



# Index

## INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India  
& Ministry of Health & Family Welfare, New Delhi)



**Constituent Unit of Malwanchal University, Indore**

Ref.No.:IIDS/Misc.VAC /2024/ 32-A

Date: 06/03/2024

### CIRCULAR

Index Institute of Dental Sciences, Indore is organizing a value added course entitled **"Road Safety Awareness"** aimed to highlight the importance of road safety awareness, analyzing the current situation, and suggest measures to improve safety on the roads. Interested students and interns can attend the session and gain insights for the same. The value added course will be held from 10/03/2024- 12/03/2024, at Auditorium IIDS.

Details are as per the brochure attached.



S. Georgey

Dean  
Index Institute of Dental Sciences,  
Indore

Registrar  
Malwanchal University  
Indore (M.P.)

Copy for information to:

- Registrar (Malwanchal University, Indore)
- All concerned authorities
- File

Prepared By: Dr. Anu Vashisht

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

Email : dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008



## REGISTRATION CONTACTS

Dr.Vibhuti 9467961777  
Department of Conservative Dentistry & Endodontics

## MODULES

- ✓ Factors Contributing to Road Accidents
- ✓ The Importance of Awareness
- ✓ Innovative Awareness Campaigns
- ✓ Practical Steps for Improvement

## PROGRAM OUTCOMES

Road safety awareness is essential for reducing traffic-related injuries and fatalities. By implementing effective education programs, advocating for policy changes, and improving road infrastructure, communities can create safer environments for all road users. It is imperative for everyone to take responsibility for their actions on the road to ensure a safer future.

MALWANCHAL UNIVERSITY  
IQAC , MALWANCHAL UNIVERSITY &  
INDEX INSTITUTE OF DENTAL SCIENCES



## COURSE OBJECTIVES

- ✓ Promote Road Safety Education.
- ✓ Reduce Road Traffic Accidents and Fatalities
- ✓ Implement and Enforce Safety Regulations
- ✓ Promote Safe Driving Behaviour

# ROAD SAFETY AWARENESS

## ABOUT

This course aims to highlight the importance of road safety awareness, analyzing the current situation, and suggest measures to improve safety on the roads.

## RESOURCE PERSON

Dr. Deepak Jha  
10<sup>th</sup> MARCH – 12<sup>th</sup> MARCH 2024  
Venue – Index Institute Of Dental Science,  
Indore  
Timing – 9:30 am onwards  
Registration Free

Registrar  
Malwanchal University<sup>™</sup>  
Indore (M.P.)



S. Gargi







# Index



## INSTITUTE OF DENTAL SCIENCES

(Recognised by Dental Council of India  
& Ministry of Health & Family Welfare, New Delhi)

**Constituent Unit of Malwanchal University, Indore**

### REPORT

Date – 10/03/24-12/03/24

Venue – IIDS Auditorium

Course Code: **IIDS/VAC/2024/04**

Number of Attendees : 75

Subject – “Road Safety Awareness”

The Index Institute of Dental Sciences (IIDS) in Indore organized a comprehensive 3-day value-added course titled "Road Safety Awareness," held from March 10, 2024, to March 12, 2024. The course was designed to equip undergraduate and postgraduate students, interns, and faculty with the knowledge and skills needed to understand and advocate for road safety protocols. The course emphasized the importance of road safety awareness, analyzed current challenges, and proposed actionable measures to enhance safety on the roads. The 16-hour course featured detailed lectures, interactive modules, and a collaborative learning environment, ensuring a thorough understanding of the topic.

Dr. Deepak Jha, a Lecturer in the Department of Paediatric & Preventive Dentistry at IIDS, served as the primary resource person for the course. His engaging lectures covered a wide range of topics related to road safety, with a particular focus on identifying the key factors contributing to road accidents, the significance of public awareness, and strategies for improving road safety.

#### Day 1: Key Modules and Discussions

The first day of the course began with a series of lectures focusing on the various factors contributing to road accidents. Dr. Jha discussed how these factors not only affect individual safety but also have a broader impact on public health and societal well-being. The main modules for Day 1 included:



S. Ganguly

Registrar  
Malwanchal University  
Indore (M.P.)

