



**MALWANCHAL
UNIVERSITY INDORE**
(INDEX GROUP OF INSTITUTIONS)

MU CHRONICLES

A Bi-Annual Newsletter of Malwanchal University





Message from the Chairman

At Mayank Welfare Foundation, our mission has always been rooted in service, compassion, and inclusive development. Over the past six months, we have continued our efforts to uplift communities through education support, healthcare initiatives, social awareness programs, and welfare-driven outreach activities. Each initiative reflects our belief that real progress is achieved when growth reaches the last person in society.

I take immense pride in the dedication shown by our team members, volunteers, and partners who work tirelessly to turn vision into action. Their commitment has enabled the Foundation to create meaningful and sustainable impact across various social sectors.

As we move forward, our focus remains on strengthening community engagement, expanding our welfare initiatives, and nurturing values of empathy and responsibility. Together, let us continue to build a society where dignity, opportunity, and hope are accessible to all.

Shri Suresh Singh Bhadoria
Chairman
Mayank Welfare Foundation





Message from the Vice Chairman

The last six months have been a period of purposeful action and collective growth for Mayank Welfare Foundation. Our initiatives in education, health awareness, youth empowerment, and social welfare have reached diverse sections of society, reinforcing our commitment to holistic development.

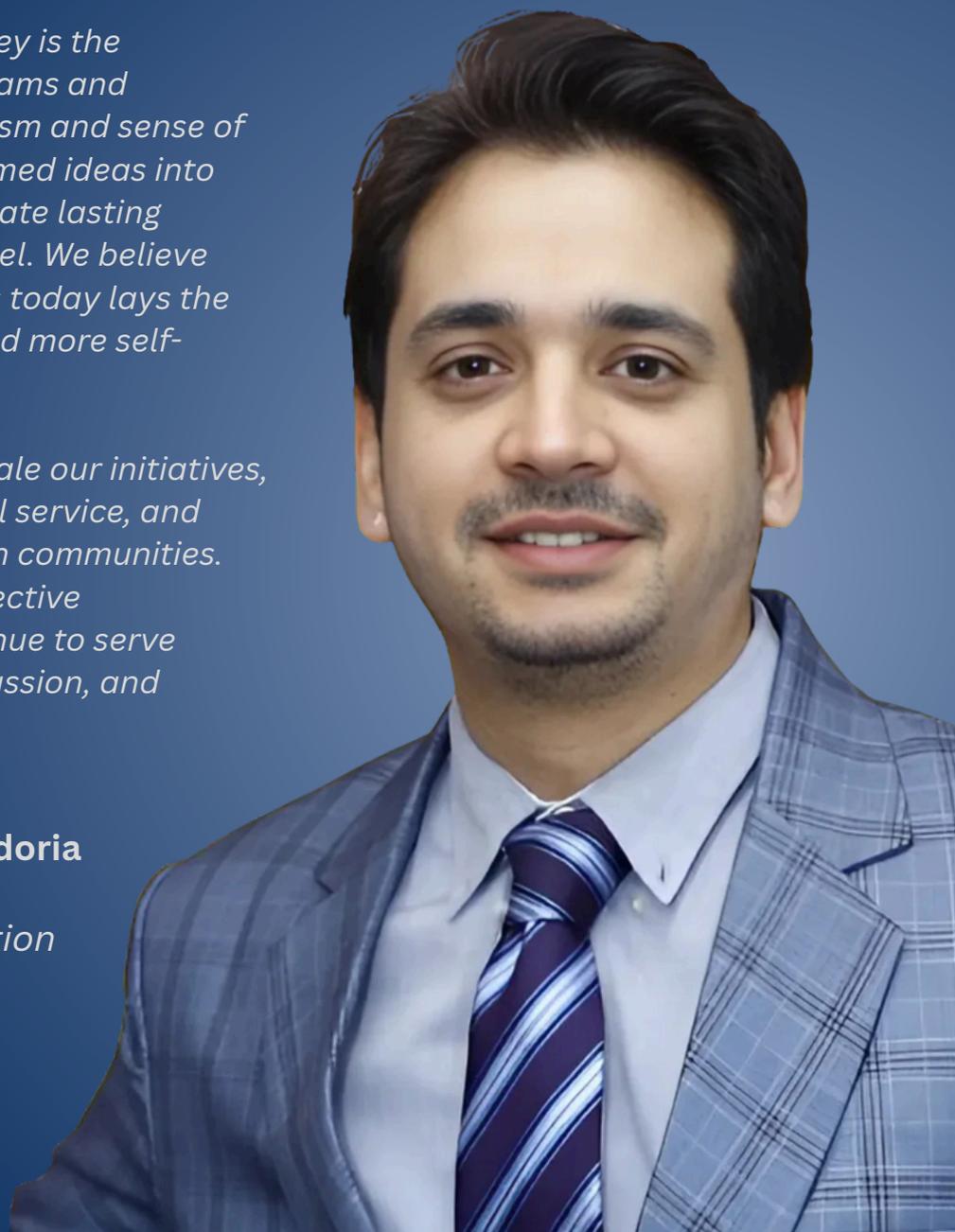
What truly defines our journey is the collaborative spirit of our teams and stakeholders. Their enthusiasm and sense of responsibility have transformed ideas into impactful programs that create lasting change at the grassroots level. We believe that empowering individuals today lays the foundation for a stronger and more self-reliant tomorrow.

