

## Index Department of Physiotherapy & Paramedical Sciences

Malwanchal University, Indore



"Soft Skills and Public Speaking"  
equips students with essential  
communication skills



*HealKard*  
Registrar  
Malwanchal University  
Indore (U.P.)

### ABOUT

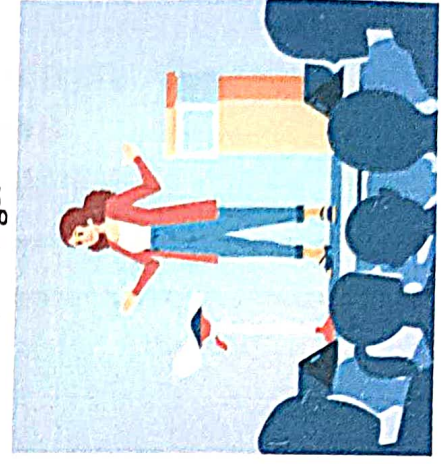
"Soft Skills and Public Speaking" equips students with essential communication skills, emotional intelligence, and presentation techniques to enhance interpersonal relationships, professional development, and effective public engagement.

### Module

Module content covers: self-awareness, effective listening, conflict resolution, teamwork, body language, verbal and non-verbal communication, presentation skills, speech crafting, and overcoming public speaking anxiety.

### Course Outcome

Upon completion, students will demonstrate enhanced soft skills, deliver confident and engaging presentations, and develop strong interpersonal relationships, enabling effective communication in personal and professional settings.



### Eligibility Criteria :

BPT & BMLT Students.

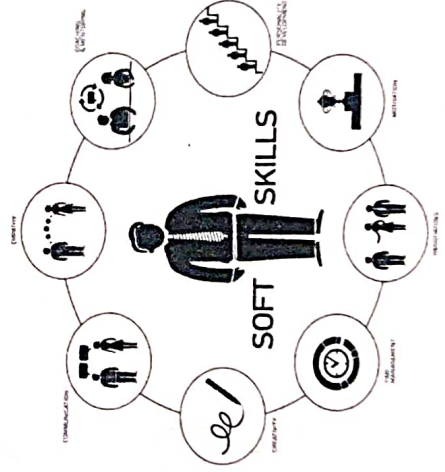
Resource Person

Mr. Ajay Dubey

Registration Fees: 0

Start Date:- 03/07/24 To 05

Schedule:- 09:00 to 04:00





# Index

## Department of Physiotherapy & Paramedical Sciences



### MALWANCHAL UNIVERSITY, INDORE

Campus : Index City, NH-59A, Nemawar Road, District: Indore- 452016 (M.P.) Ph.: + 91 9755008280, +91 7024107465  
Email : principalparamed@indexgroup.co.in, paramedical@indexgroup.co.in Website. Www.malwanchaluniversity/paramedical.co.in  
City Office : 104, Trishul Apartment., 5, Sanghi Colony, A.B. Road, Indore M.P. -452008 (M.P.)

REF.NO.- IDOPT/PO/2024/

DATE: 25/06/2024

### CIRCULAR

Index Department of Physiotherapy and Paramedical Sciences, Malwanchal University is conducting **Soft skill and Public speaking for BPT and BMLT students** : the course will provide a depth knowledge on given topic

\*Topic: **Soft skill and Public speaking for BPT and BMLT students**

\*Date: 03/07/2024- 05/07/2024

\*Venue: Index department of physiotherapy and paramedical sciences.

\*Resource Person: Dr. Ajay Dubey

You are expected to attend the above mentioned course to facilitate in-depth understanding of the topic and enhance the skills.

Faculties can enroll the names to Course Coordinator on or before 29/06/2024

  
COURSE COORDINATOR  
DR. SURBHI RAJPUT



PRINCIPAL  
PARAMEDICAL COURSES

  
Registrar  
Malwanchal University  
Indore (M.P.)



