

# MALWANCHAL UNIVERSITY

(Index Group of Institutions)
Established & Approved by M.P. Govt., MPPURC Reg. No. MPPU2(



A Bi-Annual Newsletter of Malwanchal University



## Message from the

## CHAIRMAN

It gives me immense pride to witness the continued progress of Malwanchal University in its pursuit of academic excellence and societal contribution. Over the past six months, our institution has not only strengthened its academic programs but has also fostered innovation, research, and community engagement. These achievements are the result of the collective dedication of our faculty, staff, and students, who remain committed to our vision of creating future-ready professionals and responsible citizens. The last semester has seen remarkable initiatives in healthcare, law, agriculture, and technology—reflecting our multidisciplinary strength. As we move forward, I encourage every member of the Malwanchal family to embrace change, uphold our values, and strive for excellence in every endeavor. Together, let us continue building an institution that stands as a beacon of knowledge, integrity, and service to society.

Shri Suresh Singh Bhadoria

# Message from the CHANCELLOR

Malwanchal University continues to thrive as a hub of learning, innovation, and social responsibility. The past months have been marked by significant milestones—be it academic achievements, research breakthroughs, or impactful community outreach programs. We have embraced emerging trends in education, ensuring that our students are equipped with skills and values to excel in a dynamic world. This newsletter is a testament to the dedication and passion of our faculty, staff, and students, whose collective efforts bring our vision to life. As Chancellor, I take pride in our inclusive and progressive environment that nurtures not only intellectual growth but also moral strength. I extend my heartfelt appreciation to everyone contributing to this journey. May we continue to move ahead with the same zeal, fostering knowledge that inspires change and service that transforms lives.

Warm Regards,

Mrs. Gauri Singh Bhadoria

## Message from the

## VICE CHANCELLOR

The Bi-Annual Newsletter of Malwanchal University reflects the vibrancy, talent, and dedication that define our campus life. This edition showcases the achievements, events, and innovations that have shaped the last semester, highlighting the tireless efforts of our faculty, researchers, and students. In a rapidly evolving educational landscape, our focus remains on delivering quality education, promoting interdisciplinary learning, and strengthening our research culture. We are proud to see our students making their mark in academics, sports, cultural activities, and community service. These accomplishments reaffirm our belief that education is not just about imparting knowledge but about creating well-rounded, socially responsible individuals. Let us continue to work together to achieve greater heights, uphold academic integrity, and nurture an environment that inspires creativity, curiosity, and compassion.

Warm Regards,

Dr. Sanjeev Narang



# Message from the PRO VICE CHANCELLOR

As we present this edition of the Bi-Annual Newsletter, I am delighted to share the remarkable progress and initiatives taken by Malwanchal University over the past six months. This period has been filled with dynamic academic pursuits, impactful outreach activities, and opportunities for personal and professional growth. Our faculty has been relentless in guiding students towards excellence, while our learners have embraced challenges with determination and innovation. Through seminars, research projects, skill-development programs, and community engagement, we have reinforced our role as a socially conscious institution. I believe that our greatest strength lies in our unity of purpose and our shared commitment to creating a meaningful impact on society. I congratulate every contributor to these successes and encourage the Malwanchal community to continue striving for excellence, inclusivity, and innovation in the months ahead.

Warm Regards,

Dr. RamGulam Razdan

# Samualy ATA GLANCE

#### Republic Day at Malwanchal: Where the Tricolour Meets Tomorrow

Malwanchal University celebrated Republic Day with a vibrant display of patriotism, where saffron, white, and green painted the sky. The beats of tradition, voices of vision, and rhythms of resilience created a timeless courage, tribute. Culture met embraced the future, and every heartbeat echoed Jai Hind! The event was a living masterpiece of unity, pride, and the promise of a brighter tomorrow.





#### **Athena 2024: Where Passion Met Performance!**

From December 13-21, 2024, Index Institute of Dental Sciences buzzed with energy as Athena 2024 brought thrilling sports, mesmerizing performances, and fierce competitions. The grand finale under the stars crowned an unforgettable celebration of talent, unity, and spirit, leaving a lasting mark on everyone who participated and witnessed it.