Looking ahead, we aim to scale our initiatives, embrace innovation in social service, and deepen our engagement with communities. With shared values and collective determination, we will continue to serve society with integrity, compassion, and purpose.

Mr. Mayankraj Singh Bhadoria

Vice-Chairman

Mayank Welfare Foundation





Message from the Chancellor

Malwanchal University continues to move forward with a clear vision of academic excellence, innovation, and value-based education. Over the past six months, the University has strengthened its academic framework through curriculum enrichment, research initiatives, student-centric activities, and community engagement.

Our focus remains on nurturing responsible professionals who possess not only knowledge and skills but also ethics, empathy, and leadership qualities. The dedication of our faculty, staff, and students has been instrumental in fostering an environment of learning, creativity, and collaboration.

As we progress, Malwanchal University will continue to emphasize interdisciplinary learning, industry integration, and research-driven growth. Together, we are shaping an institution that contributes meaningfully to nation-building and prepares students to face global challenges with confidence and competence.

Mrs. Gauri Singh Bhadoria

Chancellor

Malwanchal University





Message from the Vice-Chancellor

The past six months at Malwanchal University have been marked by academic progress, institutional strengthening, and student development. Our focus has been on enhancing teaching-learning practices, promoting research and innovation, and ensuring quality across all academic and administrative processes.

The University has witnessed active participation from students and faculty in academic forums, research activities, social initiatives, and skill-development programs. These efforts align with our commitment to creating a learner-centric ecosystem that encourages critical thinking, creativity, and professionalism.

Moving ahead, we aim to further strengthen academic excellence, digital integration, and industry-academia collaboration. With a shared commitment to quality and continuous improvement, Malwanchal University will continue to evolve as a center of knowledge, innovation, and societal contribution.

Dr. Sanjeev Narang
Vice-Chancellor
Malwanchal University



July

AT A GLANCE

Honoring Excellence in Healthcare at Naiduniya Chikitsak Samman 2025

Malwanchal University proudly participated in the Naiduniya Chikitsak Samman 2025, held at Sheraton Grand Palace, Indore, celebrating over 30 doctors for their outstanding contributions to healthcare. Represented by Dr. Rajendra Singh, Deputy Registrar, the university reaffirmed its dedication to clinical and academic excellence. The event was graced by dignitaries including Shri Suresh Singh Bhadoria, Chairman of Index Group. It united healthcare leaders and changemakers to recognize selfless service and innovation. Through institutions like Index Medical College, Malwanchal University supports platforms that inspire future professionals and uphold excellence in medical service across Madhya Pradesh.



Malwanchal Alumnus Shines Internationally as National Team Physiotherapist



Malwanchal University proudly congratulates Swapnil Thergavkar, alumnus of Index Department of Physiotherapy & Paramedical Sciences, on his selection as the Physiotherapist for the Indian Para Table Tennis Team. Representing India at an international championship in Taiwan, he showcased exceptional skill and dedication. Honoured by university leadership, Swapnil's success reflects the institution's commitment to quality education and practical training. His achievement is a proud moment for Malwanchal University, the Index Group, and the city of Indore.

