



## Index Department of Physiotherapy & Paramedical Sciences

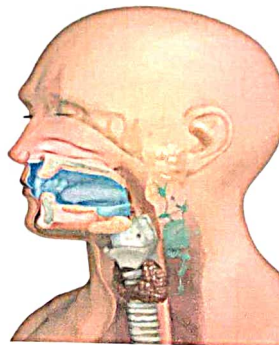
Malwanchal University, Indore



"Oral Cancer Management for  
Physiotherapy Students"



Malwanchal University  
Indore (M.U.P.)  
Softhano



### ABOUT

"Oral Cancer Management for Physiotherapy Students" addresses physiotherapy's role in oral cancer rehabilitation, focusing on assessment, treatment, and management of functional impairments and complications.

### Eligibility Criteria :

BPT Students.  
Resource Person  
Dr. Reshma Khurana  
Registration Fees: 0  
Start Date:- 24/02/24 To 26  
Schedule:- 09:00 to 04:00

### Module

Module content covers: oral anatomy, cancer pathology, surgery and radiation rehabilitation, dysphagia management, oral motor exercises, lymphedema management, pain management, and interdisciplinary collaboration in oral cancer care.

### Course Outcome

Upon completion, students will be able to assess and manage oral cancer-related functional impairments, design evidence-based rehabilitation programs, and integrate physiotherapy into interdisciplinary oral cancer care teams effectively.





# Index

## Department of Physiotherapy & Paramedical Sciences



### MALWANCHAL UNIVERSITY, INDORE

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 91 9755008280, +91 7024107465  
Email : principalparamed@indexgroup.co.in, paramedical@indexgroup.co.in Website. Www.malwanchaluniversity/paramedical.co.in  
City Office : 104, Trishul Apartment., 5, Sanghi Colony, A.B. Road, Indore M.P. -452008 (M.P.)

REF.NO.- IDOPT/PO/2024/

DATE: 17/02/2024

### CIRCULAR

Index Department of Physiotherapy and Paramedical Sciences, Malwanchal University is conducting **Oral cancer management- physiotherapeutic approach for BPT students**: the course will provide a depth knowledge on given topic

\*Topic: -Oral cancer management- physiotherapeutic approach for BPT students

\*Date: 24/02/2024 - 26/02/2024

\*Venue: Index department of physiotherapy and paramedical sciences.

\*Resource Person: Dr. Reshma Khurana


You are expected to attend the above mentioned course to facilitate in-depth understanding of the topic and enhance the skills.

Faculties can enroll the names to Course Coordinator on or before 20/02/2024

  
COURSE COORDINATOR  
DR. SURBHI RAJPUT



  
PRINCIPAL  
PARAMEDICAL COURSES

  
Registrar  
Malwanchal University  
Indore (M.P.)



# INDEX

## Department of Physiotherapy and Paramedical Sciences MALWANCHAL UNIVERSITY, INDORE

Ref: - IDOPT/PO/2024/752A)

Date:- 28/02/2024

### Oral Cancer Management Report

Date:- 24/02/2024 - 26/02/2024

#### Introduction and Overview

Oral cancer is a significant public health concern, accounting for approximately 300,000 new cases worldwide annually. Physiotherapy plays a crucial role in the management of oral cancer, focusing on improving functional outcomes, reducing morbidity, and enhancing quality of life. As physiotherapy students, understanding the physiotherapeutic approach to oral cancer management is essential to provide comprehensive care to patients. This two-day report summarizes the key takeaways from the oral cancer management workshop attended by physiotherapy students, highlighting the importance of physiotherapy interventions in oral cancer care.

Oral cancer management involves a multidisciplinary approach, requiring collaboration between healthcare professionals. Physiotherapists contribute to the management of oral cancer by addressing:

- Dysphagia (swallowing disorders)
- Dysarthria (speech difficulties)
- Trismus (limited mouth opening)
- Neck and shoulder pain
- Lymphedema (swelling)

#### Day 1: Assessment and Early Intervention

The first day of the workshop focused on assessment and early intervention strategies for oral cancer patients. Key concepts discussed included:

- Clinical evaluation of oral cancer patients
- Assessment tools for dysphagia, dysarthria, and trismus
- Early physiotherapeutic interventions to prevent complications
- Role of exercise in improving functional outcomes

Participants engaged in case study discussions to apply assessment and intervention strategies.

