

MU CHRONICLES

A Monthly Newsletter of Malwanchal University
(Index Group of Institutions)

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Embracing compassion, commitment, and the calling of healthcare.

Index Medical College Hospital & Research Centre and Index Institute of Dental Sciences proudly celebrated the White Coat Ceremony 2025, marking a defining moment for budding medical and dental professionals. Students donned their white coats as a symbol of integrity, compassion, and commitment to patient-centered care. The ceremony encouraged them to uphold professional ethics and embrace continuous learning. Faculty members extended their best wishes as students embarked on their transformative journey in the field of healthcare.

EVENTS

Educational Visit to Farm-Tech Asia, Indore

Students of Index Institute of Agricultural Sciences visited the Farm-Tech Asia Agriculture Fair, Indore, on 08 November 2025. Guided by Chairman Shri Suresh Singh Bhadoria and Vice Chairman Mr. Mayankraj Singh Bhadoria, 60 students explored modern farm machinery, irrigation systems, greenhouse technologies, and innovations in smart farming. Led by Dr. Rajendra Singh and faculty members, the visit enriched students' practical knowledge and strengthened their understanding of emerging agricultural trends.



Cabinet Minister Dr. Kunwar Vijay Shah Visits Index Medical College



Dr. Kunwar Vijay Shah, Cabinet Minister for Tribal Affairs, visited Index Medical College Hospital & Research Centre, Indore, where he interacted with tribal students and highlighted various government welfare and scholarship schemes. He also reviewed the treatment of a student patient at the Super Speciality Hospital, ensuring quality care. The Minister appreciated the institution's efforts as the leadership team welcomed him, reinforcing their shared commitment to education, healthcare, and tribal community welfare.

A New Chapter Begins at Index Medical College

Index Medical College celebrated its 19th White Coat Ceremony on November 10, 2025, marking a proud milestone for first-year MBBS students. Esteemed leaders and faculty presented white coats and administered the Maharshi Charak Oath, inspiring students to uphold compassion, integrity, and discipline. Speakers emphasized dedication, well-being, and academic focus as key to their journey ahead. The event, attended by dignitaries and faculty, marked an inspiring start to the students' medical careers.



EVENTS

Cadaveric Oath Ceremony & Tribute to Body Donors

Index Medical College Hospital & Research Centre, Indore, held a heartfelt Cadaveric Oath Ceremony for the new MBBS batch, emphasizing respect and empathy in medical learning. A special tribute was paid to body donor late Smt. Sheela Chandalya, honoring her family's noble contribution. Dr. Sanjeev Narang and other dignitaries highlighted the invaluable role of cadavers as the first teachers. The event reinforced the institution's commitment to ethical values, compassionate education, and service to humanity.



World Diabetes Day Observed at Index Medical College Hospital



Index Medical College Hospital & Research Centre marked World Diabetes Day with awareness and academic activities led by the Community Medicine and Endocrinology departments. Expert speaker Dr. Zeeshan Ali emphasized the rising diabetes burden and the role of lifestyle change, highlighting plant-based nutrition. Sessions by Dr. Abhyuday Verma reinforced the importance of exercise, sleep, and stress management. Students, faculty, and healthcare professionals actively participated, strengthening the institution's commitment to preventive healthcare.

Umeed Ki Oon – Spreading Warmth, Dignity and Humanity

Index Medical College Hospital & Research Centre, Indore has launched its annual winter charity drive "Umeed Ki Oon" to support families facing harsh winters without essentials. Led by the Bhadoria family and supported by faculty, staff, and student volunteers, the initiative encourages donations of clean winter clothing. Collected items will be distributed across underserved communities, promoting compassion, social responsibility, and collective kindness to ensure no one battles the cold alone.



Deeksharambh Ceremony: A New Beginning for Future Dental Professionals

The Deeksharambh Ceremony at Index Institute of Dental Sciences welcomed newly admitted BDS students into a transformative academic journey. Leaders of Malwanchal University inspired students to embrace discipline, integrity, and continuous learning. With insights into curriculum, clinical training, and research, the event highlighted IIDS's commitment to excellence. Attended by esteemed officials and faculty, the ceremony filled students with confidence and purpose as they embarked on their path to becoming compassionate dental professionals.



De-Stress Your Body Through Sahaja Yoga Meditation



The Department of Physiotherapy and Paramedical Sciences organized a transformative Sahaja Yoga Meditation session on 1st November 2025 at Index Hospital. Led by Dr. Sunil Jaiswal, the program highlighted the scientific and spiritual benefits of meditation, emphasizing stress reduction, emotional balance, and improved focus. Participants experienced guided Self-

Realization, fostering inner peace and rejuvenation. With active faculty support and enthusiastic participation, the event successfully encouraged adopting meditation for a healthier, happier, and stress-free life.

Constitution Day: Inspiring Awareness, Responsibility, and Democracy

Index Institute of Law, Malwanchal University celebrated Constitution Day on November 26, 2025, with an engaging expert lecture on "Constitutional Challenges and Possibilities." Guest speaker Mr. Pankaj Wadhwani emphasized the Constitution as a dynamic, living document and highlighted its core values. The presence of esteemed dignitaries enriched the event. A Vote of Thanks marked the conclusion, inspiring students to uphold constitutional principles and strengthen their civic responsibility.



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