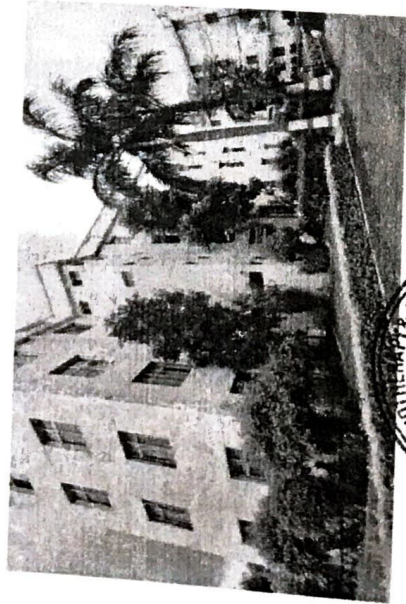


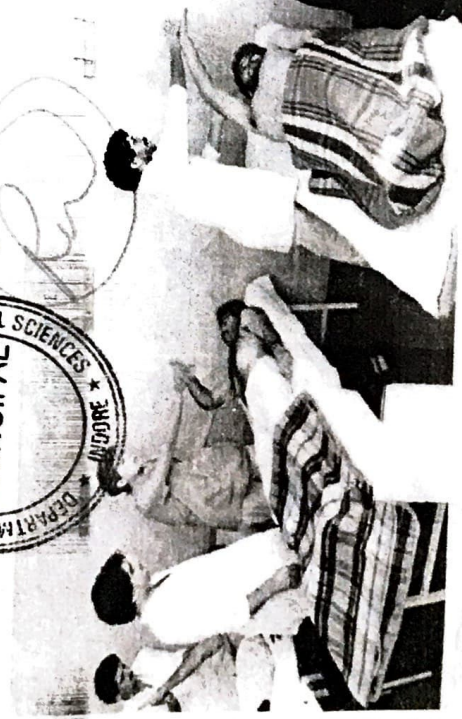
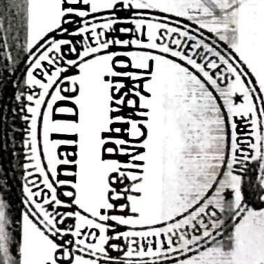


Index Department of Physiotherapy & Paramedical Sciences

Malwanchal University, Indore



Professional Development For
Novice Physiotherapist



Continuing Professional Development (CPD) Is The Process By Which Professionals Maintain And Develop Their Skills, Knowledge And Competence In Order To Practice Safely And Effectively.

Module

1. Communication Skills
2. Time Management
3. Organization Skills
4. Teamwork Skills
5. Physical Fitness

Eligibility Criteria :

BPT Students

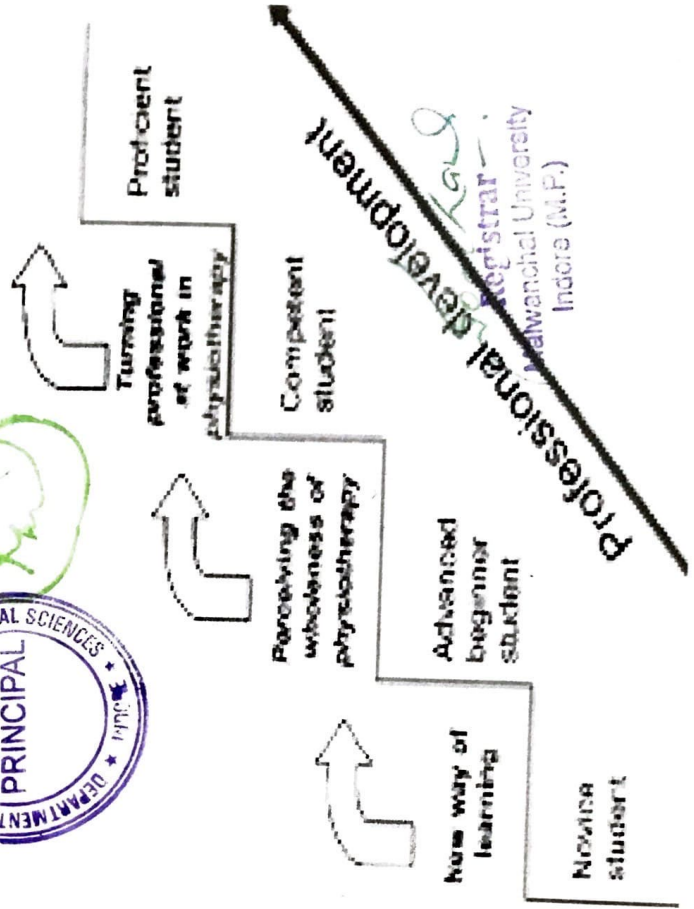
Resource Person
 Dr. Arun Pareekh
 Registration Fees: 0
 Start Date: 26-06-2023
 Schedule: 09:00 to 04:00

