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Portray the performance of the institution during the year in one area distinctive to its priority and thrust areas

Aarambh School for special children

1) Title of the Practice:-

Aarambh School for special children under Department of Pediatrics, Index Medical College Hospital & Research Centre

2) Objectives of the Practice: -

This special school was established on 4th august 2023 in our Index Medical College Hospital & Research centre with following core objectives.

- a) To make the student (Special) teacher trainer equipped with the skills to effectively manage & teach special children with diverse learning head.
- b) To provide a supportive environment for children with disabilities, offering tailored resources and assistance to facilitate their personal growth & health.

3) Context: -

In this era of inclusively & diversity ,especially in education sector, our special school stands as a testament to the institutions ,commitment to providing an exceptional, learning experience for these specially abled children along with their personal health & growth and training and other initiatives aimed at enhancing the diverse learning needs of these individuals.


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4) The Practice:

* Assessment & Identification of all types of disabling conditions (like Intellectual and Developmental Disability, Autism, ADHD, Cerebral Palsy, Down syndrome, Hearing Impaired, Visually Impaired, and Specific Learning Disabilities).

* Early intervention.

* Special Education Training.

* Occupational therapy.

* Speech therapy.

* Physiotherapy.

* Play therapy.


* Prevocational Training.

* Remedial classes to minimize the learning gap.

* Counseling sessions.

5) Evidence of Success: School for special children aims to provide personalized and inclusive education to students with diverse learning needs. Success is evidenced by its holistic approach to personalized learning, comprehensive support systems, and commitment to inclusivity.

Parameter 1: Personalized Learning Plans (PLPs): our School implements individualized Personalized Learning Plans for each student, tailored to their unique strengths, challenges, and learning styles. These PLPs are developed collaboratively by teachers, parents, and specialists, ensuring alignment with students' academic and personal goals. Evidence:


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pMarkers:

* **Academic Progress:** Comparative analysis of students' academic performance before and after the implementation of PLPs demonstrates significant improvements in grades, standardized test scores, and subject mastery

* **Engagement and Motivation:** Surveys and interviews with students reveal heightened engagement, motivation, and ownership of learning, as they see their interests and strengths reflected in their educational experiences.

* **Physical Improvement**

Parameter 2: Multidisciplinary Support Team: SEL employs a multidisciplinary team comprising special educators, Psychologists, therapists, and counselors who collaborate to address the diverse needs of students comprehensively.

Markers:

* **Student Well-being:** Observational data and feedback from students and parents indicate improvements in emotional well-being, self-regulation, and social skills, attributed to the holistic support provided by the multidisciplinary team.

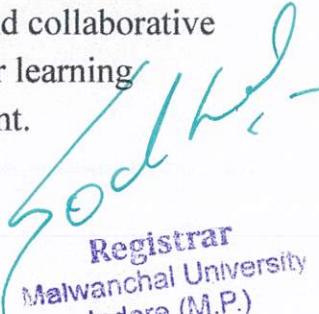
* **Behavioral Interventions:** Analysis of disciplinary incidents and interventions reveals a reduction in disruptive behaviors and an increase in positive peer interactions, indicating the effectiveness of proactive support strategies.

Parameter 3: Inclusive Environment: SEL fosters an inclusive environment where diversity is celebrated, and every student feels valued, respected, and supported.

Markers:

* **Peer Relationships:** Surveys and focus group discussions demonstrate strengthened peer relationships, increased empathy, and decreased instances of social exclusion, underscoring the inclusive culture cultivated within SEL.

* **Student Voice and Choice:** Student-led initiatives, clubs, and collaborative projects showcase students' active participation in shaping their learning environment, promoting a sense of belonging and empowerment.


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6. Resources & Staff required: Children with special needs encounter various challenges requiring adequate resources for support.


Common challenges include life skills adaptations, mobility, academic struggles, bullying by others, mental health issues, and family conflicts. Academic difficulties may necessitate tutoring or specialized educational programs. Bullying requires interventions such as counseling and peer support groups. Mental health concerns demand access to qualified therapists or psychiatrists.

Teacher, Non-Teaching & Family conflicts might require therapy or mediation services to all.

Additionally, socioeconomic factors like poverty can hinder access to basic needs such as nutritious food, healthcare, and educational resources. Resources required include funding to sustain educational support programs, mental health services, community centers providing safe spaces, and access to basic necessities through welfare programs. Additionally, trained professionals such as counselors, psychologists, and social workers are essential. Collaborative efforts among schools, community stakeholders and government agencies are crucial to ensure children receive the necessary support and resources to overcome challenges and thrive.