#### **NEXUS 2025: A Celebration of Talent & Teamwork**

2025 NEXUS the Index Department at Physiotherapy & Paramedical Sciences was a vibrant fusion of culture, sports, and creativity. With competitions, breathtaking exhilarating performances, and intense sports battles, the event radiated passion and teamwork. The grand Prize Distribution Ceremony honored exceptional talent, making every moment unforgettable. NEXUS 2025 not only showcased excellence but also set a new benchmark for future celebrations!







#### Strengthening Global Ties: Malwanchal **University's Strategic Collaboration** with Gulf Medical University

Malwanchal University embarks on a new chapter of academic excellence with Gulf Medical University, UAE. The signed Letter of Understanding stage sets the research, internships, academic exchanges, and international collaborations, reinforcing university's commitment to advancing medical education and global healthcare development.





#### Mastering Laser Dentistry: A Cutting-Edge Workshop

University's Malwanchal Department of Periodontology hosted the Laser Pro-Mastery 5, 2024, featuring Workshop on December Muneesh Joshi. Surgeon Commander Dr. and live Through expert lectures demos, participants explored advanced laser techniques, gaining hands-on experience. This transformative session marked another innovation-driven milestone dental in education!

#### **Cultivating Calm: A Journey to Mindful Leadership**

Index Institute of Dental Sciences hosted inspiring Faculty Development Program with Dr. Prashant Kakode from Cambridge University. The session emphasized mindfulness, inner peace, and holistic well-being, empowering faculty and lead with clarity, empathy, interns to resilience. By fostering balance in professional and personal life, the program encouraged a mindful approach to leadership, enhancing overall wellbeing and effectiveness.







#### **Malwanchal University: A Legacy of Excellence**

Where innovation meets tradition, and education fuels transformation. Under the visionary leadership of Shri Suresh Singh Bhadoria, we shape future leaders in healthcare and beyond. With worldclass training, cutting-edge research, and a passion for service, Malwanchal University isn't just an institution-it's a movement. Join the revolution!





#### Milestone Achievement in **Ophthalmology**

Dr. Sonalee Mittal, HOD of Ophthalmology, achieves an incredible milestone with 100+ successful surgeries in December. This feat the department's highlights dedication, expertise, and commitment to excellence. Watch her special message and join us in celebrating this achievement that sets new standards of care at Malwanchal University!

#### A Landmark Collaboration for Quality Improvement

Index Group of Institutions has forged a transformative partnership with Mediqop Group to launch an innovative Quality This pioneering Improvement course. bridges initiative the gap between knowledge academic and industry empowering students demands, practical skills to enhance healthcare standards and drive excellence in the sector. A new era in healthcare education begins!







# February at a glance

#### **Malwanchal University Shines at Coal** India Indore Marathon

Malwanchal University participated in the Coal India Indore Marathon, where over 250 students and faculty embraced the 5km challenge. With inspiring leadership from Dr. Lokeshwar Singh Jodhana and Shri Roopesh Verma, the event celebrated fitness, unity, and perseverance, marking the beginning of many future successes!





#### One Nation, One Election: A Key **Discussion at Malwanchal University**

Malwanchal University in collaboration with Index and Amaltas Groups, organized a discussion on the "One Nation, One Election" initiative. Mayor Pushyamitra Bhargay highlighted its potential to optimize resources for education and healthcare. The event also featured a session on road safety with expert insights.

#### **Energy Conservation Workshop at Malwanchal University**

Malwanchal University hosted transformative workshop on energy conservation, led by Dr. Chetan Singh Solanki, the "Solar Man of India." The event, Indore Climate Mission, the emphasized the importance of renewable energy, inspiring attendees to take simple actions for a sustainable future.







#### Orientation Program for PG Students at Index Medical College

A comprehensive three-day orientation program for PG students was conducted at Index Medical College Hospital and Research Centre. Dr. G.S. Patel, the Dean, provided crucial insights into Malwanchal University, institutional regulations, and Distinguished introductions. faculty attendees included Dr. Sanjeev Narang, Dr. Ramgulam Rajdan, Dr. Swati Prashant, and Dr. B.K. Agarwal.





