



## Index Department of Physiotherapy & Paramedical Sciences

Malwanchal University, Indore



Modernizing Communication in  
Physiotherapy for Skill  
Development Professionals



### ABOUT

"Enhancing patient-centered care through effective communication, empathy, and interpersonal skills for physiotherapy professionals, promoting better health outcomes, patient satisfaction, and therapeutic relationships."

### Eligibility Criteria :

BPT Students.

Resource Person

Dr. Rahul Tanwani

Registration Fees: 0

Start Date:- 12/06/23 To 15

Schedule:- 09:00 to 04:00

### Module

"Exploring verbal and non-verbal communication, active listening, patient education, cultural competence, and conflict resolution to improve patient outcomes, satisfaction, and adherence to treatment plans."

### Course Outcome

"Developing confident and effective communication skills, enabling physiotherapy professionals to provide empathetic, patient-centered care, enhance therapeutic relationships, and improve health outcomes, patient satisfaction, and professional development."





# Index

## Department of Physiotherapy & Paramedical Sciences

MALWANCHAL UNIVERSITY, INDORE



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Email : principalparamed@indexgroup.co.in, paramedical@indexgroup.co.in Website: [www.malwanchaluniversity/paramedical](http://www.malwanchaluniversity/paramedical)  
City Office : 104, Trishul Apartment - 5 Sanghi Colony, A.B. Road, Indore M.P. - 452008 (M.P.)

REF.NO.- 1DOPT/PO/2023/333(A)

DATE:-03/06/2023

### CIRCULAR

Index Department of Physiotherapy and Paramedical Sciences, Malwanchal University is conducting a 2 day value added course on "The Modernizing Communication Physiotherapy for Skill Professional" the course will provide a depth knowledge on given topic.

- Topic -The Modernizing Communication Physiotherapy for Skill Professional
- Date - 12/06/2023 -16/06/2023
- Venue - Index Department of Physiotherapy and Paramedical Sciences.

Interested Students can enroll their names to Mr.Jaipal Parmar.

Principal  
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Registrar  
Malwanchal University  
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CC to:-

- Registrar MU
- File



# INDEX

## Department of Physiotherapy & Paramedical Sciences

**Report on:** The modernizing communication skill for physiotherapy profession

**Date:** 12/06/23 to 16/06/23

**Resource Person** – Dr. Rahul Tanwani

**Venue:** Index Hospital, 4th-floor Surgery Lecture hall

**“Good communication can lead to the bridge between confusion and clarity, Thus communication can be considered an important part as a clinician to improve practice .”**

**Day 1&2 – 12/06/23 to 13/06/23**

5 days value added Course was given by the speaker Dr.Rahul Tanwani (MS Surgery M-Ch Pediatric Surgery ,Professor at Department of Surgery, Index Medical College Hospital and Research centre).

The session has been started by the floral welcome of Dr. Tanwani by Dr.Reshma Khurana Principal Index Department of physiotherapy and paramedical sciences.

Dr.Reshma Khurana, Principal, Index Department of Physiotherapy And Paramedical Sciences, and the faculties of the department and the students of Bachelors of Physiotherapy from BPT 4 year and interns from the Department of Index Physiotherapy and paramedical sciences were also present during the Session.

Later Dr.Rahul Tanwani has Started the Session.

Communication is a process that allows us to share our ideas with other people and poor communication leads to lots of misunderstandings and mishaps. Effective communication plays a role even in the medical field; doctors and medical students have to deal with people from different cultural backgrounds and different needs.

The process of communication is what allows us to interact with other people, without it we would be unable to share knowledge or experiences with anything outside of ourselves. It includes listening and understanding with passion and respect as well as expressing views and ideas and passing information to others in a clear manner .

Poor communication causes a lot of misunderstanding and hinders work. The ability to communicate effectively and sensitively is the central dogma of all medical activities.

Keeping this aim in view, the Index department of physiotherapy and paramedical science students were briefed about the importance of communication in all aspects.