#### Day 2: Advanced Physiotherapeutic Interventions

The second day of the workshop explored advanced physiotherapeutic interventions for oral cancer patients. Topics included:

- Management of lymphedema and neck/shoulder pain
- Dysphagia rehabilitation using exercises and modalities
- Trismus management using stretching and mobilization techniques
- Role of physiotherapy in post-surgical rehabilitation

Participants participated in hands-on training sessions to practice advanced interventions.

#### Key Takeaways

The workshop provided valuable insights into oral cancer management from a physiotherapeutic perspective, emphasizing

- Early intervention to prevent complications
- Comprehensive assessment and evaluation



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Registrar  
Malwanchal University  
Indore (M.P.)

- Individualized exercise programs
- Collaboration with healthcare professionals
- Advanced physiotherapeutic interventions

### Clinical Applications for Physiotherapy Students

As physiotherapy students, the knowledge gained from this workshop can be applied in various clinical settings:

- Assessing and managing dysphagia, dysarthria, and trismus
- Developing exercise programs for oral cancer patients
- Collaborating with healthcare professionals to provide comprehensive care
- Addressing lymphedema and neck/shoulder pain

### Conclusion

This two-day workshop provided physiotherapy students with a comprehensive understanding of oral cancer management from a physiotherapeutic perspective. By integrating this knowledge into clinical practice, physiotherapy students can improve functional outcomes, reduce morbidity, and enhance quality of life for oral cancer patients.

### Assessment:

Students demonstrated proficiency through:


- Practical assessments (60%)
- Written quizzes (20%)
- Case study presentations (20%)

### Resource Persons:

- Dr. Reshma Khurana

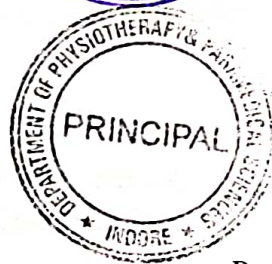
### Duration:


Two days (16 hours)

  
Report Made by:  
Dr. Surbhi Rajput








  
Principal

Paramedical Courses

  
Report for  
Malwanshi University  
Indore (M.P.)



# INDEX

## Department of Physiotherapy and Paramedical Sciences Malwanchal University Indore

**Value Added Course:** Oral Cancer Management - A Physiotherapeutic Approach

**Date:** 24th-26th February 2024

**Venue:** Index Department of Physiotherapy and Paramedical Sciences College, Indore

**Resource Person:** Dr. Reshma Khurana

### Course Overview:

This 3-day value-added course aims to equip Physiotherapy students with comprehensive knowledge and skills in oral cancer management from a physiotherapeutic perspective.

### Day 1: Foundations of Oral Cancer and Physiotherapy Intervention

The first day covers:

- Introduction to Oral Cancer: Epidemiology, Etiology, and Diagnosis
- Overview of Physiotherapy in Oral Cancer Management
- Pre-Surgical Physiotherapy Intervention: Preparation for Surgery
- Post-Surgical Physiotherapy Intervention: Rehabilitation and Recovery
- Pain Management in Oral Cancer: Pharmacological and Non-Pharmacological Interventions

### Day 2: Advanced Physiotherapeutic Interventions and Case Studies

The second day focuses on:

- Physiotherapy for Oral Cancer-Related Dysphagia and Dysphonia
- Management of Trismus and Limited Mouth Opening
- Lymphedema Management in Head and Neck Cancer
- Breathing and Respiratory Exercises for Patients with Oral Cancer
- Case Studies and Group Discussions: Applying Physiotherapeutic Principles to Oral Cancer Management

### Day 3: Practical Sessions and Project Work

The third day involves:

- Practical Sessions: Physiotherapy Interventions for Oral Cancer Patients
- Project Work: Developing Rehabilitation Plans for Oral Cancer Patients
- Presentations and Feedback Session
- Viva Voce and Certificate Distribution

### Course Objectives:

Upon completion, participants will:

1. Understand the role of physiotherapy in oral cancer management.
2. Develop skills in pre- and post-surgical physiotherapy intervention.
3. Apply physiotherapeutic principles to manage oral cancer-related complications.
4. Integrate physiotherapy with multidisciplinary care for oral cancer patients.