#### **Empowering Women: Seminar on Menstrual Hygiene & Personality Development**

The Index Department of Physiotherapy and Paramedical Sciences at Malwanchal University hosted an empowering seminar on menstrual hygiene and personality development. Led by Miss Nikhat Ahmed, the event focused on education. self-confidence, health leadership, equipping female students with the knowledge and skills to thrive.

#### Advocate Shashank Pundlik's Lecture on Medical Law

The Department of Oral and Maxillofacial Pathology at Index Institute of Dental Sciences hosted an insightful lecture by Advocate Shashank Pundlik on Medical Law, covering patient rights, negligence, and professional accountability. The event legal literacy fostered essential students and faculty, emphasizing ethics in healthcare practices.







## Empowering Smiles: World Cancer Day Outreach at Malwanchal University

2025, Malwanchal February 4, University's Department of Public Health Dentistry marked World Cancer Day with a dynamic outreach event in Nayi Basti. Through free dental screenings, awareness sessions, and tobacco education, cessation the initiative empowered the community to take charge of their oral health and cancer prevention.





#### Educational Tour to Krishi Vigyan Kendra: Advancing Agricultural Knowledge

On February 8, 2025, students of the Index Institute of Agricultural Science visited Krishi Kendra, Indore. The visit Vigyan provided sustainable farming valuable insights into practices, including farming, azolla vermicomposting, and hybrid crop cultivation. This hands-on experience enhanced their understanding of modern agricultural techniques and their application in ensuring food security.

# Celebrating National Pharmacy Education Day at Index Institute of Pharmacy at Malwanchal University

National Pharmacy Education Day was celebrated with enthusiasm at Index Institute of Pharmacy on March 6. The event featured a rally, expert talks, and a tribute to Professor Mahadev Lal Shroff, a pioneer in pharmacy education. Dr. Sanjeev Narang emphasized the role of pharmaceutical education in sustainable development, highlighting the expanding scope of the pharmacy profession.



# March ATA GLANCE SPORTS FEST







#### **Anuroop 2025 Sports Fest at Malwanchal University**

Malwanchal University proudly hosted the Anuroop 2025 Sports Fest, a remarkable showcase of athletic excellence and competitive spirit. Index Medical College Hospital & Research Centre emerged as the top performer, securing victories across multiple sports, including Boys' and Girls' Cricket, Football, Basketball, Volleyball, and Badminton (Mixed & Doubles). The Department of Physiotherapy and Paramedical Sciences claimed the Kabaddi championship, while Index Institute of Dental Sciences and Pharmacy displayed commendable performances, earning several runner-up positions. The event featured intense competition across Volleyball, Basketball, and Badminton for both boys and girls. This celebration of sportsmanship and teamwork left a lasting impression on all participants. Congratulations to all the winners and runner-ups for their outstanding achievements.







# CONVOCATION



#### Malwanchal University Hosts Prestigious Convocation Ceremony Honouring 1075 Graduates

Malwanchal University proudly hosted its grand Convocation Ceremony, celebrating the achievements of 1,075 graduates across MBBS & Postgraduate, Dental Sciences, Paramedical Sciences, Nursing, Pharmacy, and Management programs. The event was graced by Hon'ble Governor of Karnataka, Shri Thawar Chand Gehlot, as Chief Guest. Their inspiring addresses motivated the graduating class. In recognition of excellence, the university awarded 20 Gold Medals to meritorious students and conferred 3 Honorary Degrees to distinguished individuals, marking a remarkable academic milestone.



## CULTURAL NIGHT









#### Anuroop 2025: A Grand Confluence of Culture, Talent, and Celebration

Malwanchal University successfully hosted Anuroop 2025, a distinguished cultural fest that celebrated artistic expression, academic excellence, and community spirit. The event featured a diverse lineup of programs, including the Annual Awards ceremony, dynamic dance performances, thought-provoking skits, soulful musical renditions, an elegant fashion show, and cultural felicitations recognizing notable achievements. The festival reached its pinnacle during the Celebrity Night, featuring a mesmerizing live concert by acclaimed Bollywood singer Kanika Kapoor, followed by an electrifying performance by DJ Jenny that energized the entire campus. Anuroop 2025 exemplified the university's commitment to fostering holistic development and cultural enrichment, leaving a lasting impression on all attendees and setting a new standard for campus celebrations.