Course Outcome

Support You In Your Everyday Life At Work, Helping You To Build Stronger Relationships With Colleagues, Be Noticed By Senior Staff And Become More Of A Rounded Member Of Your Team



Dr. Arun Pareekh
 Registrar
 Malwanchal University
 Indore (M.P.)





Index

Department of Physiotherapy & Paramedical Sciences

MALWANCHAL UNIVERSITY, INDORE



Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph : + 91 9755008280, +91 8349101017
Email : principalparamed@indexgroup.co.in, paramedical@indexgroup.co.in Website: www.malwanchaluniversity/paramedical.co.in
City Office : 104, Trishul Apartment., 5, Sanghi Colony, A.B. Road, Indore M.P. -452008 (M.P.)

REF.NO.- IDOPT/PO/2023/356(A)

DATE:-19/06/2023

CIRCULAR

Index Department of Physiotherapy and Paramedical Sciences, Malwanchal University is conducting a 2 day value added course on "Professional Development for Novice Physiotherapy" the course will provide a depth knowledge on given topic.

- Topic -Professional Development for Novice Physiotherapy
- Date - 26/06/2023 – 30/06/2023
- Venue - Index Department of Physiotherapy and Paramedical Sciences.

Interested Students can enroll their names to Mr.Jaipal Parmar.


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Department of Physiotherapy & Paramedical Sciences
Indore


Principal
Department of Physiotherapy & Paramedical Sciences
Indore

Registrar
Malwanchal University
Indore (M.P.)

CC to:-

- Registrar MU
- File


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Department of Physiotherapy & Paramedical Sciences
Indore

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Malwanchal University
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INDEX

Department of Physiotherapy & Paramedical Sciences

Program on: "Professional Development for Novice Physiotherapist"

Resource Person: Dr.Arun Pareek

Date: 26/06/23 to 30 /06/23

Venue:4th-floor Surgery Lecture hall, Index Hospital

"The only person you are destined to become is the person you decide to be.And Education is the most powerful weapon which you can use to change the world. Continuous personal and professional development is your key to the future.."

Personal growth and professional development require mostly being treated like an adult, which is pretty much the opposite of what happens in most workplaces. People need to be able to make decisions. To do that effectively, they need information and training in how to use it.

Professional growth or professional development essentially refers to learning new skills that make you better in your career. It keeps you from going obsolete in an ever-evolving job market. A professional development plan lets you outline the skills you need to excel in your career, stay up-to-date with trends, and carve an individualistic presence for yourself in your industry.

Continuous personal and professional development is your key to the future.

Index Department of physiotherapy and paramedical sciences has organized a course on "Professional Development for Novice Physiotherapist" By the Resource Person Dr.ArunPareekh (PT).

The session has been started with the lamp lightings and Saraswati poojan .

Later the floral welcome has been presented to Dr.Arun pareekh(PT) by Dr.Reshma Khurana Principal Index Department of physiotherapy and paramedical sciences

Later Dr.Arun Pareekh has Started the Session.

Day 1 & 2 – 26/06/23 to 27/06/23

Dr.Arun Pareekh has given all the important details to the students about Professional Development and the basic etiquette that should be maintained during the process of development .

Dr.Pareekh Mentioned some very basic and important points during the session to be noted while development.



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VALUE ADDED COURSE

| | |
|-------------|---|
| Course Name | Professional development for novice physiotherapist |
| Course Code | MU/VAC/IDOPT/1 23 |
| Duration | 40 Hours |

About the Course:

Continuing professional development is the process by which professionals maintain and develop their skills, knowledge and competence in order to practice safely and effectively.

Course Objectives:

The Course mainly targets for the students:

- Professional development to enhance the environment of the treatment and help in gaining trust of the patient.
- Professional growth and professional development essentially refers to learning new skills that make you better in your career.

Course Contents:

Module 1: Introduction to professional

Module 2: Professional documentation and record - keeping

Module 3: Time management and organization skills

Module 4: Leadership and professional growth

Module 5: Course conclusion and future planning



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Malwanand University
Indore (M.P.)

He has mentioned this all the above points and make them understands in the details about being professional and maintaining personality.