Index Medical College Student Shines at Inter-College Essay Competition

Aqsa Qureshi of Index Medical College secured Third Prize at the Inter-College Essay Competition organized by HELP, held at MGM Medical College, Indore, on July 19, 2025. Competing with top medical students, her essay stood out for its depth and empathy. Chairman Shri Suresh Singh Bhadoria congratulated Aqsa and highlighted the role of academic competitions in shaping future leaders. Consolation prizes were also awarded to Apoorva Singh and Abhishek Dhaakad for their commendable efforts.



July

AT A GLANCE

Guru Purnima Celebration at IDOPT – Honoring Our Guiding Lights

On 10th July 2025, IDOPT celebrated Guru Purnima with reverence, honoring mentors through traditional rituals, tilak ceremonies, and heartfelt tributes. Shri Suresh Singh Bhadoria, Chairman, Index Group, graced the occasion, emphasizing the enduring values of the Guru-Shishya tradition. Students and faculty reflected on the spiritual and academic guidance of teachers through cultural performances and prayers. The event beautifully blended tradition and education, reinforcing IDOPT's commitment to holistic learning and value-driven growth.



Guru Purnima 2025 Celebrated at Index Homoeopathic College



On 10th July 2025, Index Homoeopathic College Hospital & Research Center celebrated Guru Purnima with great reverence. The event featured Saraswati Vandana, lamp lighting, and heartfelt tributes by students through speeches, cards, and videos. Teachers and staff were honored for their guidance and dedication. The celebration strengthened the student-teacher bond and upheld values of respect and gratitude. It was a memorable occasion that reflected the institute's commitment to preserving cultural traditions and academic excellence.

Honoring Mentors: Guru Purnima Celebration at Index Nursing College

Index Nursing College celebrated Guru Purnima on 10th July 2025 with devotion and cultural enthusiasm. Led by Dr. Nitin Chicholkar and guided by Principal Dr. (Prof.) Smriti G. Solomon, the event featured a traditional puja and active participation from B.Sc. Nursing 1st Semester students. Inspired by Chairman Shri Suresh Singh Bhadoria's vision, the celebration emphasized respect for teachers and moral values, reflecting the college's commitment to holistic, value-based education in healthcare.



July

AT A GLANCE

Prestigious Gold Medal for Index Medical College PG Resident

Dr. Saichand Paruchuri, 2nd-year PG in General Surgery at Index Medical College, won the Late Dr. Mrs. Saroj Upadhyay Gold Medal for Best PG Paper at the 8th MP-CG IAPS & 1st SPTSCon 2025, SAIMS Indore. His paper on improving outcomes in borderline NEC was highly praised. This national recognition reflects the institution's academic excellence and research-driven training, nurtured under the visionary leadership of Shri Suresh Singh Bhadoria, Chairman, Index Group of Institutions.



GCP Workshop Empowers Future Medical Leaders



Index Medical College, Hospital & Research Centre conducted a workshop on Good Clinical Practice (GCP), Ethics, and New Drugs & Clinical Trials on July 23, 2025. Organized by the Department of Pharmacology, the event enriched students, faculty, and researchers with insights into ethical research and regulatory protocols. Sessions led by experts emphasized informed consent, data safety, and stakeholder responsibilities. The workshop reaffirmed Malwanchal University's commitment to nurturing ethical, globally competent medical professionals.

Empowering Healthcare Through AI: Webinar on AI Tools in the Health Sector

The Index Institute of Dental Sciences hosted a transformative webinar on "The Role of AI Tools in the Health Sector" under the ADiRA programme on 12th July 2025. Dr. Manish Jaisal delivered an insightful session on AI's growing role in diagnostics, treatment, and patient care. With over 60 participants, the event highlighted how AI is reshaping healthcare. Chairman Shri Suresh Singh Bhadoria emphasized embracing digital tools to empower future-ready healthcare professionals.



August

AT A GLANCE

Malwanchal University Celebrates 79th Independence Day with Patriotic Fervor

Malwanchal University, Indore, celebrated the 79th Independence Day with great enthusiasm and national pride. The event began with flag hoisting and the National Anthem, followed by cultural performances, patriotic songs, and a student parade showcasing unity and discipline. The celebration was graced by Chairman Shri Suresh Singh Bhadoria, Vice Chancellor Dr. Sanjeev Narang, and other dignitaries. In his address, Dr. Narang urged students to honor the sacrifices of freedom fighters and contribute meaningfully to nation-building.