#### **Driving Rural Transformation: Malwanchal University Champions Grassroots Development**

Malwanchal University, in collaboration with the Index Group of Institutions organized distinguished panel discussion on the pivotal role of Gram Panchayats in rural advancement. Recognizing over 35 sarpanches and Janpad members, the event underscored the university's strategic adoption of five villages to enhance education, infrastructure, and skill development. The initiative reflects a shared commitment to sustainable, grassroots-driven development as the foundation of a truly progressive India.



#### PG Orientation Program: Empowering Future Medical Leaders



Index Medical College, under Malwanchal University, successfully conducted a three-day Orientation Day for newly admitted postgraduate students. The event aimed to acquaint students with academic structures, institutional policies, and clinical expectations. Senior faculty and dignitaries provided strategic guidance, emphasizing discipline, professionalism, and personal growth. This initiative highlighted the college's dedication to cultivating competent, ethical, and forward-thinking healthcare professionals prepared for the evolving demands of modern medicine.

#### Industry Interface: Hotel Management Students Visit Ramee Tarang Hotel

Students from Index Institute of Management Arts and Sciences (Hotel Management) participated in an insightful industry visit to Ramee Tarang Hotel, Indore. The visit provided practical exposure to core hospitality operations, professional grooming, and communication standards. Conducted by industry experts, the session bridged classroom learning with real-world application. This experiential learning initiative reflects the institute's mission to equip students with industry-ready skills for successful careers in global hospitality.









#### Enriching Guest Session on Mental Wellness by Dr. Sandeep Atre

On April 19, 2025, Index Institute of Dental Sciences hosted Dr. Sandeep Atre, renowned clinical psychologist, for a session on mental wellness. With engaging insights practical tips, he emphasized mindful living and stress management. The event included warm welcome, lamp lighting, and concluded with a sapling and certificate presentation. The session left a lasting impact, highlighting the crucial role of emotional health in healthcare professions.



#### **World Homoeopathy Day Celebrated with Fervor**



Index Homoeopathic Medical College celebrated World Homoeopathy Day on April 10, 2025, honoring Dr. Hahnemann's 270th birth anniversary. The event featured cultural performances, inspiring speeches by dignitaries, and a powerful oath ceremony. Principal Dr. C.L. Yadav spoke on Homoeopathy's ethics and scope. The celebration reflected the institution's dedication to tradition, academic excellence, and service to humanity through homoeopathic practice.

#### **Index Nursing College Hosts Inspiring Induction Program**

Nursing College welcomed Index students with an enriching Induction Program led by Dr. Smriti G. Solomon. The event introduced the B.Sc. and M.Sc. Nursing professionalism, curricula, emphasizing compassion, and lifelong learning. Faculty members Bidyanai Devi Dr. Dr. and Prabhanshu Vyas provided detailed orientation sessions. Concluding with an interactive dialogue, the program motivated students and instilled a strong sense of belonging and academic purpose.







#### **Uro-Nephrology CME: Advancing Transplant Knowledge and Patient Care**

Index Medical College Hospital & Research Center, collaboration with Malwanchal University, Uro-Nephrology organized bringing a CME, together leading specialists in urology nephrology. The program focused on the latest advancements in kidney transplantation, organ donation protocols, and post-operative care. Expert sessions covered ethical, surgical, and enhancing participants' aspects, understanding and reinforcing the institution's commitment to excellence in kidney care and medical education.



#### IIMAS Students Undertake Insightful Educational Visit to Medanta Hospital



On April 16, 2025, students from the Index Institute of Management, Arts, and Sciences conducted a professional educational visit to Medanta Super Hospital, Indore. Under Specialty supervision, they explored critical departments including the ICU, OT, and OPD. The visit provided valuable exposure to hospital operations, clinical procedures, and interdisciplinary healthcare roles, reinforcing the institute's focus on experiential learning and preparing students for real-world professional environments.