Projects so far Undertaken:

- * Parental guidance.
- * Community-Based Rehabilitation.
- * Identification Camp
- * Health Camp.
- * Education for all (Underprivileged).
- * Sensitization & Awareness about Disabilities


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Aarambh School for Special Children



Routine checkup of students by pediatricians



Daily meal facility for students

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Interactive sessions of students



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Special school educator teaches to childrens



Parents counselling

God bless
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Sodhi
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International children's day celebration

Dr. Manoj Kumar
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International physically challenged day celebration



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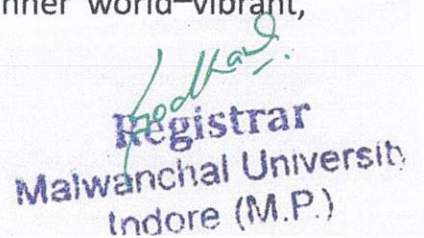
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“Overcoming Silence: How Aarambh School Helped Yashraj Redefine His Life”

Yashraj, a 16-year-old male, has been unable to speak or hear since birth. Born post-term, he faced immediate challenges, requiring five cycles of positive pressure ventilation before he could cry. Despite these early complications, his overall development has been normal, with no signs of cognitive or developmental delay. While his disability presents significant challenges in communication, Yashraj has developed remarkable resilience and has found unique ways to cope with his circumstances. He primarily communicates through visual cues and gestures, utilizing sign language as his primary means of interaction. This ability to adapt and find alternative modes of communication speaks to his determination and strength of character.

One of Yashraj's most impressive abilities is his talent for painting. Through his art, he has created a powerful language of his own, expressing emotions, thoughts, and ideas that might otherwise be difficult to convey. His paintings often reflect his inner world—vibrant,


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emotive, and deeply personal. Art has become more than just a hobby for Yashraj; it is an outlet for him to process his feelings and navigate his experiences. It also serves as a way for him to connect with others, as his artwork speaks louder than words ever could.

Despite the barriers of being non-verbal and deaf, Yashraj has shown incredible adaptability. He has built a support system that includes his family, teachers, and peers, all of whom have helped create an environment that encourages independence and fosters his talents. His teachers, for example, have found creative ways to engage him in learning, and his family provides a loving and understanding foundation.

Yashraj's journey is a testament to the strength of the human spirit. While his challenges are significant, he has shown that with the right support, adaptability, and perseverance, he can not only cope but excel in areas that are important to him. His story is one of overcoming adversity and discovering new pathways for personal growth, proving that even in the face of disability, one can thrive and make a lasting impact on the world.


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A Beacon of Hope: Aarambh School at Index Medical College

Every child is unique, weaving stories of resilience and potential. Aarambh School at Index Medical College stands as a sanctuary for children with challenges, focusing on abilities, not disabilities.

Case Summary: A 7-year-old boy Ma Anmol with quadriplegia and developmental delays was welcomed at Aarambh. He faced numerous challenges, including:

- Birth History: Required ventilation and sepsis management.
- Developmental Delays: No neck control or monosyllabic speech at 3 years.
- Seizures: Triggered by stress or loud sounds.
- Family History: Sibling died after birth asphyxia.

The Role of Aarambh School: Aarambh believes every child deserves to thrive, fostering an environment where special needs are met with empowerment.

Comprehensive Rehabilitation: Aarambh offers an integrated rehabilitation approach, including:

1. Physiotherapy: Enhancing mobility and reducing spasticity.
2. Occupational Therapy: Building motor skills and functional independence.
3. Speech Therapy: Promoting communication through gestures and devices.
4. Special Education: Individualized learning plans.
5. Counseling: Providing emotional support for families.
6. Nutritional Guidance: Ensuring optimal growth.

Breaking Barriers, Building Futures: Aarambh integrates medical expertise with holistic education, fostering personalized care plans.

Raising Awareness: A Call to Action: Spread the word, advocate for children with special needs, and help families navigate caregiving challenges.

Conclusion: A Legacy of Care: Aarambh School is more than a school; it embodies a belief in every child's boundless potential, reminding us of the essence of humanity.


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Aarambh School for Special Children Malwanchal University



Special Education (विशेष शिक्षा)

The technique of educating pupils in a way that considers their unique differences, impairments, and special needs is known as special education. This entails the carefully planned and meticulously observed organization of instructional strategies, specialized tools and resources, and accessible environments. The education of children who are socially, cognitively, or physically different from the average to the point where they require adjustments to standard school procedures is known as special education, sometimes known as special needs education.