Sustainability Meets Tradition: Eco-Friendly Ganesh Idol-Making at IIDS



The Index Institute of Dental Sciences, Malwanchal University, organized an eco-friendly Ganesh idol-making workshop on 26th August 2025, under the guidance of Shri Suresh Singh Bhadoria, Chairman, and Vice Chairman Mr. Mayank Raj Singh Bhadoria. Students from Dental, MBBS, and Paramedical streams crafted clay idols, blending creativity with environmental responsibility. Conducted by Ms. Jaya Shetty, the workshop emphasized tradition, sustainability, and cultural values, reflecting Malwanchal University's vision of integrating education with holistic, value-based learning.

IIDS Observes Anti-Ragging Week with Awareness Seminar

The Index Institute of Dental Sciences, Malwanchal University, observed Anti-Ragging Week on 12th August 2025 with an awareness seminar promoting safety and respect on campus. Under the guidance of Chairman Shri Suresh Singh Bhadoria, the session featured addresses by Dean Dr. Rolly S Agrawal and faculty experts on the legal, social, and psychological impact of ragging. Creative competitions and an Anti-Ragging Oath reinforced the University's strong commitment to a ragging-free academic environment.



August **AT A GLANCE**

World Breastfeeding Week 2025 Celebrated by Index Medical College

The Department of Community Medicine, Index Medical College Hospital & Research Centre, Indore, observed World Breastfeeding Week 2025 on August 5th at Anganwadi Centre, Village Dhamnay. Guided by Chairman Shri Suresh Singh Bhadoria, the event themed “Prioritise Breastfeeding – Create Sustainable Support Systems” featured role-plays, posters, and interactive sessions by MBBS interns to spread awareness on breastfeeding practices. With active participation from mothers, students, and faculty, the initiative reinforced community support and the institution’s commitment to public health.



CPBFI Seminar in Collaboration with Bajaj FinServ



The Index Institute of Management, Arts & Science, Malwanchal University, organized a seminar on the Certificate Program in Banking, Finance & Insurance (CPBFI) on 4th August 2024. Conducted under the leadership of Shri Suresh Singh Bhadoria, Chairman, Index Group, and led by expert trainer Mr. Sumant Chinchwadkar, the session highlighted skill development in communication, financial literacy, and industry readiness. This Bajaj FinServ CSR initiative enhances employability, bridging academia with BFSI industry demands.

Rakhi Celebration 2025 – Weaving Bonds of Tradition & Togetherness

The Index Institute of Management, Arts & Sciences, Malwanchal University, celebrated Rakhi on 7th August 2025 with enthusiasm and cultural spirit. Under the guidance of Shri Suresh Singh Bhadoria, Chairman, the event witnessed the presence of university leaders, faculty, and students, fostering unity and harmony. The celebration beautifully reflected the essence of Raksha Bandhan—love, respect, and protection—while reinforcing the institute’s commitment to nurturing traditions alongside academic excellence, leaving behind cherished memories for all participants.



August

AT A GLANCE

Index Nursing College Hosts Awareness Seminar on World Breastfeeding Week

Index Nursing College, Malwanchal University, organized an awareness seminar on World Breastfeeding Week 2025, themed “Prioritize Breastfeeding: Build a Sustainable Support System.” Held under the guidance of Shri Suresh Singh Bhadoria, Chairman, the event featured keynote speaker Prof. Rakhi Chandel, who highlighted the nutritional and emotional benefits of breastfeeding. Led by Dr. Smriti G. Solomon, the program engaged students and faculty, emphasizing exclusive breastfeeding’s role in infant health and the need for supportive environments for mothers.



Rakshabandhan Celebration at Index Department of Physiotherapy & Paramedical Sciences



The Index Department of Physiotherapy and Paramedical Sciences celebrated Rakshabandhan on 11th August 2025 with devotion and harmony. The event, graced by the Brahmkumari sisters from Khudail Centre, highlighted the spiritual significance of the festival through Rakhi tying and an enlightening discourse on love, respect, and positivity. Under the guidance of Shri Suresh Singh Bhadoria, Chairman, Index Group of Institutions, the program fostered unity, spiritual growth, and cultural values alongside academic excellence.