#### Pharmacy Education Day Celebrated at Index Institute of **Pharmacy**

On March 6, 2025, Index Institute of Pharmacy commemorated Pharmacy Education Day in honor of Prof. Mahadev Lal Schroff, the pioneer of pharmacy education in India. The event featured a traditional Saraswati Puja, followed by addresses from esteemed dignitaries of Malwanchal University. A thoughtprovoking student speech highlighted advancements, challenges, and future of pharmacy education, reaffirming its critical role in the healthcare system.









#### Sanjeevani Clinic: A New Era of Accessible Healthcare in Niranjanpur

The Baba Banda Singh Bahadur Sanjeevani Clinic was inaugurated in Niranjanpur, Indore, as a joint venture of Index Medical College and local government. Offering free primary and specialty healthcare, the clinic includes services under Ayushman Bharat and a referral system for critical cases. Managed by Dr. Deepti Singh Hada, it brings essential health services to underserved communities. This initiative, backed by Index Group leadership, represents transformative step toward communitycentered healthcare across Indore's 85 wards.



#### Malwanchal University Students Interact with Padma Shri Dr. Randeep **Guleria at Amaltas University**



Students from Malwanchal University had opportunity to attend a session by Padma Shri Dr. Randeep Guleria, former Director of AlIMS, New Delhi, hosted at Amaltas University. Dr. Guleria discussed the evolution of healthcare post-pandemic, emphasizing research, empathy, and adaptability in medicine. The event was attended by Index Group's top leadership, strengthening academic collaboration. This inspiring interaction left a deep impact on students, bridging classroom learning with national medical leadership and real-world challenges.

#### **Index Institute of Dental Sciences: Community Outreach on World No Tobacco Day**

To mark World No Tobacco Day, the Index Institute of Dental Sciences (IIDS) led awareness campaigns in urban and rural areas, promoting the dangers of tobacco use and oral diseases. Led by Dean Dr. Rolly S. Agrawal and faculty, students engaged the public at Indore's Rajwada and nearby villages. With pledges, interactive sessions, and educational material, the initiative promoted tobacco cessation, early detection of oral issues, and environmental responsibility. IIDS reinforced its mission of public health leadership.









#### Bridging Knowledge & Innovation: Research-Centric CME at Index Homoeopathic College

Index Homoeopathic College hosted a CME themed "Advancing workshop Research Homoeopathic Sciences," aiming to strengthen research competencies. Dr. Lily Ganju delivered an enlightening lecture on methodology innovation in homoeopathy. Faculty and students discussions fostering thinking and collaboration. Led by Principal Dr. C.L. Yadav and other senior educators, the event significant step in encouraging evidence-based practice. It reaffirmed university's commitment to academic excellence and research-led medical education.





#### **Inspiring Young Minds: 2025 Academic Excellence Awards Ceremony**

Malwanchal University and Index Institute Management, Arts & Science organized a week-long Academic Excellence Awards Ceremony honoring over 500 Class 12th students. The event recognized scholastic achievements, inspiring students to pursue higher education with zeal. Dignitaries, faculty, and families joined the celebrations. Students received certificates, mementos, and encouragement to excel further. The initiative reflects the university's commitment to nurturing talent and building a strong foundation for future professionals through recognition and academic motivation.

#### National Recognition: Ranked Among Top 4 in India

Malwanchal University has secured the 4th position in The Week-Hansa Research Survey 2025, ranking among India's top medical universities and as the No. 1 private medical university in Madhya Pradesh. This national accolade affirms the university's excellence in academics, research, and healthcare education. With a future-focused curriculum, advanced infrastructure, and expert faculty, Malwanchal continues to lead in shaping global medical talent. The ranking is a testament to its unwavering commitment to quality education and innovation in healthcare.



#### Specialized Health Camp for Senior Citizens Conducted by Index **Medical College Hospital & Research Centre**

On May 19, 2025, Index Medical College Hospital & Research Centre organized a health camp at Sanchaar Nagar focused on senior citizens' wellbeing. Led by Dr. Aarti Sahastrabuddhe and team, 35 elderly individuals were screened for common geriatric issues like hypertension and diabetes. Personalized care, dietary guidance, and preventive advice were provided, emphasizing early detection and lifestyle changes. This initiative strengthens community healthcare and promotes dignified, quality care for the elderly.