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## VALUE ADDED COURSE

Course Name	The modernizing communication physiotherapy fo skills
Course Code	MU/VAC/IDOPT/113
Duration	40 Hours

### About the Course:

A physiotherapist's clear explanation and expression of support could lead to greater patient trust and understanding of treatment options. This in turn may facilitate patient adherence to recommended therapy, which in turn improves the particular health outcome.

### Course Objectives:

The Course mainly targets for the students:

- Teach professionals how to maintain accurate and comprehensive patient records, ensuring clear communication with other healthcare providers.
- Teach professionals how to maintain accurate and comprehensive patient records, ensuring clear communication with other healthcare providers.

### Course Contents:

**Module 1:** Foundations of Effective Communication

**Module 2:** Collaboration and Interdisciplinary Communication

**Module 3:** Patient Education and Technology Integration

**Module 4:** Effective documentation practices for clear communication

Role-play exercises to practice patient-centered communication

**Module 5:** Assessment of participants' communication skills through practical exercises

50/11/2023  
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Indore (M.P.)

## INDEX

Department of Physiotherapy & Paramedical Sciences  
MalwanchalUniversity,Indore

### Modernizing communication in physiotherapy for skilled professionals

M.M 20

1. What is the primary goal of modernizing communication in physiotherapy?
  - A. Increasing patient waiting times
  - B. Enhancing patient engagement and outcomes
  - C. Reducing the availability of information
  - D. Limiting patient involvement in treatment decisions
2. Which modern communication tool can help physiotherapists easily share exercise routines and instructional videos with patients?
  - A. Fax machines
  - B. Telegram
  - C. Social media
  - D. Carrier pigeons
3. How can telehealth benefit physiotherapy communication?
  - A. It restricts patient access to care
  - B. It allows for remote consultations and follow-ups
  - C. It increases administrative paperwork
  - D. It hinders patient-therapist relationships
4. Which of the following is an example of asynchronous communication in physiotherapy?
  - A. Real-time video consultations
  - B. Sending an email with exercise instructions
  - C. In-person therapy sessions
  - D. Phone call consultations
5. What is the importance of using plain language in physiotherapy communication?
  - A. To confuse patients and limit their understanding
  - B. To demonstrate professional jargon
  - C. To improve patient comprehension and adherence
  - D. To make communication more challenging



6. In modern physiotherapy communication, what does "HIPAA" refer to?
- A. A type of exercise equipment
  - B. A communication technology
  - C. A patient privacy regulation
  - D. A medical condition
7. How can physiotherapists use wearable technology to enhance communication with patients?
- A. By making it difficult for patients to monitor their progress
  - B. By providing real-time data and feedback
  - C. By increasing the cost of treatment
  - D. By limiting patient involvement in their care
8. What is the role of empathy in modern physiotherapy communication?
- A. It's unnecessary in healthcare communication
  - B. It helps build trust and rapport with patients
  - C. It should be reserved for only severe cases
  - D. It delays the treatment process
9. What does "tele-rehabilitation" involve?
- A. In-person therapy sessions
  - B. Remote monitoring and therapy via technology
  - C. Writing letters to patients
  - D. Physiotherapy exercises
10. How can physiotherapists ensure patient data security when using modern communication tools?
- A. By sharing patient data on public social media platforms
  - B. By ignoring data protection regulations
  - C. By using secure and encrypted communication channels
  - D. By publicly posting patient health records

Answers:- 1 (B), 2 (C), 3 (B), 4 (B), 5 (C), 6 (C), 7 (B), 8 (B), 9 (B), 10 (C)



Principal  
Maitwani University  
Indore, India

S. P. Singh  
Maitwani University  
Indore, India



**Index Department of Physiotherapy and Paramedical Sciences**  
**Malwanchal University, Indore**



## *Certificate of Participation*

This is to certify that

**Anuradha Dwivedi**

has participated in the Value Added Course on  
**"The Modernizing Communication skill for Physiotherapy"**  
from 12/06/2023 to 16/06/2023  
Credit hours- 40 hours

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**Dr. Rahul Tanwani**  
Resource Person



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## *Certificate of Participation*