Awareness Through Knowledge: Seminar on Fundamental Rights and Duties

The Index Department of Physiotherapy and Paramedical Sciences (IDOPT), Malwanchal University, organized a seminar on Fundamental Rights and Duties on 6th August 2025 under the initiative of IQAC. Speaker Mr. Bhisma Kumar Dehariya enlightened students on constitutional rights and responsibilities, encouraging active citizenship and social responsibility. With the guidance of Shri Suresh Singh Bhadoria, Chairman, Index Group of Institutions, the seminar fostered constitutional awareness and inspired students to uphold civic duties as responsible healthcare professionals.



September

AT A GLANCE

Financial Literacy for Sustainable Growth

Index Institute of Management, Arts & Sciences with IQAC, Malwanchal University, hosted a SEBI-led seminar on 25th September 2025. Experts Mr. Aman Agarwal and Mr. Manik Tekchandani emphasized financial planning, fraud prevention, and savings culture. Students gained practical insights, fostering responsible financial behavior for personal and national progress.



Research Methodology Workshop: Advancing Healthcare through Innovation



Malwanchal University, in collaboration with Amaltes University, hosted a two-day Research Methodology Workshop at Index Medical College. Distinguished experts delivered sessions on ethics, scientific writing, and publishing. Vice Chairman Shri Mayankraj Singh Bhadoria announced the establishment of a Research Innovation Center, underscoring the University's commitment to advancing global healthcare through pioneering research.

Sandipani Shiksha Samman 2025: Honoring the Legacy of Teachers

Sandipani Shiksha Samman 2025 was celebrated on 24th September at Maa Kankeshwari Devi Vidya Vihar School, Indore. Jointly organized by Swadesh News, Media Today, Index Group, and Malwanchal University, the event honored distinguished educators, highlighted the Guru-Shishya tradition, and emphasized the pivotal role of teachers in shaping future generations.



September **AT A GLANCE**

Blending Tradition with Modernity: Glorious India Seminar

Malwanchal University, in collaboration with Index Group of Institutions, successfully hosted the “Glorious India” seminar on 11th September 2025. Shri Vivek Asthana highlighted India’s rich cultural heritage and its relevance in contemporary times, recalling Swami Vivekananda’s iconic 1893 Chicago address. Guided by Chairman Shri Suresh Singh Bhadoria and Vice Chairman Mr. Mayank Raj Singh Bhadoria, the event emphasized holistic education, innovation, and nation-building.



Seminar on World Suicide Prevention Day: Addressing Youth Mental Health



On World Suicide Prevention Day, Malwanchal University organized a seminar on “Changing the Perceptions Around Suicide.” Experts highlighted challenges like academic pressure, competition, and family stress, emphasizing early counseling and support. Leadership and students engaged in discussions, reinforcing the university’s commitment to holistic growth, mental well-being, and resilient youth.

Index Ayurvedic College Launches 100 BAMS Seats

Index Ayurvedic College, under Index Group of Institutions, proudly announces approval for 100 BAMS admissions, enhancing Madhya Pradesh’s Ayurvedic education landscape. Equipped with advanced laboratories, a Panchakarma department, medicinal garden, and modern hostels, the college aims to provide world-class training, fostering skilled professionals for holistic healthcare and wellness.



September

AT A GLANCE

Future Doctors Trained for Community Health at IMA-MSN-MP Workshop

Index Medical College, Indore, hosted a dynamic awareness workshop by IMA-MSN-MP. Under the guidance of Shri Suresh Singh Bhadoria and team, students received training on first aid, preventive health, HPV vaccination, and tobacco-free advocacy. The program empowered future doctors as skilled, socially responsible healthcare leaders.



World Pharmacist Day Celebrated at Index Institute of Pharmacy



Index Institute of Pharmacy, Malwanchal University, celebrated World Pharmacist Day with workshops, awareness rallies, and a poster competition emphasizing patient safety, rational drug use, and pharmacists' evolving role in healthcare. Faculty, students, and dignitaries highlighted innovation, service, and ethical practice, fostering commitment to safe medication and healthcare excellence.

Swachhta Pakhwada 2025: Fostering Cleanliness and Responsibility

Index Institute of Management, Arts & Sciences celebrated Swachhta Pakhwada on 26th September 2025 with a campus-wide cleanliness drive, Swachhta rally, and creative competitions. Led by Principal Dr. Ajay Mishra, students and staff embraced hygiene, sustainability, and social responsibility, reinforcing the ethos: "Swachhta Hi Seva Hai."