Special Education विशेष छात्रों को दी जाने वाली शिक्षा है। जिनकी शारीरिक संरचना एवं मानसिक स्थिति अन्य सामान्य छात्रों से भिन्न है। सामान्य शब्दों में दिव्यांग एवं मानसिक अस्थिरता वाले छात्रों को दी जाने वाली शिक्षा को ही विशिष्ट शिक्षा कहा जाता है।

Aim of Special Education (विशेष शिक्षा का उद्देश्य)

To Provide appropriate related services to the students with special disabilities according to their needs.

Promote access, equity and participation of the children with special needs.

To enable all children to access the school curriculum.

To include in the Inclusion school

वर्ग-कक्षा में विकलांग बच्चों के शिक्षण अधिगम एवं कौशल का आकलन करना।

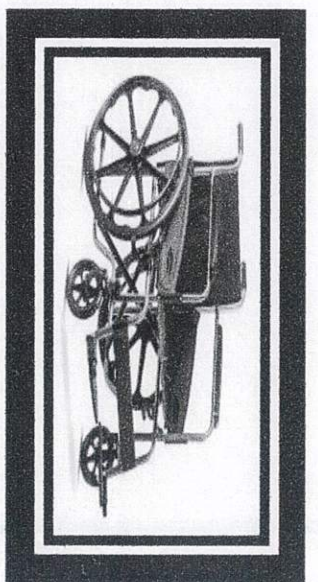
नियमित कक्षाओं में विकलांग बच्चों के सव्यवस्थित रूप से पढ़ने-लिखने संबंधी भौतिक एवं अकादमिक अनुकूलन की पहचान करना

स्कूली बच्चों की शक्तियाँ एवं कमजोरियों की पहचान करना

सभी बच्चों को चाहे वह मानसिक, सामाजिक, शारीरिक, संवेगात्मक रूप से कमजोर हो, उन्हें एक समान व सामान्य बच्चों के साथ शिक्षा प्रदान करना व बच्चे के अधिकार का सम्मान करना समावेशी शिक्षा का प्रमुख उद्देश्य है।



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• **Type of Disabilities (RPWD ACT 2016)**
(विकलांगता का प्रकार)

1. Blindness (अंधापन)
 2. Low - Vision (कम - दृष्टि)
 3. Leprosy Cured Persons (कुष्ठ रोग)
 4. Hearing Impairment (श्रवण दोष)
 5. Locomotor Disability (लोकोमोटर विकलांगता)
 6. Dwarfism (बौनापन)
 7. Intellectual Disability (बौद्धिक अक्षमता)
 8. Mental Illness (मानसिक बीमारी)
 9. Autism Spectrum Disorder (ASD) (आत्मकेंद्रित स्पेक्ट्रम विकार)
 10. Cerebral Palsy (सेरेब्रल पाल्सी)
- Facilities available in OPD**
(OPD में उपलब्ध सुविधाएं)
1. Screening and Assessment of the Child (बच्चे की जांच और आकलन)
 2. Educational & Remedial Service (शैक्षिक और उपचारात्मक सेवा)
 3. Speech Therapy (स्पीच थेरेपी)
 4. Occupational Therapy (व्यावसायिक चिकित्सा)
 5. Physiotherapy (फिजियोथैरेपी)
 6. Hearing Assessment (श्रवण आकलन)

11. Muscular Dystrophy (मस्कुलर डिस्ट्रॉफी)
12. Chronic Neurological Conditions (न्यूरोलॉजिकल स्थिति)
13. Specific Learning Disabilities (विशिष्ट सीखने की अक्षमता)
14. Multiple Sclerosis (मल्टीपल स्क्लेरोसिस)
15. Speech and Language Disability (भाषण और भाषा विकलांगता)
16. Thalassemia (थैलेसीमिया)
17. Haemophilia (हीमोफिलिया)
18. Sickle Cell Disease (सिकल सेल रोग)
19. Multiple Disabilities including Deaf-blindness (बहु-विकलांगता)
20. Parkinson's disease (पार्किंसंस रोग)
21. Acid Attack (एसिड अटैक)

Benefits of Services

(सेवाओं के लाभ)

1. To Improve their Communication Skills. (संचार कौशल में सुधार)
2. To Improve their Fine and Gross Motor Skills. (सकल मोटर कौशल में सुधार)
3. To Improve their Cognitive Development (संज्ञानात्मक विकास में सुधार)
4. To Improve their Academic & Achievement Skill (अकादमिक और उपलब्धि कौशल में सुधार)
5. To Identify their Hearing Capacity or Audible Range (सुनने की क्षमता या रेंज की पहचान करना)

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