## INDEX

### Department of Physiotherapy and Paramedical Sciences

MALWANCHAL UNIVERSITY, INDORE

Ref: - IDOPT/PO/2024/2011A

Date:-06/07/2024

**Report:** Soft Skills and Public Speaking for Physiotherapy and BMLT Students

**Date:**-03/07/2024-04/07/2024

#### Introduction and Overview

Effective communication and soft skills are essential for healthcare professionals, including physiotherapists and medical laboratory technologists (BMLT). Developing these skills enables students to interact effectively with patients, colleagues, and other healthcare professionals, ultimately enhancing patient care and outcomes. This two-day workshop aimed to equip physiotherapy and BMLT students with essential soft skills and public speaking techniques, fostering confident and effective communication.

#### The objectives of this workshop were:

- To understand the importance of soft skills in healthcare
- To develop effective communication and interpersonal skills
- To enhance public speaking and presentation skills
- To integrate soft skills into clinical practice

#### Day 1: Soft Skills and Communication

The first day of the workshop focused on soft skills and communication. Key concepts discussed included:

- Verbal and non-verbal communication
- Active listening and empathy
- Conflict resolution and negotiation
- Teamwork and collaboration

Interactive sessions and group activities allowed students to practice effective communication and conflict resolution.

#### Day 2: Public Speaking and Presentation Skills

The second day of the workshop concentrated on public speaking and presentation skills. Topics included:

- Principles of effective public speaking
- Crafting compelling presentations
- Engaging audiences and managing nerves
- Handling questions and feedback

Students participated in public speaking exercises, receiving feedback from peers and instructors.



*Soakhal*  
Registrar  
Malwanchal University,  
Indore (M.P.)

## Key Takeaways

The workshop provided valuable insights into soft skills and public speaking, emphasizing:

- Importance of effective communication in healthcare
- Role of soft skills in building strong relationships
- Techniques for confident public speaking
- Integration of soft skills into clinical practice

## Clinical Applications for Physiotherapy and BMLT Students

As physiotherapy and BMLT students, the knowledge gained from this workshop can be applied in various clinical settings:

- Communicating effectively with patients and colleagues
- Presenting cases and research findings
- Participating in interdisciplinary teams
- Providing education and health promotion

## Conclusion

This two-day workshop equipped physiotherapy and BMLT students with essential soft skills and public speaking techniques, empowering them to communicate effectively and confidently in clinical settings.

## Assessment:

Students demonstrated proficiency through:

- Practical assessments (60%)
- Written quizzes (20%)
- Presentation evaluations (20%)


## Resource Persons:

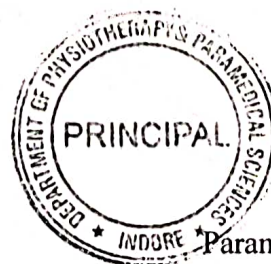
Mr. Ajay Dubey


## Duration:

Two days (16 hours)


This workshop enabled physiotherapy and BMLT students to develop crucial soft skills, enhancing their ability to interact effectively with patients, colleagues, and other healthcare professionals. By integrating these skills into clinical practice, students will provide high quality patient care and become effective healthcare communicators.

  
Report Made by:  
Dr. Surbhi Rajput



  
Principal  
Paramedical Courses



  
Registrar  
Malwanchal University,  
Indore (M.P.)





# INDEX

## Department of Physiotherapy and Paramedical Sciences Malwanchal University Indore

**Value Added Course:** Soft Skills and Public Speaking for Physiotherapy and BMLT Students

**Date:** 3rd-5th July 2024

**Venue:** Index Department of Physiotherapy and Paramedical Sciences College, Indore

**Resource Person:** Mr. Ajay Dubey

Date: 3rd-5th July 2024

Resource Person: Mr. Ajay Dubey

### Course Overview:

This 3-day value-added course aims to equip Physiotherapy and BMLT students with essential soft skills and public speaking techniques, enhancing their communication and interpersonal skills in healthcare settings.

