



MU CHRONICLES

A Monthly Newsletter of Malwanchal University

NL/2026/06 | June 2026

MALWANCHAL YOGA MAHOTSAV 2026

MALWANCHAL YOGA MAHOTSAV 2026 SETS WORLD RECORD WITH PARTICIPATION OF OVER 35,000 YOGA ENTHUSIASTS

Malwanchal University, Amaltas University, and the Index & Amaltas Group of Institutions created history by organizing Malwanchal Yoga Mahotsav 2026, where over 35,000 participants performed yoga together, earning recognition from the World Book of Records, London. The event was graced by Padma Shri Dr. H.R. Nagendra, Shri Kailash Vijayvargiya, Shri Inder Singh Parmar, Shri Tulsiram Silawat, Shri Shankar Lalwani, Shri Suresh Singh Bhadoria, Shri Mayankraj Singh Bhadoria, and Dr. Deepti Singh Hada, highlighting the importance of yoga, preventive healthcare, and community participation.



EVENTS

PM RELIEF SCHEME BECOMES A LIFELINE FOR ROAD ACCIDENT VICTIMS: INDEX SUPER SPECIALITY HOSPITAL PROVIDES CASHLESS TREATMENT TO OVER 225 PATIENTS



Index Super Speciality Hospital, Indore, has become a lifeline for road accident victims by providing cashless emergency treatment to more than 225 patients under the Government of India's PM Relief Scheme. Equipped with advanced trauma care facilities and expert medical teams, the hospital ensures timely treatment during the critical Golden Hour, significantly improving survival outcomes. Under the leadership of Chairman Shri Suresh Singh Bhadoria and Vice Chairman Shri Mayankraj Singh Bhadoria, the hospital continues to deliver quality emergency healthcare, ensuring that financial constraints never become a barrier to life-saving treatment.

INDEX SUPER SPECIALITY HOSPITAL LAUNCHES MADHYA PRADESH'S FIRST INTEGRATIVE MEDICINE DEPARTMENT

Index Super Speciality Hospital has inaugurated Madhya Pradesh's first Integrative Medicine Department along with a dedicated Dialysis Unit. Inaugurated by Padma Shri Dr. H.R. Nagendra in the presence of Shri Suresh Singh Bhadoria and Mr. Mayankraj Singh Bhadoria, the department offers integrated treatment through Allopathy, Ayurveda, Homeopathy, Yoga, and nutrition. MoUs with Atma Ved Yoga further strengthened the initiative, marking a significant step towards evidence-based, holistic, and patient-centric healthcare in the state.



MALWANCHAL UNIVERSITY RECEIVES NATIONAL RECOGNITION AT 'THE WEEK EDUCATION CONCLAVE 2026' – AN IQAC INITIATIVE



Malwanchal University, through its Internal Quality Assurance Cell (IQAC), has earned national recognition at The Week Education Conclave 2026 by securing a distinguished ranking in the Private Medical University category. The honour reflects the university's commitment to academic excellence, quality enhancement, research, innovation, and student-centric education. Chairman Shri Suresh Singh Bhadoria and Vice Chairman Mr. Mayankraj Singh Bhadoria congratulated the entire university fraternity, appreciating the collective efforts that brought this prestigious national recognition.

EVENTS

INTERNATIONAL YOGA DAY 2026 CELEBRATED WITH ENTHUSIASM AT IDOPT



The Index Department of Physiotherapy and Paramedical Sciences celebrated International Yoga Day 2026 with great enthusiasm under the guidance of Shri Suresh Singh Bhadoria, Chairman, Mayank Welfare Foundation, and Mr. Mayankraj Singh Bhadoria, Vice Chairman, Mayank Welfare Foundation. The event, based on the theme "Yoga for Healthy Ageing," featured yoga sessions, pranayama, and advanced asana demonstrations in the presence of Dr. Reshma Khurana, Principal, IDOPT. The celebration promoted holistic wellness, preventive healthcare, and inspired students to adopt yoga as a lifelong practice.

INDEX NURSING COLLEGE HOSTS NATIONAL CONFERENCE ON PSYCHOLOGICAL FIRST AID BASICS – 2026

Index Nursing College, Malwanchal University, in collaboration with the National Nurses Scholar Society, successfully organized the Hybrid National Conference on "Understanding Psychological First Aid Basics – 2026." The conference was inaugurated by Dr. V. S. Pal, with Dr. Binu Joe as Guest of Honour, in the presence of Shri Suresh Singh Bhadoria, Shri Mayankraj Singh Bhadoria, and university dignitaries. Over 430 participants attended expert sessions on Psychological First Aid, trauma management, mental health, and patient-centred nursing practices, promoting academic excellence and compassionate healthcare.



INDEX DENTAL PREMIER LEAGUE CONCLUDES WITH GRAND FELICITATION OF CHAMPIONS



The three-day Index Dental Premier League (IDPL) concluded with Dental Dominators defeating Dental Super Kings by 14 runs in the final. Vivek Tiwari was declared Man of the Match. The prize distribution ceremony was graced by Mr. Rajesh Verma, Superintendent of Police (Rural), Indore, and Shri Suresh Singh Bhadoria, Chairman, Mayank Welfare Foundation. The champions and outstanding performers were felicitated, reflecting the institute's commitment to promoting sportsmanship, teamwork, leadership, discipline, and the holistic development of future healthcare professionals.

EVENT**Malwanchal University Strengthens Commitment to a Ragging-Free Campus**

Malwanchal University organized an Anti-Ragging Awareness Seminar to reinforce its commitment to a safe, inclusive, and student-friendly campus. Vice Chancellor Dr. Sanjeev Narang urged students to reject ragging in every form and report incidents without fear. Superintendent of Police (Rural), Indore, Mr. Rajesh Verma, highlighted the legal consequences of ragging, while Chairman Shri Suresh Singh Bhadoria stressed the importance of respect and responsible conduct. The seminar encouraged students to foster a culture of dignity, safety, and mutual support across the University.

EDITORIAL ARTICLE**The Rise of "Frictionless" Diagnostics****SANKALP OJHA**

Publication Manager,
Malwanchal University

Healthcare is undergoing a profound revolution, shifting away from stressful clinical appointments toward "frictionless" diagnostics—health screenings so seamless they blend effortlessly into our daily routines. Instead of scheduling inconvenient appointments, enduring painful blood draws, or waiting weeks for anxious lab results, patients are now leveraging advanced wearable biosensors, smart home fixtures, and breath-analyzing smartphones.

The true magic of this technological shift lies in the total elimination of friction. When health monitoring requires zero conscious effort, patient compliance naturally skyrockets. By continuously and non-invasively tracking critical biomarkers, these ambient tools can catch warning signs for chronic conditions like diabetes, hypertension, or cardiovascular failure long before physical symptoms even surface.

This evolution fundamentally rewrites the medical paradigm. We are moving rapidly from a traditional reactive model—treating illnesses only after they worsen—to a proactive, highly personalized era of continuous wellness. Driven by the convergence of AI, miniaturized sensors, and cloud computing, frictionless diagnostics are turning everyday life into a passive health check. Ultimately, this promises a future where diseases are intercepted and managed before they ever have the chance to truly begin.

**MALWANCHAL
UNIVERSITY**

Campus: Index City, NH-59A, Nemawar Road,
Indore - 452016 (M.P.)

☎ 0731-4013774, 4013370

✉ registrar@malwanchaluniversity.in