Overall the value added Coirse was a complete success.

Students have understood the basic and very important criteria that have to be maintained during the process of the development that enhances the professionalism of an individual.

In the Last Dr.Arun Pareekh was given a Thankyou token by Dr. Reshma Khurana Ma'am for giving such an impressive, knowledgeable, and important lecture to the students.

Special Thanks to Dr.Reshma Khurana for providing students the chance to gain knowledge from the session.

The whole program was coordinated by Dr.Payal Jain .



Payal Jain



Reshma Khurana

Soalkar
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Malwanchal University
Indore (M.P.)

The points that he mentioned was :

1. Self development which is very important to enhance one's personality.
2. Patient therapist relationship that has to be maintained to improve the quality of treatment
3. Professional development to enhance the environment of the treatment and help in gaining trust of the patient .
4. He later mentioned about the Networking and marketing to do enhance the business and knowledge for the field .
5. Contribution manners to our profession.

Day 3 &4 – 28/06/23 to 30/06/23

He then further mentioned in details about some of the topics :

- **Professional development**

He explained about

- Prescription Writing
- Communication with colleagues
- Self learning
- Article reading.
- Attending CMES
- Panchuaulity
- Time management

- **Networking Techniques**

- Building a log of contact
- Visiting cards
- Build Or join various physio

- **Contribution in profession**

- Registration
- Evidence based practice
- Societal awareness
- Writing articles
- Sharing results
- Practice core physiotherapy

- **Self Development**

- Enhancing communication skills
- Fitness maintainance
- Discipline
- Creativity
- Financial record maintaining

- **Patient therapist relationship**

- Confidentiality
- Goal setting
- Patient education
- Transparency



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06. Which of the following is an example of a soft skill important for a physiotherapist's career development?

- A) Anatomy knowledge
- B) Exercise prescription
- C) Empathy
- D) Manual therapy techniques

07. What is the purpose of professional networking for a novice physiotherapist?

- A) To socialize with peers
- B) To find a mentor
- C) To organize social events
- D) To compete with colleagues

08. In which setting might a physiotherapist work in a multidisciplinary team?

- A) Sole private practice
- B) Hospital
- C) Fitness center
- D) Research laboratory

09. What does "CPD" stand for in the context of professional development for physiotherapists?

- A) Continuous Professional Development
- B) Clinical Practice Documentation
- C) Certified Physiotherapist Degree
- D) College of Physical Development

10. Which ethical principle is essential in maintaining patient confidentiality in physiotherapy practice?

- A) Beneficence
- B) Autonomy
- C) Justice
- D) Confidentiality

Answers:- 1(B),2(C),3(B) 4(C) 5(C),6(C)7(B)8(B),9(A),10(D)



Sankar
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Department of Physiotherapy & Paramedical Sciences

Malwanchal University, Indore

VALUE ADDED COURSE

Topic:- Professional Development for Novice Physiotherapist

Date: 26/06/2023 - 30/06/2023

Venue: 4th Floor Surgery Lecture Hall , Index Hospital

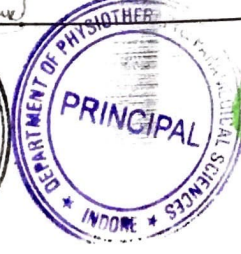
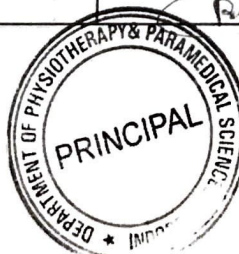
Resource Person: Dr. Arun Pareekh

Attendance List


| BPT 1st Year Batch 2022-23 | | |
|----------------------------|-------------------|-----------|
| S.no | Name of Student | Signature |
| 1 | Aashutosh Sharma | |
| 2 | Aayush Barve | |
| 3 | Amit Thakur | |
| 4 | Anand | |
| 5 | Anshul Dhakad | |
| 6 | Arpita Goyal | |
| 7 | Dimpal Parihar | |
| 8 | Faiza Ansari | |
| 9 | Farheen Khan | |
| 10 | Giriraj Dangi | |
| 11 | Gyaneshwar Rote | |
| 12 | Harshita Sisodiya | |
| 13 | Ishika Jaiswal | |
| 14 | Juli | |
| 15 | Jyoti Mujalde | |
| 16 | Kalyane Shrutika | |
| 17 | Karan Panwar | |
| 18 | Khan Tuba Falak | |
| 19 | Khushi Sharma | |
| 20 | Krishnapal Thakur | |
| 21 | Lekharaj Dangi | |
| 22 | Mahesh Dangi | |
| 23 | Mihir Pandey | |
| 24 | Muskan Malvi | |
| 25 | Nirali Choudhary | |
| 26 | Nitin Dodiya | |
| 27 | Pavan Yadav | |
| 28 | Pradhyumn Sharma | |
| 29 | Rabina Patel | |
| 30 | Raj Howra | |
| 31 | Ram Patidar | |