**Campus :** Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 0731-4013700

**Email :** dental@indexgroup.co.in, Website : www.indexgroup.co.in

City Office : 104, Trishul Apartment, 5, Sanghi Colony, A.B. Road, Indore M.P. - 452008



## 1. **Factors Contributing to Road Accidents**

Dr. Jha outlined several critical causes of road accidents, emphasizing the need for drivers, pedestrians, and policymakers to recognize and address these issues. Key contributors to accidents discussed included:

- **Distracted Driving:** Engaging in activities such as texting, talking on the phone, or adjusting the radio while driving significantly increases the likelihood of accidents. These distractions divert attention from the road, impairing decision-making and reaction times.
- **Impaired Driving:** Driving under the influence of alcohol or drugs can severely compromise a driver's ability to make sound judgments and react quickly to potential hazards. Dr. Jha highlighted the importance of strict enforcement of laws to reduce instances of impaired driving.
- **Speeding:** Driving at high speeds reduces the driver's ability to react to sudden changes in traffic conditions or obstacles on the road. Speeding not only increases the likelihood of accidents but also exacerbates the severity of those accidents.
- **Unsafe Road Conditions:** Poorly maintained roads, such as those with potholes, lack of proper signage, or inadequate lighting, create dangerous driving conditions. Dr. Jha stressed the importance of improving infrastructure to reduce these risks.

## 2. **The Importance of Awareness**

The lecture underscored how a lack of awareness and education contributes to road accidents. Dr. Jha emphasized that many accidents could be prevented if individuals were more informed about safe driving practices and road safety rules. He explained how promoting awareness through education and public campaigns could lead to safer road behaviors.

## 3. **Innovative Awareness Campaigns**

Dr. Jha highlighted several innovative awareness campaigns that have successfully captured public attention and spread critical safety messages. He introduced virtual reality (VR) simulations that recreate dangerous driving scenarios, giving participants a firsthand experience of risky driving behaviors. These immersive simulations help to instill the potential consequences of reckless driving in an engaging and impactful way.

## 4. **Practical Steps for Improvement**

To conclude the first day, Dr. Jha discussed practical steps that individuals, communities, and governments can take to improve road safety. He highlighted the importance of simple but effective measures such as the use of seat belts, adherence to traffic signals, and regular vehicle maintenance.

## Day 2: Strategies for Road Safety Improvement

6. Gargya



Registrar  
Mawanchal University  
Indore (M.P.)



The second day of the course focused on strategies to improve road safety through innovation, regulation, and community engagement. Key discussions included:

### 1. Innovative

#### Awareness

#### Campaigns

Dr. Jha shared examples of successful road safety campaigns that have used creative approaches to engage the public. One such example was the use of virtual reality (VR) to simulate high-risk driving situations, allowing people to experience the consequences of dangerous behavior in a safe environment. These campaigns effectively communicate the potential impact of risky driving behaviors, making the message more relatable and memorable.

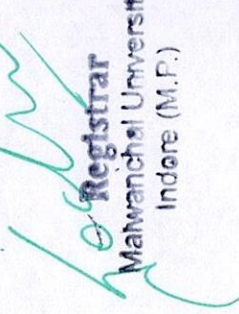
### 2. Suggested Measures for Road Safety Improvement

The importance of combining education with policy and infrastructure improvements was a central theme. Dr. Jha proposed the following measures to reduce road accidents and improve overall road safety:

- **Implementation of Strict Traffic Laws:** Enforcing penalties for traffic violations such as speeding, running red lights, and driving under the influence was deemed essential in deterring reckless behavior. Dr. Jha emphasized that stronger legal frameworks are necessary to curb these dangerous practices.
- **Infrastructure Development:** Improving road conditions, including the maintenance of roads, better signage, and proper lighting, can significantly reduce accidents. Dr. Jha stressed that investments in infrastructure play a critical role in ensuring safer roads for all users.
- **Regular Vehicle Inspections:** Encouraging regular maintenance checks and inspections for vehicles can help ensure that they are safe to operate. This is especially important in preventing accidents caused by mechanical failures.
- **Public Awareness Programs:** Continuous public education campaigns focusing on the importance of road safety, the consequences of dangerous driving, and safe road practices were identified as essential for sustaining long-term improvements in road safety.

### Day 3: Conclusion and Felicitation Ceremony

The third and final day of the course concluded with a felicitation ceremony in recognition of Dr. Deepak Jha's outstanding contributions to road safety education. Dr. Jha was felicitated by Dr. Rajeev Shrivastava, who commended his efforts in raising awareness about road safety and his commitment to making roads safer for everyone.

  
Registrar  
Malwanchal University  
Indore (M.P.)



The course wrap-up included a review of the key takeaways, reinforcing the idea that road safety is a shared responsibility that requires the active participation of all road users—drivers, pedestrians, authorities, and communities. Dr. Jha's final remarks emphasized that while individual behaviors play a critical role, systemic changes, such as better infrastructure and stronger laws, are equally important for creating safer roads.

### **Conclusion**

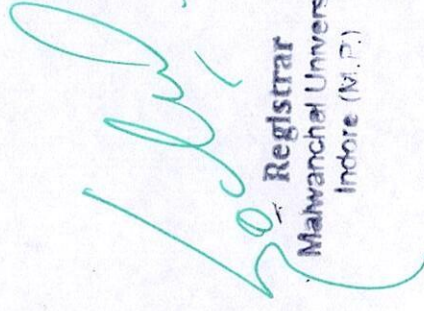
The "Road Safety Awareness" course at IIDS, Indore, was a timely and essential initiative aimed at reducing traffic-related injuries and fatalities. By educating students, faculty, and interns about the key factors contributing to road accidents and proposing actionable solutions, the course empowered participants to take an active role in promoting road safety in their communities.

