 14 Aslan Khan
- 15 Babeha Akhadi
- 16 Barvi Salanki
- 17 Bharti Bamniya
- 18 Bharti Salanki
- 19 Chandni Khan
- 20 Deepak Dangl
- 21 Dharmendra Saini
- 22 Divya sanere
- 23 Divyesh Dandya
- 24 Mahesh Dangl
- 25 Maya Kancl
- 26 Mohit Patalk

Registrar
Malwanchal University
Indore (M.P.)

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

- 27 Muskan Chohan
- 28 Neha Solanki
- 29 Nilam Chouhan
- 30 Nilam Meda
- 31 Nirmla Janman
- 32 Nitu Bhabar
- 33 Papita
- 34 Pamy Washel
- 35 Parvati Nigam
- 36 Pooja Moriya

अभिषेक मधिसरी

[Handwritten signature]
Principal
National University

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

PULSE POLIO JAGRUKTA ABHIYA , GRAM FALI AAGANWARDI

25/7/2023



Principal
INDIA NURSING COLLEGE
INDORE (M.P.)

Principal
Walwanchal University
Indore (M.P.)


INDEX NURSING COLLEGE

Pulse Polio Tikakaran Jagrukta Abhiyan

Date 25/07/2023

S. No.	Student Name
1	Aditya Mishra
2	Aarti Jamod
3	Aryan Malviya
4	Abhay Kumar
5	Abhishek Bamniya
6	Ajay Bhaskar
7	Akshay
8	Anita Jarman
9	Anita Parmar
10	Anita Pawar
11	Ankit Bamniya
12	Arif Khan
13	Ashutosh Parmar
14	Aslan Khan
15	Babita Akhade
16	Barki Solanki
17	Bharti Bamniya
18	Bharti Solanki
19	Chandani Khan
20	Deepak Dangi
21	Dharmendra Saini
22	Divya Sonere
23	Durgesh Doriya
24	Mahesh Dangi
25	Maya Kanel
26	Mohit Patak
27	Mushkan Chouhan
28	Neha Solanki
29	Neelam Chouhan
30	Neelam Meda
31	Nirmala Jarman
32	Nitu Bhabar
33	Papita
34	Paru Waskel
35	Parvati Nigam
36	Pooja Mourya


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

3.6.1 – Extension And Outreach Activities Such As Community Health Education, Community Health Camps, Tele Conference, Tele Medicine, Consultancy Etc. Are Conducted In Collaboration With Industry , Government And Non-Government Organization Engaging NSS/NCC/ Red Cross/YRC etc. during the year

S.No	Date	Topic	Organizing Secretary	Remark
1.	05/01/2024	Ending Stigma, embracing Dignity	Dr Navin Kumar Jaiswal	
2.	24/01/2024	Vikshit Bharat and Bharat Loktantra ki Matruka	Dr Smriti G Solomon	
3.	22/03/2024	World water Day	Dr Th Bidyani Devi	
4.	21/06/2024	International Day of yoga	Dr Navin Kumar Jaiswal	
5.	22/06/2024	Sahaj Yoga A Unique Technique of meditation	Dr Nitin Chicholkar	
6.	01/08/2024	Sundarkand	Dr Smriti G Solomon	
7.	12/08/2024	Awareness Programm on Anti Ragging	Dr Berlin Sara Thampy	
8.	14/08/2024	Manav Chetna Vikas Kendra Pwday	Dr Navin Kumar Jaiswal	
9.	16/08/2024	Viksit Bharat	Dr Th Bidyani Devi	
10.	17/08/2024	Candy lake Industry Aathmil	Dr Navin Kumar Jaiswal	
11.	23/08/2024	Touching lives while touching moon Indias Space Saga	Dr Th Bidyani Devi	
12.	09/10/2024	It is time to prioritize mental health in the workplace	Dr Nitin Chicholkar	

Yogee
Registrar
 Malwanchal University
 Indore (M.P.)

[Signature]
Principal
 INDEBI NURSING COLLEGE
 INDORE (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref. N. INC/PO/023/07

Date: 05/01/2024

प्रति,

प्राचार्य
शासकीय हाई स्कूल
बावल्याखुर्द

विषय: कुष्ठ रोग के विषय पर विद्यार्थियों को जानकारी देने के संबंध में अनुमति प्रदान करने बाबत ।

महोदय,

उपरोक्त विषय में लेख है, कि संस्था इंडेक्स नर्सिंग कॉलेज, इंदौर में अध्ययनरत नर्सिंग विद्यार्थियों द्वारा आपके विद्यालय में दिनांक 30/01/2024 को "विश्व कुष्ठ रोग" दिवस के तहत "कलंक को समाप्त करना एवं मान-सम्मान बढ़ाना" थीम पर छात्र/छात्राओं को जानकारी देने के संबंध में एक कार्यक्रम आयोजित करना चाहता है ।

अतः महोदय से निवेदन है, कि दिनांक 30/01/2024 को उक्त कार्यक्रम आयोजित करने हेतु संस्था को अनुमति प्रदान करने का कष्ट करें ।

धन्यवाद ।

डॉ स्मृति जी. सोलोमन
प्राचार्या
इंडेक्स नर्सिंग कॉलेज, इंदौर

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

प्राचार्य
शासकीय हाईस्कूल, बावल्याखुर्द
जिला-इंदौर

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



REPORT ON AWARENESS PROGRAM ON OCCASION ON WORLD LEPROSY DAY

THEME: Ending stigma, embracing dignity

Overview

Index Nursing College, a constituent unit of Malwanchal University, Indore organized awareness programme of **AWARENESS PROGRAM ON OCCASION ON WORLD LEPROSY DAY** on January 30th 2024 in Govt high school, Banwalia on the theme "Ending stigma. embracing dignity". The Program was organized under the support of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutes and with the guidance of Dr. Smriti G Solomon, Principal, Index Nursing College. The Organizing Secretaries were Prof. Naveen kumar Jaiswal HOD, Community health Nursing department and Dr Prabhanshu Vyas, Professor, Community health Nursing department.

Objectives

The objectives of the programme were:

- Student should be able to end stigma and embracing dignity regarding leprosy.
- To encourage all the students to give education to public like that it is microbe disease , not a stigma.

The program was started from 12:00 PM to 01:00PM at Govt. high school ,Gram Banwalia Around 60 students of 9th & 10th participated in this awareness class. Faculties of School also participated in that event.

Mr Naveen k.Jaiswal was the speaker of the programme. He explained about the following content:

- Definition of Leprosy
- Causative agent of leprosy
- Source of infection
- How it spreads
- Incubation period


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

- Sign /symptom
- Classification
- Diagnostic investigation
- Treatment
- Rehabilitation

Dr. Prabhanshu vyas had given explanation of historical background of Leprosy. Dr Prabhanshu Vyas expressed gratitude to all the faculties for giving opportunity to conduct the awareness program. Chocolates were distributed by Index organization to students of the school. The programme was a great success. It helped students in gaining awareness regarding leprosy.



ORGANIZING SECRETARY

Mr Naveen k Jaiswal

HOD Community Health Nursing

Index Nursing College

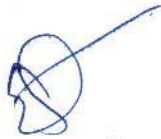


ORGANIZING CHAIRPERSON

Dr. Smriti G. Solomon

Principal

Index Nursing College



Principal
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE

B.SC. NURSING 4th YEAR

Ending stigma, embracing dignity(05/01/24)

Attendance sheet

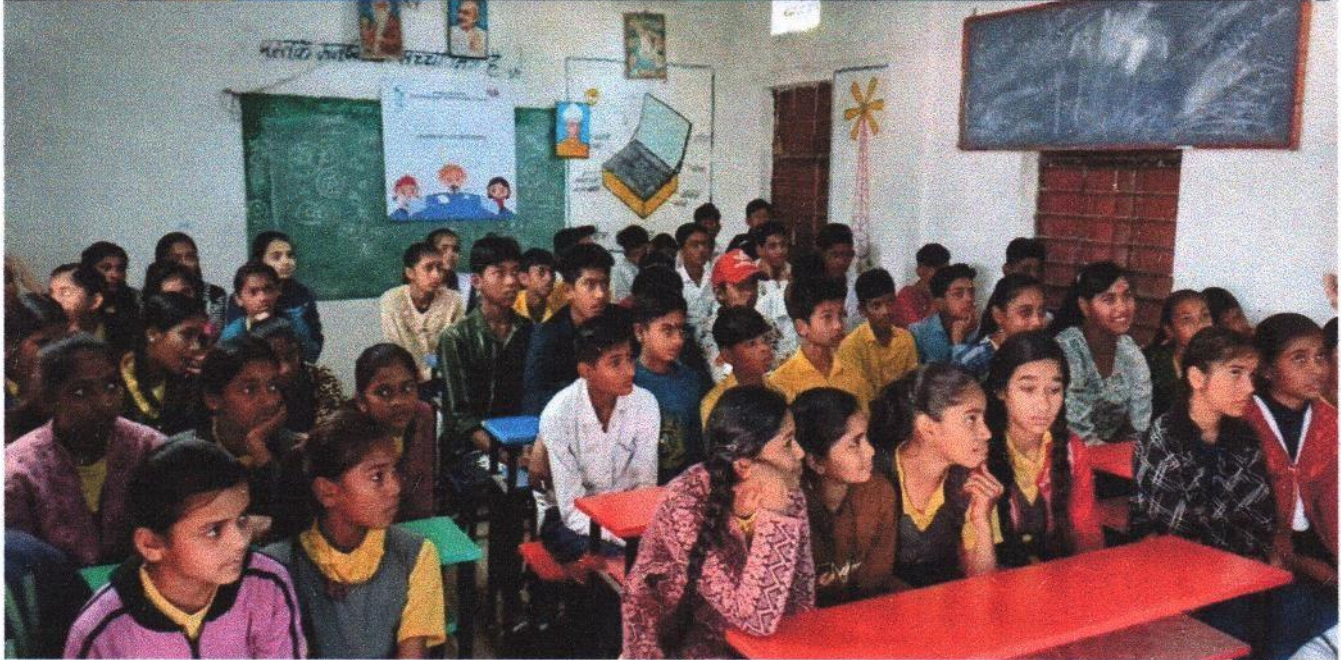
S.No	Name of Students	Signature
1	SAPANA BAGHEL	Sapana
2	SAPNA AARYA	Sapana
3	SAPNA DAWAR	S
4	SARIKA SOLANKI	Sarika
5	SAROJBALA	Saroj
6	SAVITRI BHAWEL	Savitri
7	SEEMA DANGI	Seema
8	SHEETAL BADODIYA	Sheetal
9	SHITAL	Shital
10	SHIVANI	Shivani
11	SHIVANI	Shivani
12	SHIVANI PARMAR	Shivani
13	SHRADDHA SINGH PATEL	Shraddha
14	SHUBHAM SOLANKI	Shubham
15	SIYA	Siya
16	SONA ALAVA	Sona
17	SOURABH AKHADIYA	Sourabh
18	SUDHA	Sudha
19	SUMIT BHADORIYA	Sumit
20	SUNIL BARDE	Sunil
21	SUNITA KANESH	Sunita
22	TULASI KANEL	Tulasi
23	TULJA BAIRAGI	Tulja
24	TWINKLE MORYA	Twinkle P
25	VANDANA ALAWA	Vandana
26	VANDANA WASKEL	Vandana
27	VANSHIKA PASAYA	Vanshika
28	VARSHA SOLANKI	Varsha
29	VISHAL SOLANKI	Vishal
30	VIVEK MANDLOI	Vivek

Organizing secretary

Registrar
Malwanchal University
Indore (M.P.)

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

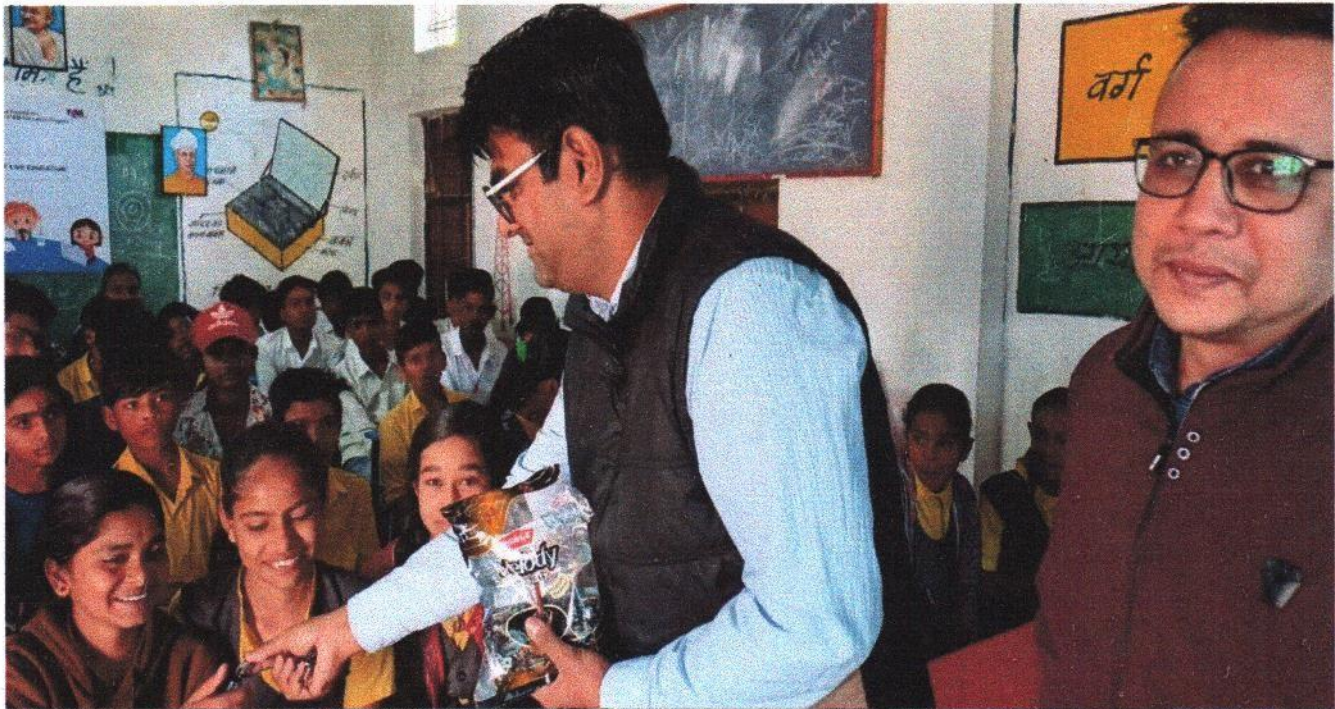
INDEX NURSING COLLEGE, INDORE
LEPROSY DAY



PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Matwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE
LEPROSY DAY




PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Mauwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No. INC/PC/024/72/B

Date 19/01/2024

CIRCULAR

Index Nursing College is organizing Republic Day on the theme 'Viksit Bharat' and 'Bharat- Loktantra ki Matraka' at Index Medical College auditorium at 1:30pm to 03:00pm on 24:01:2024.