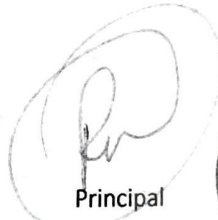

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| | | |
|----|---------------------|--------------------|
| 32 | Ravi | <u>Ravi</u> |
| 33 | Sanjeevani Soni | <u>Soni</u> |
| 34 | Sanskar Patidar | <u>Sanskar</u> |
| 35 | Shafiya Sheikh | <u>Shafiya</u> |
| 36 | Shravan Patel | <u>Patel</u> |
| 37 | Somya Verma | <u>Shravan Pat</u> |
| 38 | Sukhendra Patel | <u>Patel</u> |
| 39 | Tamim Kikadosawala | <u>Tamim</u> |
| 40 | Umme Ammara | <u>Umme</u> |
| 41 | Upanshu Vishwakarma | <u>Upanshu</u> |
| 42 | Vaishnavi Verma | <u>Vaishnavi</u> |
| 43 | Vinita Solanki | <u>Vinita</u> |
| 44 | Wankhede Shweta | <u>Shweta</u> |
| 45 | Yajan Singh Katiya | <u>Yajan</u> |
| 46 | Zahra Kakdiwala | <u>Zahra</u> |
| 47 | Jitendra Dawar | <u>Jitendra</u> |


Resource Person
Dr. Arun Pareekh

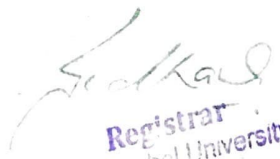

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Department of Physiotherapy & Paramedical Sciences

Malwanchal University, Indore

VALUE ADDED COURSE

Topic:- Professional Development for Novice Physiotherapist

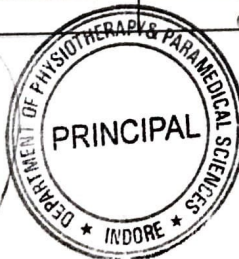
Date: 26/06/2023 - 30/06/2023

Venue: 4th Floor Surgery Lecture Hall . Index Hospital

Resource Person: Dr. Arun Pareekh

Registration List

| BPT 1st Year Batch 2022-23 | | |
|----------------------------|-------------------|-----------|
| S.no | Name of Student | Signature |
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| 8 | Faiza Ansari | |
| 9 | Farheen Khan | |
| 10 | Giriraj Dangi | |
| 11 | Gyaneshwar Rote | |
| 12 | Harshita Sisodiya | |
| 13 | Ishika Jaiswal | |
| 14 | Juli | |
| 15 | Jyoti Mujalde | |
| 16 | Kalyane Shrutika | |
| 17 | Karan Panwar | |
| 18 | Khan Tuba Falak | |
| 19 | Khushi Sharma | |
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| 22 | Mahesh Dangi | |
| 23 | Mihir Pandey | |
| 24 | Muskan Malvi | |
| 25 | Nirali Choudhary | |
| 26 | Nitin Dodiya | |
| 27 | Pavan Yadav | |
| 28 | Pradhyumn Sharma | |
| 29 | Rabina Patel | |
| 30 | Raj Howra | |
| 31 | Ram Patidar | |



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Department of Physiotherapy & Paramedical Sciences