*Reshma Khurana*  
Registrar  
Malwanchal University  
Indore (M.P.)

*Reshma Khurana*



**Assessment and Certification:**

Participants will be assessed through written quizzes, practical sessions, and project presentations. Successful completion will result in a certificate from Index Department of Physiotherapy and Paramedical Sciences College, Indore.

**Course Materials:**

- Workshop manual
- PowerPoint presentations
- Handouts and worksheets
- Relevant journals and research articles
- Additional resources for further learning

**Learning Outcomes:**

- Enhanced understanding of oral cancer management from a physiotherapeutic perspective
- Improved skills in physiotherapy intervention for oral cancer patients
- Ability to develop rehabilitation plans for oral cancer patients
- Integration of physiotherapy with multidisciplinary care for oral cancer patients



*Sodkand*  
Registrar  
Maharaja University  
Indore (M.P.)

## Oral cancer M/M – physiotherapeutic approach



Respected Dr. Reshma khurana mam speaking about oral cancer



Welcoming of Dr. Reshma khurana mam



DR. Reshma mam talking about physiotherapeutic

*Godhakar*  
Malwanchal University  
Indore (M.P.)





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## Department of Physiotherapy and Paramedical Sciences Malwanchal University Indore

Topic: - Oral Cancer M/M – Physiotherapeutiuc approach

Resources Person: - Dr. Reshma Khurana

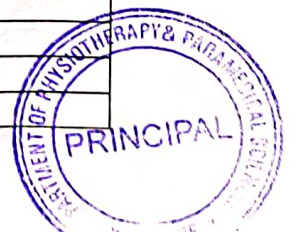
Date:-24/02/2024-26/02/2024

### Student Attendance List

(BPT 2 nd, 3 rd Year)

S.NO	Name of Student	Signature
1.	BPT 2nd year Aashutosh Sharma	
2.	Ayush Barve	
3.	Amit Thankur	
4.	Anand Katara	
5.	Anshul Dhakad	
6.	Arpita Goyal	
7.	Dimple Parihar	
8.	Faiza Ansari	
9.	Farheen Khan	
10.	Giriraj Dangi	
11.	Gyaneshwar Rote	
12.	Harshita Sisodiya	
13.	Ishika Jaiswal	
14.	Jyoti Mujalde	
15.	Karan Panwar	
16.	khan Tuba falak	
17.	Khushi Sharma	
18.	Krishnapal Thakur	
19.	Lekhraj Dangi	
20.	Mahesh Dangi	
21.	Muskan Malvi	
22.	Nirali Choudhary	
23.	Nitin Dodiya	
24.	Pradhyman Sharma	
25.	Rabina Patel	
26.	Raj Howra	
27.	Ram Patidar	
28.	Ravi Kharte	
29.	Sanjeevani Soni	
30.	Sanskar Patidar	
31.	Shrutika Kalyane	
32.	Sharavan Patel	
33.	Shewta Wankhede	
34.	Sukhendra Patel	
35.	Tamim Kikadoswala	
36.	Umme Ammara	
37.	Vaishnavi Verma	
38.	Venna Rao Patidar	
39.	Vinita Solanki	
40.	Zahra Kakdiwala	

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Indore (M.P.)