Organizing Chairperson

Dr. Prof. Smriti G. Solomon
Principal, Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy to:-

- Registrar
- All concerned authority
- File


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



REPUBLIC DAY CELEBRATION

OVERVIEW

Index Nursing College affiliated to Malwanchal University organized Republic Day a monumental day on the theme 'Viksit Bharat' and 'Bharat- Loktantra Ki Matraka' emphasising India's role as a nurturer of democracy at Index Medical College auditorium at 1:30pm to 03:00pm on 24:01:2024. The deed event was organized under the guidance of Dr. Smriti G. Solomon, Principal, Index Nursing College, by faculty and students.

It was a matter of great pride for all of us. Needless to say, the whole college had worn the appearance of a beautiful theme outfits.

The programme was started at 1:30 pm by lighting the ceremonial lamp and with the warm welcome of Chief guest Dr. G.S Patel, Dean, Index Medical College Hospital and Research Center, special invitees, Principal, teaching and non teaching faculty and students of the institution. Anchoring of the event was done by Ms Ashika Singh and Mr. Prabhu Rudrasish Mohanty, B.Sc Nursing 4th year students.

Ms. Saloni and group B.Sc Nursing 4th year students led the event with the enthusiastic performance carrying the attire of jawans. Students of B.Sc. Nursing 1st year Kuldeep and group presented an emotional act on the scene of democracy and peace of the nation which created a pausing moment in the auditorium which was filled by 450 audiences. Following the act Ms. Anjali and Ms. Rajshree, students of B.Sc. nursing 1st year performed duet dance with the patriotic theme. Continuing the event Ms. Sakshi, Ms. Megha, Ms. Aayushi students of B.Sc. Nursing 2nd year gave their dance presentation on the theme of Desh Bhakti. Students participated in the celebration of this monumental


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

memorable day were Mr. Banti B.Sc. Nsg. 2nd year, Ms. Muskan B.Sc Nsg. 4th year, Ms. Shrishti and Ms. Harshita students of Gnm 1st year, Mr. Ansuman student of B.Sc Nsg. 1st year, Ms. Yogita student of Gnm 1st year and Mr. Narendra Verma student of B.Sc Nsg. 4th year.

It was the shades of mix emotions for all present over there to witness the various solo and group performances of students with the patriotic songs and dance. With a couple more cultural acts, the ceremony was ended with motivational speech delivered by Dr. S.G. Solomon, Principal of the institution focussing on the role of the citizens and the youth of todays on national democracy and peace. The vote of thanks was proposed by Ms. Ashika Singh. Towards the end, guests, faculty and all students there flew coloured balloons symbolizing prosperity and peace of the nation. With the participation of more than 400 students the event was ended with the national anthem.



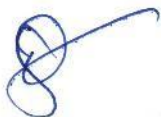
Organizing Chairperson

Dr. Smriti.G. Solomon

Principal

Index Nursing College

**PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)**



**Principal
INDEX NURSING COLLEGE
INDORE (M.P.)**



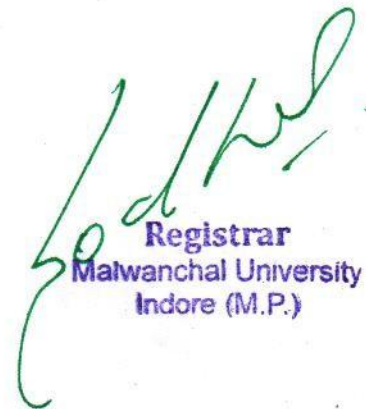
**Registrar
Malwanchal University
Indore (M.P.)**

**INDEX NURSING COLLEGE
BSC NURSING 3 rd YEAR
VIKSIT BHARAT (16.08.24)
ATTENDANCE SHEET**

S.no	Student	SIGN.
1	AARTI JAMODIYA	Aarti
2	ABHISHEK PARMAR	Abhishek
3	ADESH PATIL	Adesh
4	AISHWARIYA RAI	Aishwariya
5	AJAY LODHI	Ajay
6	AJAY THAKUR	Ajay
7	AMAN ARYA	Aman
8	AMBIKA MUJALDE	Ambika
9	ANAND PATEL	Anand
10	ANIL DANGI	Anil
11	ANIL VARMA	Anil
12	ANKIT PARMAR	Ankit
13	ANOOP KUMAR SHAKYA	Anoop
14	ARCHANA KALME	Archana
15	ARVILA GANAWA	Arvika
16	ASHWIN	Ashwin
17	AVISHKAR EKKA	Avishkar
18	AYUSH SITOLIYA	Ayush
19	AYUSHI MUKATI	Ayushi
20	BANTI DORIYA	Banti
21	BARKHA VARMA	Barkha
22	BHAVNA YADAV	Bhavna
23	BHAWANA GOSWAMI	Bhawana
24	BRAJMOHAN VERMA	Brajmohan
25	CHHAYA NAGAR	Chhaya
26	CHHAYA RANI	Chhaya
27	DHAPU	Dhapu
28	DHARMENDRA KUMAR UIKEY	Dharmendra
29	DHARMENDRA YADAV	Dharmendra
30	DURGA PARMAR	Durga


Organizing Secretary


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

**INDEX NURSING COLLEGE, INDORE
REPUBLIC DAY**





PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

**INDEX NURSING COLLEGE, INDORE
REPUBLIC DAY**




**PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)**


**Registrar
Malwanchal University
Indore (M.P.)**



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No...I.N.C./P.O./24/317/c

Date...19/03/2024

CIRCULAR

Index Nursing College is organizing **World Water Day** on the theme **“Leveraging Water for Peace”** at Index Medical College Hospital and Research Center, auditorium on 22:03:2024 at 2:00pm.

Organizing Chairperson

Dr. Prof. Smriti G. Solomon

Principal, Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy to:-

- Registrar
- All concerned authority
- File

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



OVERVIEW

World Water Day

Index Nursing College affiliated to Malwanchal University organized and celebrated **World Water Day** on the theme “**Leveraging Water for Peace**” on 22:03:2024 with the blessings of Mr. Suresh Singh Bhadoria, Chairman, Index and Amaltas Group of Institutions and under the guidance of Dr. Smriti G. Solomon, Principal, Index Nursing College.

The program was started at 2:00 pm with an aim to raise awareness about the significance of water in fostering peace and to encourage actions aimed at ensuring equitable access to water resources for all. The Chief Guest was Shri Sudhindra Mohan Sharma, Advisor- Water Resource Management, National Drinking Water Security Pilot Projects, Ministry of Drinking Water & Sanitation, Govt. of India. The inauguration session was started with lighting the lamp by the chief guest with the Principal, organizing secretary and faculty. After lamp lighting, welcome speech was delivered by Ms. Nainika Joseph, Tutor, Index Nursing College.

This year theme “Leveraging Water for Peace” emphasizes the crucial role that water plays in promoting peace and stability worldwide. It highlights the importance of sustainable management of water resources as a means to prevent conflicts, promote cooperation, and build peaceful relationships between communities and nations.

After the welcoming session of the chief guest and special invitees Shri Lokeshwar Singh Jodhana, Registrar, Malwanchal University, the session was started by chief guest Shri Sudhindra Mohan Sharma. In the beginning he focus on the awareness about the global water crisis and importance of access to clean and safe water for helping to educate people about the significance of freshwater resources for various aspects of life, including health, sanitation, agriculture, and industry. Saving water has pivotal role in health,


Principal
INDEX NURSING COLLEGE


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

maintaining ecosystems, water and climate change, equity and social justice. He showed the real need of the importance of saving water by showing the evidence of the studies conducted by National Drinking Water Security Pilot Projects, Ministry of Drinking Water & Sanitation, Govt. of India. Delegates and students participated with enthusiasm.

After terminating the session Chief guest was honoured with memento and certificate. Vote of thanks was given by Ms. Nainika Joseph, tutor, Index Nursing College. A total of 350 delegates attended the program. The program was a great success with the hard work of all the organizers.



ORGANIZING SECRETARY

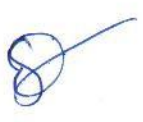
Dr. Th. Bidyani Devi
Professor
Index Nursing College



ORGANIZING CHAIRPERSON

Dr. Smriti G. Solomon
Principal
Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)



Principal
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE

B.SC. NURSING 4th YEAR

World water day (22/03/24)

Attendance sheet

S.No	Name of Students	Signature
70	PRAKASH NAYAK	Prakash
71	PRASHANT VERMA	Prakash
72	PRITEE KALBHOR	Priitee
73	PRIYANKA DAWAR	Priyanka
74	RACHANA ATADIYA	Rachana
75	RACHANA SOLANKI	Rachana
76	RADHA	Radha
77	RADHA JADHAV	Radha
78	RAHUL	Rahul
79	RAHUL NALWAYA	Rahul
80	RAHUL PASAYA	Rahul
81	RAJESH DANGI	Rajesh
82	RAJESHWARI JAISWAL	Rajeshwari
83	RAJKUMAR	Rajkumar
84	RAMBABU DANGI	Rambabu
85	RANI	Rani
86	RANI MANDLOI	Rani
87	RANJANA RAWAT	Ranjana
88	RASHMI AHIRWAR	Rashmi
89	RAVINDRA SINGH SENDHAV	Ravindra
90	REKHA	Rekha
91	RINKU KIRADE	Rinku
92	RITU SOLANKI	Ritu
93	ROHIT NAGAR	Rohit
94	ROSHANI KANNOJE	Roshni
95	SAKSHI GADALE	Sakshi
96	SALONI YADAV	Saloni
97	SANDHYA BHAWAR	Sandhya
98	SANDILEE AAKDE	Sandilee
99	SANGEETA	Sangeeta
100	SANJANA MEHTA	Sanjana

Organizing Secretary

Registrar
Malwanchal University
Indore (M.P.)

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

INDEX NURSING COLLEGE, INDORE
WATER DAY CELEBRATION




PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Matwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE
WATER DAY CELEBRATION




PRINCIPAL
INDEX NURSING COLLEGE
(M.P.)


Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No.....INC/PC/24/488/E

Date.....19/06/2024.....

CIRCULAR

Index Nursing College is organizing **International Day of Yoga** on the theme **“Yoga for Self Society”** at Index Nursing College garden on 21:06:2024 at 09:30am.

Organizing Chairperson

Dr. Prof. Smriti G. Solomon

Principal, Index Nursing College

PRINCIPAL

INDEX NURSING COLLEGE

INDORE (M.P.)

Copy to:-

- Registrar
- All concerned authority
- File


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



REPORT ON INTERNATIONAL YOGA DAY CELEBRATION

Theme: "Yoga for Self and Society"


Index Nursing College, a constituent unit of Malwanchal University, Indore organized **INTERNATIONAL YOGA DAY CELEBRATION** on June 21ST 2024 on the theme "Yoga for Self and Society" on the occasion of 10th International Day of Yoga. The Program was organized under the support of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutes and with the guidance of Dr. Smriti G Solomon, Principal, Index Nursing College. The Organizing Secretaries were Dr. Naveen kumar Jaiswal HOD, Community health Nursing department and Dr Bidyani devi, Event Coordinator, OBG Nursing department. International Yoga Day 2024 was celebrated with great enthusiasm and participation. The event aimed to promote the ancient practice of yoga and its benefits for physical, mental, and spiritual well-being.

The theme represents the harmony of mind and body, the balance between thought and action, and the unity of restraint and fulfillment. It integrates the body, mind, spirit, and soul, offering a holistic approach to health and well-being that brings peace to our hectic lives. Its power to transform is what we celebrate on this special day. Yoga is an ancient physical, mental and spiritual practice that originated in India. The word 'yoga' derives from Sanskrit and means to join or to unite, symbolizing the union of body and consciousness. Today it is practiced in various forms around the world and continues to grow in popularity. Recognizing its universal appeal, on 11 December 2014, the United Nations proclaimed 21 June as the International Day of Yoga by resolution 69/131. The International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga.

Objectives

The objectives of the programme were:

- Student should be able to understand "significance of yoga for personal health".
- To encourage all the students to give education to public regarding yoga.


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



The program was started 09:30am at garden of Index Nursing College, Indore. Around 150 students of B.Sc Nursing II year and GNM III year participated in this yoga day celebration. Faculties of College also participated in that event.