### Day 1: Foundations of Soft Skills and Communication

The first day covers:

- Introduction to Soft Skills: Definitions, Importance, and Benefits
- Effective Communication: Verbal and Non-Verbal Skills
- Building Confidence and Self-Esteem
- Active Listening and Empathy
- Conflict Resolution and Negotiation Skills

### Day 2: Advanced Public Speaking and Presentation Techniques

The second day focuses on:

- Principles of Public Speaking: Preparation, Delivery, and Feedback
- Presentation Skills: Body Language, Tone, and Voice Modulation
- Creating Engaging Content: Storytelling and Visual Aids
- Handling Questions and Answers
- Overcoming Stage Fright and Building Confidence

### Day 3: Practical Sessions and Project Work

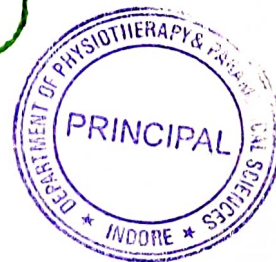
The third day involves:

- Practical Sessions: Role-Playing and Scenario-Based Learning
- Group Presentations: Applying Soft Skills and Public Speaking Techniques
- Case Studies: Effective Communication in Healthcare Settings
- Final Presentations and Feedback Session
- Certificate Distribution

### Course Objectives:

Upon completion, participants will:

1. Develop essential soft skills for effective communication.
2. Master public speaking and presentation techniques.
3. Build confidence and self-esteem.
4. Apply conflict resolution and negotiation skills.
5. Enhance interpersonal skills in healthcare settings.



*Sudhakar*  
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Malwanchal University  
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**Assessment and Certification:**

Participants will be assessed through written quizzes, practical sessions, and project presentations. Successful completion will result in a certificate from Index Department of Physiotherapy and Paramedical Sciences College, Indore.

**Course Materials:**

- Workshop manual
- PowerPoint presentations
- Handouts and worksheets
- Relevant journals and research articles
- Soft skills and public speaking resources

**Learning Outcomes:**

- Enhanced communication and interpersonal skills
- Improved public speaking and presentation techniques
- Increased confidence and self-esteem
- Ability to resolve conflicts and negotiate effectively
- Effective relationships with patients and colleagues



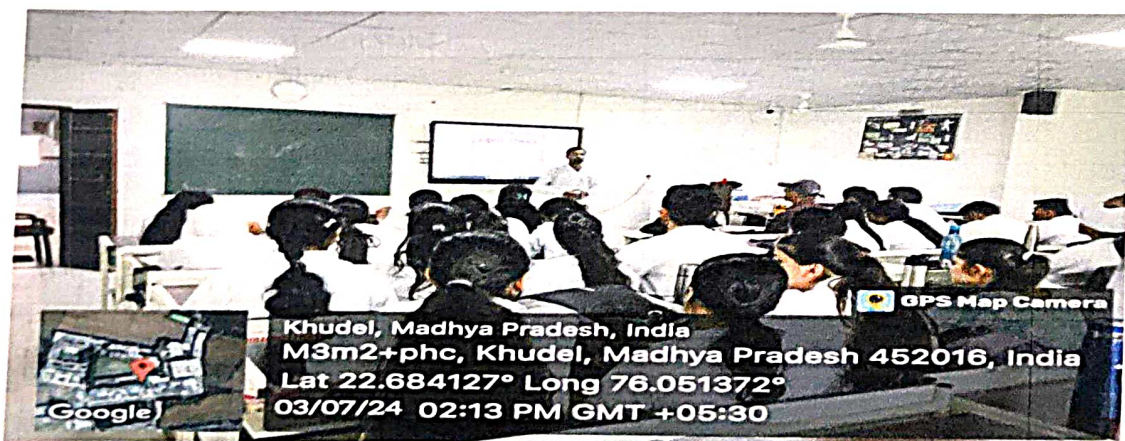
## Soft skills of public speaking for all BPT and BMLT students



Mr. Ajay dubey sir giving introduction on soft skills



Mr. Ajay dubey sir taking classes



Mr. Ajay dubey sir speaking about confidence

*Soodkand*  
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Malwanchal University  
Indore (M.P.)