This is to certify that

**Mradul Holkar**

has participated in the Value Added Course on

**"The Modernizing Communication skill for Physiotherapy"**

from 12/06/2023 to 16/06/2023

Credit hours- 40 hours

*Mradul Holkar*  
Malwanchal University, Indore

*Dr. Rahul Tanwani*  
Malwanchal University, Indore

**Dr. Rahul Tanwani**  
**Resource Person**



*Dr. Rahul Tanwani*

**Principal**  
**Paramedical Courses**





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## *Certificate of Participation*

This is to certify that

**Ritik Parmar**

has participated in the Value Added Course on  
**"The Modernizing Communication skill for Physiotherapy"**  
from 12/06/2023 to 16/06/2023  
Credit hours- 40 hours



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Dr. Rahul Tanwani  
Resource Person



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## *Certificate of Participation*

This is to certify that

**Prakash Malviya**

has participated in the Value Added Course on

**"The Modernizing Communication skill for Physiotherapy"**

from 12/06/2023 to 16/06/2023

Credit hours- 40 hours

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**Dr. Rahul Tanwani**  
**Resource Person**



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## *Certificate of Participation*

This is to certify that

**Ritu Dixit**

has participated in the Value Added Course on

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Credit hours- 40 hours

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**Dr. Rahul Tanwani**  
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## *Certificate of Participation*

This is to certify that

**Nayak Singh**

has participated in the Value Added Course on

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from 12/06/2023 to 16/06/2023

Credit hours- 40 hours

*Rahul Tanwani*  
Principal  
Malwanchal University  
Indore (M.P.)

**Dr. Rahul Tanwani**  
**Resource Person**



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## *Certificate of Participation*

This is to certify that

**Ayush Rajpurohit**

has participated in the Value Added Course on

**"The Modernizing Communication skill for Physiotherapy"**

from 12/06/2023 to 16/06/2023

Credit hours- 40 hours



**Dr. Rahul Tanwani**  
**Resource Person**

**Principal**  
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## *Certificate of Participation*

This is to certify that

**Jarin Qureshi**

has participated in the Value Added Course on  
**"The Modernizing Communication skill for Physiotherapy"**  
from 12/06/2023 to 16/06/2023  
Credit hours- 40 hours



*Signature of Dr. Rahul Tanwani*  
Malwanchal University, Indore

**Dr. Rahul Tanwani**  
**Resource Person**



*Signature of Principal*



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## *Certificate of Participation*

This is to certify that

**Bhavesh Chouhan**

has participated in the Value Added Course on  
**"The Modernizing Communication skill for Physiotherapy"**  
from 12/06/2023 to 16/06/2023  
Credit hours- 40 hours



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**Dr. Rahul Tanwani**  
Resource Person

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## *Certificate of Participation*



This is to certify that

**Anjali Carpenter**

has participated in the Value Added Course on

**"The Modernizing Communication skill for Physiotherapy"**

from 12/06/2023 to 16/06/2023

Credit hours- 40 hours

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**Resource Person**

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## INDEX

### Department of Physiotherapy & Paramedical Sciences

Malwanchal University, Indore

#### VALUE ADDED COURSES

Topic:- The Modernizing Communication physiotherapy for skills professional

Date: 12/06/2023- 16/06/2023

Venue: Index Department of Physiotherapy & Paramedical Sciences

Resource Person: Dr. Rahul Tanwani

#### Attendance List

BPT 4th Year Batch 2019-20		
S.no	Name of Student	Signature
1	Akshat Kumar Verma	Akshat
2	Anjali Carpenter	Anjali
3	Anshika Rathi	Anshika
4	Anuradha Dwivedi	Anuradha
5	Arshi Khan	Arshi
6	Ayanuddin	Ayanuddin
7	Ayush Rajpurohit	Ayush
8	Bhavesh Chouhan	Bhavesh
9	Giri Abhishek Satendra	Giri
10	Himanshu Rathore	Himanshu
11	Jain Ayushi Arun	Jain
12	Jarin Qureshi	Jarin
13	Jeswani Shweta Ramchandra	Jeswani
14	Misha Sheikh	Misha
15	Mradul Holkar	Mradul
16	Nandagavali Mayur Devraj	Nandagavali
17	Nandini Chavhan	Nandini
18	Nayak Singh	Nayak
19	Neha Rane	Neha
20	Nikita Godani	Nikita
21	Palak Harsola	Palak
22	Parul Mandloi	Parul
23	Parve Sakshi Sanjay	Parve
24	Parvez Khan	Parvez
25	Pooja Vishvakarma	Pooja
26	Pragya Patidar	Pragya
27	Prakash Chandra	Prakash
28	Puneet Kumar Tiwari	Puneet
29	Rajvi Soni	Rajvi
30	Ravi Meena	Ravi
31	Rawate Sakshi Arvind	Rawate