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VALUE ADDED COURSE

Topic:- Professional Development for Novice Physiotherapist

Date: 26/06/2023 - 30/06/2023

Venue: 4th Floor Surgery Lecture Hall , Index Hospital

Resource Person: Dr. Arun Pareekh

Certificate List

| BPT 1st Year Batch 2022-23 | | |
|----------------------------|---------------------|-------------|
| S.no | Name of Student | Signature |
| 1 | Aashutosh Sharma | Aashutosh |
| 2 | Aayush Barve | Aayush |
| 3 | Amit Thakur | Amit |
| 4 | Anand | Anand |
| 5 | Anshul Dhakad | Anshul |
| 6 | Arpita Goyal | Arpita |
| 7 | Dimpal Parihar | Dimpal |
| 8 | Faiza Ansari | Faiza |
| 9 | Farheen Khan | Farheen |
| 10 | Giriraj Dangi | Giriraj |
| 11 | Gyaneshwar Rote | Gyaneshwar |
| 12 | Harshita Sisodiya | Harshita |
| 13 | Ishika Jaiswal | Ishika |
| 14 | Juli | Juli |
| 15 | Jyoti Mujalde | Jyoti |
| 16 | Kalyane Shrutika | Kalyane |
| 17 | Karan Panwar | Karan |
| 18 | Khan Tuba Falak | Khan Tuba |
| 19 | Khushi Sharma | Khushi |
| 20 | Krishnapal Thakur | Krishnapal |
| 21 | Lekharaj Dangi | Lekharaj |
| 22 | Mahesh Dangi | Mahesh |
| 23 | Mihir Pandey | Mihir |
| 24 | Muskan Malvi | Muskan |
| 25 | Nirali Choudhary | Nirali |
| 26 | Nitin Dodiya | Nitin |
| 27 | Pavan Yadav | Pavan |
| 28 | Pradhyumn Sharma | Pradhyumn |
| 29 | Rabina Patel | Rabina |
| 30 | Raj Howra | Raj |
| 31 | Ram Patidar | Ram Patidar |
| 32 | Ravi | Ravi |
| 33 | Sanjeevani Soni | Sanjeevani |
| 34 | Sanskar Patidar | Sanskar |
| 35 | Shafiya Sheikh | Shafiya |
| 36 | Shravan Patel | Shravan |
| 37 | Somya Verma | Somya |
| 38 | Sukhendra Patel | Sukhendra |
| 39 | Tamim Kikadosawala | Tamim |
| 40 | Umme Ammara | Umme |
| 41 | Upanshu Vishwakarma | Upanshu |
| 42 | Vaishnavi Verma | Vaishnavi |

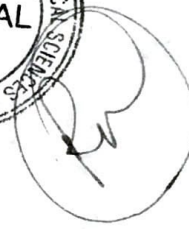
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| | | |
|----|--------------------|----------|
| 43 | Vinita Solanki | Vinita |
| 44 | Wankhede Shweta | wankhede |
| 45 | Yajan Singh Katiya | Yajan |
| 46 | Zahra Kakdiwala | Zahra |
| 47 | Jitendra Dawar | Jitendra |

Dr. Alun Pareekh
 Resource Person
 Dr. Alun Pareekh

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[Signature]
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Malwanchal University, Indore



Ram Patidar



This is to certify that

Ram Patidar

has participated in the Value Added Course on

"Professional Development for Novice Physiotherapists"

from 26/06/2023 to 30/06/2023

Credit hours- 40 hours

R.D.

R.D.



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Siddhant

Principal
Malwanchal University
Indore (M.P.)

Arun Parikh

Dr. Arun Parikh
Resource Person

Siddhant
Registrar
Malwanchal University
Indore (M.P.)



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Malwanchal University, Indore



Certificate of Participation

This is to certify that

Pavan Yadav

has participated in the Value Added Course on

"Professional Development for Novice Physiotherapists"

from 26/06/2023 to 30/06/2023

Credit hours- 40 hours

Dr. Arun Parikh
Resource Person

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Certificate of Participation



This is to certify that

Nirali Choudhary

has participated in the Value Added Course on
"Professional Development for Novice Physiotherapists"
 from 26/06/2023 to 30/06/2023
 Credit hours- 40 hours

(Handwritten signature)

Dr. Arun Parikh
 Resource Person

(Handwritten signature)



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 Paramedical Courses

(Handwritten signature)



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Certificate of Participation



This is to certify that

Tanin Kikadosawala

has participated in the Value Added Course on

"Professional Development for Novice Physiotherapists"

from 26/06/2023 to 30/06/2023

Credit hours- 40 hours

[Handwritten signature]
Malwanchal University
Indore

Dr. Arun Parikh
Resource Person

[Handwritten signature]

[Handwritten signature]
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[Handwritten signature]



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Certificate of Participation

This is to certify that

Lekharaj Dangi

has participated in the Value Added Course on
"Professional Development for Novice Physiotherapists"
from 26/06/2023 to 30/06/2023
Credit hours- 40 hours


Dr. Arun Parikh
Resource Person





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Certificate of Participation

This is to certify that

Jyoti Mujalde

has participated in the Value Added Course on
"Professional Development for Novice Physiotherapists"
 from 26/06/2023 to 30/06/2023
 Credit hours- 40 hours


Dr. Atun Parikh
Resource Person


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