The day began with yoga sessions conducted by Dr. Naveen K. Jaiswal. Participants of all ages and backgrounds joined in various yoga asanas, pranayama, and meditation techniques. Following the yoga session, Mr Naveen k. Jaiswal gave insight on the importance and various types and the method of performing different asanas.

International Yoga Day 2024 was a resounding success, fostering a deeper appreciation for yoga's ancient wisdom and its relevance in contemporary society. Participants left inspired and informed, equipped with practical knowledge and experiences to integrate yoga into their daily lives for improved health and well-being.

ORGANIZING SECRETARY

Dr. Naveen k Jaiswal

HOD Community Health Nursing

Index Nursing College

ORGANIZING CHAIRPERSON

Dr. Smriti G. Solomon

Principal

Index Nursing College

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

INDEX NURSING COLLEGE
BSC NURSING 3 rd YEAR
INTERNATIONAL YOGA OF DAY (21.06.24)
ATTENDANCE SHEET

S.no	Student	SIGN.
1	RANJAN KUMAR	Ranj Kumar
2	RAVI KUMAR THAKUR	Ravikumar
3	RAVINDRA	Ravindra
4	REENA MUJALDE	Reena
5	REENA SINGAR	Reena S
6	RENUKA DAWAR	Renuka
7	RIDHIKA VEISHNAV	Ridhi
8	RISHI PATIDAR	Rishi P
9	RITESH YADAV	Ritesh
10	RIYA BHAWSAR	Riya
11	RIYA SENGAR	Riya S
12	ROHIT CHOUHAN	Rohita
13	ROHIT GOYAL	Rohit G
14	ROHIT LODHI	Rohit
15	ROHIT MEWADA	Rohit meow
16	RUPESH ALAWA	Rupesh
17	SADIK MANSURI	Sachid
18	SAKSHI	Sakshi
19	SALONI	Saloni
20	SANDEEP BAMNIYA	Sandip
21	SANDEEP DHARVE	Sandeep
22	SANDEEP MAKWANA	Sandeep
23	SANJANA MANIK	Sandeep m
24	SAPNA	Sapna
25	SAVITA	Savita
26	SEEMA	Seema
27	SHAILENDRA BIRLA	Shailendra
28	SHALU JATWA	Shalendra
29	SHANU SOLANKI	Shalu
30	SHEETAL THAKUR	Sheetal


Organizing Secretary


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

**INDEX NURSING COLLEGE, INDORE
YOGA DAY**




PRINCIPAL
INDEX NURSING COLLEGE
(M.P.)

gocke
Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref. No:- INC/PO/24/481/C

Date:- 19/06/24

CIRCULAR

Index Nursing College is organizing a one day workshop on “**Stress Management: SAHAJYOGA A Unique Technique Of Meditation**” on 22 June 2024. At 11:00am.

Organizing Chairperson

Dr.(Prof.) Smriti G. Solomon

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy to:-

- Registrar
- All Concerned Authority
- File


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
INDORE (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



WORKSHOP REPORT ON

" STRESS MANAGEMENT SAHAJYOGA -A UNIQUE TECHNIQUE OF MEDITATION."

DATE 22/06/2024

Index Nursing College, a constituent institution of Malwanchal University, organized a workshop on "Sahaj Yoga Meditation for Stress Management and Inner Personality Development." The workshop was conducted under the guidance of Principal Dr. Smriti G. Solomon. A transformative workshop focusing on personality development, meditation, and stress management was successfully organized by Index Nursing College in collaboration with Malwanchal University and Sahajyoga. The event featured esteemed speakers, including Dr. Sunil Jaiswal, who shed light on Sahajyoga meditation techniques, and Dr. Smriti Solomon, the Principal of Index Nursing College, who addressed psychological stress management. The workshop aimed to equip participants with practical tools for personal and professional growth.

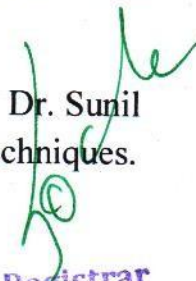
The workshop commenced with an inaugural session, marked by welcoming remarks from the organizers and an introduction to the day's agenda.

Dr. Sunil Jaiswal, the chief guest, delivered a profound keynote address, sharing insights into the Sahaja Yoga meditation technique. He emphasized its efficacy in stress management and internal personality development, contextualizing these benefits in the contemporary challenges faced by individuals.

Dr. Smriti Solomon, Principal of Index Nursing College, delved into the realm of psychological stress management. She provided a comprehensive understanding of the mental conditions individuals may experience during stressful periods and offered effective solutions to cope with them.

Participants actively engaged in a hands-on meditation session guided by Dr. Sunil Jaiswal, providing them with a firsthand experience of the Sahaja Yoga techniques.


Principal
INDEX NURSING COLLEGE


Registrar
Malwanchal University

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph.: 0731-4044757

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

Dr. Sunil Jaiswal participated in an interactive question-and-answer session, offering participants the opportunity to seek personalized advice and guidance on stress management and personality development.

Organizing Secretary Dr. Nitin Chicholkar, Asst. Professor, Mental Health Nursing Department expressed gratitude to the participants, speakers, and the organizing team for their contributions to the success of the workshop.

The workshop concluded with the distribution of certificates to participants, acknowledging their active participation. Closing remarks emphasized the importance of continued personal development and the role of ongoing support systems.


The workshop achieved its objectives by:

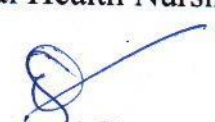
Providing practical tools for stress management through Sahajyoga meditation. Offering insights into psychological stress management from a professional standpoint. Fostering a collaborative and supportive learning environment for participants.


Explore the possibility of incorporating additional topics related to personal and professional development in future workshops to cater to a broader audience.

Collect feedback from participants to gauge the effectiveness of the workshop and identify areas for improvement.

In conclusion, the workshop on personality development, meditation, and stress management proved to be an enriching experience, thanks to the insightful contributions of Dr. Sunil Jaiswal, and the dedicated team of organizers. The collaboration between Index Nursing College, and Sahajyoga successfully provided a holistic approach to personal growth and well-being.


Organizing Secretary
Dr. Nitin Chicholkar
Asst. Professor
Dept Of Mental Health Nursing


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Principal
Dr. Smriti G. Solomon
Principal
Index Nursing College
PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

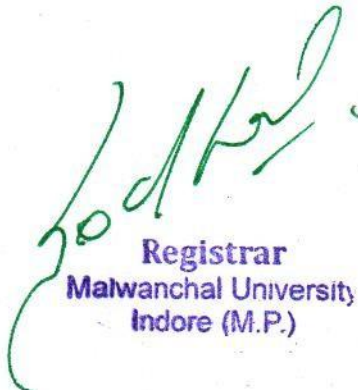
Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE
BSC NURSING 3 rd YEAR
SAHAJ YOGA A UNIQUE TECHNIQUE OF MEDITATION (22.06.24)
ATTENDANCE SHEET

S.no	Student	SIGN.
1	RANJAN KUMAR	
2	RAVI KUMAR THAKUR	
3	RAVINDRA	
4	REENA MUJALDE	
5	REENA SINGAR	
6	RENUKA DAWAR	
7	RIDHIKA VEISHNAV	
8	RISHI PATIDAR	
9	RITESH YADAV	
10	RIYA BHAWSAR	
11	RIYA SENGAR	
12	ROHIT CHOUHAN	
13	ROHIT GOYAL	
14	ROHIT LODHI	
15	ROHIT MEWADA	
16	RUPESH ALAWA	
17	SADIK MANSURI	
18	SAKSHI	
19	SALONI	
20	SANDEEP BAMNIYA	
21	SANDEEP DHARVE	
22	SANDEEP MAKWANA	
23	SANJANA MANIK	
24	SAPNA	
25	SAVITA	
26	SEEMA	
27	SHAILENDRA BIRLA	
28	SHALU JATWA	
29	SHANU SOLANKI	
30	SHEETAL THAKUR	



Organizing Secretary


Principal
INDEX NURSING COLLEGE,
INDORE (M.P.)


Registrar
Malwanchal University,
Indore (M.P.)

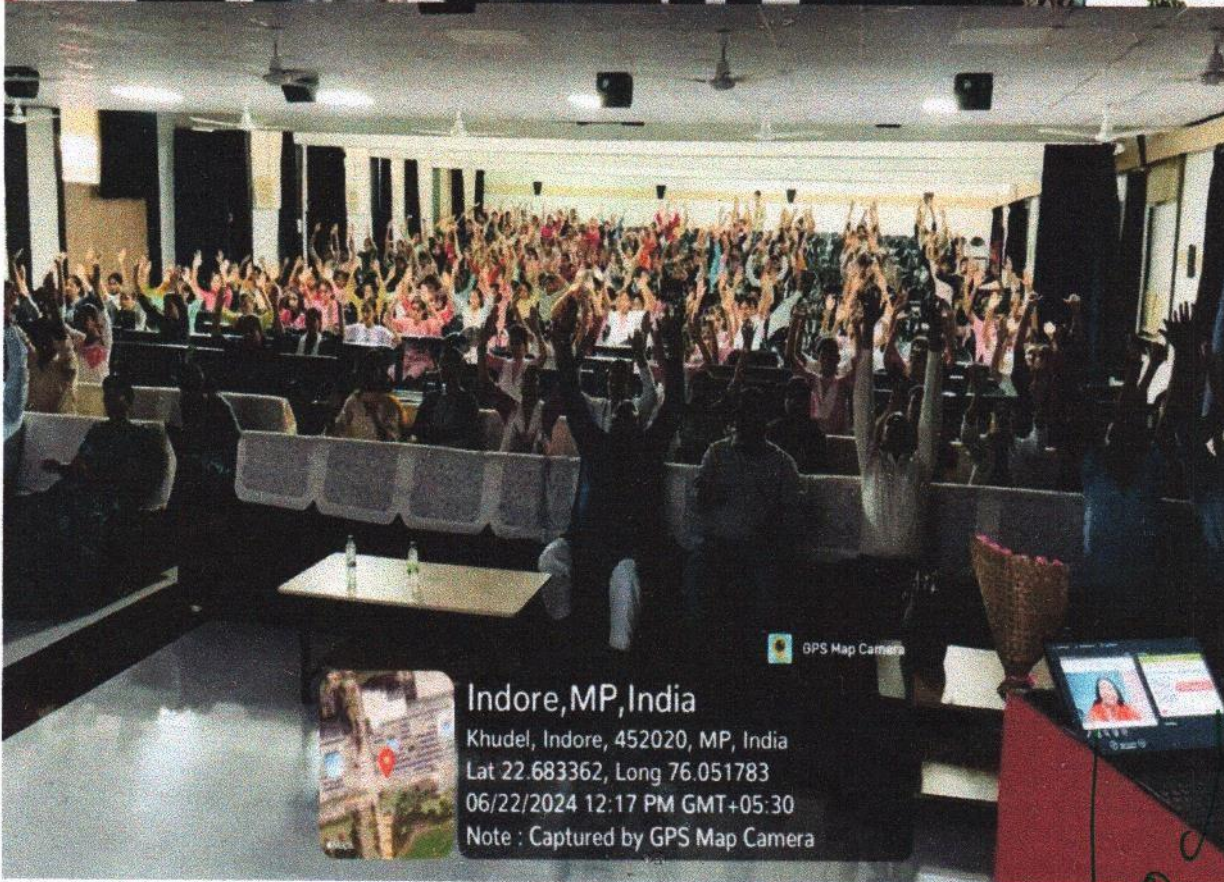
**INDEX NURSING COLLEGE , INDORE
SAHAJ YOGA**




PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Malwanchal University
Indore (M.P.)

**INDEX NURSING COLLEGE , INDORE
SAHAJ YOGA**



Indore, MP, India
Khudel, Indore, 452020, MP, India
Lat 22.683362, Long 76.051783
06/22/2024 12:17 PM GMT+05:30
Note : Captured by GPS Map Camera


PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Matwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No. INC/PO/24/701/B

Date 08/8/2024

CIRCULAR

Index Nursing College's faculty and students are organizing Sundarkand at Index Nursing College premises at 10:00 am on 10:08:2024.


Organizing Chairperson


Dr.Prof. Smriti G. Solomon

Principal, Index Nursing College
PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy to:-

- Registrar
- All concerned authority
- File


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)



OVERVIEW

SUNDARKAND RECITATION

Index Nursing College affiliated to Malwanchal University organized special Sundarkand recitation event on 10th August 2024. The event was organized under the guidance of Dr. Smriti G. Solomon, Principal, Index Nursing College, by faculty and students. Sundarkand, held at 10:00 am, was a spiritual and cultural gathering aimed at fostering a sense of unity and devotion among the faculty and students.

The event commenced with a warm welcome from the Principal of Index Nursing College. The Principal highlighted the significance of Sundarkand, known for its inspirational verses and spiritual essence. The central part of the event was the recitation of Sundarkand. Faculty members and students took turns reading verses from the chapter, which recounts the heroic deeds of Lord Hanuman. The recitation was conducted with reverence and devotion, creating a spiritually uplifting atmosphere.

Both faculty and students actively participated in the recitation. The involvement of students not only showcased their engagement with cultural activities but also reflected the college's commitment to holistic education. Faculty members provided guidance and context, enriching the experience for all attendees.

The recitation was interspersed with explanations of the verses and their meanings. This helped in deepening the understanding of the spiritual and moral lessons embedded in Sundarkand. The event emphasized values such as bravery, devotion, and righteousness. The event fostered a sense of community and togetherness among the attendees. The shared experience of participating in a sacred recitation helped in strengthening the bonds between faculty and students. At the conclusion of the recitation, the Principal thanked everyone for their participation and emphasized the importance of integrating spiritual and cultural values

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
(M.P.)