# INDEX

## Department of Physiotherapy and Paramedical Sciences Malwanchal University Indore

Topic: - Soft Skill and Public Speaking  
Date 03/07/2024-05/07/2024

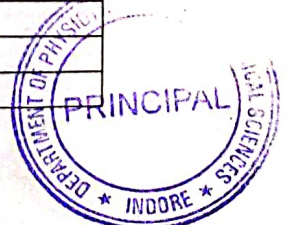
Resources Person: - Mr.Ajay Dubey

### Student Attendance List

(BPT 2 nd , 3rd , 4th year and BMLT )

S.NO	Name of Student	Signature
1.	BPT 2nd year Aashutosh Sharma	
2.	Ayush Barve	
3.	Amit Thankur	
4.	Anand Katara	
5.	Anshul Dhakad	
6.	Arpita Goyal	
7.	Dimple Parihar	
8.	Faiza Ansari	
9.	Farheen Khan	
10.	Giriraj Dangi	
11.	Gyaneshwar Rote	
12.	Harshita Sisodiya	
13.	Ishika Jaiswal	
14.	Jyoti Mujalde	
15.	Karan Panwar	
16.	khan Tuba falak	
17.	Khushi Sharma	
18.	Krishnapal Thakur	
19.	Lekhraj Dangi	
20.	Mahesh Dangi	
21.	Muskan Malvi	
22.	Nirali Choudhary	
23.	Nitin Dodiya	
24.	Pradhyman Sharma	
25.	Rabina Patel	
26.	Raj Howra	
27.	Ram Patidar	
28.	Ravi Kharte	
29.	Sanjeevani Soni	
30.	Sanskar Patidar	
31.	Shrutika Kalyane	
32.	Sharavan Patel	
33.	Shewta Wankhede	
34.	Sukhendra Patel	
35.	Tamim Kikadoswala	
36.	Umme Ammara	
37.	Vaishnavi Verma	
38.	Venna Rao Patidar	
39.	Vinita Solanki	
40.	Zahra Kakdiwala	

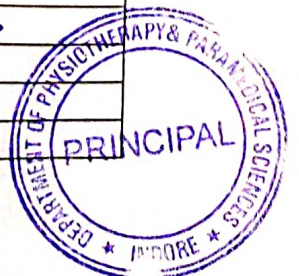
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S.NO	Name of Student	Signature
1.	BPT 3rd Year. Anjali Jaiswal	
2.	Anjali Neekhra	
3.	Archie Jadham	
4.	Arpit Kushwah	
5.	Bhavana Bhuriya	
6.	Chandan Doriya	
7.	Charu Powar	
8.	Deepak Meena	
9.	Deepika Goyal	
10.	Dishika Agrawal	
11.	Garima Sonwani	
12.	Geetanjali Koushal	
13.	Gourang Panchole	
14.	Harsh Sharma	
15.	Kapil Patidar	
16.	Khan Mehvish	
17.	Krishnapal Singh	
18.	Kritika Patidar	
19.	Kunjita Nargesh	
20.	Manisha Goyal	
21.	Manwani Anshul	
22.	Maya Jaiswal	
23.	Mehzabin Khan	
24.	Mufeed Sheikh	
25.	Muskan Patidar	
26.	Neha	
27.	Nikhil Patel	
28.	Nirali Patidar	
29.	Prajal khandelwal	
30.	Prathana Maske	
31.	Rajput Aman Singh	
32.	Rajput Vidhi Vilas	
33.	Ratnesh mandloi	
34.	Sakshi Joshi	
35.	Shiva Rathore	
36.	Shivam Meena	
37.	Shivani Patidar	
38.	Shruti Shrivastava	
39.	Simran Mehra	
40.	Somnath Verma	
41.	Tanisha Prajapat	
42.	Tanshika Patidar	
43.	Umesh Patidar	
44.	Vaishnavi Soni	
45.	Varsha Patidar	
46.	Veena Rao	
47.	Vishranti Joshi	
48.	BPT- 4th year	
49.	Aafrin Khan	
50.	Aastha Parmar	