32	Ritik Parmar	Parmar
33	Ritu Dixit	dixit
34	Riya Gangotre	Riya
35	Rupali Jhala	Rupali
36	Sandeep Patel	Sandeep
37	Sharaddha Takoliya	Sharda
38	Shekhar Nagar	Shekhar
39	Shivam Patidar	Shivam
40	Shivani Malgaya	Shivani
41	Shivani Raikwar	Shivani
42	Shritik Patil	Shritik
43	Shubhanshu Yadav	Shubhanshu
44	Subhash Patidar	Subhash
45	Suraj Vaishnav	Suraj
46	Tanmay Pandya	Tanmay
47	Tarun Patidar	Tarun
48	Vijaypal Alawe	Vijaypal
49	Vikash	Vikash

*[Signature]*

Resource Person  
Dr. Rishabh Kanungo



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Registrar  
[illegible text]

*[Handwritten signature]*  
MEMBER  
[illegible text]



## INDEX

### Department of Physiotherapy & Paramedical Sciences

Malwanchal University, Indore

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#### Certificate List

BPT 4th Year Batch 2019-20		
S.no	Name of Student	Signature
1	Akshat Kumar Verma	Akshat
2	Anjali Carpenter	Anjali
3	Anshika Rathi	Anshika
4	Anuradha Dwivedi	Anuradha
5	Arshi Khan	Arshi
6	Ayanuddin	Ayan
7	Ayush Rajpurohit	Ayush
8	Bhavesh Chouhan	Bhavesh
9	Giri Abhishek Satendra	Giri
10	Himanshu Rathore	Himanshu
11	Jain Ayushi Arun	Ayushi
12	Jarin Qureshi	Jarin
13	Jeswani Shweta Ramchandra	Jeswani
14	Misba Sheikh	Misba
15	Mradul Holkar	HOLKAR
16	Nandagavali Mayur Devraj	Mayur
17	Nandini Chavhan	Nandini
18	Nayak Singh	Nayak
19	Neha Rane	Neha
20	Nikita Godani	Nikita
21	Palak Harsola	Palak
22	Parul Mandloi	Parul
23	Parve Sakshi Sanjay	Parve
24	Parvez Khan	Parvez
25	Pooja Vishvakarma	Pooja
26	Pragya Patidar	Pragya
27	Prakash Chandra	Prakash
28	Puneet Kumar Tiwari	Puneet
29	Rajvi Soni	Rajvi
30	Ravi Meena	Ravi
31	Ravate Sakshi Arvind	Ravate



32	Ritik Parmar	Parmar
33	Ritu Dixit	Dixit
34	Riya Gangotre	Riya
35	Rupali Jhala	Rupali Jha
36	Sandeep Patel	Patel
37	Sharddha Takoliya	Takoliya
38	Shekhar Nagar	Shekhar
39	Shivam Patidar	Patidar
40	Shivani Malgaya	Malgaya
41	Shivani Raikwar	Raikwar
42	Shritik Patil	PATIL
43	Shubhanshu Yadav	Shubhanshu
44	Subhash Patidar	Subhash
45	Suraj Vaishnav	Suraj
46	Tanmay Pandya	Tanmay
47	Tarun Patidar	Tarun
48	Vijaypal Alawe	Vijaypal
49	Vikash	Vikash

*Rishabh Karungo*

Resource Person  
Dr. Rishabh Karungo



*Rupali Jha*

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*Rupali Jha*

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