College Address: Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

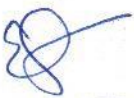
into daily life. The event was seen as a successful initiative in promoting cultural awareness and unity within the college.

The Sundarkand recitation event at Index Nursing College was a meaningful and enriching experience for all participants. It successfully combined spiritual engagement with community building, leaving a positive impact on the attendees. The college's efforts in organizing such events reflect its commitment to providing a well-rounded educational experience that includes cultural and spiritual growth.

The active participation of faculty and students made these events a memorable and culturally enriching experience for the entire college community with more than 250 participants. The celebrations not only honoured the cultural traditions but also contributed to the holistic development and cultural awareness among the students. The event ended with the distribution of Prasad.

Organizing Chairperson


Dr. Smriti.G. Solomon
Principal
Index Nursing College


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

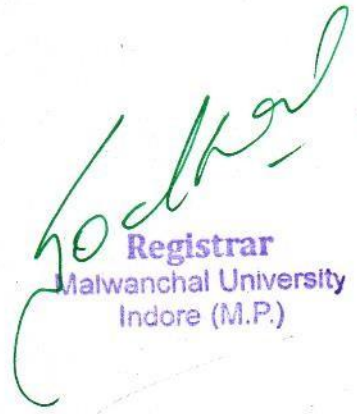

Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE
BSC NURSING 3 rd YEAR
SUNDARKAND (1.08.24)
ATTENDANCE SHEET

S.no	Student	SIGN.
1	RANJAN KUMAR	Ranjank
2	RAVI KUMAR THAKUR	Ravi
3	RAVINDRA	Ravindra
4	REENA MUJALDE	Reena
5	REENA SINGAR	Reena
6	RENUKA DAWAR	Renuka
7	RIDHIKA VEISHNAV	Ridhika
8	RISHI PATIDAR	Rishi
9	RITESH YADAV	Ritesh
10	RIYA BHAWSAR	Riya
11	RIYA SENGAR	Riya
12	ROHIT CHOUHAN	Rohit
13	ROHIT GOYAL	Rohit
14	ROHIT LODHI	Rohit
15	ROHIT MEWADA	Rohit
16	RUPESH ALAWA	Rupesh
17	SADIK MANSURI	Sadik
18	SAKSHI	Sakshi
19	SALONI	Saloni
20	SANDEEP BAMNIYA	Sandeep
21	SANDEEP DHARVE	Sandeep
22	SANDEEP MAKWANA	Sandeep
23	SANJANA MANIK	Sanjana
24	SAPNA	Sapna
25	SAVITA	Savita
26	SEEMA	Seema
27	SHAILENDRA BIRLA	Shailendra
28	SHALU JATWA	Shalu
29	SHANU SOLANKI	Shanu
30	SHEETAL THAKUR	Sheetal

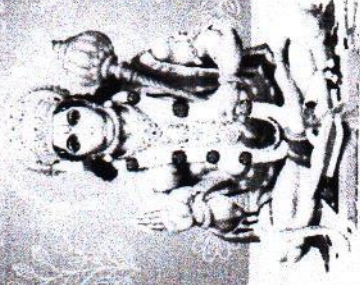

Organizing Secretary


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

जय श्रीराम

वक्रतुण्ड महाकाय सूर्यकोटि समप्रभः ।
निविर्धनं कुर्वतु स्वैरु वायुं कर्षणं नरकस्य ॥



प्रिय स्वजन,

प्रभु श्रीराम जी की असीम अनुकम्पा से
इंडेक्स नर्सिंग कॉलेज में

मुन्दरकाण्ड

का आयोजन किया जा रहा है ।

आपकी गरिमामयी सहभागिता सादर प्रार्थनीय है ।

कार्यक्रम

दिनांक - शनिवार 10 अगस्त 2024

समय - सुबह 10 बजे से

स्थान - इंडेक्स नर्सिंग कॉलेज, इंदौर

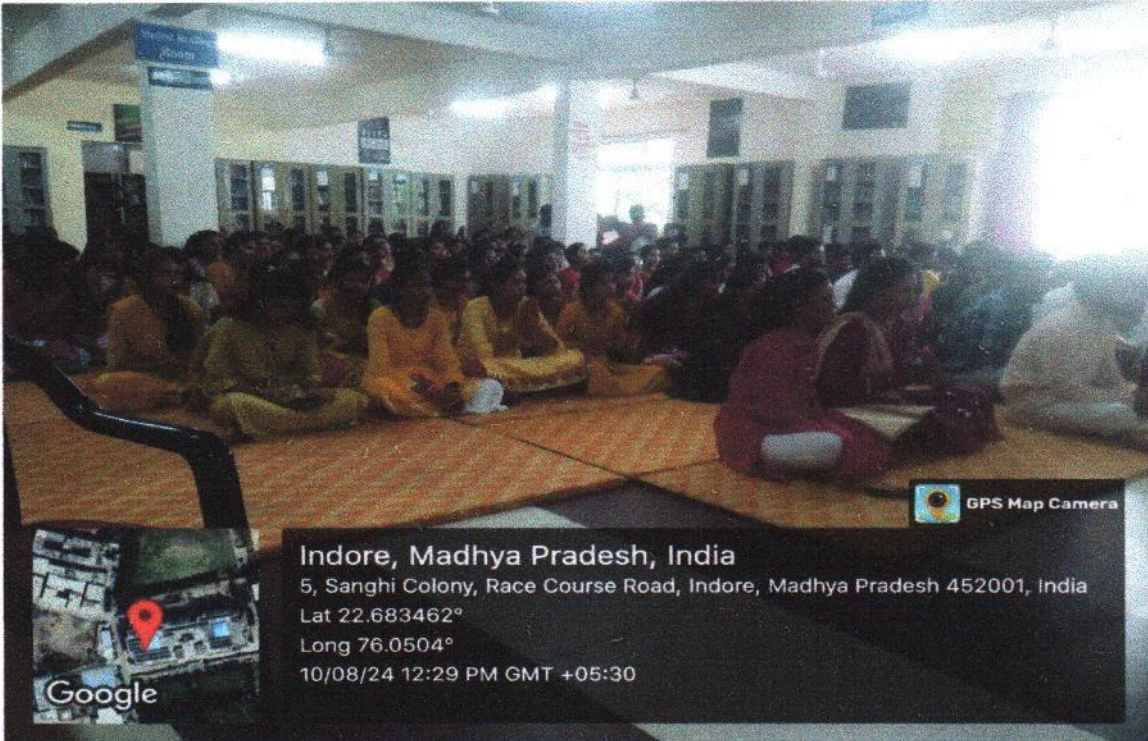
विनीत

डॉ. स्मृति जी सोलोमन एवं समस्त शिक्षकगण,
कर्मचारी, और समस्त छात्र इंडेक्स नर्सिंग कॉलेज, इंदौर



Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Mawanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE
SUNDARKAND




PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE
SUNDARKAND



PRINCIPAL
INDEX NURSING COLLEGE
(M.P.)

Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No 1N.C./P.O./24./708/B

Date..10/08/2024.

CIRCULAR

Index Nursing College is organizing "AWARENESS PROGRAM ON ANTI-RAGGING" on the occasion of Anti-ragging week celebration (12th – 18th August 2024) on the theme "#YaARIYOUTHAGAINSTRAGGING" from 3:00pm to 4:00pm on 12th August 2024 at Index Medical College Auditorium. All students are informed to participate in the program.

Organizing Chairperson

Dr.Prof. Smriti G. Solomon
Principal, Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy to:-

- Registrar
- All concerned authority
- File

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



REPORT ON

AWARENESS PROGRAM ON ANTI-RAGGING

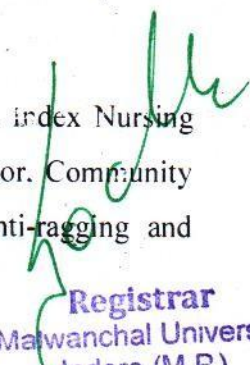
Index Nursing College, a constituent unit of Malwanchal University, Indore celebrated anti ragging week celebration (12th -18th August 2024) by organizing an “Awareness Program On Anti-Ragging” on 12th August 2024. The Awareness program was organized under the support of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutes and with the guidance of Dr.(Prof.) Smriti G Solomon, Principal, Index Nursing College The Organizing Secretary was Dr. Berlin Sara Thampy, Nodal Officer, anti-ragging committee, Index Nursing College. The chief guest for the event was Dr. V. K. Arora, Professor Community Medicine, Index Medical College, Indore. The anti-ragging awareness program was organized from 3:00 pm to 4:00 pm at Index Medical College Auditorium. Every year Anti-Ragging Day is celebrated on 12 August and Anti-Ragging Week 12 - 18 August as per the UGC. This year the day and week celebration is based on the theme #YaARiYouth AgainstRagging. Running from August 12-18, this initiative is dedicated to promoting a campus culture of kindness, empathy, and respect while addressing the critical issue of ragging.

Objectives

- Raise awareness about the negative impacts of ragging on individuals' mental and emotional well-being.
- Promote a culture of respect, inclusivity, and empathy among the students.
- Educate students about the legal consequences of ragging and the college's zero-tolerance policy.
- Provide a platform for students to voice their concerns and suggestions to prevent ragging.

Program started with welcome speech given by Ms. Harshita Agrawal, Tutor, Index Nursing College. Followed by the speech of our Chief Guest, Dr. V. K. Arora, Professor, Community Medicine, Index Medical College, Indore. He guides students about the anti-ragging and


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

strengthens implementation of the college's anti-ragging policy, thereby ensuring a safe learning environment. He also highlighted the importance of fostering a culture of respect, safety and unity on campus. "Ragging has no place in our institution, we are committed to providing a safe and supportive environment for every student, Ragging is a disturbing reality in the higher education system of our country. Despite the fact that over the years ragging has claimed hundreds of innocent lives and has ruined careers of thousands of bright students, the practice is still perceived by many as a way of 'familiarization' and an 'initiation into the real world' for young college-going students. Other organisations/bodies working in this field have also attempted to define ragging, the variety of definitions being reflective of differences in perspective." The address also encouraged students to actively participate in anti-ragging initiatives and report for any misconduct without hesitation to the dedicated anti-ragging committee.

120 students of B.Sc Nursing and 50 students of GNM 2nd Year participated in this program. The chief guest was presented a Plant sampling by the nodal officer for acknowledging his contribution to make the program a great success. A vote of thanks was proposed by Ms. Sakshi Dabi, Tutor, Index Nursing College. The Master of ceremony was Dr. Reena Thakur, Member University Student Welfare Committee. The program was very informative and provided students with in-depth insight regarding ragging and punishment to the defaulters who commit ragging.

Organizing Secretary



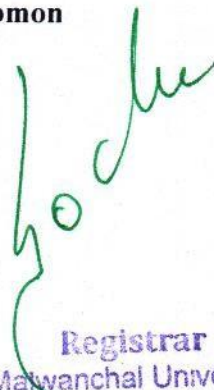
Dr. Berlin Sara Thampy
Nodal Officer, Anti Ragging Committee

Organizing Chairperson

Dr. Smriti. G. Solomon
Principal



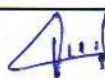
Principal
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE
BSC NURSING 3 rd YEAR
AWARENESS PROGRAMM ON ANTIRAGGING (12.08.24)
ATTENDANCE SHEET

S.no	Student	SIGN.
1	FARDIN KHAN	Fardin
2	GIRJA DANGI	Girja
3	GOKUL	Gokul
4	GOLU BAGHEL	Golu
5	GOTAM	Gotam
6	GOURAV CHOUHAN	Gourav
7	HARSH MEENA	Harsh
8	HEMANT SHAKYA	Hemant
9	JASHODA	Jashoda
10	JAYDEEP CHOUHAN	Jaydeep
11	JOSINA BILWAL	Josina
12	JYOTI HIHORE	Jyoti
13	KALYAN KUSHWAH	Kalyan
14	KAMLESH GEHLOD	Kamlesh
15	KANHA PRAJAPAT	Kanha
16	KAREENA KHAN	Kareena
17	KARTIK KUMAR	Kartik
18	KASAK	Kasak
19	KAVITA DANGI	Kavita
20	KAVITA SOLANKI	Kavita
21	KHUSHBOO SEN	Khushboo
22	KIRTI NAGAR	Kirti
23	KRISHNA PATEL	Krishna
24	KUMKUM SHARMA	Kumkum
25	LAKHVEER SINGH RATHORE	Lakhveer
26	LAXMI MUJHALDA	Laxmi
27	MADHUSUDAN GOSWAMI	Madhusudan
28	MAMTA GEHLOT	Mamta
29	MANISHA	Manisha
30	MANISHA DANGI	Manisha



Organizing Secretary


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No. INC/PO/024/709

Date 12/08/24

CIRCULAR

Index Nursing College is organizing 78th Independence Day on the theme 'Viksit Bharat' at Index Medical College's auditorium at 1:30pm to 03:00pm on 16:08:2024.

Organizing Chairperson

Dr. Prof. Smriti G. Solomon


Principal, Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy to:-

- Registrar
- All concerned authority
- File


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia-Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)



78th INDEPENDENCE DAY CELEBRATION

OVERVIEW

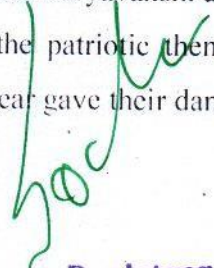
Index Nursing College affiliated to Malwanchal University organized Independence Day a monumental day on the theme 'Viksit Bharat' at Index Medical College' auditorium at 1:30pm to 03:00pm on 16:08:2024. The theme aims to reflect on India's progress and envision its future growth by 2047. The deed event was organized under the guidance of Dr. Smriti G. Solomon, Principal, Dr. Th. Bidyani Devi, Prof. OBG dept., Dr. Nitin Chicholkar, Asst prof. MHN dept., faculty and students of Index Nursing College.