#### Inspiring Futures: Malwanchal University at the Forefront of **Education Fair 2025**



Malwanchal University made a remarkable impact at the Patrika Education Fair 2025 in Indore. Showcasing diverse, future-ready programs, the university drew significant attention from students and parents. Expert faculty guided attendees on academic and career pathways across Medical Sciences, Law, Fashion, Management, and more. Under the leadership of Mr. Suresh Singh Bhadoria and Mr. Mayankraj Singh Bhadoria, the university reaffirmed its commitment to excellence and student success, standing out as a leader in higher education across Madhya Pradesh.

#### Limb-Saving Vascular Surgery Performed Successfully at Index Medical College Hospital & Research Centre Under Ayushman Bharat Scheme

On May 19, 2025, a critical vascular surgery was successfully performed at Index Medical College Hospital under the Ayushman Bharat Scheme. A 52-year-old patient from Manpur, previously advised amputation, underwent a Femoro-Popliteal Bypass Graft led by Dr. Anil Bakhshi's team. The procedure restored circulation, relieved pain, and saved the patient's limb. This case highlights the hospital's commitment advanced, accessible super-specialty care and government-supported health initiatives.











#### Malwanchal University Students Engage in National Seminar on **Emergency Atrocities**

Marking the 50th anniversary of the Emergency, students Index Group Institutions, under Malwanchal University, participated in a national seminar titled "Emergency Atrocities" at the Brilliant Convention Centre, Indore. The event, observed as "Constitution Murder Day," was graced by Hon'ble CM Dr. Mohan Yadav and featured a keynote by Dr. Sudhanshu Trivedi, Rajya Sabha MP. The seminar shed light on the suspension of civil liberties during the Emergency. Former Minister Ajay Vishnoi shared personal experiences, offering students a deep insight into one of India's most defining democratic challenges.



#### Malwanchal University Leads the Way Towards a Plastic-Free Future



Malwanchal University, in collaboration with the Index Group of Institutions, marked World Environment Week 2025 with the theme "Plastic Pollution: A Threat to Environment and Health." Esteemed speakers, including Prof. Rajeev Sangal and Padma Shri Dr. Janak Palta McGilligan, emphasized the urgent need to eliminate single-use plastics. The event inspired students and faculty to adopt eco-conscious habits. University leaders pledged to foster sustainability on campus, turning awareness into action. With enthusiastic participation from all departments, Malwanchal University reaffirmed its commitment to environmental responsibility, calling on youth to champion a cleaner, healthier planet for future generations.

#### Malwanchal University Partners in Madhya Pradesh's Wellness Revolution

Malwanchal University proudly supports Madhya Pradesh's vision as India's Wellness Capital, showcased at the recent Spiritual and Wellness Summit in Ujjain. Aligned with Prime Minister Modi's "Heal India" and LiFE initiatives, the university advances wellness, Ayurveda, and sustainable development through education and research. Highlighting private sector confidence, Chairman Shri Suresh Singh Bhadoria pledged a major investment of ₹450 crore in wellness projects. Malwanchal University is committed to nurturing wellness innovation, contributing to the state's transformational journey toward holistic health and sustainability, and empowering future leaders in this thriving sector.









#### Malwanchal University at Intellectuals' Conference: **Honoring 11 Years of Visionary Leadership**

2025, Malwanchal University 11th June participated in the Intellectuals' Conference at Brilliant Convention Centre, Indore, celebrating 11 years of Hon'ble PM Shri Narendra Modi's leadership. The event featured prominent leaders discussing India's transformative journey towards a developed, self-reliant nation. Our students and faculty actively engaged in the exhibition showcasing government initiatives under the "Viksit Bharat" vision. University dignitaries, including Chairman Shri Suresh Singh Bhadoria and Vice Chancellor Dr. Sanjeev Narang, reinforced our commitment to nation-building, inspiring youth to contribute meaningfully to India's progress and governance.