Through effective education, stronger traffic laws, improved infrastructure, and continuous public awareness campaigns, the course emphasized the need for a multi-faceted approach to road safety. Dr. Jha's insights and expertise highlighted that while significant progress has been made in road safety, much remains to be done. Every individual has a role to play in ensuring that the roads are safer for all. With collective effort, we can work towards creating safer road environments and reducing the number of road-related incidents.

Attendees-



S. Ganguly

  
Registrar  
Mahwanchal University  
Indore (M.P.)



AASTHA PARMAR
AAYESHA GOURI
ADITI SHRIVASTAVA
ADITI WAGELA
AKANKSHA KUMARI
AKANKSHA PURI
ANUJA CHOUDHARY
ANUSHKA AVADHI
ANUSHKA SHUKLA
ANUSHREE KUSHWAH
APURV BHAT
ARSHI SHEIKH
ASFIYA SHEIKH
ASHITA LAD
AVNI TETWAL
AYUSHI BHOJ
BABITA KUMARI
BUSHRA KHAN
CHANDA KUMARI
DIKSHA KHATRI
DIKSHA YADAV
FIZA KHAN
HABEEL MATKAWALA
HARSH VARDHAN SINGH
HIMANGI NIGAM
HITESH NAVARE
INSIYAH CHAKERA
IRUM FATIMA KHAN
ISHAN KANUNGO
JAISWAL KASHISH KAMLESH
KHUSH SHARMA
KUNAL ADHIKARI
LALIT KUSHWAH
MAHIMA BILODIYA
MARIA NAZIR
MEENAL HARAL
NAMRATA ADHIKARI
NAVANSHI YADAV
NEHA KARIYA
NIKITA CHOURASIA
NILESH SILVADIYA
NISHANT YADAV
NITIKA SAIMAN
PRACHEE KUSHWAH
PRADYUMN SISODIYA



S. Ganguly

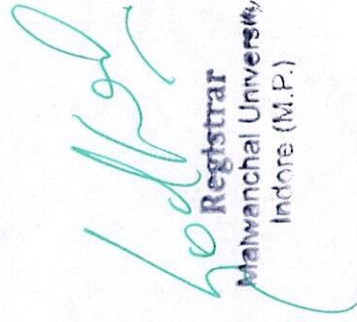
*S. Ganguly*  
 Registrar  
 Malwanchal University  
 Indore (M.P.)