It was a matter of great pride for all of us. Needless to say, the whole college had worn the appearance of a beautiful theme outfits.

The programme was started by lighting the ceremonial lamp and with the warm welcome of Chief guest Dr. G.S Patel, Dean, Index Medical College Hospital and Research Center, special invitees, Principal, teaching and non teaching faculty and students of the institution. Anchoring of the event was done by Ms. Shalu Jatwa, B.Sc Nursing 2nd year student.

Ms. Megha verma B.Sc Nursing 2nd year student led the event with the enthusiastic solo performance carrying the attire of Tiranga. Students of B.Sc. Nursing 3rd year Ms. Bharti Solanki, Ms. Ishika Sarswal and Ms. Rajeshwari Jaiswal gave their presentation with patriotic dance. Continuing the programme Ms. Sakshi Suryavanshi and Megha Verma B.Sc. nursing 2nd year performed duet dance with the patriotic theme. Following the event Ms. Ishika Sarswal student of B.Sc. Nursing 3rd year gave their dance


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

presentation on the theme of Desh Bhakti. Students participated in the celebration of this monumental memorable day of Viksit Bharat, 78th Independence day.

It was the shades of mix emotions for all present over there to witness the various solo and group performances of students with the patriotic theme dance. The ceremony was ended with motivational and inspirational speech delivered by Dr. G.S Patel, Dean, Index Medical College Hospital and Research Center, relating independence and devotion to our profession and focussing on the role of the pillars of the nation and the youth of todays. The vote of thanks was proposed by Ms. Shalu Jitwa. Towards the end, guests, faculty and all students there flew coloured balloons symbolizing prosperity and peace of the nation. With the participation of more than 220 participants the event was ended with the national anthem.

Organizing Secretary

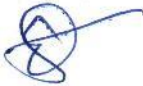


Dr. Th. Bidyani Devi
Prof. OBG department
Index Nursing College

Organizing Chairperson

Dr. Smriti.G. Solomon
Principal
Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)



Principal
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE

B.SC. NURSING 4th YEAR

Vikshit bhara and loktantra ki matruka (24/01/24)

Attendance sheet

S.No	Name of Students	Signature
1	LAKHAN NAGAR	Lakhan
2	RAJKUMARI TAWAR	Rajkumari
3	RAHUL MANDLOI	Rahul
4	SANDEEP DAWAR	Sandeep
5	PRIYANSHU SINGHAL	Priyanshu
6	VIRENDRA CHOUHAN	Virendra
7	ADITYA	Aditya
8	ANKIT BAMNIYA	Ankit
9	ANKIT THAKUR	Ankit
10	ARIF KHAN	Arif
11	ASHUTOSH PARMAR	Ashutosh
12	DHARMENDRA SAINI	Dharmendra
13	KU SAPNA THAKRE	Sapna
14	SHUBHAM YADAV	Shubham
15	NIKHIL KUSHWAH	Nikhil
16	POOJA MUJALDE	Pooja
17	RAJ SONI	Raj
18	RUPALI MANDLOI	Rupali
19	SAHIL ABBASI	Sahil
20	CHANDNI KHAN	Chandni
21	VAISHALI	Vaishali
22	VIDIT THAKUR	Vidit
23	YOGITA VAISHNAV	Yogita
24	AAYUSH RAJ	Aayush
25	RAHUL SOLNAKI	Rahul
26	POOJA YADAV	Pooja
27	GOUTAM JAAT	Goutam
28	SONU DUDVE	Sonu
29	KASAV VISHVKARMA	Kasav
30	SAPANA BAGHEL	Sapana

Organizing Secretary

Registrar
Malwanchal University
Indore (M.P.)

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)



INDEX NURSING COLLEGE
MALWANCHAL UNIVERSITY



GRAM MORODHAT, NEMWAR ROAD, POST BAVLIYA KHURD, INDORE, MADHYA PRADESH-452016
Recognized by Indian Nursing Council, New Delhi & Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

To, _____

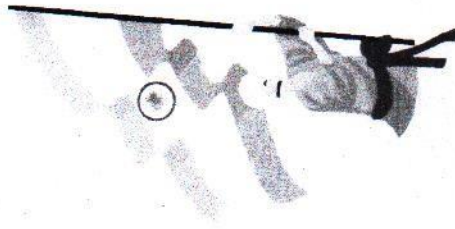
We cordially invite you to the
celebration of

"78th Independence Day 2024"

Date: 16th August 2024

Time : 1:30 pm to 3 pm

Venue: Auditorium, Index Medical College



Organizing Chairperson :


Dr. Smriti G. Solomon
Principal

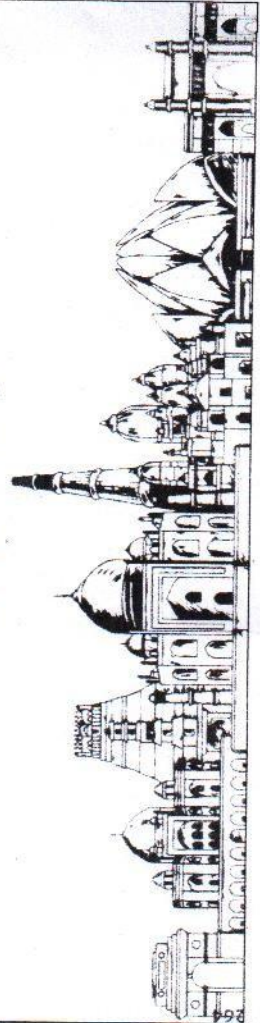
Organizing Secretary :

Dr. Th. Bidyani Devi
Professor, OBG Dept

Dr. Nitin Chichilkar
Asst. Prof. MHN Dept


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE , INDORE
INDEPENDENCE DAY CELEBRATION



PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No.:- INC/PO/24/712/B

Date:- 12/08/2024

CIRCULAR

Index Nursing College is planning to organize a educational visit to **Manav Chetna Vikas kendra, Piwday** on Aug.14th 2024 at 10:30AM. All B.Sc Nursing II year students are informed to attend the visit compulsorily.

Organizing Chairperson

Dr. Smirti G. Solomon

Principal

Index Nursing College


PRINCIPAL

INDEX NURSING COLLEGE

INDORE (M.P.)

Copy to:-

- Registrar
- All concerned authority
- File


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



REPORT ON

VISIT OF MANAV CHETNA VIKAS KENDRA

Index Nursing College, a constituent unit of Malwanchal University, Indore organized **Visit at Manav Chetna vikas kendra** on August 14th, 2024. The visit was organized under the support of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutes and with the guidance of Dr. Smriti G Solomon, Principal, Index Nursing College. The visit aimed to promote the ancient practice of organic farming and its benefits for physical, mental, and spiritual well-being. Manav chetna vikas kendra is situated in Piwday village District Indore(M.P.).

Objectives

The objectives of the visit were:

- **Understand the center's mission and vision:** Learn about the core mission and goals of the Manav Chetna Vikas Kendra, including its focus areas in social work, community development, education, or health.
- **Explore programs and services:** Gain an understanding of the various programs and services offered by the center, such as educational initiatives, health interventions, skill development, or social welfare activities.
- **Assess impact and outcomes:** Evaluate the effectiveness of the center's initiatives and the impact they have on the community.
- **Collaborate and network:** Identify potential areas for collaboration, networking, or partnership with the center in future projects or studies.
- **Gather resources and materials:** Collect educational materials, brochures, or other resources that could be useful for related research, teaching, or community outreach efforts.
- **Identify best practices:** Observe and document best practices that could be applied to other settings or used to enhance your current projects or studies.

Principal

INDEX NURSING COLLEGE

Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morehat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

- **Engage with staff and beneficiaries:** Interact with the center's staff, volunteers, and beneficiaries to gain first-hand insights and perspectives on the work being done and its significance.

Dr Naveen k.Jaiswal, Dr Prabhanshu Vyas and Ms Sakshi Dabi, faculty of community health nursing department and more than 40 student of Bsc nursing IIInd year student, reach at MCVK at 10:30 am.

Manav Chetna Vikas Kendra (MCVK) is Global Institute for Human Cognizance Advancement. 'Unified Society, Unified System' - MCVK's Motto. It is a Holistic Center, Ecovillage (Intentional), Eco Project (Learning Centre), Transition Town Established in 2008. Mr. Darshan, one of the inmate of MCVK guided the students throughout the visit and he explained that working of MCVK that MCVK not-for-profit organization where a group of families from across the globe living together as one. Individuals, bound not by caste, class, religion or region, but one common goal. A universal human order free from divisions, Production, not-for-profit but for sustainability. A humane education, in tandem with reality."

Mr. Ajay Kumar Dayma, founder said in his speech "MCVK is a family-based educational centre. When more than one person comes together with a common universal purpose it results in a family. The common universal purpose is how humans can live a dignified life as humans without any friction with fellow humans and without exploiting nature. Every individual on this planet wants to live such a life, however, initially, only a few take that step to live such life because the mainstream is going in the other direction. Any individual who wants to understand reality in its true form and live in alignment with the laws of nature can become a part of the MCVK family irrespective of any caste, class, religion or region.

The visit encouraged our students to promote sustainability in all their activities.


ORGANIZING SECRETARY

Dr. Naveen k Jaiswal
HOD Community Health Nursing
Index Nursing College


ORGANIZING CHAIRPERSON

Dr. Smriti G. Solomon
Principal
Index Nursing College


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
(M.P.)

INDEX NURSING COLLEGE
BSC NURSING 3 rd YEAR
MANAV CHETNA VIKAS KENDRA PIWDAY (14.08.24)
ATTENDANCE SHEET

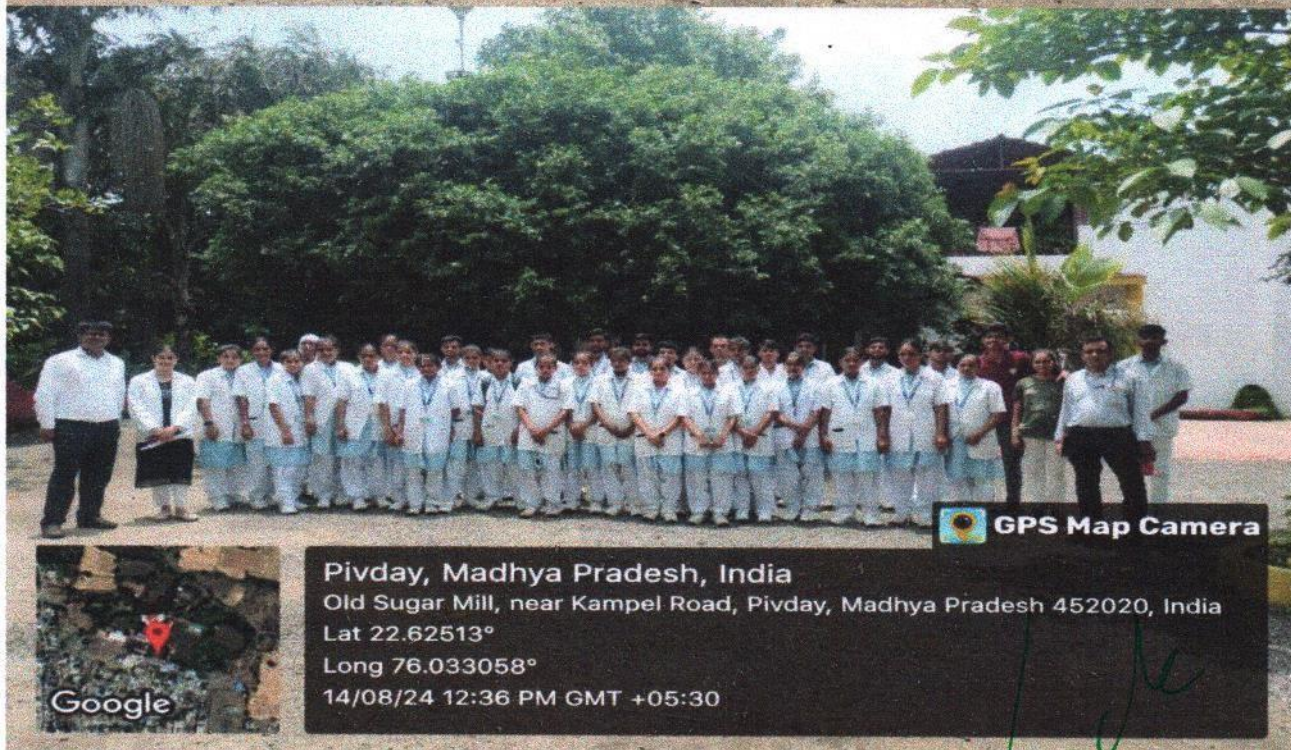
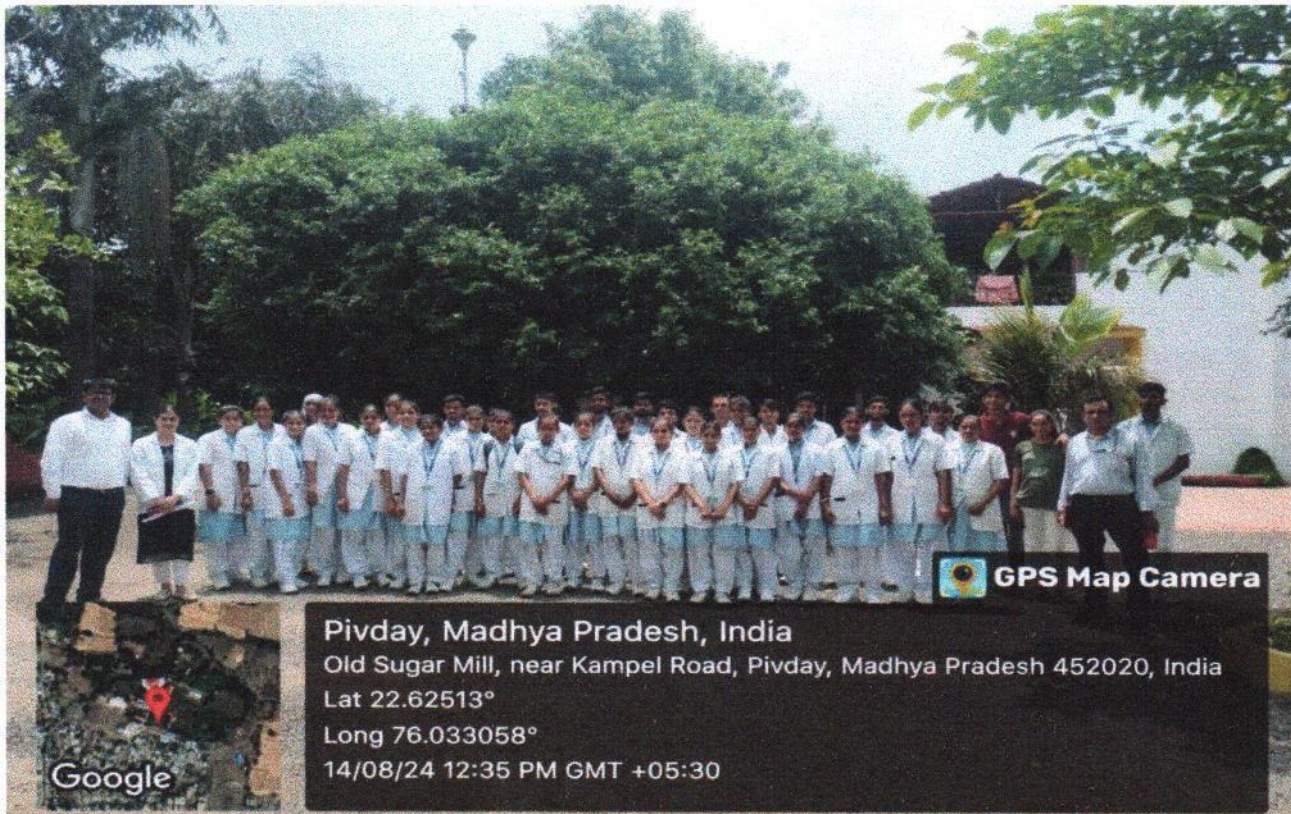
S.no	Student
1	AARTI JAMODIYA /
2	ABHISHEK PARMAR
3	ADESH PATIL
4	AISHWARIYA RAI
5	AJAY LODHI
6	AJAY THAKUR
7	AMAN ARYA
8	AMBIKA MUJALDE
9	ANAND PATEL
10	ANIL DANGI
11	ANIL VARMA
12	ANKIT PARMAR
13	ANOOP KUMAR SHAKYA
14	ARCHANA KALME
15	ARVILA GANAWA
16	ASHWIN
17	AVISHKAR EKKA
18	AYUSH SITOLIYA
19	AYUSHI MUKATI
20	BANTI DORIYA
21	BARKHA VARMA
22	BHAVNA YADAV
23	BHAWANA GOSWAMI
24	BRAJMOHAN VERMA
25	CHHAYA NAGAR
26	CHHAYA RANI
27	DHAPU
28	DHARMENDRA KUMAR UIKEY
29	DHARMENDRA YADAV
30	DURGA PARMAR