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Indore (M.P.)

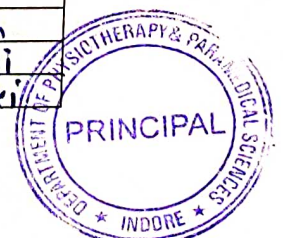


51.	Abhishek Chauhan	Abhu
52.	Ambika	Ambika
53.	Ameesha	Ameesha
54.	Anjali Dawar	Anu
55.	Ankit Rathore	Ankit
56.	Asmit Patel	Asmit
57.	Aayushi Maurya	Ayushi
58.	Chetna Chouhan	Chetna
59.	Devandra khakal	Devendra
60.	Disha Baraskar	Disha
61.	Divyani Chouhan	Divyani Chohan
62.	Garima Rathore	Garima
63.	Gedam Chaitali Yogeshwar	Gedam Chaitali Yogeshwar
64.	Himanshi Satha	Himanshi
65.	Ishika Yadav	Ishika
66.	Karan Bopcha	Karan Bopcha
67.	Nandini Parmar	Nandini
68.	Pooja Khandekar	Pooja Khandekar
69.	Pranav Jadhav	Pranav Jadhav
70.	Prayag Solanki	Prayag Solanki
71.	Prerna Carpenter	Prerna
72.	Radharaman Meena	Radharaman
73.	Rane Divya Sonaji	Rane Divya
74.	Ravian Dawande	Ravin Dawande
75.	Ritika Bhaduriya	Ritika Bhaduriya
76.	Rohit Meena	Rohit Meena
77.	Rohit Yadav	Rohit
78.	Sagar	Sagar
79.	Shubham Tiwari	Shubham Tiwari
80.	Simrandeep Sikh	Simrandeep...
81.	Swapnil Thergaonkar	Swapnil Thergaonkar
82.	Vishesh Verma	Vishesh Verma
83.	Yashvi Bajpai	Yashvi Bajpai

	BMLT	
1.	Roshni Rathod	Roshni Rathod
2.	rajni sisodiya	Rajni
3.	Yashoda jadhav	Yashoda
4.	Nikita panchal	Nikita
5.	Kali bariya	Kali bariya
6.	Anil Chauhan	Anil Chauhan
7.	Ankit vaidya	Ankit vaidya
8.	Hariom Dangi	Hariom Dangi
9.	Satish Manik	Satish
10.	Yuvraj waskle	Yuvraj
11.	Anand devda	Anand devda
12.	Uzma Ali	Uzma Ali
13.	Basanti khanna	Basanti
14.	Arzeena khan	Arzeena Khan
15.	Pawan solanki	Pawan Solanki
16.	Durgesh solanki	Durgesh Solanki

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(Signature)