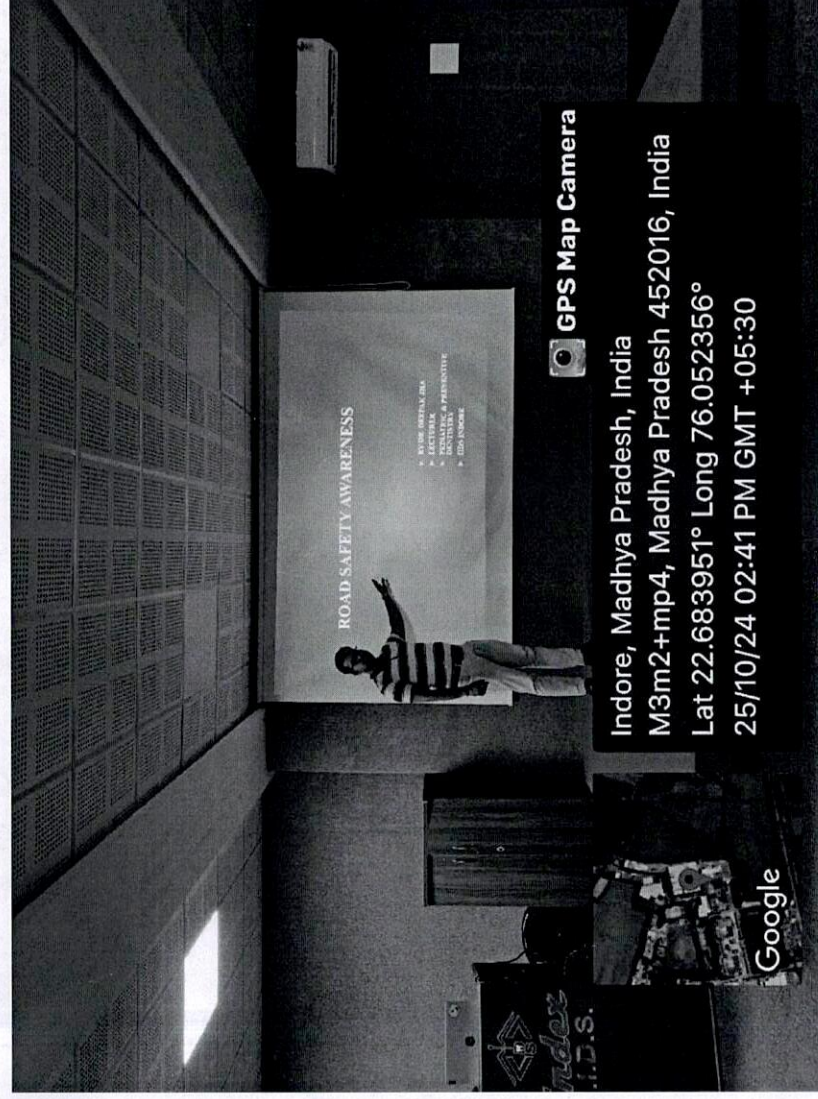
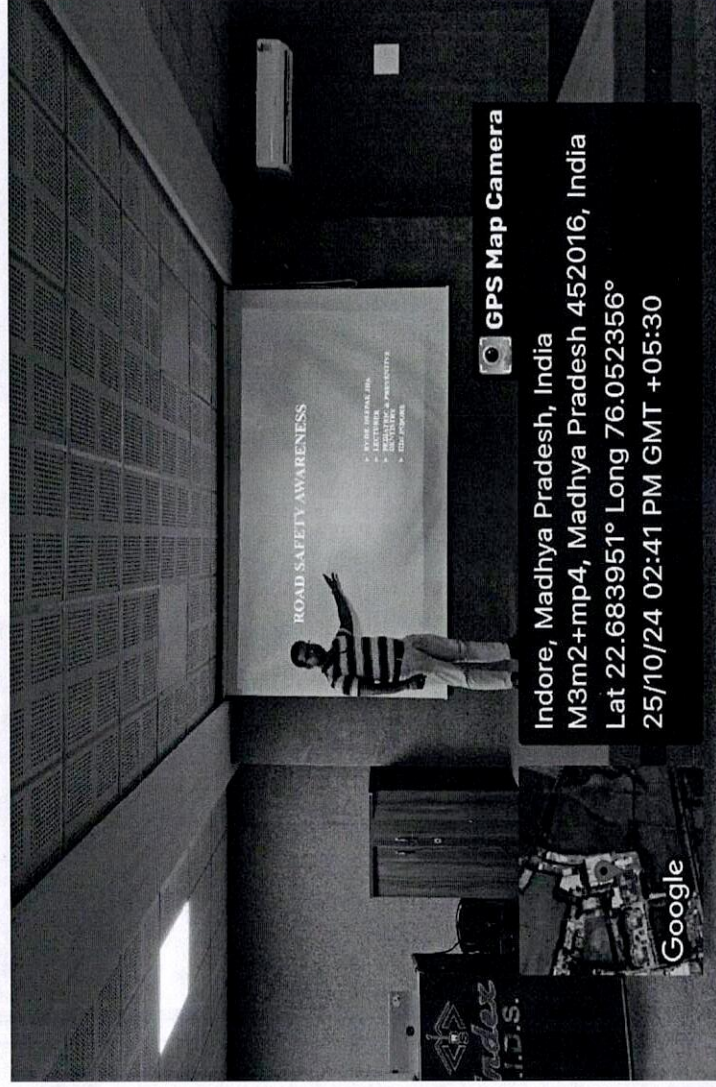
MOHAK JAIN  
NOMITA PARMAR  
NUPUR PATEL  
PALAK GOYAL  
PARIHAR RAHULSINGH NA  
POOJA KURMI  
PRACHI ATRE  
PRERNA JAIN  
PRINCY HANWATE  
PRIYA GUPTA  
PRIYANKA MALVIYA  
PRIYANKA PATEL  
PRIYANSHI RAJE  
PRIYANSHI THAKUR  
RAJ BHAMDARE  
RAKHI TIWARI  
RAVI DIVYANSHU  
RIYA ARYA  
SAKSHI SAHU  
SALONI SONI  
SANJANA ROJATKAR  
SHAFIYA KHAN  
SHIFA KHAN  
SHIVAM KUMAR PANDEY  
SIDDHI PARIHAR  
SURBHI AHIRWAR  
SWATI MALVI  
TANISHA JAIN  
TANISHKA TIWARI  
TUHIN SUBRO MONDAL  
TUSHAR DHAWNE  
UVESH MANSURI  
VAIDEHI KHANDELWAL  
VAISHNAVI GUPTA  
VEDIKA MAHESH SALUNKE



S. Gargwal

  
Registrar  
Malwanchal University  
Indore (M.P.)





*S. Gargya*

*S. Gargya*  
Registrar  
Maharaja Pratap Singh  
Indore (M.P.)