Organizing Secretary


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University,
Indore (M.P.)

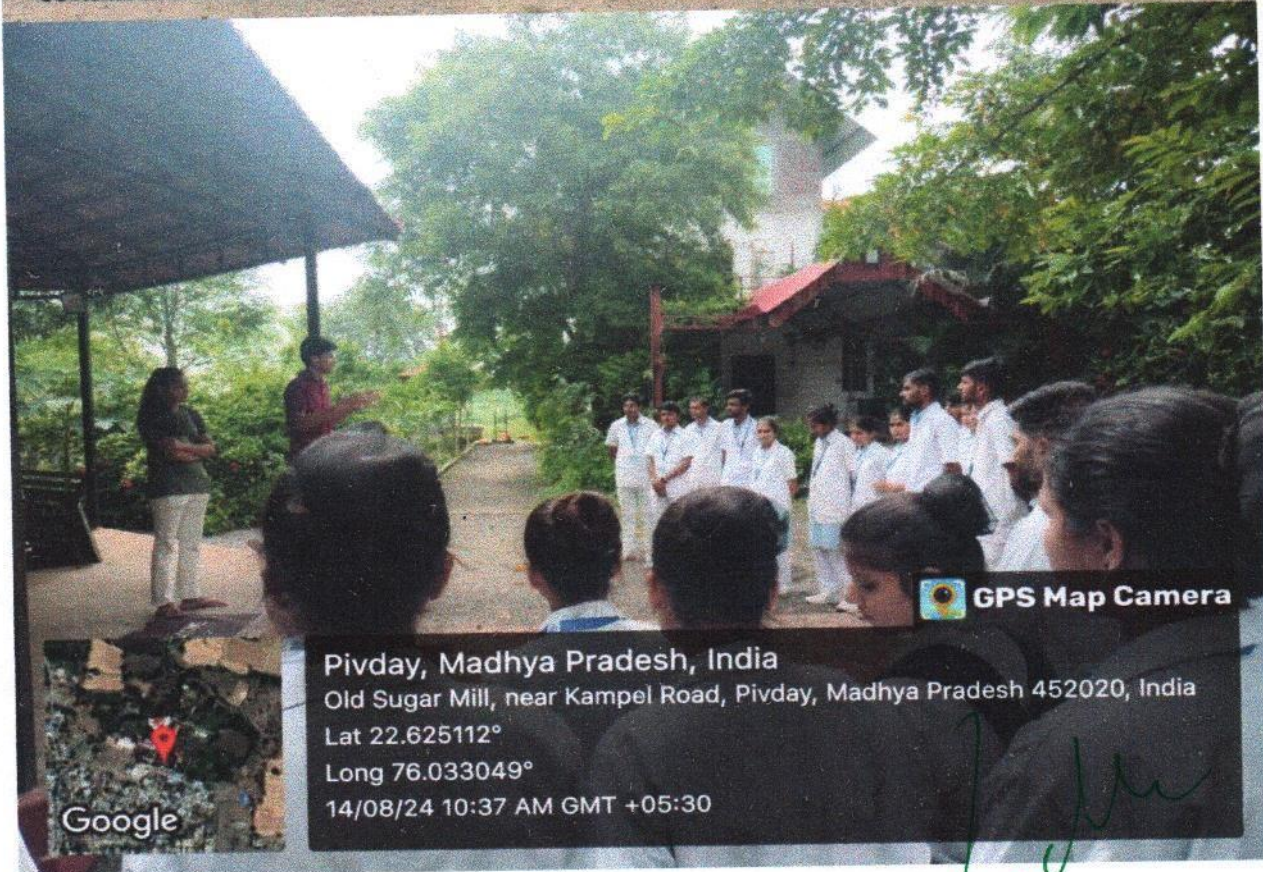
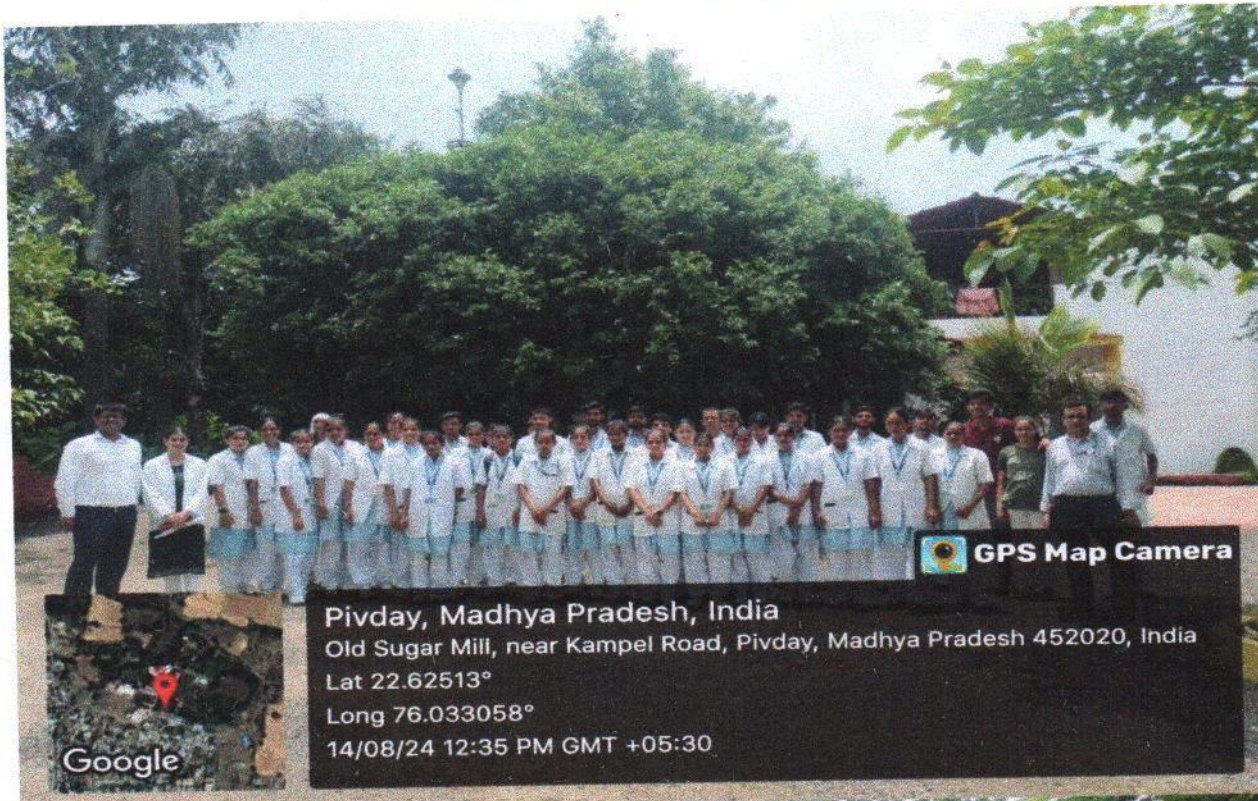
**INDEX NURSING COLLEGE, INDORE
MANAV CHETNA VIKAS KENDRA**




**PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)**


**Registrar
Malwanchal University
Indore (M.P.)**

**INDEX NURSING COLLEGE, INDORE
MANAV CHETNA VIKAS KENDRA**




PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Matwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No.:- INC/PO/24/724/B

Date:- 14/08/2024

CIRCULAR

Index Nursing College is planning to organize a educational visit to **Candylake Chocolate Industry, Aathmil** on Aug.17th 2024 at 11:00AM. All B.Sc Nursing II year students are informed to attend the visit compulsorily.

Organizing Chairperson

Dr. Smirti G. Solomon

Principal

Index Nursing College

PRINCIPAL

INDEX NURSING COLLEGE

INDORE (M.P.)

Copy to:-

- Registrar
- All concerned authority
- File

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Visit To Candy Lake Chocolate Industry

Index Nursing College, a constituent unit of Malwanchal University, Indore organized **Visit at Candy Lake Chocolate Industry, Aathmil** on August 17th, 2024. The visit was organized under the support of Mr. Suresh Singh Bhadoria, Chairman, Index Group of Institutes and with the guidance of Dr. Smriti G. Solomon, Principal, Index Nursing College. The aims of visit is to explore the industry's techniques, technology, and quality control measures, while also examining the economic and environmental impacts of chocolate manufacturing. Additionally, the visit seeks to appreciate the craftsmanship involved in creating high-quality chocolate and to identify opportunities for innovation and improvement within the industry. Candy Lake Chocolate Industry is situated in Aathmil village District Indore (M.P.)

Objectives

The objectives of the visit were:

- **Explore the Production Process:** Observe and understand the step-by-step process of chocolate manufacturing, from cocoa bean processing to final packaging.
- **Learn About Raw Materials:** Gain insights into the sourcing and quality control of raw materials, including cocoa beans and other ingredients.
- **Examine Technology and Machinery:** Investigate the technological advancements and machinery used in chocolate production and their impact on efficiency and product quality.
- **Assess Quality Control:** Understand the methods and standards used to ensure the consistency and quality of the final chocolate products.
- **Understand Economic and Environmental Impacts:** Evaluate the economic significance of the industry and its environmental footprint, including sustainability practices and initiatives.
- **Discover Craftsmanship and Innovation:** Appreciate the artistry involved in creating chocolate products and identify potential areas for innovation and improvement.
- **Foster Industry Connections:** Build relationships with industry professionals to exchange knowledge and explore potential collaborations or partnerships.


Principal
INDEX NURSING COLLEGE


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

Dr Naveen K. Jaiswal,, Dr. Prabhanshu Vyas and Ms. Nainika Joseph, faculty of Community Health Nursing Department and 24 student of BSc nursing 2nd year student, reach at Candy Lake Chocolate Industry at 11 am.