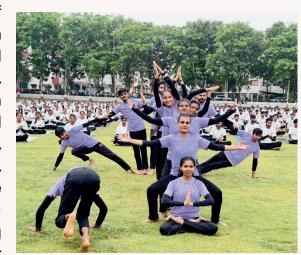
#### World Blood Donation Day at Malwanchal University: A Life-Saving **Initiative**



On June 14th, 2025, Malwanchal University, in collaboration with Index Medical College Hospital and Research Centre, celebrated World Blood Donation Day with a successful blood donation camp at Index Hospital's Blood Bank. Doctors, students, and community members participated enthusiastically, donating blood to save lives. A vibrant awareness rally was also organized, encouraging active participation in this vital cause. Dr. Sanjeev Narang, Vice Chancellor highlighted the importance of voluntary blood donation as a crucial social responsibility. Faculty leaders and students from various health departments demonstrated strong commitment, reinforcing the university's dedication to community health and service.

#### **Malwanchal University Commemorates 11th International Yoga Day**

On June 21, 2025, Malwanchal University, under the aegis of the Index Group of Institutions, observed the 11th International Yoga Day with significant participation and enthusiasm. Embracing the theme "Yoga for One Earth, One Health," the event brought together students from Physiotherapy, Medical, Nursing, Dental, Homeopathy, and Management faculties. Under expert guidance, participants engaged in Surya Namaskar, Pranayama, traditional yoga asanas, and Chair Yoga, highlighting the holistic benefits of yoga for physical and mental wellbeing. The ceremony was honored by dignitaries including Chairman Shri Suresh Singh Bhadoria and Vice Chancellor Dr. Sanjeev Narang.









#### METCON 2025: Elevating Emergency and Trauma Care in India

Index Medical College Hospital & Research Center under Malwanchal University, successfully hosted the national conference METCON 2025 on June 5-6. The event united top experts from AIIMS, AFMC, and leading hospitals to discuss advancements in emergency medicine and trauma care. Key topics included critical care, damage control orthopedics, and disaster response, emphasizing the urgent need to strengthen India's emergency infrastructure. Visionary leadership expert sessions aimed to equip medical professionals with the latest knowledge to save lives during the Golden Hour. METCON 2025 reinforced the commitment to improving trauma care for a safer, healthier tomorrow.



## Mission Matra Bhasha Program at Index Institute of Dental Sciences



On 19th June 2025, Index Institute of Dental Sciences hosted the Mission Matra Bhasha program, emphasizing the role of mother tongue in medical education. Dr. Ashok Khandelwal, Vice Chancellor of Madhya Pradesh Medical Science University, inspired the audience with his keynote, highlighting how regional languages understanding and empathy in healthcare. The event included key dignitaries from Malwanchal University and the institute's leadership. Focused on making medical learning accessible for Hindi-medium and rural students, the program aims to promote inclusive education and better doctor-patient communication. The session concluded with a vote of thanks from Dr. Rolly S. Agrawal.

#### World Environment Day 2025: Poster Making Competition at IDOPT

On June 5th, 2025, IDOPT's Index Department of Physiotherapy and Paramedical Sciences hosted a vibrant Poster Making Competition themed "Putting an End to Plastic Pollution." Open to all students, the event sparked creativity and awareness about the urgent need to reduce plastic waste. Participants crafted original posters within an hour, showcasing innovative ideas to protect the environment. The competition highlighted artistic talents and deep commitment sustainability. The organizing committee thanked everyone for their enthusiastic participation and emphasized the importance of ongoing efforts to minimize plastic use. This successful event reaffirms IDOPT's dedication to environmental responsibility.



# Message from the Editor



Mr. Roopesh Verma
Chief Editor
Malwanchal University

It is with great pride that we present this edition of the Bi-Annual Newsletter of Malwanchal University. The past six months have been marked by academic accomplishments, research innovations, cultural events, and impactful community initiatives. Each article captures the dedication and passion of our students, faculty, and staff, showcasing the vibrant life of our campus. As editors, our aim is to document these milestones and share stories that inspire and connect our community. This newsletter is more than a record—it is a celebration of our collective spirit, unity, and commitment to building a brighter, more meaningful future together.

