

MU CHRONICLES

A Monthly Newsletter of Malwanchal University
(Index Group of Institutions)

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Shishyopanayan Sanskar Marks a New Beginning for B.A.M.S. Students

The Index Ayurvedic College, Hospital and Research Centre, Malwanchal University, organized the Inaugural Ceremony of the Induction Programme (Shishyopanayan Sanskar) for newly admitted B.A.M.S. students on 12 December 2025. Graced by eminent dignitaries, the ceremony blended tradition with academic values through Dhanwantari Pujan, Uparna Sanskar, plantation drive, and cultural performances. The programme inspired students to embrace Ayurveda with discipline, ethics, and compassion, marking an auspicious beginning to their professional journey.



STIMULUS 2K25



Stimulus 2025: Fostering Holistic Excellence at Index Medical College

Index Medical College Hospital & Research Centre, under the aegis of Malwanchal University, successfully organized Stimulus 2025, a week-long sports and cultural initiative from 22nd to 29th December 2025, led by the MBBS Batch 2020. The programme aimed at holistic student development by blending physical fitness, cultural expression, and creative engagement with academic discipline. Students actively participated in diverse indoor and outdoor sports along with cultural activities such as dance, music, art, and competitions. The presence of senior dignitaries and administrators added inspiration, making the event a celebration of teamwork, leadership, and institutional values.

ATHENA 2K25



Athena 2025: Fostering Culture, Sports, and Academic Brilliance

Index Institute of Dental Sciences, Indore, proudly organized Athena 2025, a series of thoughtfully curated celebrations in December 2025, reflecting Malwanchal University's vision of holistic education. The Athena Ethnic Wear Cultural Extravaganza celebrated India's cultural diversity through traditional attire, narratives, and performances by students. Athena Sports Week encouraged physical fitness, teamwork, and leadership through active participation of students and faculty. The Annual Day Ceremony showcased academic excellence, institutional achievements, and cultural talent through awards and performances. Collectively, Athena 2025 nurtured discipline, confidence, unity, and all-round development among future dental professionals.

2-Day Hands-on Workshop on Dry Needling

The Index Department of Physiotherapy and Paramedical Sciences, Malwanchal University, Indore, organized a 2-Day Hands-on Workshop on Dry Needling for Chronic Pain Relief and Sports Injuries on 25th and 26th November 2025. Led by Dr. Richa Singh, Certified Dry Needling Instructor, the workshop enhanced clinical skills through lectures, demonstrations, and hands-on practice. The program emphasized evidence-based techniques, safety protocols, and anatomical precision, reinforcing the department's commitment to quality physiotherapy education and professional excellence.



IIDS Conducts Anti-Ragging Orientation Programme



The Index Institute of Dental Sciences (IIDS), Indore, organized an Anti-Ragging Orientation Programme on 11 December 2025 to promote a safe, respectful, and inclusive campus. The session featured Dr. B. M. Shrivastava as Guest Speaker, who highlighted legal provisions, preventive measures, and shared responsibilities related to anti-ragging. Esteemed dignitaries and university officials graced the event, reaffirming Malwanchal University's strong commitment to student welfare, discipline, and a ragging-free academic environment.

Index Cricket League (ICL) 2025: A Celebration of Young Talent and Sportsmanship

Under the aegis of Malwanchal University, the Index Institute of Management, Arts and Science successfully organized the Index Cricket League (ICL) 2025 from 2-6 December at the Index Stadium. Sixteen school teams from Indore and Dewas participated in this vibrant inter-school tournament. Mount Index International School clinched the championship with an impressive final victory. The event highlighted teamwork, discipline, and the university's commitment to holistic education through sports.



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