Mr. Shivendra, Manager explained the process of chocolate step by step i.e Chocolate production begins with the harvesting of cacao pods, which contain cacao beans. These pods are typically harvested by hand, with workers using machetes to cut the pods from the trees. After harvesting, the cacao beans are extracted from the pods and placed in shallow containers to ferment for several days. Fermentation is crucial for developing the beans' flavor. The fermented beans are spread out in the sun to dry. The result is cacao nibs, the edible part of the bean. The nibs are ground into a thick, liquid paste called cacao liquor or cocoa mass. This process generates heat, causing the cacao butter within the nibs to melt, resulting in a smooth texture. The cacao liquor is further refined through conching, a process that involves continuous mixing and grinding to achieve a fine, smooth texture. The conching process can last for several hours or even days, depending on the desired final product. During conking, ingredients such as sugar, milk powder (for milk chocolate), and additional cacao butter are added to create the desired flavor and consistency. The chocolate mixture is carefully cooled and heated in a process called tempering. This process controls the crystallization of the cacao butter, resulting in a shiny finish and a firm texture that snaps when broken. The tempered chocolate is then poured into molds to form bars, blocks, or other shapes. It is then cooled and solidified. Once the chocolate has set, it is removed from the molds and packaged for distribution. Packaging protects the chocolate from moisture, light, and air, which can affect its quality. Throughout the process, samples are taken for quality control to ensure that the chocolate meets the desired standards for taste, texture, and appearance. Each step is carefully controlled to ensure the final product is of the highest quality and also provided a comprehensive overview of the chocolate production process and the industry's operational practices. The insights gained into the technology, quality control, and sustainability efforts were invaluable. The experience enhanced our understanding of the chocolate industry and identified potential areas for innovation and improvement.


ORGANIZING SECRETARY

Dr. Naveen K Jaiswal
HOD Community Health Nursing
Index Nursing College


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

ORGANIZING CHAIRPERSON

Dr. Smriti G. Solomon
Principal
Index Nursing College


Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE
BSC NURSING 3 rd YEAR
CANDY LAKE INDUSTRY AATHMIL(17.08.24)
ATTENDANCE SHEET

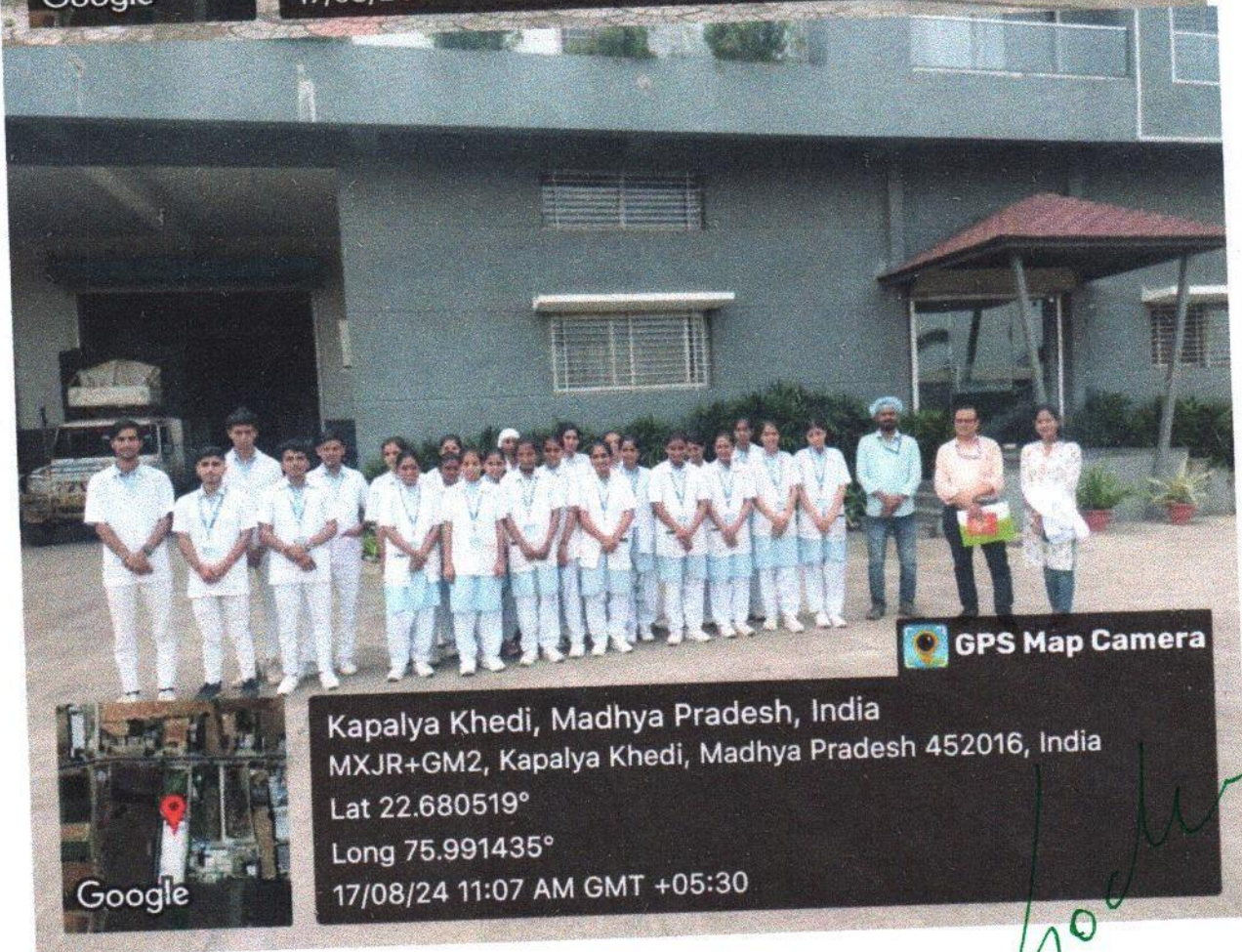
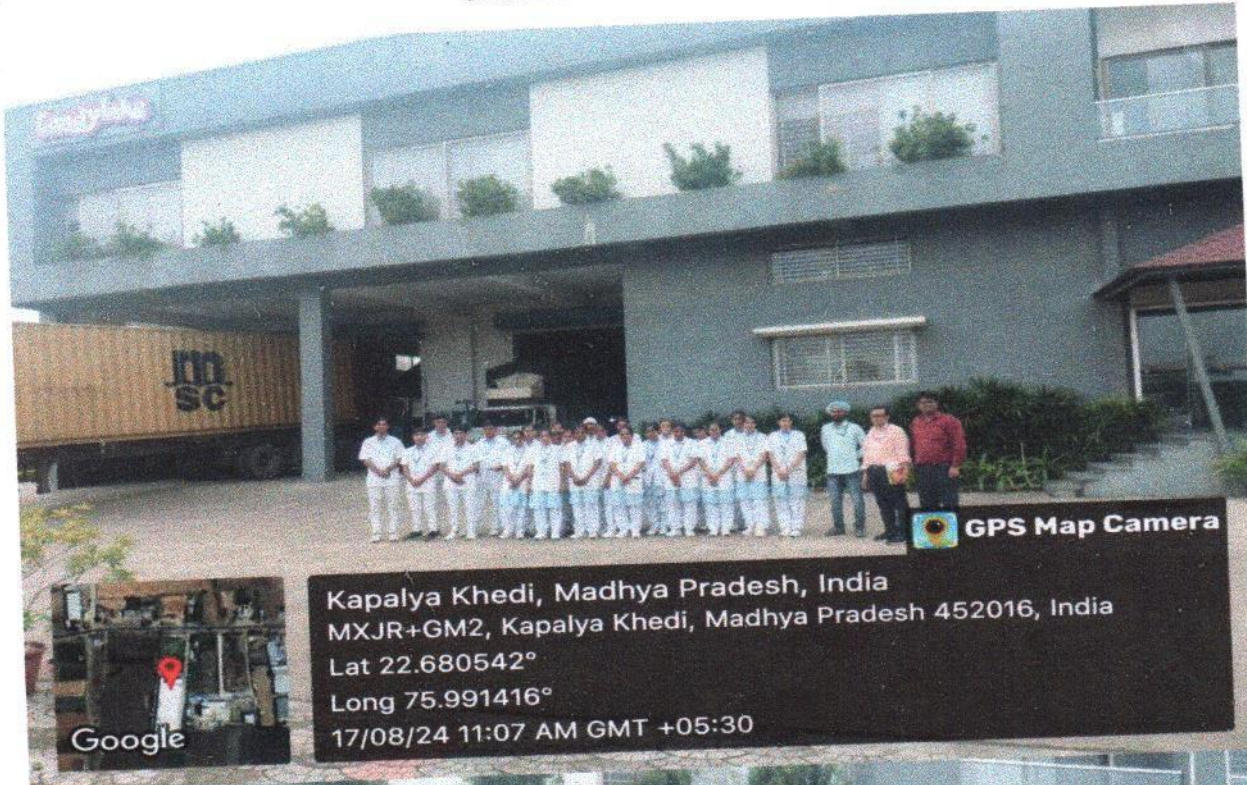
S.no	Student	SIGN.
1	AARTI JAMODIYA	Aarti
2	ABHISHEK PARMAR	Abhishek
3	ADESH PATIL	Adesh
4	AISHWARIYA RAI	Aishwariya
5	AJAY LODHI	Ajay
6	AJAY THAKUR	Ajay
7	AMAN ARYA	Aman
8	AMBIKA MUJALDE	Ambika
9	ANAND PATEL	Anand
10	ANIL DANGI	Anil
11	ANIL VARMA	Anil
12	ANKIT PARMAR	Ankit
13	ANOOP KUMAR SHAKYA	Anoop
14	ARCHANA KALME	Archana
15	ARVILA GANAWA	Arvila
16	ASHWIN	Ashwin
17	AVISHKAR EKKA	Avishkar
18	AYUSH SITOLIYA	Ayush
19	AYUSHI MUKATI	Ayushi
20	BANTI DORIYA	Banti
21	BARKHA VARMA	Barkha
22	BHAVNA YADAV	Bhavna
23	BHAWANA GOSWAMI	Bhawana
24	BRAJMOHAN VERMA	Brajmohan
25	CHHAYA NAGAR	Chhaya
26	CHHAYA RANI	Chhaya
27	DHAPU	Dhapu
28	DHARMENDRA KUMAR UIKEY	Dharmendra
29	DHARMENDRA YADAV	Dharmendra
30	DURGA PARMAR	Durga

Organizing Secretary


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE
CANDY LAKE VISIT




PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Matwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE
CANDY LAKE VISIT



PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



Ref.No. INC/P0/24/745

Date 28/08/24

CIRCULAR

Index Nursing College is organizing National Space Day on the theme 'Touching lives while touching Moon India's Space Saga' at Index Nursing College at 2:00pm 23:08:2024.

Organizing Chairperson

Dr. Prof. Smriti G. Solomon

Principal, Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy to:-

- Registrar
- All concerned authority
- File

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)
Constituent Unit of Malwanchal University, Indore (M.P.)



1ST NATIONAL SPACE DAY

OVERVIEW

Index Nursing College affiliated to Malwanchal University organized a momentous occasion that reminds us of the boundless possibilities that lie beyond our earthly confines, National Space Day. The day is celebrated with the theme is '**Touching lives while touching Moon India's Space Saga**' at Index Nursing College at 2:00pm 23:08:2024. The theme emphasizes the broader societal impact of space exploration. The event was organized under the guidance of Dr. Smriti G. Solomon, Principal, Dr. Th. Bidyani Devi, Prof. OBG dept., Dr. Nitin Chicholkar, Asst prof, MHN dept., faculty and students of Index Nursing College.

The date has been chosen to honour the momentous occasion of India's moon landing on the same day last year. Events are being conducted across the country to highlight India's remarkable achievements in space and the success of India's space programme, which has brought immense socio-economic benefits to the population. Index Nursing College also celebrated the day and the programme was started by lighting the ceremonial lamp and with the warm welcome of Principal, faculty and students of the institution. The events held were speech and poetry competition to create awareness about space and its benefits to mankind. Anchoring of the event was done by Ms. Bhuri Mujalde, GNM 2nd year student.

Ms. Sapna Kirade, Mr. Mohit Rathore and Ms. Shivani Rawat of GNM 2nd year students and Ms. Sonu verma and Mr. Uttam Rathore of B.Sc Nursing 2nd year participated in poetry competition. Mr. Sandeep Bamniya B.Sc Nursing 2nd year and Ms. Shivani Rawat GNM 2nd year students presented their speech inspiring public interest in space exploration and science that highlighted the achievements in space exploration. Students participated in the celebration of this memorable day of 1st National Space Day.


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

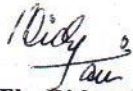
E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

The celebration was ended with motivational and inspirational speech delivered by Dr. Smriti G. Solomon, Principal, Index Nursing College, relating the theme of the 1st National Space day. In her speech she honoured the visionaries who've paved the way- scientists, engineers, astronauts, and countless others. Madam also embrace the spirit of exploration that drives us forward adding that National Space Day is a call to continue pushing the boundaries of what's possible, to invest in stem education, and to dream big.

Together, let's celebrate our achievements, recognize the challenges ahead, and inspire one another to keep reaching for the stars. The vote of thanks was proposed by Mr. Kamlesh B.Sc Nusing 2nd year. With the participation of more than more 50 participants the event was ended with the national anthem.

Organizing Secretary



Dr. Th. Bidyani Devi
Prof. OBG department
Index Nursing College

Organizing Chairperson



Dr. Smriti.G. Solomon
Principal
Index Nursing College

PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)



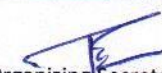
Principal
INDEX NURSING COLLEGE
INDORE (M.P.)




Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE
BSC NURSING 3 rd YEAR
TOUCHING LIVES WHILE TOUCHING MOON INDIA SPACE SAGA (23.08.24)
ATTENDANCE SHEET

S.no	Student	SIGN.
1	FARDIN KHAN	Fardin
2	GIRJA DANGI	Girja
3	GOKUL	Gokul
4	GOLU BAGHEL	Golu
5	GOTAM	Gotam
6	GOURAV CHOUHAN	Gourav
7	HARSH MEENA	Harsh
8	HEMANT SHAKYA	Hemant
9	JASHODA	Jashoda
10	JAYDEEP CHOUHAN	Jaydeep
11	JOSINA BILWAL	Josina
12	JYOTI HIHORE	Jyoti
13	KALYAN KUSHWAH	Kalyan
14	KAMLESH GEHLOD	Kamlesh
15	KANHA PRAJAPAT	Kanha
16	KAREENA KHAN	Kareena
17	KARTIK KUMAR	Kartik
18	KASAK	Kasak
19	KAVITA DANGI	Kavita
20	KAVITA SOLANKI	Kavita
21	KHUSHBOO SEN	Khushboo
22	KIRTI NAGAR	Kirti
23	KRISHNA PATEL	Krishna
24	KUMKUM SHARMA	Kumkum
25	LAKHVEER SINGH RATHORE	Lakshveer
26	LAXMI MUJHALDA	Laxmi
27	MADHUSUDAN GOSWAMI	Madhusudan
28	MAMTA GEHLOT	Mamta
29	MANISHA	Manisha
30	MANISHA DANGI	Manisha


Organizing Secretary


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE SPACE DAY




Indore, MP, India
Khudel, Indore, 452020, MP, India
Lat 22.684865, Long 76.051537
08/23/2024 02:20 PM GMT+05:30
Note : Captured by GPS Map Camera



Indore, MP, India
Khudel, Indore, 452020, MP, India
Lat 22.684865, Long 76.051537
08/23/2024 02:20 PM GMT+05:30
Note : Captured by GPS Map Camera


PRINCIPAL
INDEX NURSING COLLEGE
INDORE


Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE SPACE DAY




PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)

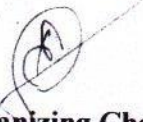


Ref. No:- INC/PO/2024/821/B

Date:- 4/10/2024

CIRCULAR

Index Nursing College is organizing a Seminar on "World Mental Health Day 2024". Theme: "it is time to prioritize mental health in the workplace" on 09 Oct 2024. At 09:00am.


Organizing Chairperson
Dr. Smriti G. Solomon
Principal
Index Nursing College

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Copy to:-

- Registrar
- All Concerned Authority
- File


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715



INDEX NURSING COLLEGE

(Run by Mayank Welfare Society)

Approved by Indian Nursing Council, New Delhi, Madhya Pradesh Nurses Registration Council, Bhopal (M.P.)

Constituent Unit of Malwanchal University, Indore (M.P.)



SEMINAR REPORT ON "IT IS TIME TO PRIORITIZE MENTAL HEALTH IN THE WORKPLACE" WORLD MENTAL HEALTH DAY 2024

Overview

Index Nursing College, a constituent institution of Malwanchal University, organized a Seminar on World Mental Health Day 2024, Theme on "It is Time to Prioritize Mental Health in the Workplace" world Mental Health Day, observed annually on October 10th, brings attention to the importance of mental well-being. This year, the theme—"It is Time to Prioritize Mental Health in the Workplace"—highlights the urgent need for businesses to create environments that foster mental health. Mental health in the workplace has become a growing concern as more individuals experience stress, anxiety, and depression due to work-related pressures. Addressing this issue not only benefits employees but also enhances organizational productivity and culture.

The seminar on "It is Time to Prioritize Mental Health in the Workplace" was organized to mark World Mental Health Day 2024. The aim was to highlight the importance of mental well-being in professional environments and present strategies to foster a supportive workplace culture.

The seminar witnessed a diverse audience, including healthcare professionals, faculty, students, and administrative staff. The participants actively engaged in discussions, raising pertinent questions about workplace mental health challenges.

The day began with the registration process and pretest, designed to assess the participants' understanding of workplace mental health issues. Around 200 participants registered.

Principal
INDEX NURSING COLLEGE
INDORE (M.P.)

Registrar
Malwanchal University
Indore (M.P.)

College Address : Gram Morodhat, Nemawar Road, Post. Bavlia Khurd, Dist., INDORE - 452 016 (M.P.), Ph. : 0731- 4013751

E-mail : nursing@indexgroup.co.in • Visit us : www.indexgroup.co.in

City Office : 104, Trishul Apartment 5, Sanghi Colony, A.B. Road, INDORE -08, Ph. : 0731-4215757, Fax : 0731-4044715

Ms. Nainika Joseph set the tone for the day with an inspiring speech, emphasizing the need to focus on mental health within work environments and its impact on employee well-being and productivity.

Speaker: Dr. Ramgulam Razdan, Pro-Vice Chancellor, keynote address explored the critical relationship between mental health and workplace efficiency. He underscored the importance of creating a mentally supportive environment that nurtures productivity and reduces stress.


Session II: Strategies for Supporting Employee Mental Health Speaker: Dr. Smriti Solomon, Principal, Index Nursing College, discussed practical strategies that organizations can implement to support their employees' mental health. She highlighted the role of leadership in fostering a supportive workplace and integrating mental health resources.

Session III: Bridging the Gap: It's Time to Prioritize Mental Health in the Workplace Speaker: Dr. Harman Singh Bhatia, Assistant Professor, elaborated on how workplaces often overlook the importance of mental health and offered insights on how organizations can create more inclusive policies. His interactive session received enthusiastic responses from the audience.

Session IV: Take Care of Your Employees' Mental Wellbeing with Mental Health Workshops Speaker: Dr. Nitin Chicholkar, Assistant Professor, Dept. of Mental Health Nursing, discussed the practical aspects of conducting mental health workshops within the workplace, sharing best practices for implementation. He also emphasized the role of continuous learning in improving mental health literacy among employees.

A post-test was conducted to evaluate the knowledge gained by participants throughout the seminar.


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Malwanchal University
Indore (M.P.)


Chief Guest: Dr. Ramgulam Razdan, delivered the valedictory address, expressing gratitude to the speakers and attendees for making the event a success. He reiterated the commitment of the institution to promoting mental health awareness.

Outcomes:


- The seminar raised awareness about the need for prioritizing mental health in workplace settings.
- Participants left with practical strategies and tools to advocate for better mental health practices within their organizations.
- The interactive sessions created a platform for sharing personal experiences and discussing real-world challenges.

Conclusion: The seminar was a successful event that emphasized the critical role of mental health in professional environments. It encouraged organizations to adopt mental health-friendly policies and provided actionable insights to support employee well-being.


Organizing Secretary
Dr. Nitin Chicholkar
Asst. Professor
Dept Of Mental Health Nursing


Organizing Chairperson
Dr. Smriti G. Solomon
Principal
Index Nursing College

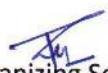
Principal
INDEX NURSING COLLEGE
INDORE (M.P.)


Principal
INDEX NURSING COLLEGE
INDORE (M.P.)



Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE
BSC NURSING 3 rd YEAR
IT IS TIME TO PRIORITIZE MENTAL HEALTH IN WORKPLACE (09.10.24)
ATTENDANCE SHEET

S.no	Student	SIGN.
1	AARTI JAMODIYA	Aarti
2	ABHISHEK PARMAR	Abhishek
3	ADESH PATIL	Adesh
4	AISHWARIYA RAI	Aishwariya
5	AJAY LODHI	Ajay
6	AJAY THAKUR	Ajay
7	AMAN ARYA	Aman
8	AMBIKA MUJALDE	Ambika
9	ANAND PATEL	Anand
10	ANIL DANGI	Anil
11	ANIL VARMA	Anil
12	ANKIT PARMAR	Ankit
13	ANOOP KUMAR SHAKYA	Anoop
14	ARCHANA KALME	Archana
15	ARVILA GANAWA	Arvika
16	ASHWIN	Ashwin
17	AVISHKAR EKKA	Avishkar
18	AYUSH SITOLIYA	Ayush
19	AYUSHI MUKATI	Ayushi
20	BANTI DORIYA	Banti
21	BARKHA VARMA	Barkha
22	BHAVNA YADAV	Bhavna
23	BHAWANA GOSWAMI	Bhawana
24	BRAJMOHAN VERMA	Brajmohan
25	CHHAYA NAGAR	Chhaya
26	CHHAYA RANI	Chhaya
27	DHAPU	Dhapu
28	DHARMENDRA KUMAR UIKEY	Dharmendra
29	DHARMENDRA YADAV	Dharmendra
30	DURGA PARMAR	Durga


Organizing Secretary


INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Malwanchal University
Indore (M.P.)



विश्व मानसिक स्वास्थ्य दिवस का आयोजन कार्यस्थल पर मानसिक स्वास्थ्य को प्राथमिकता देने का समय

इंदौर। इंडेक्स नर्सिंग कॉलेज ने विश्व मानसिक स्वास्थ्य दिवस मनाया, जिसका विषय था ह्यकार्यस्थल पर मानसिक स्वास्थ्य को प्राथमिकता देने का समय। इस कार्यक्रम में मुख्य अतिथि मालवांचल विश्वविद्यालय के प्रो वाइस चांसलर, डॉ. रामगुलाम राजदान उपस्थित रहे। इंडेक्स नर्सिंग कॉलेज की प्रिंसिपल और कार्यक्रम की आयोजक, डॉ. स्मृति जी. सॉलोमन ने डॉ. रामगुलाम राजदान का स्वागत किया। इस अवसर पर डॉ. रामगुलाम राजदान ने कहा कि कार्यस्थल पर मानसिक स्वास्थ्य के प्रति जागरूकता और समर्थन की आवश्यकता आज अधिक से अधिक महत्वपूर्ण हो गई है। उन्होंने मानसिक स्वास्थ्य के क्षेत्र में नर्सों

की भूमिका को भी रेखांकित किया। इंडेक्स नर्सिंग कॉलेज की प्रिंसिपल डॉ. स्मृति जी. सॉलोमन ने इस अवसर पर, प्रतिभागियों ने कार्यस्थल पर मानसिक स्वास्थ्य को प्राथमिकता देने के विभिन्न पहलुओं पर विचार किया। मानसिक स्वास्थ्य के प्रति पूर्वाग्रह को कम करने, सहायता प्राप्त करने के महत्व, और एक सहायक कार्य वातावरण बनाने पर जोर दिया गया। कार्यक्रम के आयोजक सचिव, डॉ. नितिन चिचोलकर, मानसिक स्वास्थ्य नर्सिंग विभाग के सहायक प्रोफेसर, ने सभी प्रतिभागियों का आभार व्यक्त किया और मानसिक स्वास्थ्य के मुद्दों पर चर्चा का महत्व बताया।

INDORE (M.P.)

INDEX NURSING COLLEGE, INDORE
WORLD MENTAL HEALTH DAY

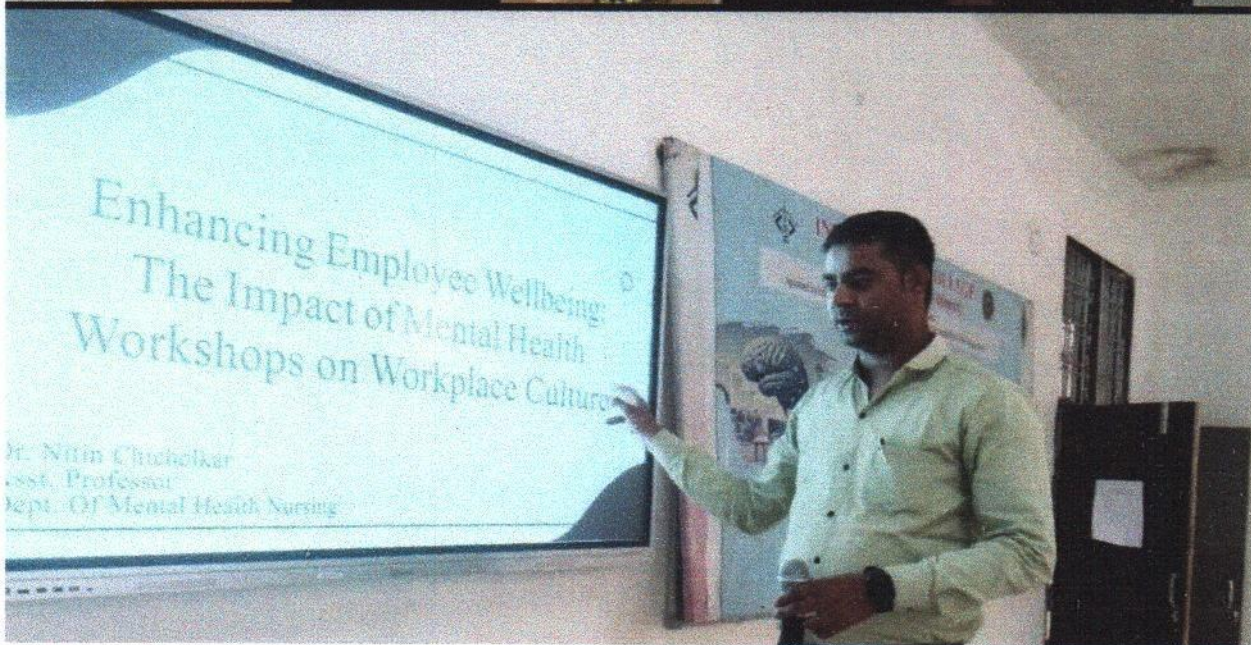



Dr. Nibin Chachkar | Indore | 2024.10.09 14:18



PRINCIPAL
INDEX NURSING COLLEGE
(M.P.)


Registrar
Malwanchal University
Indore (M.P.)

INDEX NURSING COLLEGE, INDORE
WORLD MENTAL HEALTH DAY




PRINCIPAL
INDEX NURSING COLLEGE
INDORE (M.P.)


Registrar
Mahwanchal University
Indore (M.P.)