



# MU CHRONICLES

A Monthly Newsletter of Malwanchal University

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Batch 2023 Achievers  
Honoured at

## INDEX MEDICAL COLLEGE

Index Medical College proudly celebrates the remarkable achievements of the Batch 2023 topper, recognized as both MBBS Topper and Overall Topper for outstanding academic excellence. The Department of Microbiology further applauded the student's exceptional performance, securing titles as Seminar Topper, ICMR Project Topper, and CAHO Diagnosticon Winner. These accomplishments reflect dedication, scholarly commitment, and academic brilliance. The achievement stands as an inspiration for peers and reinforces the institution's commitment to nurturing excellence in medical education and research.



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## EVENTS

### Educational Visit to District Court, Indore



On 18th March 2026, the Index Institute of Law organized an educational visit to the District Court, Indore for 30 law students. Guided by Dean Dr. Surendra Kumar Nirala and faculty members, students observed live court proceedings and gained insights into courtroom decorum, legal arguments, and judicial processes. They also interacted with Hon'ble Judges and ADPOs, enhancing their practical understanding of law. The visit provided valuable real-world exposure, reinforcing the importance of experiential learning and helping students connect theoretical knowledge with courtroom practice.

### INDEX MEDICAL COLLEGE PG STUDENT WINS GOLD MEDAL AT NATIONAL CONFERENCE

Index Medical College Hospital & Research Centre, Indore, earned national recognition as PG resident Dr. Harsh Narang secured the Gold Medal in the PG Free Paper category at ASAMICON 2026, Gujarat. He presented research on "Functional and Radiological Outcomes of the Ilizarov Technique in Femoral Pathologies," which received wide appreciation. Guided by Dr. Jayant Sharma, the achievement reflects the institution's strong academic environment. Dean Dr. Sanjeev Narang and faculty congratulated him for bringing pride to the college and city.



### EXPLORING THE FUTURE OF HEALTHCARE: AI INNOVATIONS SHINE AT NATIONAL CONFERENCE 2026



The Index Department of Physiotherapy and Paramedical Sciences participated in the National Conference on "Emerging Trends in Artificial Intelligence for Advanced Health Care Delivery" at Amaltas Institute of Medical Sciences, Dewas. The event highlighted AI's growing role in diagnostics, patient care, and research. Dr. Reshma Khurana delivered an insightful session on AI career prospects. Students actively engaged in scientific activities, and Ms. Isha Gaur secured third position in the quiz competition, bringing recognition to the institution.

**EVENTS****Industrial Visit to Colour Grading Machine at Shree Ji Warehouse**

Students of Index Institute of Agricultural Sciences participated in an industrial visit to Shree Ji Warehouse to observe the functioning of a Colour Grading Machine. The visit provided practical exposure to modern sorting and grading techniques used for agricultural produce. Experts demonstrated how colour-based separation improves quality, enhances market value, and supports export standards. The visit helped students understand post-harvest management, quality control, and the role of advanced technologies in agriculture, making it a valuable hands-on learning experience.

**DR. AISHWARYA MAHAJAN HONOURED WITH 'BEST PARTICIPATION AWARD' AT NATIONAL ORTHOPEDICS PG COURSE**

Dr. Aishwarya Mahajan, a postgraduate student from the Department of Orthopedics at Index Medical College Hospital & Research Centre, received the 'Best Participation Award' at a prestigious National Orthopedics PG Course. She was recognised for her active participation, academic enthusiasm, and valuable contributions during scientific sessions. The achievement highlights the institution's focus on academic excellence and research-oriented learning. Faculty members congratulated her and encouraged PG students to participate in national academic platforms to enhance clinical knowledge, professional skills, and overall professional development.

**DIVINE SUNDARKAND PAATH FOSTERS SPIRITUAL HARMONY**

Index Medical College Hospital & Research Centre organized a divine Sundarkand Paath, creating an atmosphere filled with positivity, peace, and spiritual energy. The sacred recitation brought together students, faculty, and staff in devotion, encouraging unity and inner strength. The event provided a meaningful pause from academic routines, promoting mental well-being and emotional balance. Such spiritual gatherings reflect the institution's commitment to holistic development, nurturing values, mindfulness, and harmony alongside academic excellence.

## EVENT

### Three-Day Orientation Programme for 2025 Batch PG Students at Index Medical College



Index Medical College Hospital and Research Centre conducted a three-day orientation for 2025 batch postgraduate students on March 12, 2026. The programme introduced academic policies, hospital services, and clinical responsibilities. Chairman Suresh Singh Bhadoria and Vice Chairman Mayankraj Singh Bhadoria inspired students toward compassionate medical excellence. Dean Dr. Sanjeev Narang highlighted advanced infrastructure and clinical exposure, while Medical Superintendent Dr. Swati Prashant stressed patient-centric care. Executive Director Dr. G. S. Patel explained institutional functioning and schemes, followed by departmental introductions.

## EDITORIAL ARTICLE

### High on Success? Don't Forget Gravity Exists

Success is often seen as a shining peak, but few speak about the silent shifts it brings along the way. As you rise, not everyone will be able to walk beside you. Some will misunderstand your journey, some may feel insecure, and others may quietly drift away. It is not always a matter of right or wrong, it is simply the nature of growth. Moving ahead sometimes requires leaving certain people behind, and that can be one of the hardest truths to accept.



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However, success comes with its own set of dangers. It has a subtle way of lifting you onto "cloud nine," making you believe that you are above others or beyond failure. But reality has a way of restoring balance. The higher you climb without humility, the harder you risk falling. Success is not a permanent state; it is a phase that demands awareness and control.

A truly successful person does not need to announce their achievements loudly. Their work speaks for them. They remain calm, composed, and grounded, understanding that noise often reflects insecurity rather than strength. Silence, in this case, becomes a sign of confidence.

Most importantly, success does not make the world revolve around you. Life continues beyond individual achievements. Staying humble, respecting others, and maintaining perspective are what sustain success in the long run. Because in the end, it is not just about reaching the top, but about staying there with grace.



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