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Department of Physiotherapy & Paramedical Sciences



MALWANCHAL UNIVERSITY, INDORE

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Ref: - IDOPT/PO/2023/480 (A)

Date: - 27/08/2023

CIRCULAR

All the faculties and staff are here by instructed to attend the rakshabandhan celebration by brahmakumari's on

Topic : "Rakshabandhan"

Date : 28/08/23

Time : 10:00am to 12:00pm

Day : Tuesday

Venue : IDOPT



PRINCIPAL
Paramedical, Courses



Cc to : Registrar MU
: All Whatsapp official groups
: Notice Board



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DEPARTMENT OF PHYSIOTHERAPY AND PARAMEDICAL SCIENCES

Ref : IDOPT/PO/2023/485

Date: 29/08/2023

Report on Rakshabandhan Celebration By Brahmakumaris

On date - 29 /08/2023

Time- 12:00pm

Venue – Index department of physiotherapy and paramedical sciences

“On this Rakhi, let’s renew our pledge to protect and cherish each other.”

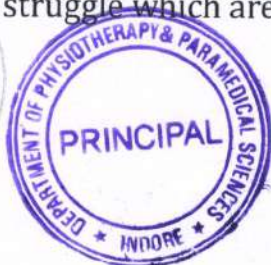
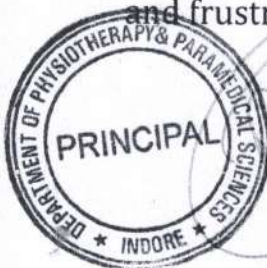
On the Occasion of Rakshabandhan, BK Priyankabahen and their members from prajapita Brahmakumaris Ishwariya vishwa Vidyalaya organization came to celebrate Rakshabandhan at Index department of physiotherapy and paramedical sciences .

They applied Tilak to all the staff members and celebrate Rakhi,

The Brahma Kumaris organization celebrate Rakshabandhan by tying rakhis is a beautiful gesture that reflects the festival’s essence of strengthening relationships and fostering a sense of protection and care among individuals. The act of tying a rakhi symbolizes the bond of love and responsibility. The Brahma Kumaris might have incorporated this tradition as a way to promote values of unity, goodwill, and harmony within their community.

By tying rakhis, they express their commitment to safeguarding each other’s well-being and offering guidance and care. This unique approach to Rakshabandhan showcases the organization’s emphasis on spiritual values, unity, and the power of shared responsibility.

After all this she share her views regarding meditation and other Members of the Brahma Kumaris engage in regular meditation sessions to cleanse the mind, reduce stress, and foster a strong connection with the Divine. They believe that this practice not only enhance but also improve mental health this is necessary for all the generation who’s suffering from anxiety ,depression and frustration and struggle which are facing everyday .



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They believe in the transformation of the self through inner reflection and connection with the Divine. Meditation plays a central role in their practices, helping individuals to attain a state of mental calmness and clarity. Through their spiritual teachings, they encourage self-awareness, self-realization, and a deep understanding of one's true nature.

At the end of the program they facilitated first to Dr. Reshma khurana, Principal Index department of Physiotherapy & paramedical sciences With sweets and poster of motivation thought and blessings by God and also facilitated all the teachings and non - teaching staff with the same .

After the session Dr. Reshma khurana principal Index department of physiotherapy & paramedical sciences, Malwanchal University Indore . She appreciate to all the members for spreading such awareness regarding meditation which is necessary for today's generation and B.K priyanka bahen suggest to organize Meditation session for the development of the students.

Program ended by vote for Thanks .