17.	Deepak kag	Deepak
18.	Shivam Deshmukh	Shivam Deshmukh
19.	Neeraj ahirwal	Neeraj Ahirwal
20.	Mayanka singh	Mayanka
21.	Pushpa jamle	P. Jamle
22.	Komal bhanwar	Komal
23.	Pratima chouhan	Pratima
24.	Radha alawa	Radha
25.	Priyanka vasuniya	Priyanka
26.	Abhishek kaushik	Abhishek Kaushik
27.	Abhishek makwana	Abhishek Makwana
28.	Atul jadam	Atul Jadam
29.	Anushi verma	Anushi
30.	Anuj Patel	Anuj
31.	Hasmat Ali	Hasmat
32.	Ilma Khan	Ilma
33.	Iqra Abbasi	Iqra
34.	krishnapal solanki	Krishnapal
35.	Prashant chauhan	Prashant
36.	Rohit panwar	Rohit Panwar
37.	Nikita solanki	Nikita Solanki
38.	Mahesh baghel	M. Baghel
39.	Vijay mujalde	Vijay
40.	Birja waskle	Birja
41.	Rekha rawat	Rekha
42.	Renuka Patel	Renuka
43.	Ranu gavliya	Ranu
44.	Rameshwar Dangi	Rameshwar
45.	Kamal Dangi	Kamal
46.	Sangeeta chouhan	Sangeeta
47.	Sadhana randhawa	Sadhana
48.	Raj Nandini Patel	Raj Nandini
49.	Saniya ali	Saniya
50.	Naman Achale	Naman Achale

*Ajay*

Resource Person  
Dr. Ajay Dubey



*(Signature)*

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Paramedical Courses

*(Signature)*

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Indore (M.P.)



**INDEX**  
**Department of Physiotherapy and Paramedical Sciences**  
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Date 03/07/2024-05/07/2024

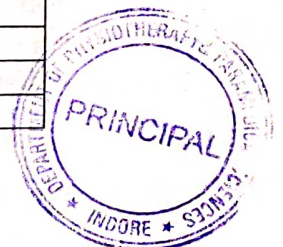
Resources Person: - Mr. Ajay Dubey  
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**Student Registration List**  
(BPT 2nd, 3rd, 4th year and BMLT)

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1.	BPT 2nd year Aashutosh Sharma	Aashutosh
2.	Ayush Barve	Ayush
3.	Amit Thankur	Amit
4.	Anand Katara	Anand
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6.	Arpita Goyal	ARPITA
7.	Dimple Parihar	Dimple
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25.	Rabina Patel	Rabina
26.	Raj Howra	Raj
27.	Ram Patidar	Ram
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36.	Umme Ammara	Umme
37.	Vaishnavi Verma	Vaishnavi
38.	Venna Rao Patidar	Venna
39.	Vinita Solanki	Vinita
40.	Zahra Kakdiwala	Zahra

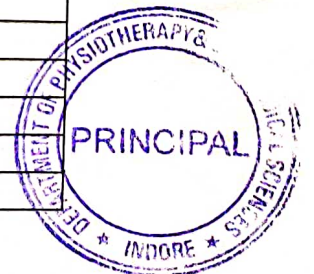
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Kan



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1.	BPT 3rd Year. Jaiswal Anjali	
2.	Anjali Neekhra	
3.	Archie Jadhav	
4.	Arpit Kushwah	
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7.	Charu Powar	
8.	Deepak Meena	
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49.	Aafrin Khan	
50.	Aastha Parmar	