October

AT A GLANCE

Alumni Meet 2025: Rekindling Connections, Celebrating Legacy

The Malwanchal Alumni Association successfully hosted the Alumni Meet 2025 for the Dental Batch of 2012–2019 at the Index Medical College Auditorium. The event served as a platform for former students to reconnect, reflect on their professional journeys, and share valuable insights with their peers and mentors. Following an engaging inaugural session, alumni shared their feedback and experiences, fostering a sense of pride and belonging. The gathering concluded with a delightful lunch, spirited sports activities, and a tree plantation drive, symbolizing growth, unity, and the enduring bond within the Malwanchal University community.



Alumni Meet 2025: Rekindling Connections, Celebrating Legacy



As a highlight of the Alumni Meet 2025, the Malwanchal Alumni Association hosted an elegant Gala Dinner and DJ Night at Mayank Blue Water Park. The evening brought together distinguished alumni from the Dental Batch of 2012–2019 in an atmosphere of joy, music, and camaraderie. Guests enjoyed a delightful culinary experience complemented by lively entertainment, fostering meaningful interactions and renewed connections. The event served as a fitting conclusion to the reunion, celebrating professional achievements, shared memories, and the enduring spirit of the Malwanchal fraternity with elegance and enthusiasm.

October

AT A GLANCE

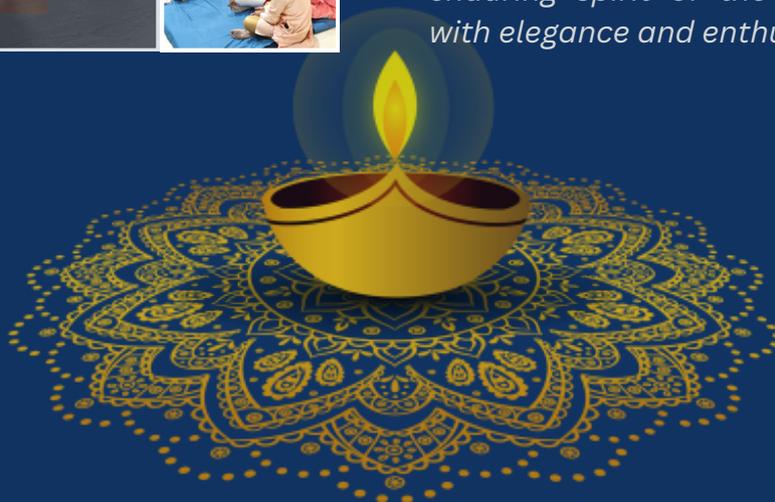
Diwali Pooja Celebration at Malwanchal University

Malwanchal University and the Index Group of Institutions observed the auspicious festival of Diwali with traditional fervour and reverence. The Diwali Pooja was graciously performed under the guidance of Shri Suresh Singh Bhadoria, Chairman, invoking divine blessings for prosperity, wisdom, and collective growth. The ceremony witnessed the presence of faculty members, staff, and students who joined in the sacred rituals, embodying the spirit of unity and positivity. The celebration reflected the institution's commitment to cultural values and harmony, concluding with the exchange of festive greetings and sweets in a joyful and serene atmosphere.



Chhath Pooja Celebration at Malwanchal University

As a highlight of the Alumni Meet 2025, the Malwanchal Alumni Association hosted an elegant Gala Dinner and DJ Night at Mayank Blue Water Park. The evening brought together distinguished alumni from the Dental Batch of 2012–2019 in an atmosphere of joy, music, and camaraderie. Guests enjoyed a delightful culinary experience complemented by lively entertainment, fostering meaningful interactions and renewed connections. The event served as a fitting conclusion to the reunion, celebrating professional achievements, shared memories, and the enduring spirit of the Malwanchal fraternity with elegance and enthusiasm.



November

AT A GLANCE

Educational Visit to Farm-Tech Asia, Indore

Students of Index Institute of Agricultural Sciences visited the Farm-Tech Asia Agriculture Fair, Indore, on 08 November 2025. Guided by Chairman Shri Suresh Singh Bhadoria and Vice Chairman Mr. Mayankraj Singh Bhadoria, 60 students explored modern farm machinery, irrigation systems, greenhouse technologies, and innovations in smart farming. Led by Dr. Rajendra Singh and faculty members, the visit enriched students' practical knowledge and strengthened their understanding of emerging agricultural trends.