S.NO	Name of Student	Signature
1.	BPT 3rd Year. Anjali Jaiswal	Anjali
2.	Anjali Neekhra	Anneekhra
3.	Archie Jadhav	Archie
4.	Arpit Kushwah	Arpit
5.	Bhavana Bhuriya	Bhavna
6.	Chandan Doriya	Chandan
7.	Charu Powar	ChamP.
8.	Deepak Meena	Deepak
9.	Deepika Goyal	Deepika Goyal
10.	Dishika Agrawal	Dishika
11.	Garima Sonwani	Garima Sonwani
12.	Geetanjali Koushal	Geetanjali
13.	Gourang Panchole	Gourang
14.	Harsh Sharma	Harsh Sharma
15.	Kapil Patidar	Kapil
16.	Khan Mehvish	Khan Mehvish
17.	Krishnapal Singh	Krishnapal Singh
18.	Kritika Patidar	Kritika Patidar
19.	Kunjita Nargesh	Kunjita
20.	Manisha Goyal	Manisha
21.	Manwani Anshul	Manwani Anshul
22.	Maya Jaiswal	Maya Jaiswal
23.	Mehzabin Khan	Mehzabin Khan
24.	Mufeed Sheikh	Mufeed Sheikh
25.	Muskan Patidar	Muskan Patidar
26.	Neha	Neha
27.	Nikhil Patel	Nikhil Patel
28.	Nirali Patidar	Nirali
29.	Prajal khandelwal	Prajal Khandelwal
30.	Prathana Maske	Prathana Maske
31.	Rajput Aman Singh	Aman Singh
32.	Rajput Vidhi Vilas	Vidhi Vilas
33.	Ratnesh mandloi	Ratnesh
34.	Sakshi Joshi	Sakshi Joshi
35.	Shiva Rathore	Shiva Rathore
36.	Shivam Meena	Shivam Meena
37.	Shivani Patidar	Shivani Patidar
38.	Shruti Shrivastava	Shruti
39.	Simran Mehra	Simran Mehra
40.	Somnath Verma	Somnath
41.	Tanisha Prajapat	Tanisha Prajapat
42.	Tanshika Patidar	Tanshika
43.	Umesh Patidar	Umesh
44.	Vaishnavi Soni	Vaishnavi
45.	Varsha Patidar	Varsha Patidar
46.	Veena Rao	Veena
47.	Vishranti Joshi	Vishranti Joshi

Resource Person  
Dr. Reshma Khurana

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Paramedical Courses



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Indore (M.P.)



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## Department of Physiotherapy and Paramedical Sciences Malwanchal University Indore

Topic: - Oral Cancer M/M – Physiotherapeutiuc approach

Resources Person: - Dr. Reshma Khurana

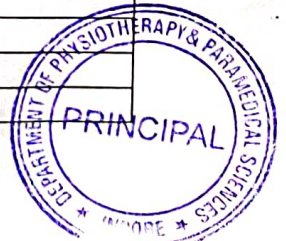
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### Student Registration List

(BPT 2 nd, 3 rd Year)

S.NO	Name of Student	Signature
1.	BPT 2nd year Aashutosh Sharma	Aashutosh
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3.	Amit Thankur	Amit
4.	Anand Katara	Anand
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6.	Arpita Goyal	Arpita
7.	Dimple Parihar	Dimple
8.	Faiza Ansari	Faiza
9.	Farheen Khan	Farheen
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17.	Khushi Sharma	Khushi
18.	Krishnapal Thakur	Krishnapal
19.	Lekhraj Dangi	Lekhraj
20.	Mahesh Dangi	Mahesh
21.	Muskan Malvi	Muskan
22.	Nirali Choudhary	Nirali
23.	Nitin Dodiya	Nitin
24.	Pradhyman Sharma	Pradhyman
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35.	Tamim Kikadoswala	Tamim
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Resource Person  
Dr. Reshma Khurana

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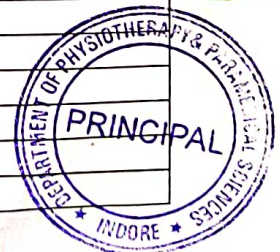
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### Student Certificate List

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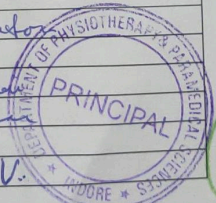
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30.	Prathana Maske	<i>Prathana</i>
31.	Rajput Aman Singh	<i>Rajput</i>
32.	Rajput Vidhi Vilas	<i>Vilas - Vidhi</i>
33.	Ratnesh mandloi	<i>Ratnesh</i>
34.	Sakshi Joshi	<i>Sakshi</i>
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46.	Veena Rao	<i>Veena</i>
47.	Vishranti Joshi	<i>Vishranti</i>

Registrar  
Maulana Abul Kalam Azad  
University of Health Sciences  
Bhopal (M.P.)



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Resource Person  
Dr. Reshma Khurana

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Paramedical Courses