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51.	Abhishek Chauhan	<i>Abhishek</i>
52.	Ambika	<i>Ambika</i>
53.	Ameesha	<i>Ameesha</i>
54.	Anjali Dawar	<i>Anjali</i>
55.	Ankit Rathore	<i>Ankit</i>
56.	Asmit Patel	<i>Asmit</i>
57.	Aayushi Maurya	<i>Aayushi</i>
58.	Chetna Chouhan	<i>Chetna</i>
59.	Devandra khakal	<i>Devandra</i>
60.	Disha Baraskar	<i>Disha</i>
61.	Divyani Chouhan	<i>Divyani</i>
62.	Garima Rathore	<i>Garima</i>
63.	Gedam Chaitali Yogeshwar	<i>Gedam</i>
64.	Himanshi Satha	<i>Himanshi</i>
65.	Ishika Yadav	<i>Ishika</i>
66.	Karan Bopcha	<i>Karan</i>
67.	Nandini Parmar	<i>Nandini</i>
68.	Pooja Khandekar	<i>Pooja</i>
69.	Pranav Jadhav	<i>Pranav</i>
70.	Prayag Solanki	<i>Prayag</i>
71.	Prerna Carpentar	<i>Prerna</i>
72.	Radharaman Meena	<i>Radharaman</i>
73.	Rane Divya Sonaji	<i>Rane</i>
74.	Ravian Dawande	<i>Ravian</i>
75.	Ritika Bhaduriya	<i>Ritika</i>
76.	Rohit Meena	<i>Rohit</i>
77.	Rohit Yadav	<i>Rohit</i>
78.	Sagar	<i>Sagar</i>
79.	Shubham Tiwari	<i>Shubham</i>
80.	Simrandeep Sikh	<i>Simrandeep</i>
81.	Swapnil Thergaonkar	<i>Swapnil</i>
82.	Vishesh Verma	<i>Vishesh</i>
83.	Yashvi Bajpai	<i>Yashvi</i>

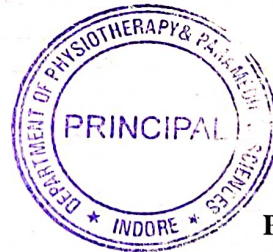
	BMLT	
1.	Roshni Rathod	<i>Roshni</i>
2.	rajni sisodiya	<i>Rajni</i>
3.	Yashoda jadhav	<i>Yashoda</i>
4.	Nikita panchal	<i>Nikita</i>
5.	Kali bariya	<i>Kali</i>
6.	Anil Chauhan	<i>Anil</i>
7.	Ankit vaidya	<i>Ankit</i>
8.	Hariom Dangi	<i>Hariom</i>
9.	Satish Manik	<i>Satish</i>
10.	Yuvraj waskle	<i>Yuvraj</i>
11.	Anand devda	<i>Anand</i>
12.	Uzma Ali	<i>Uzma</i>
13.	Basanti khanna	<i>Basanti</i>
14.	Arzeena khan	<i>Arzeena</i>
15.	Pawan solanki	<i>Pawan</i>
16.	Durgesh solanki	<i>Durgesh</i>

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Indore (M.P.))



17.	Deepak kag	Deepak
18.	Shivam Deshmukh	Shivam
19.	Neeraj ahirwal	Neeraj
20.	Mayanka singh	Mayanka
21.	Pushpa jamle	Pushpa
22.	Komal bhanwar	Komal
23.	Pratima chouhan	Pratima
24.	Radha alawa	Radha
25.	Priyanka vasuniya	Priyanka
26.	Abhishek kaushik	Abhishek
27.	Abhishek makwana	Abhishek
28.	Atul jadam	Atul
29.	Anushi verma	Anushi
30.	Anuj Patel	Anuj
31.	Hasmat Ali	Hasmat
32.	Ilma Khan	Ilma
33.	Iqra Abbasi	Iqra
34.	krishnapal solanki	Krishnapal
35.	Prashant chauhan	Prashant
36.	Rohit panwar	Rohit
37.	Nikita solanki	Nikita
38.	Mahesh baghel	Mahesh
39.	Vijay mujalde	Vijay
40.	Birja waskle	Birja
41.	Rekha rawat	Rekha
42.	Renuka Patel	Renuka
43.	Ranu gavliya	Ranu
44.	Rameshwar Dangi	Rameshwar
45.	Kamal Dangi	Kamal
46.	Sangeeta chouhan	Sangeeta
47.	Sadhana randhawa	Sadhana
48.	Raj Nandini Patel	Raj
49.	Saniya ali	Saniya
50.	Naman Achale	Naman

*Ajay*  
Resource Person  
Dr. Ajay Dubey



*Ran*

Principal  
Paramedical Courses

*Sodhan*  
Registrar  
Matwanchal University  
Indore (M.P.)