Cabinet Minister Dr. Kunwar Vijay Shah Visits Index Medical College

Dr. Kunwar Vijay Shah, Cabinet Minister for Tribal Affairs, visited Index Medical College Hospital & Research Centre, Indore, where he interacted with tribal students and highlighted various government welfare and scholarship schemes. He also reviewed the treatment of a student patient at the Super Speciality Hospital, ensuring quality care. The Minister appreciated the institution's efforts as the leadership team welcomed him, reinforcing their shared commitment to education, healthcare, and tribal community welfare.

A New Chapter Begins at Index Medical College

Index Medical College celebrated its 19th White Coat Ceremony on November 10, 2025, marking a proud milestone for first-year MBBS students. Esteemed leaders and faculty presented white coats and administered the Maharshi Charak Oath, inspiring students to uphold compassion, integrity, and discipline. Speakers emphasized dedication, well-being, and academic focus as key to their journey ahead. The event, attended by dignitaries and faculty, marked an inspiring start to the students' medical careers.



November

AT A GLANCE

Cadaveric Oath Ceremony & Tribute to Body Donors

Index Medical College Hospital & Research Centre, Indore, held a heartfelt Cadaveric Oath Ceremony for the new MBBS batch, emphasizing respect and empathy in medical learning. A special tribute was paid to body donor late Smt. Sheela Chandalya, honoring her family's noble contribution. Dr. Sanjeev Narang and other dignitaries highlighted the invaluable role of cadavers as the first teachers. The event reinforced the institution's commitment to ethical values, compassionate education, and service to humanity.



World Diabetes Day Observed at Index Medical College Hospital

Index Medical College Hospital & Research Centre marked World Diabetes Day with awareness and academic activities led by the Community Medicine and Endocrinology departments. Expert speaker Dr. Zeeshan Ali emphasized the rising diabetes burden and the role of lifestyle change, highlighting plant-based nutrition. Sessions by Dr. Abhyuday Verma reinforced the importance of exercise, sleep, and stress management. Students, faculty, and healthcare professionals actively participated, strengthening the institution's commitment to preventive healthcare.

Umeed Ki Oon – Spreading Warmth, Dignity and Humanity

Index Medical College Hospital & Research Centre, Indore has launched its annual winter charity drive "Umeed Ki Oon" to support families facing harsh winters without essentials. Led by the Bhadoria family and supported by faculty, staff, and student volunteers, the initiative encourages donations of clean winter clothing. Collected items will be distributed across underserved communities, promoting compassion, social responsibility, and collective kindness to ensure no one battles the cold alone.



November

AT A GLANCE

De-Stress Your Body Through Sahaja Yoga Meditation

The Department of Physiotherapy and Paramedical Sciences organized a transformative Sahaja Yoga Meditation session on 1st November 2025 at Index Hospital. Led by Dr. Sunil Jaiswal, the program highlighted the scientific and spiritual benefits of meditation, emphasizing stress reduction, emotional balance, and improved focus. Participants experienced guided Self-Realization, fostering inner peace and rejuvenation. With active faculty support and enthusiastic participation, the event successfully encouraged adopting meditation for a healthier, happier, and stress-free life.



Deeksharambh Ceremony: A New Beginning for Future Dental Professionals

The Deeksharambh Ceremony at Index Institute of Dental Sciences welcomed newly admitted BDS students into a transformative academic journey. Leaders of Malwanchal University inspired students to embrace discipline, integrity, and continuous learning. With insights into curriculum, clinical training, and research, the event highlighted IIDS's commitment to excellence. Attended by esteemed officials and faculty, the ceremony filled students with confidence and purpose as they embarked on their path to becoming compassionate dental professionals.

Constitution Day: Inspiring Awareness, Responsibility, and Democracy

Index Institute of Law, Malwanchal University celebrated Constitution Day on November 26, 2025, with an engaging expert lecture on "Constitutional Challenges and Possibilities." Guest speaker Mr. Pankaj Wadhvani emphasized the Constitution as a dynamic, living document and highlighted its core values. The presence of esteemed dignitaries enriched the event. A Vote of Thanks marked the conclusion, inspiring students to uphold constitutional principles and strengthen their civic responsibility.



