



**MALWANCHAL
UNIVERSITY**
(INDEX GROUP OF INSTITUTIONS)

MU CHRONICLES

A Monthly Newsletter of Malwanchal University

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Celebrating the SPIRIT OF **FREEDOM & NATIONHOOD!**



Malwanchal University proudly celebrated the 80th Independence Day, honouring the sacrifices of our freedom fighters and the values that shape a strong nation. The celebration reflected the spirit of unity, patriotism, service, and dedication towards building a progressive India. The Tricolour inspired everyone to uphold their responsibilities as citizens and contribute towards a healthier, stronger, and brighter nation. Malwanchal University extended warm wishes to everyone on this proud occasion, reaffirming the spirit of

VANDE MATARAM & JAI HIND !

EVENTS

Global Insights, Real-World Learning: Dr. Rajesh Vyas Visits Malwanchal University



Malwanchal University had the privilege of hosting Dr. Rajesh Vyas, Former U.S. Foreign Service Medical Officer, for an insightful interactive session. Sharing global experiences and real-life medical challenges, Dr. Vyas highlighted the importance of compassion, critical thinking, and timely decision-making in healthcare. The session inspired students to look beyond textbooks, strengthen their practical judgment, and develop the confidence and empathy essential for becoming responsible healthcare professionals and future leaders.

FREEDOM WITH RESPONSIBILITY: SPECIAL LECTURE AT INDEX INSTITUTE OF LAW

On the eve of Independence Day, Index Institute of Law organised an insightful special lecture on “Freedom is Not Just a Right, but a Responsibility.” The session was addressed by Kunal Bhawar, Advocate, High Court of Madhya Pradesh, who highlighted the importance of constitutional rights, civic duties and responsible citizenship. The lecture encouraged students to understand the true meaning of freedom and inspired them to uphold constitutional values while contributing positively to society.



PARTHENIUM AWARENESS WEEK | PROMOTING A HEALTHIER ENVIRONMENT



The Index Institute of Agricultural Sciences observed Parthenium Awareness Week (16–22 August 2026) through an awareness programme aimed at educating students and the community about the harmful effects of Parthenium weed. The programme highlighted its impact on crops, biodiversity, environment and public health, while emphasizing effective and sustainable management practices. The initiative encouraged participants to become responsible environmental stewards and contribute towards controlling the spread of Parthenium for healthier crops, communities and ecosystems.

EVENTS

Building a Safe & Respectful Campus



Index Institute of Agricultural Sciences conducted an Anti-Ragging Awareness Session led by Dr. Surendra Kumar Nirala, Dean, Index Institute of Law. The session sensitised students about the harmful impact, legal implications and consequences of ragging. Students were encouraged to promote dignity, mutual respect, inclusivity and responsible behaviour on campus. The programme reinforced the importance of maintaining a safe and supportive academic environment where every student feels valued, respected and protected. Say No to Ragging. Stand for Respect.

RED BULL SAMPLING ACTIVITY ENERGISES CAMPUS

Index Institute of Agricultural Sciences, along with Index Institute of Ayurvedic College & Hospital Research Centre and Index Institute of Law, hosted an engaging Red Bull Sampling Activity on campus. The initiative brought a refreshing wave of energy, excitement and enthusiasm among students. Participants enjoyed the interactive experience and created memorable moments with their peers. The activity added vibrancy to campus life, reflecting the institutions' commitment to providing students with engaging experiences beyond academics while fostering a lively and energetic learning environment.



RAKSHA BANDHAN CELEBRATION | CELEBRATING BONDS OF LOVE & TOGETHERNESS



Index Institute of Dental Sciences celebrated the spirit of Raksha Bandhan with a joyful Pre-Raksha Bandhan celebration filled with smiles, laughter and cherished moments. The celebration beautifully highlighted the timeless bond of love, care, respect and togetherness that makes this festival so special. Students and faculty came together to embrace the festive spirit, creating memorable moments of happiness and unity. The celebration reflected the values of affection, mutual respect and strengthening relationships within the campus community.

EVENT**Promoting Breastfeeding Awareness for a Healthier Future**

The Department of Community Medicine, Index Medical College Hospital & Research Centre, organised an awareness rally across the OPD Complex and Postnatal Wards to promote the importance of breastfeeding for mothers and newborns. Interns, postgraduate students and faculty members actively participated, carrying impactful placards and slogans to spread awareness about healthy breastfeeding practices. The initiative highlighted the importance of education, support and timely guidance for mothers, encouraging a healthier start to life for every newborn.

EDITORIAL ARTICLE**Money Talks: Are We Listening?**

Money is more than just numbers in a bank account—it is a reflection of our choices, priorities, and habits. For students, learning how to manage money early can be one of the most valuable life skills.

From budgeting monthly expenses to understanding savings, every small financial decision matters. The habit of saving even a small amount can create financial discipline, while distinguishing between “I need it” and “I want it” can prevent unnecessary spending.

In today’s digital world, payments have become easier than ever, but so have impulsive purchases. Financial awareness means knowing where your money goes, planning before you spend, and thinking beyond today.

The goal is not to have more money—it is to make smarter decisions with the money you have.

***Earn wisely. Spend consciously. Save consistently.
Build your future.***

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