Shivani
**Report Made by
Dr. Shivani Sharma**



**Principal
Paramedical course**



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PRAJAPITA BRAHMA KUMARIS ISHWARIYA VISHWA VIDYALAYA

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प्रति

दिनांक 28/8/23

Dr. Reehma Khurana

प्रिय आत्मन,

भारतीय संस्कृति अति प्राचीन, सनातन व त्यौहारो की संस्कृति रही है। वर्तमान प्रत्येक त्यौहारो के मनाने में गूह्य आध्यात्मिक रहस्य छिपा हुआ रहता है। कारणे, अकारणे समयान्तर के कारण हम उन छिपे रहस्यो को भूल गये है, केवल स्थूलता रह गयी है। रक्षाबंधन का त्यौहार सभी त्यौहारों से अलग विभिन्नता लिए हुए जीवन के गूह्य रहस्य को दर्शाता है। कोई भी व्यक्ति बंधन में बंधना नहीं चाहता, फिर भी रक्षाबंधन का पर्व परिवारों में उमंग उत्साह से मनाया जाता है।

स्वतंत्रता आत्मा का नैसर्गिक गुण है। फिर भी यह रक्षा का बंधन क्यों? जरा रुके और चिंतन करे? तो आप पाएंगे बिना पवित्रता के जीवन में शाश्वत, शान्ति व खुशी नहीं हो सकती। मनोविकारो से स्वयं की रक्षा करना, पवित्रता के बंधन में आत्मा को बांधना, जीवन को शान्ति, प्रेम, आनन्द, शक्तियो से भरपूर करना यही यथार्थ रक्षाबंधन का आध्यात्मिक रहस्य है। यह बंधन होते हुए भी वास्तविक आंतरिक जीवन की सच्ची स्वतंत्रता का अनुभव कराता है।

रक्षा बंधन के इस पुनीत अवसर पर प्रजापिता ब्रह्माकुमारी ईश्वरीय विश्व विद्यालय के ओम शान्ति भवन इंदौर से राजयोगीनी ब्रह्माकुमारी बहनें दिनांक 29/5/2023 को रक्षासूत्र बांधने प्रातः 11:00 से दोपहर 1:00 बजे व संध्या 5:00 से 7:00 बजे के मध्य आपके निवास स्थान पर पहुँचेगी।

रक्षाबंधन की सर्व शुभकामनाओं सहित,



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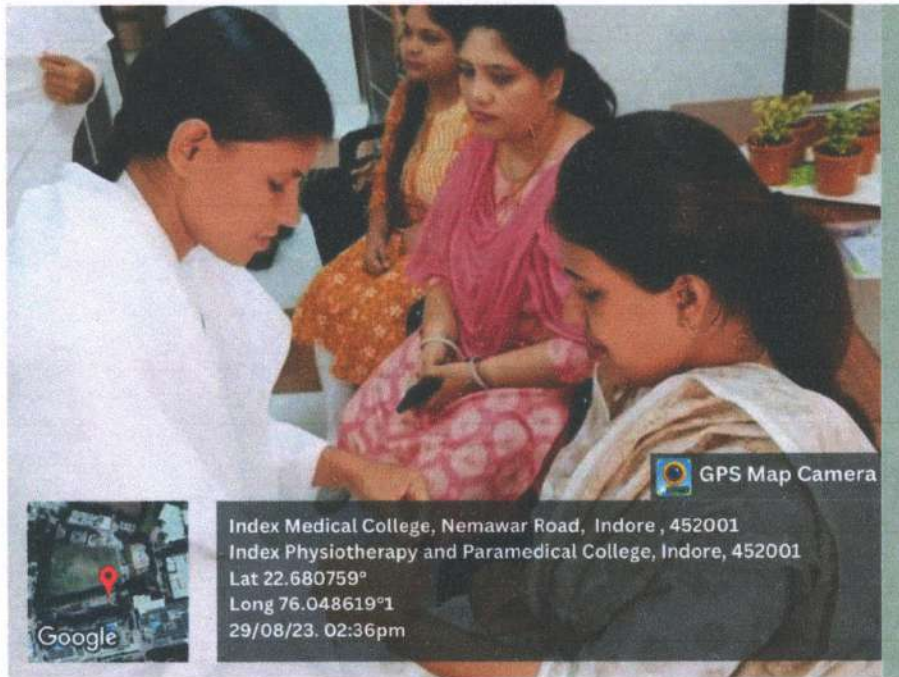
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ब्रह्माकुमारी आरती

जोन इंचारज, इंदौर

Index Department Physiotherapy & Paramedical Sciences Celebration On Raksha Bandhan By Brahmakumari's On 29th August 2023



Rakhi Tied by Brahmakumari



Group Photo Session With Brahmakumaris

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