December

AT A GLANCE

Shishyopanayan Sanskar Marks a New Beginning for B.A.M.S. Students

The Index Ayurvedic College, Hospital and Research Centre, Malwanchal University, organized the Inaugural Ceremony of the Induction Programme (Shishyopanayan Sanskar) for newly admitted B.A.M.S. students on 12 December 2025. Graced by eminent dignitaries, the ceremony blended tradition with academic values through Dhanwantari Pujan, Uparna Sanskar, plantation drive, and cultural performances. The programme inspired students to embrace Ayurveda with discipline, ethics, and compassion, marking an auspicious beginning to their professional journey.



Stimulus 2025: Fostering Holistic Excellence at Index Medical College



Index Medical College Hospital & Research Centre, under the aegis of Malwanchal University, successfully organized Stimulus 2025, a week-long sports and cultural initiative from 22nd to 29th December 2025, led by the MBBS Batch 2020. The programme aimed at holistic student development by blending physical fitness, cultural expression, and creative engagement with academic discipline. Students actively participated in diverse indoor and outdoor sports along with cultural activities such as dance, music, art, and competitions. The presence of senior dignitaries and administrators added inspiration, making the event a celebration of teamwork, leadership, and institutional values.

December

AT A GLANCE

Athena 2025: Fostering Culture, Sports, and Academic Brilliance

Index Institute of Dental Sciences, Indore, proudly organized Athena 2025, a series of thoughtfully curated celebrations in December 2025, reflecting Malwanchal University's vision of holistic education. The Athena Ethnic Wear Cultural Extravaganza celebrated India's cultural diversity through traditional attire, narratives, and performances by students. Athena Sports Week encouraged physical fitness, teamwork, and leadership through active participation of students and faculty. The Annual Day Ceremony showcased academic excellence, institutional achievements, and cultural talent through awards and performances. Collectively, Athena 2025 nurtured discipline, confidence, unity, and all-round development among future dental professionals.



2-Day Hands-on Workshop on Dry Needling

The Index Department of Physiotherapy and Paramedical Sciences, Malwanchal University, Indore, organized a 2-Day Hands-on Workshop on Dry Needling for Chronic Pain Relief and Sports Injuries on 25th and 26th November 2025. Led by Dr. Richa Singh, Certified Dry Needling Instructor, the workshop enhanced clinical skills through lectures, demonstrations, and hands-on practice. The program emphasized evidence-based techniques, safety protocols, and anatomical precision, reinforcing the department's commitment to quality physiotherapy education and professional excellence.



December

AT A GLANCE

IIDS Conducts Anti-Ragging Orientation Programme

The Index Institute of Dental Sciences (IIDS), Indore, organized an Anti-Ragging Orientation Programme on 11 December 2025 to promote a safe, respectful, and inclusive campus. The session featured Dr. B. M. Shrivastava as Guest Speaker, who highlighted legal provisions, preventive measures, and shared responsibilities related to anti-ragging. Esteemed dignitaries and university officials graced the event, reaffirming Malwanchal University's strong commitment to student welfare, discipline, and a ragging-free academic environment.



Index Cricket League (ICL) 2025: A Celebration of Young Talent and Sportsmanship

Under the aegis of Malwanchal University, the Index Institute of Management, Arts and Science successfully organized the Index Cricket League (ICL) 2025 from 2-6 December at the Index Stadium. Sixteen school teams from Indore and Dewas participated in this vibrant inter-school tournament. Mount Index International School clinched the championship with an impressive final victory. The event highlighted teamwork, discipline, and the university's commitment to holistic education through sports.



Message from the Editor



Mr. Roopesh Verma

Chief Editor
Malwanchal University

It gives me immense pleasure to present Volume 2 of MU Chronicles, our bi-annual newsletter that reflects the vibrant academic spirit of Malwanchal University. This edition captures the milestones, innovations, research achievements, community initiatives, and student accomplishments that define our collective journey. Every page stands as a testament to the dedication of our faculty, staff, and students who continuously strive for excellence. As we move forward, let us remain inspired, collaborative, and committed to growth. I extend my heartfelt gratitude to all contributors and readers for making this publication meaningful and impactful.

